



January/February 2020

Memory Care – Life Enrichment



FRANKE TOBEY JONES
Enjoy your age.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
9:30 Coffee Circle (TAA)  10:00 The Cullinan Diamond (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Trivia Challenge (TAA) 1:30 Fly Ball (TAA) 2:00 Afternoon Snack 2:30 Bowling (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Chair Exercise (TAA) 10:00 Name That Tune (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 History of the Marshmallow (TAA) 1:30 Seated Strength (WS) 2:00 Afternoon Snack 2:30 Finish the Phrase (TAA) 3:15 Harp Music w/ Cheryl Zabel  4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Morning Chat (TAA) 10:00 Tai Chi Class (WS) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Serendipity Anagrams (TAA) 1:30 Floor Hockey (TAA) 2:00 Happy Hour (TAA)  2:30 Dominos (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Coffee Circle (TAA) 10:00 What Am I? (TAA) 10:30 Dot-to-Dot Puzzles (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Washers Challenge (TAA) 1:30 Pictionary (TAA)  2:00 Afternoon Snack 2:30 Bingo (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Morning News (TAA) 10:00 Walt Disney, the Man (TAA) 11:00 Finish The Picture (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Who Am I? (TAA) 1:30 Seated Cardio (TAA) 2:00 Afternoon Snack 2:30 Seated Soccer (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Coffee & Chats (TAA) 10:00 Puzzling Puzzles (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Watercolor Project (TAA)  2:00 Afternoon Snack 2:30 Exercise to Dance Tunes (TAA) 3:00 Card Game "Uno" (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Coffee and Chats (TAA) 10:00 Name That Sound (TAA) 10:30 What Would You Do? (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Bingo (TAA) 2:00 Afternoon Snack 2:15 Lucky Dice (TAA) 2:45 Music with Roberta Daniel (TAA)  4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>						



February 2020

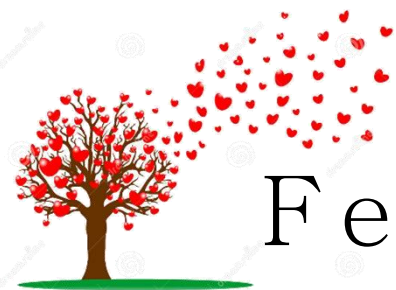


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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
9:30 Balloon Ball (TAA) 10:00 History of Ground Hog Day (TAA) 11:30 Lunch 12:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Lunch Cleanup)</i> 1:30 Hog Cup Creation (TAA) 2:00 Afternoon Snack 2:00 Linfield College Choir Performance (TAA/CNA) 2:30 Football Fill In (TAA) 3:00 Super Bowl Tailgate Party Kick Off (TAA) 3:30 Super Bowl Game 4:30 Dinner 5:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Dinner Cleanup)</i> Ground Hog Day	9:30 Morning Social (TAA) 10:00 A Rose is a Rose Day (TAA) 10:30 You Be the Judge (TAA)  11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Lunch Cleanup)</i> 1:00 Name That Sound iN2L (TAA) 1:30 Seated Strength (WS) 2:00 Afternoon Snack 2:30 Norman Rockwell's Art (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Dinner Cleanup)</i>	9:30 Coffee & News (TAA) 10:00 Tai Chi Class (WS) 10:45 Trivia (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Lunch Cleanup)</i> 1:00 Bronze Star Day (TAA) 1:30 Fly Ball (TAA) 2:00 Happy Hour (TAA)  2:30 Piggy Bankers iN2L (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Dinner Cleanup)</i>	9:30 History of Chocolate (TAA) 10:00 Chocolate Concoctions (TAA) 11:00 Trivia Challenge (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Lunch Cleanup)</i> 1:00 Afternoon Movie 1:00 Staff Programing Organization 2:00 Afternoon Snack 4:30 Dinner 5:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Dinner Cleanup)</i>	9:30 Morning News (TAA) 10:00 Balloon Volleyball (TAA) 10:30 Women in Science Day (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Lunch Cleanup)</i> 1:00 Who Am I? (TAA) 1:30 Tuxedo Junction and Glen Miller (TAA) 2:00 Afternoon Snack 2:30 Valentine Table Decorations (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Dinner Cleanup)</i>	9:30 Good News Review (TAA) 10:00 Froggy Friday (TAA)  11:00 Animal Trivia (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Lunch Cleanup)</i> 1:00 Wheel of Fortune (TAA) 2:00 Afternoon Snack 2:00 All Staff Meeting 4:30 Dinner 5:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Dinner Cleanup)</i>	9:30 Coffee and Chats (TAA)  10:15 Music with Roger in SN (TAA/CNA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Lunch Cleanup)</i> 1:00 Rebel Day (TAA) 2:00 Afternoon Snack 2:30 Bingo (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> <i>(Res. Vol. Dinner Cleanup)</i>
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	10	11	12	13	14	15
9:30 Coffee Circle (TAA) 10:00 History of Tu B'Shevat (TAA) 10:30 Theater & Interactive Storytelling w/ Cindy  11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Falling for Niagara Falls (TAA) 2:00 Afternoon Snack 2:30 Spiritual Sing Along iN2L (TAA) 4:30 Dinner  5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:30 Good News (TAA) 10:00 Horse Racing Game (TAA) 10:30 What's the Cost? iN2L (TAA) 11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Gold Record Day (TAA) 1:30 Seated Strength (WS) 2:00 Music with James Morgan  4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:30 Coffee & News (TAA) 10:00 Tai Chi Class (WS) 10:45 French Chef- Julia Child (TAA)  11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Bingo (TAA) 2:00 Afternoon Snack 2:00 All Staff Meeting 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:30 Coffee Circle (TAA) 10:00 No Bake Fudge (TAA) 10:30 Name That Tune (TAA) 11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Name That Movie Game (TAA) 2:00 Afternoon Snack 2:00 OP Outing "5 Mile Drive"  4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:30 Morning News (TAA) 10:00 Heart Craft (TAA) 11:00 Meditation Moment (TAA) 11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Heart Attacks (TAA)  1:30 Music of Tennessee Ernie Ford (TAA) 2:00 Afternoon Snack 2:30 1:1 Visits in Resident Rooms (TAA) 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:30 Coffee and Chats (TAA) 10:00 Remembering Love Songs (TAA) 10:30 The Sweetheart Caper (TAA) 11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Valentine's Day Detective (TAA) 1:30 Sing Along (TAA) 2:00 Champagne & Chocolates Happy Hour (TAA) 2:30 Finish the Phrase (TAA) 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup) Valentine's Day 	9:30 Morning Social (TAA) 10:00 Unique Animals – The Pangolin (TAA) 10:30 Card Game "Uno" (TAA) 11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Drum Circle (TAA)  2:00 Afternoon Snack 2:30 Bingo (TAA) 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
9:30 Coffee Circle (TAA) 10:00 Washers Challenge (TAA) 10:30 What Am I? (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 All About the NASCAR (TAA) 1:30 Car Racing Game (TAA) 2:00 Afternoon Snack 2:30 Spiritual Sing Along iN2L (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Good News (TAA) 10:00 Balloon Volley (TAA) 10:30 Disgusting Delicacies (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 History of President's Day (TAA) 1:30 Presidential Firsts Trivia (TAA) 2:00 Afternoon Snack 2:30 President's and Their Pets (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Morning Social (TAA) 10:00 Tai Chi Class (WS) 10:45 First Ladies Day (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Washers Game (TAA) 1:30 Post Office Detective (TAA) 2:00 Happy Hour (TAA) 2:30 What if..... (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Coffee Circle (TAA) 10:00 King of Motown (TAA) 10:30 Motown Music (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Fly Ball (TAA) 1:30 Name That Sound iN2L (TAA) 2:00 Afternoon Snack 2:30 Bingo (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Morning News (TAA) 10:00 10 Pin Bowling (TAA) 11:00 Music Moment (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Dominos Game (TAA) 1:30 The Cherry Tree (TAA) 2:00 Afternoon Snack/ Cherry Pie (TAA) 2:30 1:1 Visits in Resident Rooms (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Coffee & Chats (TAA) 10:00 Watercolor Project (TAA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Ladder Toss (TAA) 1:30 Finish the Phrase (TAA) 2:00 Margarita Social (TAA) 2:30 Hand Massages (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)	9:30 Coffee and Chats (TAA) 10:15 Music with Marty in SN (TAA/CNA) 11:15 Transition Time 11:30 Lunch 12:15- <i>Helping Hands CNA</i> (Res. Vol. Lunch Cleanup) 1:00 Chain Store Day (TAA) 1:30 What's the Price on iN2L (TAA) 2:00 Afternoon Snack 2:30 Safari Pictionary (TAA) 4:30 Dinner 5:15- <i>Helping Hands CNA</i> (Res. Vol. Dinner Cleanup)
						
