

# Gathering Points

(253) 756-0601

December 2019



FRANKE TOBEY JONES

POINT DEFIANCE-RUSTON SENIOR CENTER

Enjoy your age

## Highlights



### January

- Closed New Year's (1)
- Red Wind Casino (3)
- Volunteer Brunch (4)
- Caregiver Support Group (7 & 21)
- Mandala Coloring (8)
- Mark Stern (10)
- Baked Potato Bar (10)
- Medicare Minute (13)
- Pinochle Tourney (17)
- Fiber Art (21)
- New York City Holiday Presentation (29)

### February

- AARP Tax Preparation Begins Fri. (1st) & Sat. through April 15
- Caregiver Support Group (4 & 18)
- HAM Radio Mtg. (5)
- Red Wind Casino (7)
- Cookie Decorating (7)
- Medicare Minute (10)
- Mandala Coloring (12)
- Closed Pres. Day (17)
- Fiber Art (18)

### March

- AARP Tax Preparation Continues Fri. & Sat. through April 15
- Caregiver Support Group (3 & 17)
- HAM Radio Mtg. (4)
- Red Wind Casino (6)
- Leprechaun Bait (6)

## Holiday Music

Come enjoy the holiday music on Friday, December 20, at 11:10 a.m. Christine Hall, Jane Schuneman, and Trudy Turpin will be performing. Don't miss this one time event. Candycane cocoa will be provided to attendees!



## Holiday Classes

**Gifts in a Jar:** Friday, December 6, at 10:30 a.m. All supplies are furnished and the class is free.

**Swagin' with Candy & Dennis:** Tuesday, December 10, at 10:30 a.m. Always a favorite, Candy and Dennis return to help you make fresh swags for your home!

## \*Local Trips

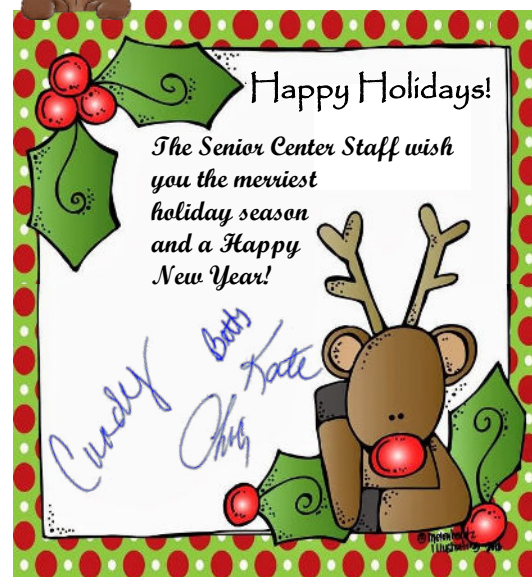
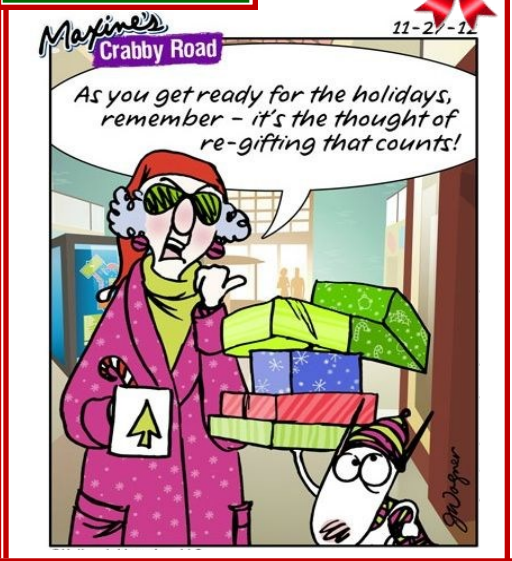
**Red Wind Casino ~ Fri., December 6, 2019.** Bus leaves at 8:30 a.m. Cost: \$5. Tell your friends and neighbors. Let's fill the bus!

