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FrankeTobeyJones.com
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FrankeTobeyJones

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a **Senior University** enrichment course. Join us for a **Tai Chi** class. Enjoy coffee at the **Bistro Café** with friends.

We have upgraded our database system. If you received this newsletter by mistake or no longer want to receive it, please call us at 253.752.6621 or email chall@franketobeyjones.com Thank you!

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**We're Offering an Adult Day Program
See Page 3**

FTJ Senior University Class Highlights ~ July—August 2018

Tuesday, July 10

Estate Planning: Wills, Trusts, Probate, & Everything In Between

This is an in-depth discussion of estate planning and probate. Topics that will be discussed include Wills, Revocable Living Trusts, Durable Powers of Attorney, probate and how to avoid it, and tips for choosing an executor. *11:00 am, Lillian Pratt Parlor.* Please register with Jana at 253-756-6219.



Thursday, July 12

Zentangle Workshop

The Zentangle® Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. This art form is created using

simple strokes anyone can draw. *10:00 – Noon, Tobey Jones Multipurpose Room.* Please register with Jana at 253-756-6219.

Thursday, July 19

Brain Hearing

People typically think that we hear with our ears and that hearing loss, therefore, is an ear issue. We actually hear with the

Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations along with others who have retired with rich career experiences. Most classes are offered free. **Go to www.FrankeTobeyJones.com for a full class schedule.**

brain, and the ears are the route that the sound takes on its way to the brain, where hearing loss actually occurs. Learn more at this informative session by HearUSA. *11:00 am, Tobey Jones Parlor*

Wednesday, August 15

Pierce Conservation District Raingarden Program Presentation

Learn how to design, build, and maintain a raingarden. You will also learn how the Pierce Conservation District can help

you get one of your very own. *2:00 pm, Lillian Pratt Parlor*



Friday, August 17

Making Flowers with Alcohol Inks

Using different colors of alcohol inks, the participants of this workshop will have all the tools necessary to create their own mini masterpiece! *10:00 am, Tobey Jones Craft Room.* Please register with Jana at 253-756-6219.

Call Jana Wennstrom at 253-752-6621 for more information. Or for a full class schedule go to www.franketobeyjones.com/upcoming-events/program-calendars/

FRANKELY, WE'VE GOT IT!

news, events, and opportunities for our community



July—August 2018

Inside This Issue

Apartment of the Month ~ Duplex Cottage—2

Meet Residents Bob and Joan Garden—2

BCPI Gift To FTJ Capital Campaign —3

Understanding Dementia Presentation—3

Welcome New and Returning Resident Ambassadors —3

Adult Day Program—3

Senior University—4

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Frankely, We've Got It
Editor: Christine Hall

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New Health Care / Memory Care building being constructed

We've Gone Vertical!

It's exciting to see our new Health Care/Memory Care building and new Bristol View apartment building being constructed.

New Health Care / Memory Care building

Since our last newsletter, all of the remaining foundation walls have been poured, many loads of gravel and soil have been brought in to backfill the foundation walls and to begin leveling the North end of the building's footprint, the electricians have installed underground conduits, plumbers have installed underground pipes, the last half of the Memory Care floor was poured and the walls in the new Health Care / Memory Care building started going vertical.

Bristol View apartment building

We are also moving right along with our new 16 unit apartment building called Bristol View. Great progress has been made clearing the lot, sewer and waste line hook ups have been installed, retaining walls continue to be erected and the cement work has started.

Lillian Pratt (Assisted Living Building) Refresh

We are also in the process of updating our Lillian Pratt building. The painters have finished, and we are now carpeting. Next will be new furniture and fixtures.



Bristol View Apartment Site

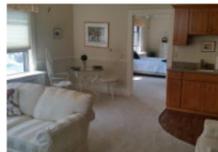
Apartment of the Month ~Duplex Cottage



It's not often that we have a duplex available. If you are interested, this is a great opportunity for you. Our cottages are absolutely beautiful and are located in a peaceful setting.

- The living area in each cottage is 1,344 square feet plus a 374 square foot garage. Two Bedrooms and two bathrooms.
- Spacious, single-level home in a comfortable neighborhood with all the conveniences and security of being in a well-planned retirement community.
- Enjoy a private life or a social one, home cooking or restaurant style dining—it's your choice.
- We handle all of the home and yard maintenance and watch your home when you're away.
- The monthly rent is \$3,670.

Your needs are always a priority to us. For more information regarding these apartments, other available apartments, or any other questions you may have regarding retirement living, please call Michelle Matz or Shirley Robbins at 253-752-6621 or visit www.FrankeTobeyJones.com.



Tobey Jones Building #372~ Independent Living, \$4,570/mo. Apartment #372 is one of our largest one bedroom apartments in the Tobey Jones building. For independent seniors, the TJ building offers apartment living in a comfortable, secure and convenient atmosphere, including three meals daily, weekly housekeeping, transportation if needed, fitness, activities and more.



Garden Apartment #112 ~ Independent Living—\$3,805/mo. #112 is one of our largest one bedroom apartments in the Garden Apartments. It is on the main floor with easy access to everything and has a view of the bay. The monthly rent includes: continental breakfast 3 days a week, Happy Hour every Friday, fully equipped kitchen, washer and dryer, housekeeping every twice a month, maintenance of building exterior, all grounds and common spaces, activities, fitness, FTJ Senior University, trips, tours and more!



