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FrankeTobeyJones.com
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FrankeTobeyJones

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a **Senior University** enrichment course. Expand your knowledge, the opportunities are endless. Join us for a **Tai Chi** class. Enjoy coffee at the **Bistro Café** with friends.

If you received this news-letter by mistake or no longer want to receive it, please call us at 253.752.6621 or email chall@franketobeyjones.com
Thank you!

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All-Campus Open House Saturday, April 25th

FTJ Senior University Class Highlights ~ March/April 2020



Steve's History Hour: JBLM History

The century-old history of what is now Joint Base Lewis McChord is marked with firsts, greatest and world changing moments that are still being made to this day and will continue to do so well into the future. And it all started with a leap of faith by Pierce County voters. *March 5, 6:00 pm, Lillian Pratt Parlor*

Edward Jones Lecture Series: Healthcare and Retirement

We'll discuss: Medicare coverage and traditional medical expenses, long-term medical care expenses, and strategies for addressing uncovered expenses. *March 9, 11:00 am, Lillian Pratt Parlor*

Pop Music Lecture Series: Beatles or Stones?

In this lecture we begin with the British Invasion of the 1960s and trace how rock 'n' roll morphed throughout the decade, from teenage love songs to incisive, countercultural protest music. *March 9, 1:30 pm, Tobey Jones Parlor*



Improv Class*

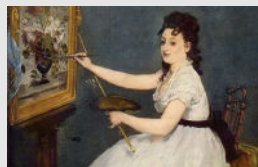
Join Jill Heinecke, Tacoma Arts Live Education Coordinator and local performer, for this 4-class series, meeting every other week from February 13th through March 26th. *March 12 and 26, 3:00 pm, Wellness Center*

Author Reading from Tacoma Stories

Join author Richard Wiley for a live reading from his book, *Tacoma Stories*, which features a story that takes place at Franke Tobey Jones. *March 18, 4:00 pm, Lillian Pratt Parlor*

Women Artists Through History

Patty McPhee, lifetime artist, stone carver, painter, and poet has known for many years that women have been written out of the history of art. The art history volume that she had in college had virtually no mention of any women artists. Learn more. *March 27, 2:00 pm, Tobey Jones Parlor*



Call Jana Wennstrom at 253-752-6621 for more information. Or for a full class schedule go to www.franketobeyjones.com/upcoming-events/program-calendars/ Note *= Registration Required.

Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations, along with others who have retired with rich career experiences. Most classes are offered free. Go to www.FrankeTobeyJones.com for a full class schedule.

FRANKELY, WE'VE GOT IT!

news, events, and opportunities for our community



March/April 2020

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Frankely, We've Got It
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All-Campus Open House—Saturday, April 25th

Are you considering a move to a retirement community, or would you just like to tour our incredible campus? Please join us for our All Campus Open House on April 25th from 10:00 am to 2:00 p.m. At the Open House you can tour our:

- New Care Center with skilled nursing and memory care
- New Bristol View Luxury Apartments
- Lillian Pratt Assisted Living
- Garden Apartments Independent Living
- Tobey Jones Building—Independent Living with services including three meals a day

One of our new residents, Eric and Donna Swenson, told us, "We are repeatedly struck by the theme of quality which enhances most every experience at FTJ. It crops up in the building of facilities, planning of events, thoughtfulness of staff, experience of administration, and the company of those who have chosen to move here. The winning combination of location, facilities and staff fosters the pursuit of individual interests and participation in numerous daily activities. Advice from those who have gone before:

- ◇ Move to a retirement community sooner rather than later.
- ◇ Accept the challenge of laying the best plans for your own future while still able.
- ◇ You will more easily bear the vexation of moving and take better advantage of all that is offered."

To RSVP for our Open House, to learn more or to schedule a personal tour, please call us at 253-752-6621.

Featured Apartment ~ Lillian Pratt #221 Assisted Living



This beautiful 626 square foot, one-bedroom apartment has a nice FTJ “neighborhood” view and kitchenette. The monthly rent of \$5,520 (no buy in) includes:

- **Three meals daily with waited dining service,** a selective menu, flexible eating times and dietician planned meals;
- **All utilities** including local phone and basic cable;
- **Weekly housekeeping,** bed linens and towels laundered/supplied;
- **Transportation** to medical appointments and activities 5 days/week; scheduled shopping, banking, grocery—weekly;
- **Emergency alert features;** front desk concierge; window coverings;
- Depending on your **level of care**, you choose your services including: Medication administration, supervision and other nursing services;
- **If more care is needed**, close access to care in the Care Center offers peace of mind for residents and family members.

* A Level of Care charge is added to the monthly rent (\$375—\$2,970). With this level of care charge you have access to RNs or LPNs on the premises 24 hours a day in addition to Certified Nursing Assistants.

You might also consider....

Bristol View #13, Independent Living \$4,990 monthly, \$240k buy-in

This 1,306 square foot two-bedroom, two-bathroom apartment has a wonderful view of Puget Sound. The monthly rent includes a modern floor plan with spacious living room and balcony, gourmet kitchen, gas fireplace, high-end finishes, secure underground parking with extra storage, housekeeping and much more!

Garden Apartment #204, Independent Living, \$4,580 monthly, \$75K buy-in

This beautiful 924 sq. ft. two bedroom apartment has a balcony and upgraded kitchen. You'll find the Garden Apartment residents super friendly, and the rent includes a concierge, fitness, housekeeping, activities, trips and tours, Senior University, happy hour on Fridays, continental breakfast M, W, F and more!

