


















April / May 2019



OUR PLACE – LIFE ENRICHMENT - 2019



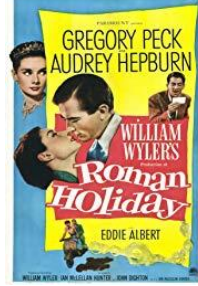










SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
<p>9:30 Coffee Circle (TAA)</p> <p>10:00 Horse Racing (TAA)</p> <p>10:30 Watercolor Project (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Walk About (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Lucky Dice (TAA)</p>  <p>3:00 Paper Mache Bowls (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee & Chats (CNA)</p> <p>10:30 Bingo (CNA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p>  <p>2:00 Afternoon Snack</p> <p>2:15 Movie Matinee "On the Town"</p>  <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>10:30 Service Project-Ladybug Rocks (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Wii Bowling (TAA)</p>  <p>3:00 Cookie Making (TAA)</p>  <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Remembrall (TAA)</p> <p>9:45 Depart for Catholic Services in LP</p> <p>10:00 Yogurt Parfait Bar (TAA)</p>  <p>10:30 Service Project-Ladybug Rocks (TAA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Dominos (TAA)</p> <p>3:00 Travelogue (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Meet & Greet (TAA)</p> <p>10:00 Balloon Volleyball (TAA)</p>  <p>10:30 Zendoodles (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Root Beer Float Social (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Dance Tunes (TAA)</p> <p>3:00 Card Game "Uno" (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Morning Stretch (TAA)</p> <p>10:00 Fun & Games "Washers" (TAA)</p> <p>10:30 Bread & Hand Churned Butter Making (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Jewelry Making (TAA)</p>  <p>2:00 Happy Hour (TAA)</p> <p>2:30 Book of Questions (TAA)</p> <p>3:00 Bingo (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:45 Morning News (TAA)</p> <p>10:15 Puzzle Hour (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:00 Decoration Preparation (TAA)</p> <p>1:30 Hole in One Challenge (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:15 Trivia (TAA)</p> <p>2:45 Piano Music with Roberta</p>  <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>						



MAYO



OUR PLACE – LIFE ENRICHMENT - 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
<p>9:30 Coffee Circle (TAA)</p> <p>10:00 Chicken Soup Stories (TAA)</p> <p>10:30 Putting Green (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 (TAA)</p> <p>2:00 Cinco de Mayo Fiesta</p>  <p>2:30 Card Game (TAA) "Uno"</p> <p>3:00 Outside Adventure (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee & Chats (CNA)</p> <p>10:30 Balloon Ball (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p>  <p>2:00 Afternoon Snack</p> <p>2:15 Movie Matinee "Roman Holiday"</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>10:30 Spa Retreat (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Sing Along (TAA)</p>  <p>3:00 10 Pin Bowling Challenge (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p> 	<p>9:30 Name That Tune (TAA)</p> <p>9:45 Depart for Catholic Services in LP</p> <p>10:00 Morning Game (TAA) "Gone Fishing"</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p> <p>2:00 Snack</p> <p>2:30 Bus outing (TAA)</p>  <p>2:45 Table Puzzles (CNA)</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Meet & Greet (TAA)</p> <p>10:00 Free Throw Challenge (TAA)</p> <p>10:30 History of 1930's Inventions (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Spring Watercolor (TAA)</p>  <p>2:00 Snack Time</p> <p>2:30 Mother's Day Centerpieces (TAA)</p> <p>3:00 Group Word Puzzle Challenge (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Musical Connections with Kate (TAA)</p>  <p>10:00 Group Story Creation (TAA)</p> <p>10:30 Balloon Race Car Race (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Radio Reminisces (TAA)</p> <p>2:00 Float Friday (TAA)</p>  <p>2:30 Balloon Ball (TAA)</p> <p>3:00 Color Creations (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:45 Morning Stretches (TAA)</p> <p>10:15 Flower Arrangements (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands</i> CNA (Res. Vol. Lunch Cleanup)</p> <p>1:00 Finish That Phrase (TAA)</p> <p>1:30 Freshen Up Time (TAA)</p> <p>2:00 Mother's Day Tea (LP Dining Room)</p>  <p>3:00 Name That Sound (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands</i> CNA (Res. Vol. Dinner Cleanup)</p>
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>						

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE



FRANKE TOBEY JONES
Enjoy your age.



May 2019



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OUR PLACE – LIFE ENRICHMENT - 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<p>9:30 Coffee Chat (TAA)</p> <p>10:00 You Be the Judge (TAA)</p> <p>10:30 Theater & Interactive Storytelling w/Cindy</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:00 Oil Pastel Pie (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Unsolved Mysteries (TAA)</p> <p>3:00 Putting Green Golf Game (TAA)</p>  <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Morning Social (CNA)</p> <p>10:00 Bingo (CNA)</p>  <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p>  <p>2:00 Afternoon Snack</p> <p>2:15 Movie Matinee "Darkest Hour"</p>  <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>10:30 Music Circle (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:15 Root Beer Float Social (TAA)</p>  <p>2:45 Piggy Bankers Word Game (TAA)</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Who, What, Where? (TAA)</p> <p>9:45 Depart for Catholic Services in LP</p> <p>10:00 Chair Yoga (TAA)</p> <p>10:30 The Price is Right (TAA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:00 Puzzles & Word Search</p> <p>1:30 Seated Strength (WS)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Dominos (TAA)</p> <p>3:00 Brain Games (TAA)</p> <p>3:30 "Wild About Animals: Australia" CNA</p> <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Fly Ball (TAA)</p> <p>10:00 Mad Science: Lemon Shine (TAA)</p>  <p>11:00 Hangman (TAA)</p> <p>11:30 Lunchtime</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:00 Chicken Soup Stories (TAA)</p> <p>1:30 Cooking Project: "Moon Balls" (TAA)</p> <p>2:30 Birthday Decorations (TAA)</p> <p>3:00 May Birthday Celebration AA</p>  <p>3:30 Life Skills- Party Clean up (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Gentle Stretch (TAA)</p> <p>10:00 News & Views (TAA)</p> <p>10:30 Numbered Art (TAA)</p> <p>11:00 Armchair Travel (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:15 Dice & Strikes Game (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Birdhouse Painting (TAA)</p>  <p>4:30 Dinner</p> <p>5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Laughter Club (TAA)</p> <p>10:00 What in the World? (TAA)</p> <p>10:30 Horse Racing (TAA)</p>  <p>11:00 Trivia (TAA)</p> <p>11:30 Lunch</p> <p>12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup)</p> <p>1:00 Hidden Pictures (TAA)</p> <p>1:30 Reminiscence- Happy Camper (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:45 "Groovin' & Movin' Exercise" (TAA)</p> <p>4:30 Dinner</p> <p>6:00 Classic Cinema, CNA "An Affair to Remember"</p> 
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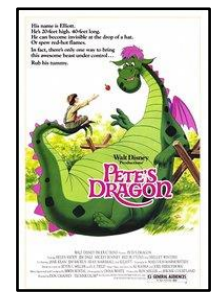





