Wednesdays, April 1 & April 15

#### Creative Writing: Flash Fiction\*

This fiction writing class meets every other Wednesday from January 8 – April 15. 10:30 am – 12:00 pm, Tobey Jones Multipurpose Room

Wednesday, April 1

#### Mega Tsunamis - Are All Coastlines at Risk?

Tsunamis are a fact of life. Areas in the Atlantic and Pacific, and even South American coastlines have been impacted in the past. But how big and bad could it be? 2:00 pm, Lillian Pratt Parlor

Thursday, April 2

#### I've Done the DNA Test: Now What Do I Do?\*

Learn how to interpret your ethnicity results, sort your DNA cousins into "networks", contact relatives, and download your raw data to transfer to other databases.

1:00 – 2:30 pm, Tobey Jones Parlor

Thursday, April 2

#### Steve's History Hour: Tacoma's Candy Chronicles

Everyone knows about Brown and Haley's Almond Roca. But there were others that have ties to Tacoma, from the Mars Bar and M&Ms to Baskin Robbins 31 Flavors.

6:00 pm, Lillian Pratt Parlor

Tuesdays, April 7, April 14, April 21, & April 28

#### Crochet Projects for Beginners\*

During this 6-week class from April 7 through May 12, students will have the opportunity to make several simple projects. Prior basic crochet experience necessary.

10:00 am – 12:00 pm, Tobey Jones Multipurpose Room

Tuesday, April 7

#### **Brain Training with Linda Terry**

Cognitive trainer Linda Terry helps people of all ages fine tune their thinking skills. 11:00 am (Level 1), Lillian Pratt Parlor 2:00 pm (Level 2), Wellness Center

Wednesday, April 8

#### Legal and Financial Issues of Alzheimer's, Part 2

This class will provide practical information on topics such as strategies for making a longterm plan of care, how to find legal and financial assistance, government programs that can help pay for care, and tax deductions and credits.

11:00 am - 12:30 pm, Lillian Pratt Parlor

Wednesday, April 8

#### Welcome to Poetry Month!

Join poet Glenna Cook for a reading as we celebrate poetry month. Bring selections of your own work to share as well for an open mic following the reading. 2:00 pm, Lillian Pratt Parlor

Thursday, April 9

#### Dabbling in Art History: The Advent of Printmaking in Europe\*

Learn about the history of printmaking and create a relief print. 10:00 am – 12:00 pm, Tobey Jones Craft Room

Thursday, April 9

#### **Tacoma Historical Society Lecture: Tacoma's Champions**

**Learn** about people who've done extraordinary things for the City of Destiny. 2:00 pm, Tobey Jones Parlor

Monday, April 13

#### **Edward Jones Lecture Series: Rules for Investing**

Develop a strategy for investing. 11:00 am, Lillian Pratt Parlor

Monday, April 13

#### Using Your Words: Writing as Journalism and Community Involvement\*

Get some tips on writing a letter to your local (or not so local) magazine or newspaper editor – or maybe become a community columnist.

2:00 – 4:00 pm, Tobey Jones Multipurpose Room

Monday, April 13

#### Music with Dr. Paul: The Reconstruction of "Rite of Spring"

The class will experience a video which follows the amazing reconstruction of the origina ballet by the Joffrey Ballet first performed in 1987.

3:00 pm, Lillian Pratt Parlor

Wednesday, April 15

#### Medicare Series Home Health Care and Medicare

What is home care and under what circumstances will Medicare cover it? 2:00 pm. Tobey Jones Parlor

Thursday, April 16

#### Dispatch Health Bringing Back the House Call

Avoid unnecessary trips to the emergency room and urgent care.

11:00 am, Lillian Pratt Parlor

Thursday, April 16

#### Meaningful Movies Tacoma: Labor Wars of the Northwest

A historical documentary that declares the deep beginnings of labor unionizing that started in Washington State. Directed by David Jepson. 3:00 – 5:00 pm, Lillian Pratt Parlor

Monday, April 20

#### Performing Arts Series: Indomitable Spirit - Music of the African Diaspora in the Ameri-

11:00 am, Lillian Pratt Parlor

Monday, April 20

#### Pop Music Lecture Series: 1970s and Beyond

We will explore the musical directions of the decade and reflect upon popular music trajectories that lead up to today.