NEW Care Center - Skilled Nursing starting at \$365/day

In our NEW private pay Care Center, nearly all the rooms are private with full private bathrooms. Your care is our highest priority with a 24-hour staff of RNs, LPNs and CNAs. Some supplies and/or therapy services may be billed through Medicare B. We also take private pay/private insurance referrals. *It is not necessary to live at FTJ first.*

Your needs are always a priority to us. For more information regarding these apartments, other available apartments, or any other questions you may have regarding retirement living, please call Michelle Olafson or Shirley Robbins at 253-752-6621 or visit www.FrankeTobeyJones.com.

Meet Resident John Lynn



John and wife Sally were both born in Tacoma. John attended Stadium High School, graduating in 1954, and Washington State University (WSU), graduating in 1959. In 1959, John met Sally at WSU. They went their separate ways but

reconnected in 1960 and were soon married. During their marriage they had two children.

In the 1970's, John and family joined the Mountaineers and John became the Climbing Chairman of the local Mountaineers branch. John has always been athletic and is also an avid soccer player. As the Chairman of the Gonyea Boys and Girls Club, he coached youth soccer for children six through eleven and basketball for seventh and eighth graders.

John began working for his Grandfather at Lynn Funeral Home during high school. After graduating from college John purchased the family business from his grandfather. With the help of friends, a Lynn Funeral Home webpage was established on the internet. The very first day Lynn Funeral Home was on the Web, John received a call from an out of town man whose mother had just passed away and was able to make all the funeral arrangements for him. Wanting to learn more about the internet and changing markets, John returned to college at Pacific Lutheran University in 1988 earning a Master's in Business degree.

John was very active in the community and civic minded. He served on the Tacoma School Board from 1985 through 1997, is a Mason, and has been a member of the Tacoma Kiwanis Clubs and Tacoma Elks since 1963. In 1995, John and Sally purchased a home in Ocean Shores and John soon joined the Ocean Shores City Council and was a member there from 2010 – 2017.

Traveling was a joy and they did it often, especially after retirement. They began traveling in 1990, with their first trip to Nigeria where they distributed educational materials. Many trips ensued all around the world and they enjoyed it all.

Cont. next page...

Your Dollars Make A Difference!



Thank you to the generous individuals, foundations, businesses, FTJ residents and staff who ensure Franke Tobey Jones continues to uphold its promise to enrich and extend the quality of life for seniors in our community.

The Dollars You Gave in 2019 – The Impact You Made!

Capital Campaign – Opened Health Care Doors

Thanks to the generous commitment of individuals, corporate partners, and foundations, The Campaign for Franke Tobey Jones: *Historic past; Innovative future* raised over 2.5 million dollars and opened the doors to a new, state of the art health and memory care building.

Charitable Subsidy – Provided Comfort of Home

In 2019, Franke Tobey Jones confidentially distributed approximately \$400,000 in assistance to our valued residents who have outlived their assets.

Senior University – Empowered the Mind

Lifelong learning is about renewal of the mind and spirit. With your support, we offered 403 lifelong learning programs, which welcomed 487 program participants.

Wellness Program – Strengthened Body and Soul

The Wellness Center purchased four pieces of new exercise equipment and offered 1,761 classes and 950 personal training sessions to the senior community.

Point-Defiance~Ruston Senior Center – Gathered Old and New Friends

The Center welcomed 700 participants per month with a total of 36,973 program participants – a 10% increase from 2018 - for activities and programs as well as for nutritious meals.

Where Need is Greatest – Supported Vital Requests

From new books for the resident libraries to additional classes at the Senior Center, multiple supplies and programs were funded to enhance the FTJ community.

Employee Scholarships – Realized Academic Goals

Four team members received scholarships in 2019 to pursue further education and achieve their professional goals.

John Lynn (cont)...

In April of 2018, John and Sally moved to Franke Tobey Jones. Sadly, in June of 2019, Sally passed away. They enjoyed 58 wonderful years of marriage.

John is very active at Franke Tobey Jones with working out in the Wellness/Fitness Center, serving on the Resident's Council and being a kind and caring friend to fellow residents. We are so happy you are here John. Your smile and enthusiasm for life are contagious!

Sr. Center Is Presented A Community Service Award

The Pt. Defiance~Ruston Senior Center was presented with a community service award by the Department of Human Services Aging and Disability Resources on December 17, 2019. Judy Dunn, FTJ CEO, and Kate Gray, Point Defiance ~ Ruston Senior Center Director, attended the luncheon. The award was the result of opening its doors to a community that is often disparaged, the LGBTQ community. After an arduous search for a venue and being rejected by many locations, the Senior Center opened its doors in 2019 to a yoga class for senior members of the LGBTQ community. The class is held late on Thursday afternoons.



Free Tax Preparation



It's tax time again and the volunteer AARP tax

preparers will once again be offering their services for no charge at the Senior Center on Fridays and Saturdays through April 15. Fridays are reserved for appointments only; however, Saturdays may offer some walk-in availability. At the time of this writing, it was undetermined whether Saturdays would offer both walk-in and appointments or just appointments. Please call for more information and/or to make your appointment. (253-756-0601)

Happy St. Patrick's Day!



May your troubles be less and your blessings be more,
And nothing but happiness come through your door.