

October Lectures and Events

*Indicates registration is required.

Tuesday, October 1

Brain Training with Linda Terry

Cognitive trainer Linda Terry helps people of all ages fine tune their thinking skills.
11:00 am (Level 1), Lillian Pratt Parlor
2:00 pm (Level 2), Wellness Center

Thursday, October 3

The Effect of Zero Gravity on the Human Body

This is an interactive discussion of the effects of zero gravity on the human body and the potential applications a zero-gravity environment has in an Earth setting.
3:00 pm, Lillian Pratt Parlor

Thursday, October 3

University Lecture Series: Bison, Bison—Stereoscopic Western History with Art from TAM

In this talk, we will look at artwork (mostly from the Tacoma Art Museum) and explore how it stands in for—or “doubles”—Western history.
6:00 pm, Lillian Pratt Parlor

Friday, October 4

Watercolor Salt Painting Workshop*

Experiment with salt and other techniques that bring texture and interest to your watercolor paintings. Registration Required.
10:00 am – 12:00 pm, Tobey Jones Craft Room

Friday, October 4

Patch-Work Politics: A Living History Performance of Bertha Knight Landes*

11:00 am, Lillian Pratt Parlor

Wednesday, October 9

Tacoma Historical Society Lecture Series: Tacoma School Names and the Stories They Tell

Join Dale Wirsing for an informative discourse on the history behind the names of Tacoma's schools.
2:00 pm, Lillian Pratt Parlor

Thursdays, October 10 & 24

Creative Writing: Memoir and Biography, Writing the Stories of Our Lives *

A series of writing workshops from September 12 – November 21.
2:00 – 3:30 pm, Tobey Jones Multipurpose Room

Friday, October 11

Birding for Seniors: Madrone Feeding Frenzy*

This program will focus on the mixed flocks of birds who feed on the fruit of the Pacific Madrone trees in Point Defiance Park. Registration required.
10:00 – 11:00 am, Point Defiance Park

Friday, October 11

Fireside Chat with Councilman Anders Ibsen

Hear about what's happening in the City of Tacoma and to bring specific concerns to the Councilman's attention.
1:00 pm, Lillian Pratt Parlor

Monday, October 14

Edward Jones Lecture Series: Investing in the Late Innings of the Bull Market

This presentation discusses the economy and actions to take today and explores today's stock market, the importance of asset allocation, preparation for volatile markets and opportunities in the current environment.
11:00 am, Lillian Pratt Parlor

Mondays, October 14 & 21

Wearable Meditative Stitching*

In this two-session class, participants will learn to stitch a fabric necklace by hand. All supplies are provided but consider bringing a special piece of fabric to include in your one-of-a-kind necklace. Registration required.
1:00 - 3:00 pm, Tobey Jones Craft Room

Monday, October 14

Music with Dr. Paul: The Good, The Bad, and The Ugly

3:00 pm, Lillian Pratt Parlor

Tuesday, October 15

Romeo and Juliet: A Comedy Gone Wrong

2:00 pm, Tobey Jones Parlor

Tuesday, October 15

Symphony Tacoma Lecture Series: Shakespeare As Heard in Classical Music

4:00 pm, Lillian Pratt Parlor

Wednesday, October 16

Medicare Basics

Come learn the A,B,C, & D's of Medicare, overview and difference between Medicare supplement insurance and Medicare advantage plans, overview what to look for when choosing prescription drug plans, updates to Medicare, and tips for your first year on Medicare health plan.
3:00 pm, Tobey Jones Parlor

Thursday, October 17

Genetic Testing Workshop: Your DNA-How to Predict & Prepare

You'll learn about testing that tailors medication to you and testing that identifies if you and your family are predisposed to any hereditary cancers. Both at no cost, if qualified.
11:00 am, Tobey Jones Parlor

Thursday, October 17

Rock History of the PNW Series: Here We Are Now, Entertain Us - Grunge Takes Over*

Grunge burst onto the national scene in 1991 thanks to a number of sweeping changes in the music industry. We'll look at grunge's origins in the Pacific Northwest, changes in the music industry, and grunge's influence.
2:00 pm, Tobey Jones Parlor

Friday, October 18

How to Sketch*

10:00 am – 12:00 pm, Tobey Jones Craft Room

Monday, October 21

Northwest Apple Pickers Computer Workshop

Come in and work in small groups with a coach who can answer your questions about your Apple device.
2:00 pm, Wellness Center

Tuesday, October 22

Great Decisions Discussion Group - State of the State Department and Diplomacy

During the Trump administration, the usual ways of conducting diplomacy have been upended. What effect are these changes having now, and how will they affect ongoing relationships between the United States and its allies and adversaries?
2:00 pm, Wellness Center

