



FRANKE TOBEY JONES

Enjoy your age

“THE REZ” Resident Store

Location:
Adjacent to
The Bistro

Hours:
Tuesday
Thursday
Friday
10 am-12 pm
Closed Saturday

THE BISTRO

Sandwiches, Salads
Frozen Entrees
Ice Cream
Espresso Drinks
Italian Sodas

Hours:
7:00 am-5:30 pm
Monday-Friday

ON CAMPUS BANKING

Location:
LP Bascom Library

Columbia Bank
Every 1st & 3rd
Thursday
of each month

Hours:
9:30-10:30 am

Tobey Topics

Jan. 23-29, 2012

Monday, January 23

Wellness: Advanced	7:30 am	Wellness Center
Wellness: Advanced	8:30 am	Wellness Center
Wellness: Advanced/Intermediate	9:30 am	Wellness Center
Wellness: Seated-Our Place	9:30 am	Our Place
Monday Morning Mix w/ Diane	10:00 am	Activity Terrace
PDSC Bridge	10:00 am	Pt Defiance Senior Ctr
Wellness: Intermediate	10:30 am	Wellness Center
Name that Tune	11:00 am	LP Parlor
Wellness: Cardio/Core	12:30 pm	Wellness Center
PDSC: Intermediate Spanish	1:00 pm	Pt Defiance Senior Ctr
LP Rummikub	1:30 pm	LP 3rd Floor Lobby
News Currents	1:30 pm	LP Parlor
PDSC Basic Computer	3:00 pm	Pt Defiance Senior Ctr
Senior Univ. Tim: Chinese New Year	3:00 pm	LP Parlor
TJ Happy Talk	4:00 pm	TJ Parlor
PDSC Basic Internet	4:15 pm	Pt Defiance Senior Ctr

Tuesday, January 24

Morning Manna with Pastor Moench	6:30 am	LP Parlor
Wellness: Intermediate	9:00 am	Wellness Center
PDSC Senior Foot Care	9:00 am	Pt Defiance Senior Ctr
Trader Joes Shopping Van	9:30 am	
Senior University Watercolor Class	10:00 am	TJ Craft Room
Wellness: Tai Chi	10:00 am	Wellness Center
Wellness: Seated-Health Care	10:00 am	Activity Terrace
Wellness: Wii Bowling	10:00 am	Wellness Center
PDSC Crafty Creating	10:30 am	Pt Defiance Senior Ctr
Memory Lane	10:45 am	LP Parlor
PDSC: National Parks: <i>Outtakes</i>	11:00 am	Pt Defiance Senior Ctr
Wellness: Beginning Tai Chi	11:00 am	Wellness Center
Wellness: Yoga	12:30 pm	Wellness Center
PDSC Bingo	1:00 pm	Pt Defiance Senior Ctr
Senior University PC Computer Help	1:00 pm	LP Bascom Library
Tacoma Mall Van	1:15 pm	
Senior University Mac Computer Help	1:00 pm	LP Bascom Library
Wellness: Joint Mobility Class	1:30 pm	LP Parlor
Betty Brown Slide Presentation:		
Cruise the Mexican Rivera	2:30 pm	LP Parlor
Wellness: Zumba	2:30 pm	Wellness Center

Wednesday, January 25

Wellness: Advanced	7:30 am	Wellness Center
Wellness: Advanced	8:30 am	Wellness Center
Wellness: Seated-Our Place	9:10 am	Our Place
Wellness: Advanced/Intermediate	9:30 am	Wellness Center
Catholic Service	10:00 am	LP Parlor
PDSC Quilting Club	10:00 am	Pt Defiance Senior Ctr
Brain Games/Trivia	10:30 am	LP Parlor
Wellness: Intermediate	10:30 am	Wellness Center
PDSC Pinochle	10:30 am	Pt Defiance Senior Ctr
Monthly Birthday/Anniversary Party	12:00 pm	LP Parlor
Wellness: Cardio / Core	12:30 pm	Wellness Center
PDSC Wii Bowling	12:45 pm	Pt Defiance Senior Ctr
PDSC Word Basic	12:45 pm	Pt Defiance Senior Ctr
Bingo	1:15 pm	LP Parlor
Wellness: Line Dance	1:30 pm	Wellness Center
Wellness: Joint Mobility Class	2:30 pm	LP Parlor
Grief & Loss Support Group	3:00 pm	LP Parlor
PDSC Line Dance	3:30 pm	Pt Defiance Senior Ctr

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HAPPY BIRTHDAY TO YOU!

