


# Senior Nutrition Program

## June 2019

Mon	Tue	Wed	Thu	Fri
				<p><i>Please call in Fri. lunch orders by Thurs. at 1:00 p.m. They must be paid in advance unless other arrangements have been made.</i></p>
<p><b>3</b> Chipotle Meatballs Rice Broccoli Peaches</p>	<p><b>4</b> Chicken Cacciatore Baked Zucchini Wheat Rolls Pears</p>	<p><b>5</b> Florentine Fish Baked Red Potato Cherry Crisp</p>	<p><b>6</b> Beef and Bean Burrito Brown Rice Pinto Beans Strawberries &amp; Yogurt</p>	<p><b>7</b> Chef Salad Roll Soup Milk Dessert</p>
<p><b>10</b> Hungarian Goulash Broccoli Pound Cake Strawberries</p>	<p><b>11</b> Baked Cod Brown Rice Garden Salad Oranges Oatmeal Cookie</p>	<p><b>12</b> BBQ Chicken Potato/Pasta Salad Baked Beans Tangerines</p>	<p><b>13</b> Steak Ranchero Brown Rice Applesauce</p>	<p><b>14</b> Roast Beef Sandwich Soup Milk Dessert</p>
<p><b>17</b> Broccoli Cheese Soup Turkey Sandwich Lettuce Tomato Apple Crisp</p>	<p><b>18</b> Philly Cheese Steak Green Salad Grapes</p>	<p><b>19</b> Baja Chicken Cilantro Rice Mixed Veggies Orange</p>	<p><b>20</b> Pork Carnitas Tomato &amp; Cucumber Salad Banana</p>	<p><b>21</b> Chef Salad Roll Soup Milk Cookie</p>
<p><b>24</b> Fish and Chips Cole Slaw Chocolate Pudding</p>	<p><b>25</b> Chicken &amp; Cheese Soft Taco Lettuce &amp; Tomato Spanish Rice Mandarin Oranges</p>	<p><b>26</b> Beef Macaroni Broccoli Cantaloupe Wheat Roll</p>	<p><b>27</b> Salmon Filet Wild Rice Wheat Roll Green Salad Mandarin Orange</p>	<p><b>28</b> Ham &amp; Cheddar Soup Milk Dessert</p>