

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a **Senior University** enrichment course. Join us for a **Tai Chi** class. Enjoy coffee at the **Bistro Café** with friends.

**We have upgraded our database system. If you received this newsletter by mistake or no longer want to receive it, please call us at 253.752.6621 or email [chall@franketobeyjones.com](mailto:chall@franketobeyjones.com) Thank you!**

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**Open House—September 26th**  
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## FTJ Senior University Class Highlights ~ September/October 2019

### Music with Dr. Paul: Songs About September

Please join us as we share some of our most cherished songs about September and learn how creative artists quickly step forward to compose music to commemorate and comfort in times of tragedy. *September 9, 3:00 pm, Lillian Pratt Parlor*



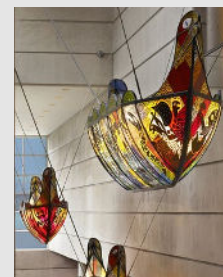
### Rock History of the PNW Series: Purple Haze\*

Jimi Hendrix is arguably the most influential rock musician to come from the area. We'll survey his life, career, and legacy. *September 19, 2:00 pm, Tobey Jones Parlor*



### Symphony Tacoma Lecture Series: Orchestra 101

Join Symphony Tacoma Executive Director Karina Bharne to learn more about what a symphony orchestra is, how you get to be a professional musician, the audition process and more! *September 17, 3:00 pm, Lillian Pratt Parlor*



### Wednesday, September 25 Hotel Murano Glass Tour\*

Hotel Murano is named after Murano, Italy. In celebration of the Pacific Northwest's central role in the modern glass art movement, Hotel Murano carefully curated an international collection of 20th-century works in glass from artists' studios and galleries around the world.

Join us for a guided tour of some of these pieces of glass art led by a Museum of Glass Docent. Registration is required. *September 25, 10:00 am, Hotel Murano*

Call Jana Wennstrom at 253-752-6621 for more information. Or for a full class schedule go to [www.franketobeyjones.com/upcoming-events/program-calendars/](http://www.franketobeyjones.com/upcoming-events/program-calendars/) Note \*= Registration Required.

### Medicare Fall Open Enrollment Period: What Does This Mean for You?

It's that time of year and you will be getting lots of Medicare mail. Everyone wants your business. Before you decide to change or not, in this session, we will discuss what you need to know and do before deciding anything. *September 18, 3:00 pm, Tobey Jones Parlor*



Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations along with others who have retired with rich career experiences. Most classes are offered free. **Go to [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com) for a full class schedule.**

# FRANKELY, WE'VE GOT IT!

*news, events, and opportunities for our community*

September-October 2019

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5340 NORTH BRISTOL  
TACOMA, WA 98407  
P: 253-752-6621  
F: 253-756-1862

*Frankely, We've Got It*  
Editor: Christine Hall

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*New Franke Tobey Jones Care Center Ribbon Cutting  
From Left to Right: Jeff Watts, FTJ Board Chair; Barbara Miener, FTJ Resident Council Chair;  
Dr. Philip Phibbs, Capital Campaign Committee Chair*

## New Care Center and Bristol View Apartment Ribbon Cutting Ceremony July 25th

With 600 people at our Ribbon Cutting Ceremony and Open House events, it was thrilling to show off our beautiful new buildings to so many people! For those of you who attended, thank you for celebrating with us. If you were unable to attend, we'd love to show you our new buildings. For a personal tour, please call Michelle Olafson or Shirley Robbins at 253-752-6621.



*Bristol View Apartment*



*Care Center Resident Room*



## Featured Apartment ~ New Bristol View #13 Independent Living

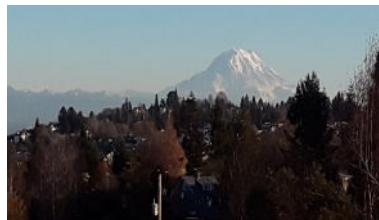
Enjoy a spacious, one-level apartment home  
\$240,000 entrance fee / \$4,800 monthly rent



Bristol View Apartment #13 is 1,306 square feet with an open living concept and a view of Puget Sound. It has a gourmet kitchen, fireplace, balcony and high-end finishes. Our new Bristol View Apartments are gorgeous and over half are reserved.

### Bristol View Apartments include:

- ⇒ Spacious, open living room with private balcony
- ⇒ Private master suite with dual sink, walk-in closet and balcony
- ⇒ Gourmet Kitchen—fully equipped
- ⇒ Gas fireplace, Full size washer/dryer
- ⇒ High-end finishes
- ⇒ Secure underground parking (one space per apartment), extra storage
- ⇒ Housekeeping twice monthly
- ⇒ Emergency services monitored for fire/ burglary
- ⇒ Three days health care benefit per year per apartment (15 days maximum)
- ⇒ Small pets allowed



Views from Bristol View #13

### You might also consider....

#### Garden Apartments #104 ~ Independent Living \$4,170/month (plus buy-in)

This 916 sq. ft, 2-bedroom apartment has a wonderful walk-out patio and upgraded kitchen. You'll find the Garden Apartment residents super friendly, and the rent includes a concierge, fitness, activities, Senior University, happy hour on Fridays, continental breakfast M, W, F and more!