Wednesday, October 23

Indiana Jones, Bones, and the Science of Archaeology

Dr. Ellen Moore will be talking about her work as a forensic anthropologist around the world, including her time with the U.S. Army recovering the remains of U.S. service members from Laos and Vietnam.
11:00 am, Lillian Pratt Parlor

Wednesday, October 23

Literary League Book Club— Monique and the Mango Rains: Two Years with a Midwife in Mali

3:00 pm, Tobey Jones Parlor

Friday, October 25

Urban Sketching Crash Course*

10:00 am – 12:00 pm, Tobey Jones Craft Room

Tuesday, October 29

Computer Help with AI

Volunteer Al Lessenger can help with all of your Windows 10 or PC problems. Don't miss out on this great resource!
1:00 pm, Bascom Library



FRANKE TOBEY JONES

SENIOR UNIVERSITY

Live & Learn

October 2019

Educational Enrichment Opportunities

Campus Locations

Main Campus

5340 N Bristol Street
Tacoma, WA 98407
253.752.6621

Pt. Defiance~Ruston Senior Center

4716 N Baltimore Street
Tacoma, WA 98407
253.756.0601

Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

indicates fee and registration required

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To check for schedule changes, e-mail jwennstrom@franketobeyjones.com

Shakespeare: Two Perspectives

Join Senior University on Tuesday, October 15th to experience two different perspectives on Shakespeare, one with music!



Romeo and Juliet: A Comedy Gone Wrong

Join Richard Wakefield to talk about a well-known play that continues to engage, inspire, and alarm us. "Romeo and Juliet" has all the makings of a comedy, until around the half-way mark, when the death of Mercutio sends the play down a different path. The shift is so extreme that Shakespeare even wrote a prologue to prepare his audience. Yet part of the power of the tragedy is in the way it seems to evolve so inevitably from a comedy gone wrong.
2:00 pm, Tobey Jones Parlor

Symphony Tacoma Lecture Series: Shakespeare As Heard in Classical Music

Symphony Tacoma Executive Director Karina Bharne gives an overview of how Shakespeare is portrayed by different composers.
4:00 pm, Lillian Pratt Parlor

Patch-Work Politics: A Living History Performance of Bertha Knight Landes

Join Debbie Dmitri for a living history performance of the daring Mrs. Bertha Knight Landes, who in 1926 became not only Seattle's first woman mayor, but the first woman mayor of any major metropolitan city in the United States! The performance takes place on Friday, October 4th at 11:00 am in the Lillian Pratt Parlor. Please Register.



Consider Doing Something Sketchy This Fall

Instructor Abrian Curington will be leading two sketching classes in October. Sketching is a fun and creative way of documenting your experiences and recording memories.

Friday, October 18

How to Sketch*

Explore some of the common sketch making materials and learn how to use them to create drawn studies.
10:00 am – 12:00 pm, Tobey Jones Craft Room



Friday, October 25

Urban Sketching Crash Course*

Learn how to quickly find and visually communicate what you come across in your travels.
10:00 am – 12:00 pm, Tobey Jones Craft Room

*Registration required

Music with Dr. Paul: The Good, The Bad, and The Ugly

We all have different tastes in music but what makes music good, bad, or even ugly? Sometimes it's the genre. You may like classical music but not country; or like classical music but not opera.

This class will explore music from classical, popular and jazz, with examples of music the class will evaluate and categorize as good, bad, or ugly. Dr. Paul has some real gems ready for you. The tasting menu will include Beethoven, Stravinsky, Charles Ives, Glenn Miller, The Beatles, Miles Davis, along with a few composers you've not experienced and probably will not want to experience again. This class is guaranteed to be lots of fun! Join us on Monday, October 14 at 3:00 pm, in the Lillian Pratt Parlor.



