

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a **Senior University** enrichment course. Join us for a **Tai Chi** class. Enjoy coffee at the **Bistro Café** with friends.

**We have upgraded our database system. If you received this newsletter by mistake or no longer want to receive it, please call us at 253.752.6621 or email [chall@franketobeyjones.com](mailto:chall@franketobeyjones.com) Thank you!**

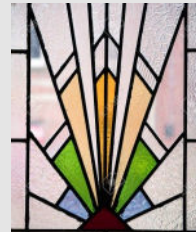
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**FTJ Caregiver Superstars!**  
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## FTJ Senior University Class Highlights ~ July—August 2019

### Museum of Glass Lecture Series: Modern and Deco Glass\*

In the 20th century, glass designers push the boundaries of the media and explore the high-tech feel of the modern era. Sleek elegance is then stunted by global wars. Must register with Jana, 253-756-6219.  
*July 8, 11:00 am, Tobey Jones Parlor*



### Tacoma Historical Society Lecture Series

Historian Michael Hemp will trace the little-known connections between Ed Ricketts (a founder of modern ecology), novelist John Steinbeck, the Tacoma-built fishing vessel The Western Flyer, and Washington state waters.  
*July 10, 2:00 pm, Lillian Pratt Parlor*



### Master Gardener Series: Amazing Roses

Everyone loves roses. Today there are so many disease resistant varieties along with a few old favorites. Learn how to care for these beloved perennials.  
*July 11, 3:00 pm, Wellness Center*

### Healing Medicinal Wild Plants

Come and learn about wild plants from our area that are both medicinal and healing. Some wild harvested products will be available for sale following the lecture.  
*July 16, 11:00 am, Lillian Pratt Parlor*

### Music at the Court of Elizabeth I

Dr. Anne Lyman will take an in-depth look at sacred and secular music in the late 16th-century in England.  
*July 15, 11:00 am, Lillian Pratt Parlor*



### Great Decisions Discussion Group - Cyber Conflict and Geopolitics

Cyber conflict is a new and continually developing threat, which can include foreign interference in elections, industrial sabotage and attacks on infrastructure. Dealing with cyber conflict will require new ways of looking at 21st century warfare.  
*August 27, 2:00 pm, Wellness Center*

Call Jana Wennstrom at 253-752-6621 for more information. Or for a full class schedule go to [www.franketobeyjones.com/upcoming-events/program-calendars/](http://www.franketobeyjones.com/upcoming-events/program-calendars/) Note \*= Registration Required.

Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations along with others who have retired with rich career experiences. Most classes are offered free. **Go to [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com) for a full class schedule.**

# FRANKELY, WE'VE GOT IT!

*news, events, and opportunities for our community*

July—August 2019

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*Frankely, We've Got It*  
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*New Franke Tobey Jones Care Center with Skilled Nursing and Memory Care*

## New Care Center Open House July 27th!

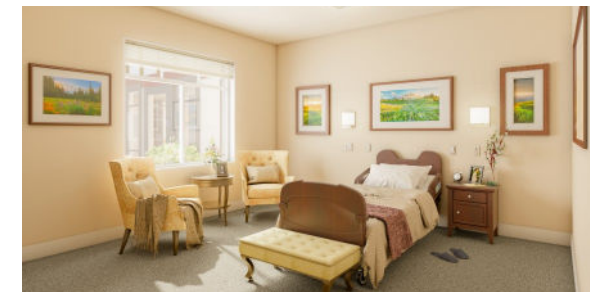
When our new building opens, Franke Tobey Jones will set a new standard for long-term skilled nursing and memory care in our region. As our population ages, and the demand for long-term senior care and memory care rises, we are prepared to meet these needs. But, when you've been leading the way in senior care for nearly a century, "meeting needs" isn't enough. We've listened to residents, to the broader community and to other experts in our field. Our new Care Center will provide housing, programs and care that respects your wishes and exceeds your expectations. Ultimately, we are redefining the common perception of senior care.

