



**FRANKE TOBEY JONES**  
*Enjoy your age*

5340 N. Bristol Street  
Tacoma, WA 98407  
P: 253-752-6621  
F: 253-756-1862

FrankeTobeyJones.com  
Facebook.com/  
FrankeTobeyJones

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a **Senior University** enrichment course. Join us for a **Tai Chi** class. Enjoy coffee at the **Bistro Café** with friends.

**We have upgraded our database system. If you received this newsletter by mistake or no longer want to receive it, please call us at 253.752.6621 or email [chall@franketobeyjones.com](mailto:chall@franketobeyjones.com) Thank you!**

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**New Bristol View Apartments—  
Floor Plans, Prices, Photos Available  
See Front Page**

## FTJ Senior University Class Highlights ~ January—February 2019

**Tacoma Historical Society Lecture Series: History in Bronze**  
Join Paul R. Michaels, sculptor of Mason Plaza, the Ben Cheney statue at the namesake stadium, and other historical subjects.  
*January 9, 2:00 pm, Lillian Pratt Parlor.*

**Ethical Challenges in the New Technologies**  
Join Orlando Baiocchi, UWT Endowed Professor in Engineering Systems, as he addresses the ethical challenges created by the new digital technologies and learn how these technologies will affect our daily lives in the near future. *January 11, 11:00 am, Lillian Pratt Parlor.*

**A Musical History of Tacoma**  
Musician, teacher, and local historian Kim Davenport, will share examples of the stories she and her students have discovered over years of research into the "Musical History of Tacoma."  
*January 17, 4:00 pm, Lillian Pratt Parlor.*

**A Brief History of Architecture**  
Learn from architect Ko Wibowo about the development of architecture from the beginning to the future, and how it is shaped by socio-economic conditions, technology, materials, the arts and more. *January 31, 11:00 am, Lillian Pratt Parlor.*

Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations along with others who have retired with rich career experiences. Most classes are offered free. **Go to [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com) for a full class schedule.**

**Best Food Tips for Optimal Brain Health**  
The food you eat becomes the foundation for your overall health and well-being. Your brain wants to be fed every day. Make sure you are doing what is within reach to keep your body happier and healthier. *February 6, 1 pm, Lillian Pratt Parlor.*

**Understanding Classical Music Series: Introduction to the Orchestra**  
Learn about the origins and evolution of the orchestra from the Baroque era until today. *February 7, 2:00 pm, Tobey Jones Parlor.*

**Tacoma Historical Society Lecture Series: Working Women**  
Alice Miller will present clothing and uniforms from Northwest women (mostly from Tacoma) who have worked down through the decades. It will cover their stories, clothing and uniforms from 1898 to 2000. *February 13, 2:00 pm, Lillian Pratt Parlor.*

Call Jana Wennstrom at 253-752-6621 for more information. Or for a full class schedule go to [www.franketobeyjones.com/upcoming-events/program-calendars/](http://www.franketobeyjones.com/upcoming-events/program-calendars/)

# FRANKELY, WE'VE GOT IT!

*news, events, and opportunities for our community*



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January-February 2019

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5340 NORTH BRISTOL  
TACOMA, WA 98407  
P: 253-752-6621  
F: 253-756-1862

*Frankely, We've Got It*  
Editor: Christine Hall

If you would like your name removed from our mailing list, please call our main reception desk at (253) 752-6621



*New Bristol View Apartment Rendering*

## New Bristol View Apartments—Floor Plans—Prices—View Photos Available!

Our Bristol View Apartment building is taking shape! Several of the apartments have been sold, so if you are interested, we'd love to speak with you.

You can view the apartment building layout, apartment floor plans, view photos and prices on our website at <https://www.franketobeyjones.com/new-bristol-view-apartments-are-you-interested/>. Several of the apartments have Puget Sound and Mount Rainier views, and the campus views are also very nice.

Each apartment will have an open living room with balcony access and will be open to the kitchen with breakfast bar. Some master suites includes balcony access. All include private bath with dual sinks and a large walk-in closet, high-end finishes, gourmet kitchens, secure underground parking with extra storage and maintenance-free living inside and out. The building will include well-appointed common spaces including a community/entertainment area with outdoor patio. Small pets will be allowed.

This two-story building will have all the conveniences and security of a well-planned retirement community. Enjoy a private life or a social one, home cooking or restaurant-style dining—it's your choice. We'll handle all of the home and yard maintenance and watch your home when you're away.

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## Featured Apartment ~ Lillian Pratt Assisted Living #321



This lovely studio apartment has a nice campus view. The monthly rent is \$3,265\* and includes the following amenities:

- ◆ **Three meals daily with waited dining service**, a selective menu, flexible eating times and dietician planned meals;
- ◆ **All utilities** including air conditioning, local phone and basic cable;
- ◆ **Weekly housekeeping**, bed linens and towels laundered/supplied;
- ◆ **Transportation** to medical appointments and activities 5 days/week; scheduled shopping, banking, grocery—weekly;
- ◆ **Emergency alert features**; front desk concierge; window coverings;
- ◆ Depending on your **level of care**, you choose your services including: Medication administration, supervision and other nursing services;
- ◆ **If more care is needed**, close access to care in the Health Care Center offers peace of mind for residents and family members.

\* A Level of Care charge is added to the monthly rent (\$360 - \$2,855). With this level of care charge you have access to RNs or LPNs on the premises 24 hours a day in addition to Certified Nursing Assistants.

