

Volunteer & Intern Opportunities

Franke Tobey Jones Retirement Estates

5340 North Bristol

Tacoma, WA 98407

253-752-6621

Volunteer Coordinator: Terri Vickery

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The following opportunities are summaries only. Specific descriptions, qualifications, and required screening and training will be reviewed with volunteers individually. Many more volunteer activities are possible based upon individual interests and talents. The time commitment will be assumed to be flexible unless otherwise specified.

Visitation: Be a special friend to one or more residents through regular visits. Share in conversation, write and address cards, assist in reading, or share other common interests such as outdoor walks, games, crafts, painting fingernails, etc. Many residents struggle with declining vision and a visitation volunteer allows such residents to continue to enjoy a good book or correspondence.

Wellness Program: This is an opportunity to assist in our exercise and wellness program in the new Wellness Center or outside on the grounds. This can involve being a walking partner and walking with a resident at their pace, or assisting with individual needs in one of the scheduled exercise classes.

Our Place: Assist staff in the Special Care Program for residents with Alzheimer's disease. Go for a walk, read a book, visit and reminisce, have a tea party, do a puzzle, or assist staff with other meaningful activities for residents.

Activities: Share a hobby or special interest with a small group of residents in a regularly scheduled activity. Lead the activity or be an assistant. Some ideas are: music, art, poetry or other writing, discussions of current events, chess or other games, crafts, doughnuts and coffee, etc.

Computer or Internet Instructor: If you love computers or searching the web, and can slow down to teach the skills required, we need you! Come and meet with the residents and help them get onto the information superhighway.

Garden Club: If you have a green thumb or just enjoy digging in the dirt, we have the space for you. Assist with various gardening projects or help residents with their personal gardening plots or indoor plants.

Resident Biographies: Assist in the process of compiling the biographies of our residents, all of whom have interesting histories. Take part in an “interviewing” process, write down stories for residents, or compile the information in an easy to read and attractive format.

Senior University: Franke Tobey Jones provides a central location offering a wealth of programs for lifelong learning for older adults, both those residing on campus and in the community. Volunteers are needed to assist with classroom set up, greet speakers, welcome attendees, introduce speakers and distribute handouts.

Special Events: Parties, socials, and special events are a regular occurrence at Franke Tobey Jones. Be one of our on-call party pals and help out with decorating, setting up, hosting, and chatting with residents to make sure they are enjoying themselves.