Our new building represents an exciting leap forward for senior care in our region. It is thoughtfully designed to support the three essential tenets of the care we provide:

- ◇ Preserving **DIGNITY** and independence
- ◇ Creating, nurturing and sustaining a supportive **COMMUNITY** that keeps loneliness and isolation at bay
- ◇ Staying nimble and flexible to provide the most **INNOVATIVE Care**

**Join us for our Open House and take a tour on July 27th. Stop by any time between**

**11:00 a.m. and 2:00 p.m.** To learn more or reserve a suite in skilled nursing or memory care, call us at 253-752-6621. Also, find out more at [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com)



## Featured Apartment ~ Garden Apartment #206 Independent Living



Rarely does a two bedroom apartment come available in the Garden Apartments! Apartment #206 is 1,271 square feet with a fireplace, deck and extra storage. Really, a must see! The monthly rent of \$5,235 includes:

- Continental breakfast three days a week
- Happy Hour every Friday
- Housekeeping twice monthly
- Maintenance of building exterior, all grounds and common spaces
- Activities and fitness including personal trainers
- FTJ Senior University
- Trips and tours
- Transportation
- Fully equipped kitchen
- In-apartment stackable washer and dryer
- Fire, burglary, emergency services monitored on-site
- Electricity (including A/C), gas, water, sewer, garbage, standard cable television, property taxes and building insurance

**Your needs are always a priority to us. For more information regarding these apartments, other available apartments, or any other questions you may have regarding retirement living, please call Michelle Olafson or Shirley Robbins at 253-752-6621 or visit [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com).**

### Tobey Jones #456 Independent Living with Meals \$4,505/month (no buy-in)

This 1-bedroom, 1-bathroom apartment with a kitchenette includes three meals daily in a well-appointed dining room, all utilities, weekly housekeeping, transportation, emergency alert features, Senior University, fitness classes, weekly happy hour, activities, trips and tours.

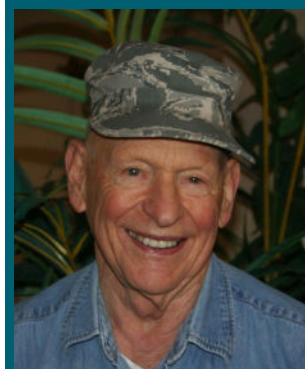
### Lillian Pratt Assisted Living #329, \$4,785/month (no buy-in)

This very nice 1-bedroom, 1-bathroom apartment has a new quartz and stainless kitchenette and a campus view. The monthly rent includes: three meals daily with waited dining service, all utilities including local phone and basic cable, weekly housekeeping, bed linens and towels laundered and supplied weekly, fitness, activities and more.

### NEW FTJ Care Center - Skilled Nursing starting at \$350/day, Memory Care starting at \$4,000/month

In our NEW private pay Care Center, nearly all the rooms are private with full private bathrooms. Your care is our highest priority with a 24-hour staff of RNs, LPNs and Certified Nursing Assistants. Some supplies and/or therapy services may be billed through Medicare B. We also take private pay/private insurance referrals. *It is not necessary to live at FTJ first.*

## Meet Resident Bill Gore



Just 91 short years ago this August, Bill Gore was born right here in Tacoma three blocks from Franke Tobey Jones. He went to Point Defiance Elementary School, Mason Middle School, Stadium High School and spent two years

at Tacoma Community College. From age 14 to 19 he worked at the Point Defiance Park Zoo as an Assistant Zoo Keeper.

In 1947, Bill joined the Army and later joined the Air Force when it became a separate service. It worked out great for him because he had several quick promotions. He was stationed in Nome, Alaska and Denver, Colorado, and when the war started, he was sent to Fairford, England which is where he met Veronica Bowles. They married 18 months later.

Veronica loved the military wives' groups and was a marvelous artist. They raised one girl and three boys at various military bases; Fairchild AFB in Spokane, back to Fairford, England, then Elmendorf AFB in Alaska, and retired at Langley AFB in Newport News, Virginia. Bill and Veronica have eight grandchildren and two great grandchildren.

