

April Lectures and Events

*Indicates registration is required.

Tuesday, April 2

Brain Training with Linda Terry

Cognitive trainer Linda Terry helps people of all ages fine tune their thinking skills .
11:00 am (Level 1), Lillian Pratt Parlor
2:00 pm (Level 2), Wellness Center

Wednesday, April 3

Our Stories, Our Voices: The Old Lesbian Oral Herstory Project

2:00 pm, Lillian Pratt Parlor

Wednesday, April 3

Thai Dance Showcase

Enjoy a short Thai Dance performance, meet new people in our community, and experience a taste of Thai Culture with refreshments.
3:00 pm, Wellness Center

Thursday, April 4

Understanding Classical Music Series: Current Issues in Classical Music*

We'll consider the idea of the composer as genius, gender roles in classical music, and some new directions in music composition.
2:00 pm, Tobey Jones Parlor

Thursday, April 4

University Lecture Series – Islam: Some Common Misconceptions

In this lecture, we will look at some headlines from the news that make inaccurate statements about Islam and use those as jumping off points for more accurate understandings of key topics, including the Sunni Shi'i split, the Prophet Muhammad, and Islam in America.
6:00 pm, Lillian Pratt Parlor

Monday, April 8

Museum of Glass Lecture Series: Venice and the Renaissance*

In a time focused on logic and intellect, glass grew into a respected craft during the Renaissance. Glassware became works of art, seeking aesthetic ideals, and sharing political affiliations.
11:00 am, Tobey Jones Parlor

Monday, April 8

Northwest Apple Pickers Computer Workshop

Work with a coach who can answer questions about your Apple device.
2:00 pm, Wellness Center

Monday, April 8

Music with Dr. Paul - Leonard Bernstein: Larger Than Life

The class will view a documentary on Leonard Bernstein's life which was produced in 2016.
3:00 pm, Lillian Pratt Parlor

Tuesday, April 9

Coffee Club

Discuss current events, the economy, and investing with a cup of joe.
9:30 am, Tobey Jones Parlor

Wednesday, April 10

Tacoma Historical Society Lecture Series: Working Women

Alice Miller will present clothing and uniforms from Northwest women (mostly from Tacoma) who have worked down through the decades. Beginning with very traditional jobs and ending with not so traditional jobs that have opened up for women.
2:00 pm, Lillian Pratt Parlor

Thursdays, April 11 & 25

Creative Writing - Story Collage: Gathering Beautiful Fragments*

Join writer Anthea Hubanks for a six-week series from April 11 – June 27.
2:00 – 3:30 pm, Tobey Jones Multipurpose Room

Friday, April 12

The Importance of Physical Activity in Older Adults

This presentation will discuss the importance of physical activity, risk of falls and joint care, and will also include a demonstration of range of motion activities.
10:00 am, Lillian Pratt Parlor

Fridays, April 12 & 26

Introduction to Weaving*

In this 2-class series, you will work on a simple loom to weave a small coaster mat.
10:00 – 11:30 am, Tobey Jones Craft Room

Tuesday, April 16

Computer Workshop: PC/Android Phones and Devices

This class provides friendly, easy-to-understand instructions and answering of questions, from beginning to intermediate levels . Bring your device and charging cord.
1:00 pm, Lillian Pratt Bascom Library

Wednesday, April 17

Let's Talk TED Talks: In Pursuit of Happiness

Join us while we view curated TED Talks on a selected theme each month followed by a guided discussion on what we've heard.
3:00 pm, Tobey Jones Parlor

Thursday, April 18

Genetic Testing Workshop: Your DNA-How to Predict & Prepare

This workshop provides friendly, easy-to-understand education and answering of questions about DNA testing and how it can benefit you and your family.
11:00 am, Tobey Jones Parlor

Thursday, April 18

Chinese History and Philosophy

Join Dr. Yi Li for a general overview of the teachings of Confucianism and its evolution over China's long history.
3:00 pm, Tobey Jones Parlor

Friday, April 19

What is Aging in Place? Tips and Strategies for Successful Aging (Wherever You Are)

This will define the concept of Aging in Place and discuss evidence-based practices for Successful Aging. National studies will be used, as well as, state resources to discuss the important concepts of Successful Aging.
10:00 – 11:30 am, Lillian Pratt Parlor

Tuesday, April 23

Gender 101

This will be an overview of the difference between Gender and Sexuality, preferred vocabulary usages, the humanitarian crisis and the gender nonconforming community, and how we can become gender affirming people .
11:00 am, Lillian Pratt Parlor

Tuesday, April 23

Great Decisions Discussion Group - The Middle East: Regional Disorder

What will be the fallout from policy reversals such as withdrawing from the Iranian nuclear accord and moving the U.S. embassy in Israel to Jerusalem? Does the United States see a path forward in troubled states such as Syria, Yemen, Libya and Iraq? Is the United States headed toward war with Iran?
2:00 pm, Wellness Center

Wednesday, April 24

Literary League Book Club— Breakfast with Buddha

3:00 pm, Tobey Jones Parlor

Tuesday, April 30

Infinity Rehab Series - Osteoarthritis: What It Is and What You Can Do About It

Attendees will learn what they can do to manage Osteoarthritis (OA), manage pain, and keep an active lifestyle as long as possible.
11:00 am, Lillian Pratt Parlor

Tuesday, April 30

History and Archaeology in Mathematics

Dr. Erik Tou will survey how mathematicians have relied on both history and archaeology to better understand the formulas and concepts we use today.
3:00 pm, Tobey Jones Parlor