**Molbak's Nursery ~ Sat., December 14, 2019.** Bus leaves at 8:30 a.m. Cost: \$10.

## Homemade Friday Lunch Prices

In order to cover the cost of our wonderful homemade Friday lunches, the cost will go to \$4.00 in 2020. This is still a great deal!

## Comic Corner



## Tree Trimming Party

This year we are asking for volunteers to help Bobbi Lemmer trim the tree. On December 6, immediately after lunch, tree decorating will commence. For those helping, the cost of lunch will be reimbursed by presenting a ticket you will be given after the tree trimming to the volunteer at the front desk.

## December 6 Lunch

On December 6, lunch will consist of spaghetti, meat sauce, garlic bread and salad. Cost: \$3.00. Please sign up now!

## Holiday Party

Thursday, December 12, at 11:10 a.m., come join in the musical merriment with Lynn Vrooman. There will be refreshments, gifts and a raffle. A Holiday meal will follow, prepared by Carmen Volk with Catholic Community Services.

## Closures

The Senior Center will be closing early on Wednesday, December 11. By closing at 1:30 p.m., the staff will be able to attend the Franke Tobey Jones Holiday Party. Yoga will be the only class still held (2:00 p.m.).

December 25 and January 1, the Center will be closed for Christmas and New Year's Day, reopening the following days, December 26 and January 2, at 9 a.m.



**2 ~ MONDAY**  
 10:00 Strength & Balance  
 11:10 Ping Pong  
 12:00 Lunch  
 12:30 Acupuncture  
 6:30 Sr. Ctr. HAM Net

**3 ~ TUESDAY**  
 10:00 Strength & Balance  
 10:00 Pinochle  
 10:00 Genetic Testing  
 11:10 Ping Pong  
 12:00 Lunch  
 1:00 Bingo  
 1:00 \*Computer Lab  
 2:00 Caregiver Support Group

**4 ~ WEDNESDAY**  
 9:30 Advisory Board Meeting  
 10:00 Mexican Train Dom.  
 10:00 Strength & Balance  
 11:10 Ping Pong  
 12:00 Lunch  
 12:30 HAM Radio Meeting  
 2:00 Therapeutic Yoga  
 3:30 Line Dancing

**5 ~ THURSDAY**  
 10:00 Strength & Balance  
 11:10 Zumba Gold  
 12:00 Lunch  
 12:30 Ping Pong  
 1:00 Bingo  
 1:00 Beginning Spanish  
 2:00 Tap Dancing

**6 ~ FRIDAY**  
 8:30 \*Red Wind Casino  
 9:00 Therapeutic Yoga  
 10:00 Pinochle  
 10:00 Strength & Balance  
 10:30 \*Gifts in a Jar  
 12:00 \*Lunch  
 12:30 \*Deck the Halls Tree Trimming Party

**7 ~ SATURDAY**  
 10:00 Strength & Balance

**9 ~ MONDAY**  
 10:00 Strength & Balance  
 11:00 \*Medicare Minute  
 11:10 Ping Pong  
 12:00 Lunch

**9 ~ MONDAY CONT'D.**  
 12:30 Acupuncture  
 6:30 Sr. Ctr. HAM Net

**10 ~ TUESDAY**  
 9:00 \*Senior Footcare  
 10:00 Strength & Balance  
 10:00 Pinochle  
 10:30 \*Swagin' with Candy and Dennis  
 11:10 Ping Pong  
 12:00 Lunch  
 1:00 Bingo  
 2:00 Tuesday Movie

**11 ~ WEDNESDAY**  
 10:00 Mexican Train Dom.  
 10:10 Strength & Balance  
 11:00 Mandala Coloring  
 11:00 ZUMBA GOLD  
 12:00 Lunch  
 12:30 Ping Pong  
 Center Closes at 1:30 p.m.  
 Staff attending the FTJ Holiday Party  
 2:00 Open for Therapeutic Yoga Only

