



February/March 2019



Our Place – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	1	2
89:30 Sing Along (TAA) 10:00 Newspaper Review (TAA) 10:30 Floor Hockey (TAA)  11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 1:30 Card Game "Go Fish" (TAA) 2:00 Afternoon Snack 2:30 Balloon Ball (TAA) 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:00 Coffee & Chats (CNA) 10:00 Bingo (CNA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 1:30 Seated Strength (WS)  2:00 Afternoon Snack 3:15 Harp Music w/ Cheryl Zabel  4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:00 Flower Arranging (TAA) 9:30 This Week in History (TAA) 10:00 Dominos "Mexican Train" (TAA) 10:30 Trivia Challenge (TAA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 1:30 Winter Tasting Menu (TAA) 2:00 Afternoon Snack (TAA) 2:30 Hole in One Challenge (TAA) 3:00 Hangman (TAA) 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:00 Morning Stretch (TAA) 9:30 Name That Tune (TAA) 10:00 Washers Challenge (TAA) 10:30 Outside Adventure (TAA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 1:30 Seated Strength (WS) 2:00 Happy Hour (TAA)  2:30 OP Outing – "Cutter's Point Coffee Shop" (TAA) 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:00 Dominos (CNA) 10:00 Wii Bowling (CNA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 2:30 Movie Matinee "Maverick"  4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:00 Lucky Dice (TAA) 9:30 9 Pin Bowling (TAA) 10:00 Spa Retreat (TAA) 10:30 Moral of the Story (TAA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 2:00 Afternoon Snack 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)	9:45 Coffee & Chats (TAA) 10:15 Chair Dancing (TAA) 11:30 Lunch 12:15- <i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup) 1:00 Saturday Cinema & Popcorn "That's Entertainment II"  2:00 Afternoon Snack 3:00 Piano Music with Roberta 4:30 Dinner 5:15- <i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group.</p>						

March 2019

Our Place – Life Enrichment



FRANKE TOBEY JONES
Enjoy your age



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
<p>9:30 Coffee Circle (TAA)</p> <p>10:00 Balloon Ball (TAA)</p> <p>10:30 Bread Making (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Hole in One Challenge (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 News Paper Review (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee & Chats (CNA)</p> <p>10:30 Bingo (CNA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 This Day in History (TAA)</p> <p>10:00 Advanced Robots (TAA)</p> <p>10:30 Service Project "Robots for Kids" (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p>  <p>2:00 Mardi Gras Celebration (TAA)</p> <p>2:30 Mardi Gras History (TAA)</p> <p>3:00 Putting Green (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 9 Pin Bowling (TAA)</p> <p>10:00 Taste Testing (TAA)</p> <p>10:30 Remembrall (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Name That Tune (TAA)</p> <p>3:00 Dominos "Mexican Train" (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Balloon Ball (CNA)</p> <p>10:30 Newspaper Review (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Movie Matinee "April In Paris"</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Holiday Decorating (TAA)</p>  <p>10:00 Chocolate Concoctions (TAA)</p> <p>10:30 Sing Along (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:45 Coffee & Chats (TAA)</p> <p>10:15 9 Pin Bowling (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Cookie Making (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Cookie Decorating (TAA)</p> <p>3:00 Saturday Cinema & Popcorn "Take Me Out to the Ball Game"</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group.</p>						

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE

March 2019














Our Place – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
<p>9:30 Coffee Circle (TAA)</p> <p>10:00 9 Pin Bowling (TAA)</p> <p>10:30 Lucky Dice (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Dominos “Mexican Train” (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Hole in One Challenge (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee & Chats (CNA)</p> <p>10:30 Balloon Ball (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Dominos (TAA)</p> <p>10:00 Good News (TAA)</p> <p>10:30 Remembrall (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Hangman (TAA)</p>  <p>3:00 Sharpen Your Senses (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Sing Along (TAA)</p> <p>10:00 Bingo (TAA)</p>  <p>10:30 Piggy Bankers (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p> <p>2:00 Afternoon Snack</p> <p>2:30 OP Outing – “Coffee Shop” (TAA)</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee & Chats (CNA)</p> <p>10:30 Table Bowling (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Movie Matinee “The Music Man”</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Spa Retreat (TAA)</p>  <p>10:30 Karaoke (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:45 Morning News (TAA)</p> <p>10:15 Chair Dancing (TAA)</p> <p>10:45 St. Patrick’s Day Craft</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:00 Free Rice (TAA)</p> <p>1:30 Star of the Month (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:00 Saturday Cinema & Popcorn “Les Girls”</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>
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March 2019
















Our Place – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
<p>9:30 Coffee Circle (TAA)</p> <p>10:00 Lucky Dice (TAA)</p> <p>10:30 Theater & Interactive Storytelling w/Cindy</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Outdoor Walk (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Sharpen Your Senses (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee Circle (CNA)</p> <p>10:30 Wii Bowling (CNA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Service Project "Cake Pops" (TAA)</p>  <p>10:30 Spa Treatment (TAA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Table Tennis (TAA)</p>  <p>3:00 IN2L Name that Sound Game (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Match the Food (TAA)</p>  <p>10:00 Finish the Phrase (TAA)</p> <p>10:30 Service Project "Cake Pops" (TAA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Sing Along (TAA)</p> <p>3:00 Reminiscing Stories (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Newspaper Review (CNA)</p> <p>10:30 Balloon Ball (CNA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Movie Matinee "Marley and Me"</p>  <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Creative Dirt (TAA)</p>  <p>10:00 Hand Massages (TAA)</p>  <p>10:30 Sing Along w/Susie (TAA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:45 Coffee Chat (TAA)</p>  <p>10:15 Hole in One (TAA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:00 Remembrall (TAA)</p> <p>2:00 Saturday Cinema & Popcorn</p> <p>"Marley and Me" "The Puppy Years"</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>
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March 2019

Our Place – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	29	30
<p>9:30 Coffee Circle (TAA)</p> <p>10:00 Newspaper Review (TAA)</p> <p>10:30 Outdoor Walk (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30" Hole in One (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Bread Making (TAA)</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee Chat (CNA)</p> <p>10:30 Bingo (CNA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p>  <p>2:00 Afternoon Snack</p> <p>3:15 Harp Music with Cheryl</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Flower Arranging (TAA)</p> <p>10:00 Hand Massages (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:30 9 Pin Bowling (TAA)</p> <p>3:00 Hangman (TAA)</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Chair Dancing (TAA)</p> <p>10:00 This Day in History (TAA)</p> <p>10:30 Art Project – Tulips (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Name That Tune (TAA)</p> <p>3:00 Sharpen Your Senses (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Balloon Ball (CNA)</p>  <p>10:30 Newspaper Review (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Movie Matinee "Summer Stock"</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Horse Racing (TAA)</p>  <p>10:30 Art Project – Tulips (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:45 Morning News (TAA)</p> <p>10:15 Putting Green (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:00 Cookie Making (TAA)</p> <p>1:30 Floor Hockey (TAA)</p> <p>2:00 Saturday Cinema & Popcorn "Mary Poppins"</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>

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