FRANKE TOBEY JONES

SENIOR UNIVERSITY

April 2019

Campus Locations

Main Campus

5340 N Bristol Street
Tacoma, WA 98407
253.752.6621

Pt. Defiance~Ruston Senior Center

4716 N Baltimore Street
Tacoma, WA 98407
253.756.0601

Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

indicates fee and registration required

* indicates registration required



To check for schedule changes, e-mail jwennstrom@franketobeyjones.com

Live & Learn

Educational Enrichment Opportunities

The Knit Wits Are No Fools

Do you like to knit, crochet, embroider, cross stitch, or do any other sort of fiber art? Do you like meeting new people and making friends? Perhaps you would enjoy joining Knit Wits, a stitch and chat group that takes place every Thursday at 9:30 am in the Tobey Jones Parlor. No registration is necessary, just drop by and bring a project to work on. There are even some stitching kits and some yarn available all this month if you want to get something started and don't already have supplies of your own.



Story Collage: Gathering Beautiful Fragments

In this unique and fun new class, creative writing comes together with collage, personal notes and letters, photographs, keepsakes, art, and pressed flowers and leaves. Participants will write poetry, short stories, haiku, flash-biographies of friends and loved-ones, vignettes capturing life events, love letters, and even song lyrics. Writings will be interspersed with meaningful items that can be glued onto paper. Each finished object will be a personalized, beautifully illustrated accordion-fold-out book. To join writer Anthea Hubanks for this six-week series of creative writing workshops from April 11 – June 27, register now.



Our Stories, Our Voices THE OLD LESBIAN ORAL HERSTORY PROJECT



Our Stories, Our Voices: The Old Lesbian Oral Herstory Project

When interviewed for the Old Lesbian Oral Herstory Project (OLOHP), Jean, born in 1927, talked about losing Bobbie. "We had never held hands out in public, but before they put her in the ambulance, I kissed her on the forehead and whispered that I loved her." That was the first time Jean had ever had the courage to publicly show affection to Bobbie. They had been together more than 35 years.

Although many things have changed for lesbians now, it is essential that we remember and honor the lives of the women who came before us. OLOHP presentations not only share information about the Project (which gathers and documents the life stories of lesbians 70 and older) and how it works but it also includes readings of excerpts taken from the collection of over 600 interviews. Join the OLOHP on Wednesday, April 3 at 2:00 pm in the Lillian Pratt Parlor

To register for a class, contact Jana Wennstrom at jwennstrom@franketobeyjones.com or 253.756.6219

www.FrankeTobeyJones.com / Phone: 253.752.6621

April 2019



FRANKE TOBEY JONES

SENIOR UNIVERSITY

Non scholae sed vitae discimus.

We do not learn for school but for life.

Mon	Tue	Wed	Thu	Fri
1 4:00 (TJ) The Great Courses at TJ	2 10:00 (C) Watercolors# 11:00 (LP) Brain Training (Level1) 2:00 (W) Brain Training (Level 2)	3 2:00 (LP) Old Lesbian Oral Herstory Project 3:00 (W) Thai Dance Class Showcase	4 9:30 (TJ) Knit Wits 2:00 (TJ) Understanding Classical Music Series* 6:00 (LP) University Lecture Series	5
8 11:00 (TJ) MOG Glass Lecture Series* 2:00 (W) Apple Device Workshop 3:00 (LP) Music with Dr. Paul 4:00 (TJ) The Great Courses at TJ	9 9:30 (TJ) Coffee Club 10:00 (C) Watercolors#	10 2:00 (LP) THS Lecture Series	11 9:30 (TJ) Knit Wits 2:00 (M) Creative Writing*	12 10:00 (LP) Importance of Physical Activity 10:00 (C) Introduction to Weaving*
15 4:00 (TJ) The Great Courses at TJ	16 10:00 (C) Watercolors# 1:00 (B) Computer Workshop: PC/Android Phones and Devices	17 3:00 (TJ) Let's Talk TED Talks: In Pursuit of Happiness	18 9:30 (TJ) Knit 11:00 (TJ) Genetic Testing Workshop 3:00 (TJ) Chinese History and Philosophy	19 10:00 (LP) What is Aging In Place?
22 4:00 (TJ) The Great Courses at TJ	23 10:00 (C) Watercolors# 11:00 (LP) Gender 101 2:00 (W) Great Decisions Discussion	24 3:00 (TJ) The Literary League Book Club	25 9:30 (TJ) Knit Wits 2:00 (M) Creative Writing*	26 10:00 (C) Introduction to Weaving*
29 4:00 (TJ) The Great Courses at TJ	30 10:00 (C) Watercolors# 11:00 (LP) Infinity Rehab Series 3:00 (TJ) History of Mathematics			

"Enlightenment meets *On the Road* in this witty, insightful novel." —*The Boston Sunday Globe*

Breakfast with Buddha



a novel

ROLAND MERULLO

author of *Dinner with Buddha* and *Golfing with God*

Wednesday, April 24

Literary League Book Club— Breakfast with Buddha

Join us as we discuss *Breakfast With Buddha* by Roland Merullo. About the book: At the behest of his sister, Otto Ringling finds himself reluctantly accompanying her guru, an enigmatic Mongolian monk, on a trip through Middle America to their childhood home, introducing his passenger to some American "fun" along the way.

3:00 pm, Tobey Jones Parlor

Legend

Registration and fee

* Registration, no cost

Location Codes:

- (B) Lillian Pratt Bascom Library
- (C) Tobey Jones Craft Room
- (FT) Field Trip
- (LP) - Lillian Pratt Parlor
- (M) - Tobey Jones Multipurpose Room
- (TJ) - Tobey Jones Parlor
- (W) - Wellness Center