Dorothy Langenfeld
Jan. 24

Barbara Lindsay
Jan. 26

Alice Rogers
Jan. 26

Helen Pifer
Jan. 29

Renie Trotter
Jan. 29



Thursday, January 26

PDSC Bridge	9:00 am	Pt. Defiance Senior Ctr
Wellness: Intermediate	9:00 am	Wellness Center
5-in-1 Shopping Van	9:30 am	
Chicken Soup Stories with Diane	10:00 am	LP Parlor
Wellness: Tai Chi	10:00 am	Wellness Center
Wellness: Seated-Health Care	10:00 am	Activity Terrace
PDSC Mello Dears Choir	10:30 am	Pt. Defiance Senior Ctr
PDSC The Story of Crystals	10:30 am	Pt. Defiance Senior Ctr
Wellness: Beginning Tai Chi	11:00 am	Wellness Center
Wellness: Yoga	12:30 pm	Wellness Center
PDSC Bingo	1:00 pm	Pt Defiance Senior Ctr
PDSC Advanced Spanish	1:00 pm	Pt Defiance Senior Ctr
Proctor District Van	1:15 pm	
Wellness: Joint Mobility Class	1:30 pm	LP Parlor
LP Pinochle Group	1:30 pm	LP 3rd floor Lobby
Ballroom Dance	1:30 pm	Wellness Center
Senior University Living Well, Week 4	1:30 pm	LP Conference Room
National Geographic Hour	2:00 pm	LP Parlor
Wellness: Zumba	2:30 pm	Wellness Center
PDSC Beginning Spanish	2:30 pm	Pt Defiance Senior Ctr

Friday, January 27

Wellness: Advanced	7:30 am	Wellness Center
Wellness: Advanced	8:30 am	Wellness Center
Wellness: Advanced/Intermediate	9:30 am	Wellness Center
Wellness: Wii Bowling	10:00 am	Wellness Center
Wellness: Intermediate	10:30 am	Wellness Center
PDSC Bingo	1:00 pm	Pt. Defiance Senior Ctr
Senior University Broadway Center Series:	1:30 pm	Wellness Center
Senior University A&E DVD Series: Italy	2:00 pm	TJ Parlor
PDSC Pasta di Partita	5:00 pm	Pt. Defiance Senior Ctr
Chef's Table	5:30 pm	LP Dining Room
Tacoma Musical Playhouse: Xanadu	7:30 pm	TMP

Saturday, January 28

Music with Marty Jagodenski	10:15 am	Activity Terrace
Afternoon Movie & Popcorn (see below)	1:30 pm	LP Parlor

Sunday, January 29

Worship Service	11:00 am	LP Parlor
Afternoon Movie & Popcorn (see below)	1:30 pm	LP Parlor

FTJ WEEKEND MOVIES & POPCORN TO ENJOY!

MARLY AND ME: Saturday, January 21st, at 1:30 pm in the LP Parlor

Jennifer Aniston and Owen Wilson unleash huge laughs as John and Jenny Grogan, a young couple contemplating the decision to start a family. Then came Marley...an adorable Labrador pup who flunks obedience school and quickly turns his new home into a disaster area. Color/2008/115 mins./PG.

MAN ON FIRE: Sunday, January 22nd, at 1:30 pm in the LP Parlor

Hard-drinking, burnt-out ex-CIA operative John Creasy (Denzel Washington) has given up on life--until his friend Rayburn (Christopher Walken) gets him a job as a bodyguard to nine-year-old Pita Ramos (Dakota Fanning). Color/2004/R/146 mins.

THE LAST TIME I SAW PARIS: Saturday, January 28th, at 1:30 pm in the LP Parlor

Young beautiful, Elizabeth Taylor is perfectly cast as the tragic heroine of "The Last Time I Saw Paris". Faithfully adapted from F. Scott Fitzgerald's short story, "Babylon Revisited", the film follows the jaded lives of a group of expatriates in post World War II Paris. Color. 1963. 116 mins.