After 20 years of service in the Air Force, Bill retired and went to work for Star Iron and Steel for nine years, then Ralf M. Parson for two years, and then worked on the Alaskan Pipeline. He finished his second retirement after working for Century 21 Real Estate for 33 years.

Bill and Veronica liked camping, fishing and traveling, and Bill also had a woodshop and enjoyed gardening. Sadly, in 1999, Veronica died of cancer.

After being widowed for 17 years, in 2015 Bill met Janet Donaldson. They became very good friends the moment they met and quickly became walking partners. Bill and Janet celebrated his 90th birthday by going on an Alaskan cruise and had a marvelous time! They now live at Franke Tobey Jones and enjoy it very much. "The residents and staff are lovely and the food, trips and everything is great" they say. We are pleased to have Janet and Bill as residents and wish them many years of happy ever after.

## Grand Opening of our New Independent Living Apartments—July 27th!



Are you looking for luxury senior independent living? Views of the bay? Views of Mount Rainier? Our brand new Bristol View Apartments offer modern floor plans while living in the beautiful and desirable North Tacoma neighborhood.

Not only does Franke Tobey Jones offer condo-style living with beautiful views, we also offer Senior University, the Bistro Cafe, a 6,000 square foot fitness center with personal trainers and the peace of mind that you'll have knowing assisted living, memory care and long-term skilled nursing are available on our campus should you ever need more care. You can relax and enjoy the many amenities of Franke Tobey Jones also knowing we'll handle all home and yard maintenance.

All apartments include:

- ⇒ Modern floor plans with spacious living room and private balcony
- ⇒ Gourmet kitchen
- ⇒ Master bedroom/bathroom with dual sink and walk-in closet
- ⇒ Secure underground parking with extra storage

Also included: water, sewer, garbage, cable, property taxes, building insurance, maintenance of all grounds and common areas, maintenance of exterior of home, heating, security systems, housekeeping, transportation and more.

- ⇒ Entrance fee: \$195,000 to \$250,000, monthly fees: \$4,600 to \$5,000
- ⇒ Square footage range: 1,306 to 1,575

**Join us for our Open House and tour Bristol View on Saturday, July 27th. Stop in anytime between 11:00 a.m. and 2:00 p.m. Or, call today for a tour: (253) 752-6621. See floor plans, pricing and view photos at [www.franketobeyjones.com/bristolview](http://www.franketobeyjones.com/bristolview)**



## All-Star Caregiver Recognition



Amanda Wilson



Allisha Navarro

Congratulations to FTJ Care Givers Amanda Wilson and Allisha Navarro who were recognized at the annual Outstanding Caregiver Recognition Dinner on June 11th. Both Amanda and Allisha were nominated directly by our residents for the outstanding care they provide. This event was hosted by Health Care Providers of Pierce County to pay tribute to the caregivers in Pierce County who provide compassionate care and give so much of themselves every day! "The last thing any of us want is to become dependent on others, but if that happens, we want someone who honors us and goes above and beyond to contribute to our quality of life." Again, congratulations to Amanda and Allisha who are two of our FTJ caregiver superstars!

## Understanding Dementia Presentations

Caring for a loved one with dementia poses many challenges for families and caregivers. Please join us for one of our presentations about Alzheimer's Disease and Dementia. Our guest speaker will be Jake Gamble, owner of Generations Home Care. All of the presentations will be held in our Wellness Center from 2:00 – 3:30p.m.

### August 7

A Family Effort: Involving additional family/community members in caring for your loved one is important.

### September 11

Safe and Effective Outings for Middle and Late Stage Dementia

**Seats are limited! Please contact Carole at [cvelez@franketobeyjones.com](mailto:cvelez@franketobeyjones.com) or at 253-320-4216 by August 5th to reserve your seat at one or both of these classes.**