Garden Apartment #207 ~ Independent Living—\$4,440/mo. This lovely apartment just came available and will be in demand! It is a spacious (916 sq ft), bright, two bedroom, two bathroom apartment with a wonderful view of the campus. You'll love the many windows, fireplace, balcony, and quartz and stainless kitchen. The monthly rent includes: continental breakfast 3 days a week, happy hour every Friday, fully equipped kitchen, washer and dryer, housekeeping twice a month, maintenance of building exterior, all grounds and common spaces, activities, fitness, FTJ Senior University, trips, tours and more!

Meet Residents

Bob and Joan Garden



Joan was born in St. Louis, MO, obtained a BA in education at Washington University in St. Louis and taught primary grades. Bob grew up in a suburb of St. Louis, attended two years of college at Washington University and completed his BS in electrical engineering at Purdue in Indiana. After graduation and military commission, he served on active duty in the Signal Corps at Ft. Monmouth, NJ and six years in the National Guard.

Bob and Joan met in St. Louis in 1959 and were married in 1960. Their first two children were born in Syracuse, NY. While there, Bob worked in engineering and marketing during the early days of semiconductor development. Joan continued teaching school until their first child arrived and became a full time mom. They moved to Phoenix, AZ, soon after the birth of their second daughter.

Bob worked for GE for 39 years and moved with his family every four years as he received promotions. Their son was born in 1967 and the family moved to Bellevue, WA where Bob continued working for GE's medical imaging business and Joan continued teaching.

In 1979 the Garden family moved to the Gig Harbor area so Bob would be closer to his customers. Joan became the Religious Education Director at Temple Beth El, Tacoma. In addition to this responsibility, she earned her MA in Education at Pacific Lutheran University in 1982. She taught second grade and eventually retired from the Tacoma Public School District.

Celebrating their wonderful 58 years of marriage this past August, Bob and Joan agreed to downsize. They evaluated many communities in WA and CA and chose to continue their independent living in a FTJ duplex because we offer a continuum of care when needed. They enjoy many of the programs, classes and transportation provided by FTJ buses along with the Fitness Center. Joan attends Tai Chi classes and feels safe walking Petra, their Labradoodle, throughout the campus and nearby trails. Joan's interest lies in quilting, teaching Hebrew at Temple Beth El, and frequently playing Bridge and Mah Jongg. Bob's hobbies are amateur radio and woodworking in our FTJ workshop. They are very happy to be here!

BCPI Announces \$35,000 Gift to FTJ Capital Campaign



Mark Gustafson (left) and Michael Cholerton (right)

On June 5 we were joined by 40 project sub-contractors in our MJ Wicks Wellness Center for breakfast. Mark Gustafson (President & CEO, Franke Tobey Jones) was joined by General Contractor BPCI's President Michael Cholerton to give a presentation about our Health Care and Memory Care building project. The two shared details of the design of the new building and its importance to our Tacoma community and local seniors. Plans for FTJ's multi-phase campus expansion were also discussed. The sub-contractors were then invited to contribute to the *Franke Tobey Jones Campaign: Historic past; Innovative future*. Michael Cholerton announced BPCI is making a \$35,000 gift. Thank you, BPCI! In addition, our developer Marathon Development has stepped forward with a \$20,000 gift to the campaign. Others are following suit and we are so thankful to ALL who are helping us move toward a successful campaign. Together, we will make a difference in the lives of local seniors.

Understanding Dementia Presentations

Our first two Understanding Dementia presentations (in May and June) were terrific and given to a packed house. If you would like to attend either or both of our final two presentations this fall, make sure to RSVP to Carole at cvelez@franketobeyjones.com or at 253.320.4216. After the presentation we will offer a tour of our assisted living, memory care and/or skilled nursing if you would like to see any of these areas on our campus.

- **September 19 - Communicating with Dementia: Speaking the Language of Your Loved One**
- **October 17 - Loving to the End: Late Stage Dementia Care**

Welcome New and Returning Resident Ambassadors

The purpose of our Resident Ambassador Program is to have a current resident "assigned" to each new resident to ensure everyone's move-in is as stress-free as possible. We want everyone to feel right at home right away. The Resident Ambassadors are the new resident's connection for the first few days or weeks of moving in. They answer questions or concerns and just make the new resident feel totally welcomed and embraced. Our Resident Ambassadors are very enthusiastic about living at Franke Tobey Jones!

Welcome our new Resident Ambassadors: Barbara Meiner, Jack Falskow, Mame Matteson, Marcia Winkle, Jane Schuneman, John Van Buren and Orv Harrelson.

Thank you to our continuing Resident Ambassadors: Shelby Clayson, Joan Brown, Mary Damonte, Pat Mail, Yvonne Zubalik, Joan Bannister, Carol Morrison, Elin Gratton, Jan Shearer and Phyllis Larsen.

We're Now Offering An Adult Day Program

If you're an adult child of a parent or a family member with Alzheimer's Disease or dementia, you know that giving care 24/7 is exhausting. Our adult day program offers services for family members who work full or part-time or have additional obligations like child-rearing. It is especially useful when the caregiver takes this opportunity for self-care. Adult day care is the perfect answer.

Adult day programs are a form of respite care that's provided outside the home by professionals (as opposed to in-home respite care). It is designed to meet the individual needs of participants and to support strengths, abilities and independence. Throughout the day, participants have the opportunity to interact with others while being part of a structured environment.

Adult day services are available to people who are in the early- to mid-stage of the disease, don't require constant one-on-one assistance, have some mobility, are continent, are not physically or verbally abusive and do not wander excessively.

If you are interested in finding out more about our Adult Day Program, call Michelle Matz or Shirley Robbins at 253.752.6621.