May 2019



OUR PLACE – LIFE ENRICHMENT - 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
<p>9:30 Coffee Chat (TAA)</p>  <p>10:00 Rhythm Nation (TAA)</p> <p>10:30 Trivia Challenge (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:00 Parachute Practice (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:15 Guided Watercolor (TAA)</p> <p>3:00 You Be the Judge (TAA)</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee & Chats (CNA)</p> <p>10:30 Balloon Ball (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p>  <p>2:00 Afternoon Snack</p> <p>2:15 Movie Matinee "Pete's Dragon"</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>10:30 Spa Retreat (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:15 Italian Soda Social (TAA)</p>  <p>2:45 Wii Bowling (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Card Game (TAA) "Uno"</p> <p>9:45 Depart for Catholic Services in LP</p> <p>10:00 Mad Science: Hot Ice (TAA)</p> <p>10:30 Fly Ball (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:00 What Would You Do? (TAA)</p> <p>1:30 Beauty Group (TAA)</p> <p>2:00 92nd Annual Spring Tea (Tobey Jones Solarium)</p>  <p>2:30 Dominos (CNA)</p> <p>3:00 Afternoon Matinee "Oliver"</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Leaping Frogs (TAA)</p> <p>10:00 Way Back Machine (TAA)</p> <p>10:30 Service Project: Chocolate Concoctions (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Tasters Choice (TAA)</p>  <p>2:00 Snack Time</p> <p>2:30 Walk About (TAA)</p> <p>3:00 Name That Sound (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Meet & Greet (TAA)</p> <p>10:00 Morning Stretch (TAA)</p> <p>10:30 Lava Lamps (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Name That Smell (TAA)</p> <p>2:00 Float Friday (TAA)</p>  <p>2:30 Painting with Marbles (TAA)</p> <p>3:00 The Price is Right (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee & Chats (TAA)</p> <p>10:15 Music with Marty (In HC Activity Terrace)</p> <p>11:00 Pick & Sort (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:00 Cookie Making (TAA)</p>  <p>1:30 History of Chocolate Chip Cookies (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:45 Shake Rattle & Roll" (TAA)</p> <p>4:30 Dinner</p> <p>6:00 Classic Cinema, CNA "South Pacific"</p> 
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May / June 2019



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
<p>9:30 Coffee Chat (TAA)</p>  <p>10:00 What Would You Do? (TAA)</p> <p>10:30 Music & Motion (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:00 Remembrall (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:15 Matchbox 500 Car Racing (TAA)</p>  <p>3:00 Music & Hand Massages (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee & Chats (CNA)</p> <p>10:30 Wii Bowling (CNA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:15 Movie Matinee "State Fair"</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p> <p>MEMORIAL DAY</p> 	<p>10:30 Pictionary (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>2:00 Afternoon Snack</p> <p>2:15 Chair Dancing (TAA)</p>  <p>2:45 Match the Food (TAA)</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Reminiscing Stories (TAA)</p> <p>9:45 Depart for Catholic Services in LP</p> <p>10:00 Service Project: Chocolate Playdough (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Seated Strength (WS)</p> <p>2:00 Snack</p> <p>2:30 Bus Outing (TAA)</p>  <p>2:45 Sharpen Your Senses (CNA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Morning News (TAA)</p> <p>10:00 Dominos (TAA)</p> <p>10:30 Bread & Hand Churned Butter Making (TAA)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Everything Beatles (TAA)</p>  <p>2:00 Snack Time</p> <p>2:30 Floor Hockey (TAA)</p> <p>3:00 Chicken Soup Stories (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Meet & Greet (TAA)</p> <p>10:00 Creative Dirt (TAA)</p>  <p>10:30 10 Pin Bowling Challenge (TAA)</p> <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:30 Remembrall (TAA)</p> <p>2:00 Float Friday (TAA)</p>  <p>2:30 Trivia Challenge (TAA)</p> <p>3:00 Walk & Roll (TAA)</p> <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>	<p>9:30 Coffee & Chats (TAA)</p> <p>10:15 Music with Ann & Gaye (In HC Activity Terrace)</p>  <p>11:30 Lunch</p> <p>12:15-<i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup)</p> <p>1:00 Bingo (TAA)</p> <p>1:30 Hole in One Challenge (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:15 Trivia (TAA)</p> <p>2:45 Piano Music with Roberta</p>  <p>4:30 Dinner</p> <p>5:15-<i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)</p>

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