

# THE GARY MILGARD FAMILY MEMORY CARE



Our Memory Care is a specialized community for seniors with Alzheimer's Disease and dementia. This unique approach to memory care features a small group of residents who live together in a home-like setting with secured outside courtyards and many gathering spaces. 24 hour supervision and support. Our goals for each resident are: 1) to provide a sense of security and belonging through reassuring staff in a place that feels like home, and 2) to add quality of life through a daily routine building conversation, social interaction, bonding and a sense of belonging.





# **MEMORY CARE FEATURES AND BENEFITS**

# **MEMORY CARE FEATURES**

- ♦ Large private suites with full private bathrooms/showers arranged in small clusters.
- Many large gathering spaces.
- Private, secure outside courtyards.
- Under the supervision of a licensed nurse, activity professionals and nursing assistants, daily routine is structured to maximize quality of life for our residents.
- The program includes assistance with activities of daily living to ensure that physical and emotional needs are met.
- A Licensed Nurse is available to administer medications and assist with emergencies.
- A variety of meaningful activities are designed to enhance residents' strengths while bringing enjoyment to their days. Such activities encourage socialization, reminiscing, exercise, use of cognitive function, spiritual traditions, and hobbies.
- Residents are also able to enjoy quiet and peaceful times in the company of other residents and staff in various indoor and outdoor community spaces.
- Rooms are unfurnished so you can bring items that are familiar and loved.

# **INCLUDES**

- Three delicious meals a day are served familystyle in the Memory Care dining room.
- Weekly housekeeping. Bed linens and towels are laundered and supplied weekly. Laundry room is available for personal use.
- Activities of daily living support includes assistance with medications, bathing and dressing.
- Each day is guided by our 24 hour staff.
- Transportation to medical appointments five days a week.
- Utilities include cable and local phone service.

# CAMPUS AMENITIES

- 6,000 square foot fitness center with full-time fitness staff and a variety of fitness classes including Yoga, Tai Chi, Aerobics, Ballroom Dancing and so much more
- Senior University with an interesting and thought provoking monthly events calendar
- Bistro Café, Resident Store
- Salon/Spa services for men and women
- Raised bed resident garden and greenhouse
- Guest house for family and friends
- Location on 20 acres, walking paths, water views, private, secure

### **FEES**

- Private room/shared bath—\$4,160—\$4,680/month \$4,160 Rooms #23, 24 \$4,680 Rooms #8, 9, 16, 17, 25, 26
- Private room/private bath—\$4,890—\$7,800/month \$4,890 Rooms #13 \$4,990 Rooms #12, 18, 19 \$5,200 Room #14 \$5,410 Rooms #11, 28 \$5,930 Rooms #2, 3, 4, 5, 6, 7, 20, 21, 22, 27 \$6,760 Room #10, #15

These fees include room and board, 24-hour access to nursing services and personal care aides, all activity programming and social services as needed.

If FTJ does your laundry, monthly laundry charges are based on weight: flat rate is \$3.80 per pound.

# LEVEL OF CARE SERVICES

\$7,800 Room #1

See "Memory Care Level of Care Assessment Tool" for more information.

Level 1 \$1,875/month \$2,650/month Level 2 \$3,690/month Level 3

For complete details, please call Resident Accommodations at 253-752-6621