MUST LOVE DOGS: Sunday, January 29th, at 1:30 pm in the LP Parlor

Pretty pre-school teacher Sarah Nolan (Diane Lane) is divorced, demoralized and dateless--until her sister posts her profile at perfectmatch.com. Now she has lots of dates. With weirdoes, weepers, lechers, jocks-- and Jake (John Cusack), a soulful boat builder whose idea of true love comes straight out of Doctor Zhivago. Color/2005/98 mins/PG-13

GRIEF AND LOSS SUPPORT GROUP

Grief is our natural response to loss. It's the emotional suffering we experience when someone or something we love is lost. You may associate grief with the death of a loved one – and this type of loss can often cause the most painful grief. Grief can feel very lonely, even when you have caring people around. Sharing your sorrow with others who have experienced similar losses can help. We will meet the 4th Wed. of each month (3-4:30pm) in the LP Parlor. (Next meeting is Jan. 25th) Contact: 253-756-6313

TJ BOOK GROUP

Monday, January 30th, at 6:30 pm in TJ 2nd Floor Library

The book for discussion is Diane Ackerman's *THE ZOOKEEPER'S WIFE*. Members are urged to think of our choices for titles to consider putting on our list for the new year, note a favorite down and bring it along on Monday, January 30th at 6:30 pm.

FOOD COMMITTEE MEETING - February 1st

The Food Committee Meeting will be held on Feb. 1st at 3:00 pm in the Lillian Pratt Dining Room. We will have an open discussion of foods, services, ingredients, and wonderful snacks to enjoy! All are welcome to attend and please bring your comments and questions.

LUNCH BUNCH OUT TO LUNCH

Friday, February 3rd, van leaves at 11:15 am - Sign up at the Front Desk

DUKES CHOWDER HOUSE, Ruston Way: *Located just off our main dining room, our banquet room overlooks Commencement Bay and the Thea Foss Waterway. The views from Ruston Way are a spectacular Puget Sound panorama. We offer you a gathering place that is friendly, charming, professional and unpretentious.*

TRIP TO BROWN AND HALEY CANDY OUTLET & EMILY'S CHOCOLATES!

Tuesday, February 7th, van leaves at 9:30 am

Sign up at the Front Desk

BROADWAY CENTER SERIES: Stagecraft

What goes on behind the scenes of a major professional theater? Royce Baer will offer a back stage view of how a highly trained stage crew prepares for a major production from load in to setting a lighting board, to establishing sound levels all the way to the final load out. This is the side of theater people rarely see.– *Friday, January 27 at 1:30 p.m. in the Wellness Center*

A&E DVD SERIES: THE WORLD AT WAR

Though originally produced in 1973, this series offers a definitive visual history of World War II. The extraordinary collection includes newsreel, propaganda and home-movie footage drawn from the archives of 18 nations along with interviews of eyewitnesses. Each episode is one hour. January episodes include U-Boats in the Atlantic (1940-43), Soviet Union (1941-43), Bombing Germany (September 1939-April 1944), and Italy (November 1942-June 1944). – *Fridays, January 6, 13, 20 & 27 at 2:00 p.m. in the Tobey Jones Parlor*

**2012 SLIDE SHOW PRESENTATIONS
BY BETTY A. BROWN
Held in the Lillian Pratt Parlor**

***Cruise the Mexican Rivera
January 24th at 2:30 pm***

***President John F. Kennedy
February 29th at 2:45 pm***

THE CORNELLS:

***Performing an hour of sing-along entertainment
Monday, January 30th, at 10:00 am in the LP Parlor***

The Cornell family has always been rich with music. Their group consists of George, the father, and his son Gary who just loves to sing; and Peter, another son, who plays songs on his ukulele and guitar. Today, they have entertained at more than 30 senior care facilities in Western Washington. All of their shows inspire audiences with great joy. Come and enjoy!



WELCOME NEW RESIDENT

Franke Tobey Jones would like to welcome Temple Ange who moved into the Lillian Pratt Hall, apartment 300/ext. 300, on Saturday, January 14th. Temple enjoys church, walking, yoga, gardening, nature and animals. Please help us make Temple feel welcome in her new home.

START THE NEW YEAR OFF ON THE RIGHT FOOT... JOIN THE BALLROOM DANCE CLASS!

JOIN ROB WITH THE ABBEY BALLROOM DANCE CENTER

Thursdays, 1:30-2:30 pm in the Wellness Center

Classes include West Coast Swing, East Coast Swing, Lindy Hop, Rumba, Cha Cha, Salsa, Waltz, Tango, Foxtrot, Night Club Two Step, and Hustle. All are welcome to take advantage of these lessons from one of the top-notch dance instructors, Rob Sutherland.

SUPER BOWL PARTY AT FTJ!

Don't miss this year's Super Bowl Party here at FTJ on **Sunday, February 5th!** It will be held in the Wellness Center beginning at 3:00 pm. Come and view it on the large flat screen TV while *sitting on the 50 yard line*. Tailgate food will be provided. Hope to see you there!

