



November/December 2018

Our Place – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
9:00 Art Group (CNA) 10:00 Bingo (CNA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 1:00 Sunday Matinee & Popcorn (CNA) “On the Town”  2:00 Afternoon Snack 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:00 Morning Stretches (CNA) 10:00 Golf Challenge (CNA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:00 Service Project- Holiday Party Center Pieces (TAA) 10:00 Walk About Outing (TAA) 10:30 Mulled Apple Cider Making (TAA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 1:30 Flower Arranging (TAA) 2:00 Snack/ Cider & Cookies (TAA) 2:30 Service Project- Deck the Halls (TAA) 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:00 Service Project- Deck the Halls (TAA)  10:00 Holiday Art (CNA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 1:30 Hole in One Golf Challenge (TAA) 2:00 Afternoon Snack/ Name That Tune (TAA) 2:30 Bowling 9 Pins (TAA) 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:00 Dominos (CNA)  10:00 News Highlights (CNA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:00 Coffee & Chats (TAA) 9:30 Hand Massages (TAA) 10:00 This Week in History (TAA) 10:30 Balloon Ball (TAA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	 12:00 – 1:30 pm Our Place Holiday Party  2:00 Afternoon Snack 2:00 Saturday Cinema (CNA) “The Music Man”  4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group.</p>						

Happy Holidays! December 2018



Our Place – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
<p>9:00 Morning News (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Water Colors (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:25 Seahawks Game</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Putting Green (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p> <hr/> <p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group.</p>	<p>9:00 Morning Newspaper (CNA)</p> <p>10:00 Wii Bowling (CNA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Outside Adventure (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Coffee & Chats (TAA)</p> <p>9:30 Hole in 1 Challenge (TAA)</p> <p>10:00 This Week in History (TAA)</p> <p>10:30 Walk About (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Card Games (TAA)</p> <p>2:00 Snack/ Christmas Sing Along (TAA)</p> <p>2:30 Hand Massages (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Service Project- Holiday Cards for Kids (TAA)</p>  <p>10:00 Wii Golf (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Dominos (CNA)</p>  <p>10:00 News Highlights (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:00 9 Pin Bowling (TAA)</p> <p>9:30 Outside Adventure (TAA)</p> <p>10:30 Service Project- Tea Cup Tree Ornaments (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Morning Art (CNA)</p> <p>10:00 Wii Bowling (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:00 Saturday Cinema & Popcorn "Christmas in July" (CNA)</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>



December 2018

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Sunday 9	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14	Saturday 15
<p>9:00 Morning Stretch (TAA)</p> <p>9:30 Coffee Circle (TAA)</p> <p>10:00 Hand Massages (TAA)</p> <p>10:30 Bread Making (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Finish the Phrase (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Putting Green (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p> <hr/> <p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group.</p>	<p>9:00 Coffee & Donuts (CNA)</p> <p>10:00 Wii Golf (CNA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p> <p>5:15 Seahawks Game</p>  	<p>9:00 Art- Winter Penguin (TAA)</p>  <p>9:30 This Week in History (TAA)</p> <p>10:00 Apple Cider Making (TAA)</p> <p>10:30 Walk About (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Free Throw Challenge (TAA)</p> <p>2:00 Snack/ Cider and Cookies (TAA)</p> <p>2:30 Service Project- Gift Wrapping (TAA)</p> <p>4:30 Dinner</p> <p>6:00 HOLIDAY VAN RIDE- "FANTASY LIGHTS"</p>	<p>9:00 Putting Green Challenge (TAA)</p> <p>10:00 Bingo (CNA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Sing Along (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Outside Adventures (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Service Project- Snowflake Decor (CNA)</p>  <p>10:00 Service Project- Glitter Snow (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Coffee & Chats (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Art- Winter Penguin (TAA)</p>  <p>10:30 Hot Potato Gifts (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:00 Saturday Cinema & Popcorn "Christmas with the Kranks"</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>4:30 Briggs Singer Caroling</p>  <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>