October 2019





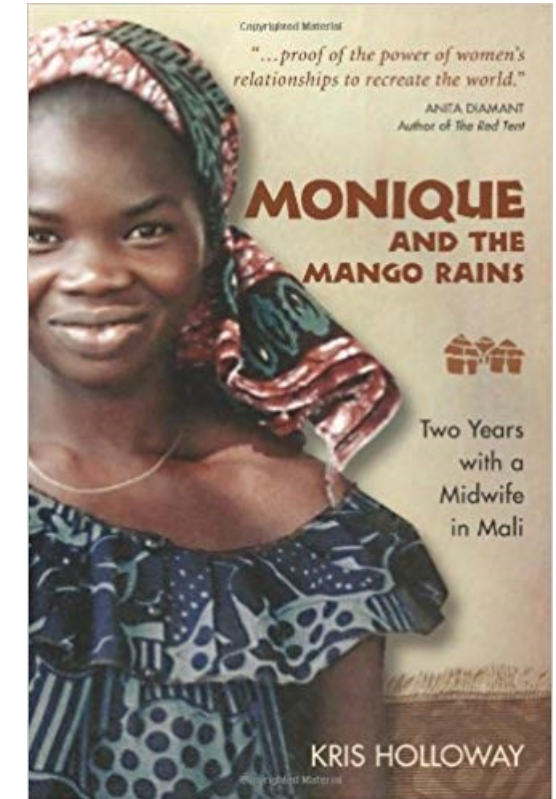
FRANKE TOBEY JONES

SENIOR UNIVERSITY

Non scholae sed vitae discimus.

We do not learn for school but for life.

| Mon | Tue | Wed | Thu | Fri |
|---|--|---|---|--|
|  | <p>1 10:00 (C) Watercolors#</p> <p>11:00 (LP) Brain Training (Level 1)</p> <p>2:00 (W) Brain Training (Level 2)</p> | <p>2</p> | <p>3 9:30 (TJ) Knit Wits</p> <p>3:00 (LP) The Effect of Zero Gravity on the Human Body</p> <p>6:00 (LP) University Lecture Series</p> | <p>4 10:00 (C) Watercolor Salt Painting*</p> <p>11:00 (LP) Living History Performance: Bertha Knight Landes*</p> |
| <p>7 4:00 (TJ) The Great Courses at TJ</p> | <p>8 10:00 (C) Watercolors#</p> | <p>9 2:00 (LP) THS Lecture Series</p> | <p>10 9:30 (TJ) Knit Wits</p> <p>2:00 (M) Creative Writing*</p> | <p>11 10:00 (FT) Birding for Seniors*</p> <p>1:00 (LP) Fireside Chat with Councilman Ibsen</p> |
| <p>14 11:00 (LP) Edward Jones Lecture</p> <p>1:00 (C) Cloth Necklace Class*</p> <p>3:00 (LP) Music with Dr. Paul</p> <p>4:00 (TJ) The Great Courses at TJ</p> | <p>15 10:00 (C) Watercolors#</p> <p>2:00 (TJ) Romeo and Juliet: A Comedy Gone Wrong</p> <p>4:00 (LP) Symphony Tacoma Lecture</p> | <p>16 3:00 (TJ) Medicare Basics</p> | <p>17 9:30 (TJ) Knit Wits</p> <p>11:00 (TJ) Genetic Testing Workshop</p> <p>2:00 (TJ) Rock History of the NW*</p> | <p>18 10:00 (C) How to Sketch*</p> |
| <p>21 1:00 (C) Cloth Necklace Class*</p> <p>2:00 (W) Apple Device Workshop</p> <p>4:00 (TJ) The Great Courses at TJ</p> | <p>22 10:00 (C) Watercolors#</p> <p>2:00 (W) Great Decisions</p> | <p>23 11:00 (LP) Science of Archeology</p> <p>3:00 (TJ) The Literary League Book Club</p> | <p>24 9:30 (TJ) Knit Wits</p> <p>2:00 (M) Creative Writing*</p> | <p>25 10:00 (C) Urban Sketching Crash Course*</p> |
| <p>28 4:00 (TJ) The Great Courses at TJ</p> | <p>29 10:00 (C) Watercolors#</p> <p>1:00 (B) Computer Help with AI</p> | <p>30</p> | <p>31 9:30 (TJ) Knit Wits</p> |  |



Wednesday, October 23

Literary League Book Club— Monique and the Mango Rains: Two Years with a Midwife in Mali

Join us as we discuss *Monique and the Mango Rains: Two Years with a Midwife in Mali* by Kris Holloway
About the book: What is it like to live and work in a remote corner of the world and befriend a courageous midwife who breaks traditional roles? This is the inspiring true story of Monique Dembele, an accidental midwife who became a legend, and Kris Holloway, the young Peace Corps volunteer who became her closest confidante.

Legend

- # Registration and fee
- * Registration, no cost

Location Codes:

- (B) Lillian Pratt Bascom Library
- (C) Tobey Jones Craft Room +
- (FT) Field Trip
- (LP) Lillian Pratt Parlor
- (M) Tobey Jones Multipurpose Room +
- (TJ) Tobey Jones Parlor +
- (W) Wellness Center
- (WS) Tobey Jones Woodshop +

+ To gain entry to the **Tobey Jones** building, if you are a community member, you will need to use the phone directory at the door to contact the front desk and identify the class you are attending so that a staff person can buzz you into the building.