MEN'S BREAKFAST

This is an early morning wakeup call for all the men! Every SECOND Thursday of the month make plans to join Victoria for breakfast at a nearby restaurant. The next breakfast, scheduled for February 9th, will be at *Dennys Restaurant*. We will leave at 8:00 am. Come and join us.

COFFEE & MORE WITH BRUCE, CEO

Coffee & More with Bruce, CEO of FTJ, will be on Thursday, Feb. 9th, from 10:00-11:00 am in the **LP Parlor**. Everyone is welcome to attend, ask questions and share. These chats will continue on the 2nd Thursday of each month and will alternate between Tobey Jones and Lillian Pratt Parlor.

AUDIOLOGIST VISIT

(Every 2nd Friday of each month at 10:30 am in the HCC)

Dr. Daniels will be here on Friday, Feb. 10th at 10:30 am. If you would like an appointment to meet with the Audiologist, please call the Front Desk and make an appointment with the receptionist.

FTJ VALENTINE PARTY COMING SOON!

Wine & Cheese 2:30-3:00 pm / Concert from 3:00-4:00 pm

You are cordially invited to attend our special Valentine's Party on Tuesday, February 14th. You will enjoy a delightful program—recognizing special "Valentines" here at FTJ, and an awesome music program performed by Joe Mundo. Don't miss it.

PRESIDENTS' DAY RECOGNITION

Presidents' Day is celebrated in February to honor two of our greatest presidents, Abraham Lincoln and George Washington. In honor of our Presidents, The Tacoma Banjo Band will play and sing those endearing patriotic songs that touches all of our hearts. The celebration will take place on Mon., Feb. 20th, at 2:00 pm in the Wellness Center. Hope to see you there!

CONVENIENT SHOPPING

Clothing Connection returns to FTJ on Friday, March 2nd, from 10:00-2:00 pm in the LP Parlor. Mark your calendar to come and see their spring fashions, jewelry, and more!

SEATTLE ART MUSEUM presents GAUGUIN & POLYNESIA: An Elusive Paradise

**Wednesday, March 14th, van leaves at 9:00 am
(Self-guided audio tour and lunch at the TASTE Restaurant)
Sign up at the Front Desk today!**

Seattle Art Museum presents the only United States stop for *Gauguin & Polynesia: An Elusive Paradise*, a landmark show highlighting the complex relationship between Paul Gauguin's work and the art and culture of Polynesia. The exhibition includes about 60 of Gauguin's brilliantly hued paintings, sculptures and works on paper, which are displayed alongside 60 major examples of Polynesian sculpture that fueled his search for the exotic. Organized by the Art Centre Basel, the show is comprised of works on loan from some of the world's most prestigious museums and private collections.

Gauguin (1848–1903) is one of the most influential and celebrated artists of the late nineteenth century. From early on in his career he yearned for the exotic in both his life and his work. While his Polynesian experience was a defining factor in both his art and his posthumous reputation, many exhibitions devoted to his work have treated the artist's direct relationship with Polynesian art as one small part of his larger enterprise. Through a balanced analysis of Polynesian art alongside Gauguin's works, this exhibition shifts the emphasis and brings Polynesian arts and culture into the center of Gauguin studies.

Morning Manna

When: Tuesday Mornings from 6:30 AM – 7:30 AM

Where: Lillian Pratt Parlor,

What: Study & Prayer

With: Pastor Dave Moench

Why: *To draw closer to our Lord and to one another as we pray together and study God's Word together.*

Tacoma Philharmonic presents

EDGAR MEYER - MASTER OF THE DOUBLE BASS

Pantages Theater, Friday, April 27th, at 7:30 pm - (Van leaves at 6:45 pm)

Call Victoria (ext. 284 or 756-6284) before Feb 28th to sign up

Three-time Grammy Award winner Edgar Meyer has won remarkable acclaim both for the music he has written and for an inexhaustible variety of recordings and live performances with everyone from the Chamber Music Society of Lincoln Center to Garth Brooks, James Taylor, and Yo-Yo Ma. He's been called "the best bassist alive" by *San Diego Magazine*. In this solo recital, you'll hear classical music in Act I and contemporary with bluegrass in Act II.

B-I-N-G-O!

The game you know and love to play!

**Weekly BINGO games are held every Wednesday, from
1:15-2:15pm in the Lillian Pratt Parlor**

Each week you will have the

