



# HERO AWARD



*Steve Barrett*



*Jeanie Rogalski*

## What is a hero?

A hero is someone who we determine to have demonstrated behaviors and decisions that are ethically and emotionally worthy of our awe. A hero is someone who inspires us by their example. Someone who moves us emotionally. Their actions tell us that it is possible to overcome whatever comes our way. Many times, a hero does not understand why they are being exalted merely for doing what they believed, and thought was correct and right. They did not think at the moments or during the episode, "if I do this, I will be loved and adored forever." Heroes come in many ages, shapes and sizes. Many of our heroes are everyday folks like you and me. In February 2019 we honored two FTJ employees with the "Hero Award." They did something so outstanding we actually created a new award, called the "Hero Award," because our normal, standard awards just seemed to pale in comparison for their amazing actions.

## Why were they honored?

A resident in one of our dining rooms was choking on a piece of food. The dining server, Jeanie, tried her best to help but just couldn't seem to get the food dislodged. A maintenance employee, Steve, was in the next room working on a job, so the dining server called him over to help. She was barely able to breath and was losing consciousness. He immediately started the Heimlich maneuver on her, and after a third try the food was dislodged and she started breathing. It was a scary moment, and without the swift, heroic action of the dining server and maintenance employee, she would have died.

Franke Tobey Jones is so fortunate to have many, many incredible team members. Our team members selflessly and truly care from their hearts for our residents each and every day. We are blessed to have every day heroes in our midst, that give from their heart and never expect a thank you and are even embarrassed to accept such an award.

**Thank you Jeanie Rogalski and Steve Barrett for your selfless courage, your passion, humility and caring. We honor you with our first ever FTJ "Hero Award!"**



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*Enjoy your age*