1:30 pm, Tobey Jones Parlor

Monday, April 2

#### Northwest Apple Pickers Computer Workshop

Come in and work in small groups to answer your questions about your Apple device. 2:00 pm. Wellness Center

Tuesday, April 21

#### **Everything You Wanted to Know About Transportation, But Were Afraid to Ask\***

1:00 pm, Tobey Jones Parlor

Wednesday, April 22

#### Museum of Glass Lecture Series — Dick Marquis: Keepers

This talk is about this intriguing founder of the Studio Glass Movement, his wit, social commentary and marvelous technique.

11:00 am, Lillian Pratt Parlor

Wednesday, April 22

#### ${\bf Literary\ League\ Book\ Club-The\ Wanderers}$

Join us as we discuss The Wanderers by Meg Howrey.

3:00 pm, Tobey Jones Parlor

Tuesday, April 28

#### Computer Help with Al

Volunteer Al Lessenger can help with all your Windows 10 or PC problems.

1:00 pm, Bascom Library

Tuesday, April 28

#### Great Decisions Discussion Group: Red Sea Security

How important is Red Sea security for global security? 2:00 pm, Wellness Center

Wednesday, April 29

#### Pierce Transit Bus Ride-Along\*

 $12:45\ pm-2:45\ pm$ , Meet at the Bistro

Thursday, April 30

#### The Myth of Amherst: The Life Story of American Poet Emily Dickinson\*

Emily Dickinson was a very passionate, introspective and reclusive woman who, after a lifetime of obscurity and rejection, was finally recognized as a powerful voice in American Poetry eight years after her death in 1886. Join Debbie Dimitre for this living history performance.

11:00 am, Lillian Pratt Parlor





## Live & Learn

April 2020

**Educational Enrichment Opportunities** 

#### **Campus Locations**

#### **Main Campus**

5340 N Bristol Street Tacoma, WA 98407 253.752.6621

#### Pt. Defiance~Ruston Senior Center

4716 N Baltimore Street Tacoma, WA 98407 253.756.0601

Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

# indicates fee and registration required

\* indicates registration required



To check for schedule changes, e-mail jwennstrom@ franketobeyjones.com

#### **Gain Independence with Public Transportation**



If you no longer want to, or can, drive a car, you are not stuck. Public transit can offer you freedom to get around at a minimal cost. If you want to learn more, and even give it a whirl, please check out these upcoming programs.

Tuesday, April 21

#### **Everything You Wanted to Know About Transportation, But Were Afraid to Ask\***

When driving becomes too much of a hassle or is no longer an option, how does a person get around? If you'd rather put your income away for a rainy day or a vacation instead of funneling it into your gas tank every week, what are the available options? If you are concerned about air quality and carbon footprint, what smart choices are out there?

Transportation is an important part of everyone's life, and single-occupancy vehicles are not the only way to go. In fact, drive-alone trips can be pretty inconvenient: traffic congestion, finding parking and the cost of maintenance are often stressful. Changing the way you travel can be confusing and intimidating, and if you haven't used a bus since you were young, it can take a leap of faith to get on board.

In this session, you will be given a primer on local transportation options, how to figure them out and how to use them. Options will be presented for varying income levels and access needs, as well as information given on resources to help you on your way.

1:00 pm, Tobey Jones Parlor

Wednesday, April 29

#### Pierce Transit Bus Ride-Along\*

Join Pierce Transit for a bus ride-along to the Proctor District where we will have a chance to look around and shop for a bit before coming back to campus. This is a chance to learn where and how to catch the bus, how to use an Orca card, and to ask questions you may have about bus transit. Be prepared to walk at least a mile round-trip.

12:45 pm – 2:45 pm, Meet at the Bistro

# we pack out

### Indomitable Spirit - Music of the African Diaspora in the Americas



Countless Africans endured one of the most brutal chapters in human history during the Atlantic Slave Trade. Despite active efforts to crush the spirits of Africans in the Americas by restricting music and other forms of culture, Africans would go on to define much of the musical and popular cultures in North and South America. From samba in Brazil to mambo in Cuba, jazz in New Orleans, rock in the American heartland and Hip Hop in New York, African Americans would be the key innovators of the America's musical legacy.