**Your needs are always a priority to us. For more information regarding these apartments, other available apartments, or any other questions you may have regarding retirement living, please call Michelle Olafson or Shirley Robbins at 253-752-6621 or visit [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com).**



**Tobey Jones Building #456~ Independent Living, \$4,505/mo.** This one bedroom apartment has charming roof lines, a large kitchenette and nook. Included: three meals daily in a well-appointed dining room, all utilities, cheerful weekly housekeeping, transportation, emergency alert features, FTJ Senior University, fitness classes, weekly happy hour, activities, trips and tours.



**Garden Apartment #304~independent living, \$4,495/mo.** This two bedroom apartment has a nice kitchen and a sliding door that opens onto a balcony. Included: a fully equipped kitchen; washer and dryer; fire, burglary, emergency services monitored on-site; electricity (including A/C); gas; water; sewer; garbage; cable television; property taxes; building insurance; housekeeping twice monthly; activities; fitness; "Sr. U;" transportation; trips and more!



**Our Place ~ Memory Care**  
We have openings in "Our Place," a specialized community for seniors with early to mid-stage dementia. Residents enjoy the best view on campus with a lovely secure balcony overlooking Commencement Bay. Our approach to dementia care features a small group of residents who live together in a home-like setting with 24 hour supervision and support.

## Meet Residents

## Kurt and Linda Graff



Kurt was born in Germany and grew up in a military family that was stationed in France and California. In France during his high school years is where he met

Linda and fell in love. Shortly thereafter, Kurt's family was transferred back to Germany, and in 1967 they were transferred to McChord AFB here in WA State.

After graduation, Kurt worked in the food industry, in the real estate market and then entered the world of banking where he served for 30 years before retiring.

Linda was born in Alabama and raised, primarily, in the small community of Hannibal, Missouri. Linda's father was a Baptist Minister, served in the Air Force as a Chaplain and they were stationed in Georgia, Alaska and France.

Linda's father was transferred to the U.S. and stationed in Merced, California where she completed high school and then went on to attend College. Kurt and Linda did not see each other for three years before they met again when Kurt was traveling through Merced and stopped to see Linda. One year later they married...and the rest is history as they say!

As a career, Linda worked as a Para Educator for Franklin Pierce School District for 30 years.

The couple have a lovely daughter, a wonderful son-in-law and two grandchildren. Because they moved so much growing up, they chose to raise their family in one community, Tacoma, staying in the same home until the day they moved into FTJ.

Kurt and Linda had, and still have, a great and interesting life. They love to travel and do so often. Most recently France and Germany were their destination. Kurt, being multi-lingual, enjoys conversing with people of all nations and finds great joy in learning about different cultures. They have a wonderful outlook on life — "Take one day at a time and enjoy every minute of it."

Before moving to FTJ last year, they researched retirement communities and found FTJ to be everything they were looking for. They are pleased with living here and enjoy the atmosphere and the friendliness of residents and staff.

## Bristol View Apartments

Continued from page 1

Also included: water, sewer, garbage, cable television, property taxes, building insurance; maintenance of all ground and common areas; maintenance of exterior of home, heating, ventilation, plumbing, electrical, and security systems and grounds; transportation; Wellness/Fitness Center; activities and access to much more.

If you are interested in learning more, please call Michelle Olafson at 253-756-6251.

## Celebration of Life



Franke Tobey Jones' annual Celebration of Life to remember and honor our residents who have passed away in 2018 is scheduled for Saturday, January 19th at 3:00 p.m. in our Lillian Pratt Parlor. Residents, family members and friends are welcome to celebrate the life of a loved one they have lost.

Attendees will be given an opportunity to write a sentiment or name their deceased loved one on a ribbon and hang it on the Tree of Life. There will also be a time to share heart-felt memories. Everyone is welcome.

## Welcome new Team Members and Board Members

We welcome Bob Beckham as our new Chief Operating Officer and Sheila McDonough as our new Director of Clinical Services. Bob has over 15 years of experience in operations management and leadership. He most recently served as the Vice President of Operations for Sound Options, Inc. for six years, a company that provides in-home care and care management services to seniors and other vulnerable adults in the community. Sheila comes to Franke Tobey Jones with over 20 years experience as a Director of Nursing in both profit and not-for-profit environments.

We also welcome four new Board Members: Janet Kruzel, Meg Nunnally, Kathy Trotter and Erika Tucci. They join our already outstanding Board which includes Robert Pentimonti, Chair; James Hushagen, Vice Chair; Jeff Watts, Treasurer/Secretary; Joanna Monroe, Immediate Past Chair; Joe Lawless; Jane Taylor; Barbara Thompson and B.Z. Zenczak, along with two FTJ resident Board Members: Patricia Davison Mail and Claire Griffin. We thank our dedicated Board for their vision, leadership and guidance, especially as we continue our campus expansion, developing Franke Tobey Jones for both current and future seniors.

## New Health Care/Memory Care Building



December 2017



December 2018

We've come a long way on the construction of our new Health Care/Memory Care building during the past year. The exterior of the building isn't changing as fast now, but there is a myriad of work being done on the inside of the building as we work toward a completion date of May 2019.

This will not be your "grandmother's nursing home." The 43 health care center rooms and 28 memory care rooms are designed in small "pod" arrangements with clusters of rooms around open living spaces where residents and family can enjoy quality time together. Nearly all the rooms will be private with private bathroom/shower, and each resident room will house a locked cabinet where the resident's medications will be kept.

There has been an outpouring of community support of *The Campaign for Franke Tobey Jones: Historic past ~ Innovative future*. Generous donors and funders have contributed close to \$1.4 M to date to help build the new innovative Health Care and Memory Care Building that will set a new standard model of care in our region. With such support, we continue to move closer to our goal of \$5M in order to make this vision a reality.

For more information on how you can get involved, contact Kelly Merry, Director of Philanthropy at [kmerry@franketobeyjones.com](mailto:kmerry@franketobeyjones.com) or (253) 756 - 6297.