December 2018

Our Place – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
9:00 Chair Dancing (TAA) 9:30 Finish the Phrase (TAA) 10:00 Music Memories (TAA) 10:30 Horse Racing (TAA) 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:05 Seahawks Game  2:00 Afternoon Snack 2:30 Hand Massages (TAA) 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:00 Coffee & Donuts (CNA) 10:00 Card Games (CNA)  11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 2:30 Gift of Christmas Cactus (TAA)  4:30 Dinner 5:00 Harp Music with Cheryl 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:00 Wii Bowling (CNA) 10:00 Gingerbread Making (TAA)  11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:30 Name That Tune (TAA) 2:00 Afternoon Snack 2:30 Gingerbread House Decorating (TAA)  4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:00 Creative Chocolates (TAA) 10:00 Watercolors (CNA) 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:30 Balloon Ball (TAA) 2:00 Happy Hour (TAA)  2:30 Service Project – Chocolates for Kids (TAA) 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:00 Dominos (CNA)  10:00 Wii Golf (CNA) 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:00 Morning Stretch (TAA) 9:30 Wii Bowling (TAA) 10:00 Short Story Reading (TAA) 10:30 Christmas Sensory (TAA)  11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:00 Hole in One Challenge (CNA) 10:00 Morning News (CNA)  11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Saturday Cinema & Popcorn “It’s A Wonderful Life”  2:00 Afternoon Snack 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group.</p>						



December 2018



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Our Place – Life Enrichment




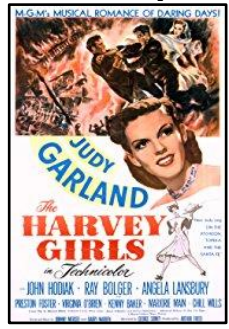
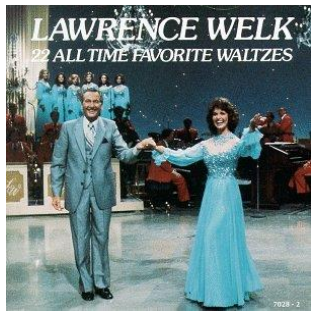




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	29
9:00 Coffee & Chats (TAA) 9:30 Hugs Matter (TAA) 10:00 Service Project- Gift Wrapping (TAA) 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:30 Sing Along (TAA) 2:00 Afternoon Snack 2:30 Current Events Program (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup) 5:20 Seahawks Game 	9:00 Wii Golf (CNA) 10:00 News Highlights (CNA)  11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 2:30 Hot Potato Gifts (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Radio City Christmas Spectacular  4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:00 Morning Newspaper (TAA) 10:00 Lawrence Welk Program (CNA) 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:30 Balloon Ball (TAA) 2:00 Happy Hour (TAA)  2:30 Trivia Challenge (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:00 Bingo (CNA)  10:00 Golf Challenge (CNA)  11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:00 Coffee & Chats (TAA) 9:30 Short Story Reading (TAA) 10:00 Bowling 9 Pins (TAA) 10:30 Turtle Pecan Bites (TAA)  11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)  2:00 Afternoon Snack 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)
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December/January 2018-2019

Our Place – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
<p>9:00 This Week in History (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Remember When (TAA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:25 Seahawks Game</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Walk About (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Coffee & Donuts (CNA)</p>  <p>10:00 50's Trivia (CNA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 New Year Happy Hour</p>  <p>2:30 New Year Hopes (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:00 Afternoon Movie "The Harvey Girls"</p>  <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Service Project- Holiday Take Down (TAA)</p> <p>10:00 Lawrence Welk Program (CNA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Service Project- Holiday Take Down (TAA)</p> <p>2:00 Happy Hour (TAA)</p> <p>2:30 Music Memories (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Morning Stretch (CNA)</p>  <p>10:00 Wii Golf (CNA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Wii Bowling (TAA)</p> <p>9:30 Balloon Ball (TAA)</p> <p>10:00 Coffee & Chats (TAA)</p> <p>10:30 Card Game (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:00 Bingo (CNA)</p> <p>10:00 9 Pin Bowling (CNA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:00 Saturday Cinema & Popcorn</p> <p>"Gigi"</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>
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