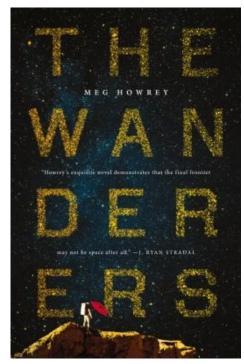
Join Antonio Gomez, Associate Director of Education at Tacoma Arts Live, for the third Performing Art Series workshops focused on music on April 20. And keep an eye out for the upcoming Theatre and Dance Series!

# April 2020

Mon	Tue	Wed	Thu	Fri
		1 10:30 (M) Creative Writing: Flash Fiction* 2:00 (LP) Mega Tsunamis	<ul> <li>2</li> <li>9:30 (TJ) Knit Wits</li> <li>1:00 (TJ) DNA Testing and Genealogy*</li> <li>6:00 (LP) Steve's History Hour: Tacoma's Candy Chronicles</li> </ul>	3
4:00 (TJ) The Great Courses at TJ	7 10:00 (C) Watercolors# 10:00 (M) Beginning Crochet* 11:00 (LP) Brain Training (Level 1) 2:00 (W) Brain Training (Level 2)	8 11:00 (LP) Legal and Financial Issues of Alzheimer's, Part 2 2:00 (LP) Poetry Reading and Open Mic	9 9:30 (TJ) Knit Wits 10:00 (C) Dabbling in Art History: Printmaking* 2:00 (TJ) Tacoma's Champions	10
13 11:00 (LP) Edward Jones Seminar 2:00 (M) Using Your Words Writing Workshop* 3:00 (LP) Music with Dr. Paul 4:00 (TJ) The Great Courses at TJ	10:00 (C) Watercolors# 10:00 (M) Beginning Crochet*	10:30 (M) Creative Writing: Flash Fiction*  2:00 (TJ) Home Health Care and Medicare	9:30 (TJ) Knit Wits 11:00 (LP) Dispatch Health 3:00 (LP) Meaningful Movies: Labor Wars of the NW	17
20 11:00 (LP) Performing Arts Series 1:30 (TJ) Pop Music History 2:00 (W) Apple Device Workshop 4:00 (TJ) The Great Courses at TJ	21 10:00 (C) Watercolors# 10:00 (M) Beginning Crochet* 1:00 (TJ) Everything You Ever Wanted to Know About Public Transportation*	11:00 (LP) MOG Lecture Series 3:00 (TJ) The Literary League Book Club	9:30 (TJ) Knit Wits	24
4:00 (TJ) The Great Courses at TJ	28 10:00 (C) Watercolors# 10:00 (M) Beginning Crochet* 1:00 (B) Computer Help with Al 2:00 (W) Great Decisions : Red Sea	12:45 (FT) Pierce Transit Bus Ride-Along* (Meet at the Bistro)	9:30 (TJ) Knit Wits  11:00 (LP) Emily Dickinson Living History Performance*	



Non scholae sed vitae discimus.
We do not learn for school but for life.



Wednesday, April 22
Literary League Book Club— The Wanderers
Join us as we discuss The Wanderers by Meg
Howrey

About the book: A brilliantly inventive novel about three astronauts training for the first-ever mission to Mars, an experience that will push the boundary between real and unreal, test their relationships, and leave each of them—and their families—changed forever.

3:00 pm, Tobey Jones Parlor

#### Legend

- # Registration and fee
  \* Registration, no cost
- **Location Codes:**
- (B) Lillian Pratt Bascom Library
- (C) Tobey Jones Craft Room +
- (FT) Field Trip
- (LP) Lillian Pratt Parlor
- (M) Tobey Jones Multipurpose Room +
- (TJ) Tobey Jones Parlor +
- (W) Wellness Center
- (WS) Tobey Jones Woodshop +

Security

<sup>+</sup> To gain entry to the **Tobey Jones** building, if you are a community member, you will need to use the phone directory at the door to contact the front desk and identify the class you are attending so that a staff person can buzz you into the building.