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	29
9:30 Coffee Circle (TAA) 10:00 Who Am I? (TAA) 10:30 Theater & Interactive Storytelling w/ Cindy  11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 You Be the Judge (TAA) 1:30 Remembrall (TAA) 2:00 Afternoon Snack 2:30 Spiritual Sing Along IN2L (TAA) 4:30 Dinner  5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:30 Morning Social (TAA) 10:00 Once Upon A Time (TAA) 10:30 Folk Tale Story (TAA) 11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Trivia Challenge (TAA) 1:30 Seated Strength (WS) 2:00 Afternoon Snack 2:30 Leaping into Frog Poetry (TAA)  3:15 Harp Music w/ Cheryl Zabel 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:30 News Currents (TAA) 10:00 Tai Chi Class (WS) 10:45 What Am I? (TAA) 11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Floor Hockey (TAA) 1:30 Mardi Gras Trivia (TAA) 2:00 Mardi Gras Celebration (TAA)  4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:30 Coffee Circle (TAA) 10:00 Ash Wednesday/Lent 101 (TAA) 10:30 Piano Music with Sandra Walker  11:15 Transition Time (TAA) 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Happy Birthday Jazz (TAA) 2:00 Afternoon Snack 2:00 OP Outing "5 Mile Drive"  4:30 Dinner	9:30 Morning News (TAA)  10:00 The Music of Mendelssohn (TAA) 11:00 Meditation Moment (TAA) 11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 10 Pin Bowling (TAA) 1:30 Lucky Dice (TAA) 2:00 Afternoon Snack 2:30 1:1 Visits in Resident Rooms (TAA) 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:30 Coffee & Chats (TAA)  10:00 Exercise Group (TAA) 10:30 Pictionary (TAA) 11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Washer Challenge (TAA) 1:30 Hangman (TAA) 2:00 Root Beer Floats  2:30 Putt Putt Golf (TAA) 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)	9:30 Coffee and Chats (TAA) 10:00 Leap Year Laughs (TAA) 10:30 Name That Tune (TAA) 11:15 Transition Time 11:30 Lunch 12:15-Helping Hands CNA (Res. Vol. Lunch Cleanup) 1:00 Drum Circle (TAA) 2:00 Afternoon Snack 2:30 Hand Massages (TAA) 4:30 Dinner 5:15-Helping Hands CNA (Res. Vol. Dinner Cleanup)
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