#### Our Place Memory Care

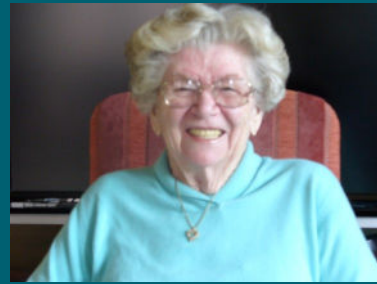
Our Place specializes in seniors with early to mid-stage dementia. Our approach to dementia care features a small group of residents who live together in a home-like setting with 24 hour supervision and support. If you move into Our Place now, your rent will remain the same until the end of the year, even after you move into our new Care Center.

#### NEW FTJ Care Center - Skilled Nursing starting at \$350/day, Memory Care starting at \$4,000/month

In our NEW private pay Care Center, nearly all the rooms are private with full private bathrooms. Your care is our highest priority with a 24-hour staff of RNs, LPNs and CNAs. Some supplies and/or therapy services may be billed through Medicare B. We also take private pay/private insurance referrals. *It is not necessary to live at FTJ first.*

Your needs are always a priority to us. For more information regarding these apartments, other available apartments, or any other questions you may have regarding retirement living, please call Michelle Olafson or Shirley Robbins at 253-752-6621 or visit [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com).

## Meet Resident Marian Athow



Before moving to Washington, Marian lived in Montana and North Dakota. She enjoyed spending her summers in Montana and St. Paul. When her father's job transferred them to Tacoma, she attended Stadium High School and graduated in 1941. She trained and graduated from the Tacoma General Hospital's School of Nursing as a Registered Nurse in 1944, and earlier this year she was awarded her 75 year pin!!

In 1943, Marian met her husband Robert on a blind date. He was in the Navy and attended the University of Washington and MIT. As a wife and mother, Marian was always known as the "neighborhood nurse" and was very effective in that roll. The Navy moved them around to California, Maryland and Massachusetts.

Marian visited Tacoma often throughout the years and whenever Robert was at sea. The couple had three wonderful sons. Because the family moved so often, Marian always said, "Home is where you take off your shoes."

Sadly, Robert passed in 2006, and in 2007 Marian moved to Franke Tobey Jones. She enjoys the independence that living at FTJ offers. Her hobbies include sewing, cooking, and reading just about anything; her favorite genre is historical-based fiction. Marian has many grandchildren and great-grandchildren with whom she keeps in touch very regularly.

Marian still loves to travel far and wide, and is first in line to see everything!

We love Marian and we're so happy that she's at Franke Tobey Jones!

## 19th Annual Wellness Walk and Fair Join Us!



Have you attended one of our Wellness Walks before? It's a lot of fun and is open to the community! There are three different walks you can choose from, anywhere from one-quarter to three-quarters of a mile. Also, there will be a Wellness Fair, snacks and t-shirts. Please join us!

### 19th Annual Wellness Walk

Friday, September 13

RSVP to Colin Deck, 253-756-6279 or  
[cdeck@franketobeyjones.com](mailto:cdeck@franketobeyjones.com)

## Open House—September 26th

If you haven't been to Franke Tobey Jones for awhile, there are a lot of new things to see! We have totally refreshed our Lillian Pratt Assisted Living building with new carpet, paint, furniture and fixtures. We've also updated our Bistro Café, installed new carpeting in our Tobey Jones Building and opened two new beautiful buildings—our Care Center and Bristol View Apartments.

Please join us to get a new, fresh look at Franke Tobey Jones!

Thursday, September 26th

11:00 a.m. to 2:00 p.m.



Lillian Pratt—Assisted Living Lobby and Dining Room

## Thank You!

We would like to thank these corporate donors of our Care Center Capital Campaign.

- ⇒ Sodexo Senior Living
- ⇒ Marathon Development, Inc.
- ⇒ Accrete Construction
- ⇒ NFI
- ⇒ Air Systems Engineering, Inc.
- ⇒ Tacoma Plumbing
- ⇒ Washington Federal Bank

We would also like to thank the **Gary Milgard Family Foundation** for their incredibly generous gift of \$1 million. Our new memory care has been named in their honor: The Gary Milgard Family Foundation Memory Care.



## Understanding Dementia Presentation

Caring for a loved one with dementia poses many challenges for families and caregivers. Please join us for our last presentations this year about Alzheimer's Disease and Dementia. Our guest speaker will be Jake Gamble, owner of Generations Home Care. This presentation will be held in our Wellness Center from 2:00 – 3:30p.m.

September 11

Safe and Effective Outings for Middle and Late Stage Dementia

Seats are limited! Please contact Carole at [cvez@franketobeyjones.com](mailto:cvez@franketobeyjones.com) or at 253-320-4216 by September 9th to reserve your seat at one or both of these classes.