


Senior Nutrition Program

September 2019

Mon	Tue	Wed	Thu	Fri
2 	3 Chicken Cacciatore Baked Zucchini Wheat Rolls Pears	4 Florentine Fish Baked Red Potato Cherry Crisp	5 Beef and Bean Burrito Brown Rice Pinto Beans Strawberries & Yogurt	6 Ham & Cheese Sand. Soup Milk Dessert Paint Party Tomorrow
9 Chipotle Meatballs Rice Broccoli Peaches	10 Baked Cod Brown Rice Garden Salad Oranges Oatmeal Cookie	11 BBQ Chicken Potato/Pasta Salad Baked Beans Tangerines	12 Steak Ranchero Brown Rice Applesauce	13 Mark Stern Entertainer  Breakfast for Lunch
16 Hungarian Goulash Broccoli Pound Cake Strawberries	17 Chicken & Cheese Soft Taco Lettuce & Tomato Spanish Rice Mandarin Oranges	18 Split Pea Soup Wheat Roll Baked Sweet Potato Strawberry Rhubarb Crisp	19 Salmon Filet Wild Rice Wheat Roll Green Salad Mandarin Oranges	20 Chef Salad Roll Soup Milk Dessert
23 Beef Macaroni Broccoli Cantaloupe Wheat Roll	24 Philly Cheese Steak Green Salad Grapes	25 Baja Chicken Cilantro Rice Mixed Veggies Orange	26 Pork Carnitas Tomato & Cucumber Salad Banana	27 Roast Beef Sand. Soup Milk Dessert
30 Fish and Chips Cole Slaw Chocolate Pudding			It's schooltime... watch out for kids!	Please call in Fri. lunch orders by Thurs. at 1:00 p.m. They must be paid in advance unless other arrangements have been made.