**12 ~ THURSDAY**  
 10:00 Strength & Balance  
 11:10 \*Holiday Party with Lynn Vrooman  
 12:00 Lunch  
 12:30 Ping Pong  
 1:00 Bingo  
 1:00 Beginning Spanish  
 2:00 Tap Dancing

**13 ~ FRIDAY**  
 9:00 Therapeutic Yoga  
 10:00 Pinochle  
 10:00 Strength & Balance  
 10:10 Strength & Balance  
 11:10 Ping Pong  
 12:00 \*Lunch: Chef Salad  
 3:00 \*Canning w/Friends

**14 ~ SATURDAY**  
 8:30 \*Molbak's Nursery  
 10:00 Strength & Balance

**16 ~ MONDAY**  
 10:00 Strength & Balance  
 11:10 Ping Pong  
 12:00 Lunch  
 12:30 Acupuncture  
 6:30 Sr. Ctr. HAM Net

**17 ~ TUESDAY**  
 10:00 Strength & Balance  
 10:00 Pinochle  
 10:00 Genetic Testing  
 11:10 Ping Pong  
 12:00 Lunch  
 1:00 Bingo  
 1:00 \*Computer Lab  
 2:00 Caregiver Support Group

**18 ~ WEDNESDAY**  
 10:00 Mexican Train Dom.  
 10:10 Strength & Balance  
 11:10 Ping Pong  
 12:00 Lunch  
 2:00 Therapeutic Yoga

**19 ~ THURSDAY**  
 10:00 Strength & Balance  
 11:10 Zumba Gold  
 12:00 Lunch  
 12:30 Ping Pong  
 1:00 Bingo  
 1:00 Beginning Spanish  
 2:00 Tap Dancing

**20 ~ FRIDAY**  
 9:00 \*CCS Footcare  
 9:00 Therapeutic Yoga  
 10:00 Pinochle  
 10:00 Strength & Balance  
 11:00 \*Holiday Music by Chris, Jane and Trudy  
 12:00 \*Lunch: Ham & Cheese Sandwich  
 12:30 Ping Pong

**21 ~ SATURDAY**  
 10:00 Strength & Balance

**23 ~ MONDAY**  
 10:00 Strength & Balance  
 11:10 Ping Pong  
 12:00 Lunch  
 12:30 Acupuncture  
 6:30 Sr. Ctr. HAM Net

**24 ~ TUESDAY**  
 9:00 \*Senior Footcare  
 10:00 Strength & Balance  
 10:00 Pinochle  
 11:10 Ping Pong  
 12:00 Lunch  
 1:00 Bingo  
 2:00 Tuesday Movie

**25 ~ WEDNESDAY**  
 Closed for Christmas



**26 ~ THURSDAY**  
 10:00 Strength & Balance  
 11:10 Zumba Gold  
 CCS Closed-No lunch  
 12:00 Ping Pong  
 1:00 Bingo  
 1:00 Beginning Spanish  
 2:00 Tap Dancing

**27 ~ FRIDAY**  
 9:00 Therapeutic Yoga  
 10:00 Pinochle  
 10:00 Strength & Balance  
 11:10 Ping Pong  
 12:00 \*Lunch: Ham & Cheese Sandwich

**28 ~ SATURDAY**  
 10:00 Strength & Balance

**30 ~ MONDAY**  
 10:00 Strength & Balance  
 11:10 Ping Pong  
 12:00 Lunch  
 12:30 Acupuncture  
 6:30 Sr. Ctr. HAM Net

**31 ~ TUESDAY**  
 10:00 Strength & Balance  
 10:00 Pinochle  
 11:10 Ping Pong  
 12:00 Lunch  
 1:00 Bingo  
 2:00 Movie

### \*COST

Please ask at the front desk if there is a fee for the class of your interest.

### SCHEDULING

Please call (253) 756-0601 to confirm events/classes.

### \*REGISTRATION

Please sign up at the front desk or in the office for all classes / events.

