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FrankeTobeyJones.com Facebook.com/ FrankeTobeyJones

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a Senior University enrichment course. Expand your knowledge, the opportunities are endless. Join us for a Tai **Chi** class. Enjoy coffee at the Bistro Café with friends.

If you received this newsletter by mistake or no longer want to receive it, please call us at 253.752.6621 or email chall@franketobeviones.com Thank you!

## FTJ Senior University Class Highlights ~ May/June 2020

All of our classes are on hold until the COVID-19 restrictions are  $\Rightarrow$  Point Defiance Park: 100th Anniversary Special lifted. In the meantime, if you go to the link below you will find many educational videos, entertaining videos and exercise videos for you to enjoy.

#### https://www.franketobeyjones.com/pt-defiance-rustonsenior-center/educational-video/

At the time of this newsletter printing, on the above link you can find these educational videos. More videos will be added weekly.

- $\Rightarrow$  A History of Wine Part 1 and 2
- $\Rightarrow$  BBC Howard Goodall's Story of Music 1 through 6
- $\Rightarrow$  A World of Art: The Metropolitan Museum of Art
- $\Rightarrow$  History Channels: The Curse of Oak Island
- $\Rightarrow$  History Channels: The French Revolution
- $\Rightarrow$  BBC Documentary: Holy Land | Crusades
- $\Rightarrow$  BBC Documentary: Who were the Vikings?
- $\Rightarrow$  25 Best National Parks in the USA
- $\Rightarrow$  Mount Rushmore Documentary
- $\Rightarrow$  National Geographic: Solar System 101
- $\Rightarrow$  History of Tacoma

Smile For Franke Tobey Jones

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 $\Rightarrow$  The most unusual musical instruments in the world

NON PROFIT

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- $\Rightarrow$  Route 66 Road Trip
- $\Rightarrow$  The History of Bridges
- $\Rightarrow$  Airplane History

Have you tried Sudoko yet? Here is an online resource that you can use for free: https://sudoku.com/.

How about testing those powers of observation with a word search? https://thewordsearch.com/.

Did you know that you can do jigsaw puzzles online? https://www.jigsawexplorer.com/.

Dictionary.com has a daily crossword and other word related games: https://www.dictionary.com/e/crossword/#.

If learning a new language is on your list of entertaining pastimes, check out Duolingo for 31 language choices.

Call Jana Wennstrom at 253-752-6621 for more information. Or for a full class schedule go to www.franketobeyjones.com/upcoming-<u>events/program-calendars/</u> Note \*= Registration Required.

Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations, along with others who have retired with rich career experiences. Most classes are offered free. Go to www.FrankeTobeyJones.com for a full class schedule.

May/June 2020



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Frankely, We've Got It Editor: Christine Hall

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## Personal Concierge Program During COVID-19 Connects **Residents and Loved Ones Near and Far**

In Mid-March, as soon as we found out that visitors were not going to be allowed on campus and all activities needed to be stopped, we put together a Temporary Personal Concierge Service program. Each resident at FTJ has been assigned a FTJ team member to be their Personal Concierge, and this person serves as their link to family and outside services if needed. This service is provided by FTJ to help our residents stay informed and to help mitigate feelings of isolation that can occur in situations like we are currently facing. It is also provided to keep residents and family members connected in these uncertain and challenging times.

- Each Personal Concierge is responsible for:
- being dropped off at the main desks.

Family members have truly been delighted with this program and thank us every day for helping them stay connected with their loved one. "Thanks to FTJ's Personal Concierge Program, we have peace of mind knowing that a member of the staff is personally connecting with both of our family members that reside in different buildings on campus," says Linda, the daughter of an FTJ resident. "Through their efforts we have had regular FaceTime calls, groceries delivered, computer problems solved, and offers to help however they can! We really appreciate their efforts and know that our family members do too!"



news, events, and opportunities for our community



 $\Rightarrow$  Communicating with resident families about needs and questions (anything other than clinical). Clinical questions need to be directed to the nursing staff.

 $\Rightarrow$  Setting up FaceTime or Skype to help residents stay in communication.

 $\Rightarrow$  Deliveries that come to the building from resident families (i.e. groceries or laundry) that are

 $\Rightarrow$  Doing errands around the campus (i.e. pick up stamps, mail packages, meal pick up).

 $\Rightarrow$  Taking walks around campus, if they need to get out and can do so.

#### May/June 2020

## FRANKELY, WE'VE GOT IT!

#### Featured Apartment ~ Garden Apartment #201 **Independent Living PREMIER APARTMENT**



This is a beautiful, spacious 1,269 square foot, 2 bedroom, 2 bathroom, plus den corner apartment. It has an open floor plan, fireplace and two decks. It would be an ideal apartment for a couple. The monthly rent of \$5,420 includes::

- Continental breakfast three days a week
- Happy Hour every Friday
- Housekeeping twice monthly
- Maintenance of building exterior, all grounds and common spaces
- Activities and fitness including personal trainers
- FTJ Senior University
- Trips and tours
- Transportation
- Fully equipped kitchen
- In-apartment stackable washer and dryer
- Fire, burglary, emergency services monitored on-site
- Electricity (including A/C), gas, water, sewer, garbage, standard cable television, property taxes and building insurance.

#### You might also consider....



#### Lillian Pratt Assisted Living #300, \$5,150 monthly, no buy-in This one bedroom apartment has a nice galley style kitchenette plus a picturesque view of the campus and

Puget Sound. Included: three meals daily with waited dining service; all utilities including local phone and basic cable; weekly housekeeping, bed linens and towels laundered and supplied weekly; fitness, activities and more.



#### Lillian Pratt Assisted Living #310, \$3,220 monthly, no buy-in This studio apartment has a lovely view of the front fountain. Included: three meals daily with waited dining service; all

utilities including local phone and basic cable; weekly housekeeping, bed linens and towels laundered and supplied weekly; fitness, activities and more.



NEW Care Center - Skilled Nursing starting at \$365/day In our NEW private pay Care Center, nearly all the rooms are private with full private bathrooms. Your care is our highest priority with a 24-hour staff of RNs, LPNs and CNAs. Some supplies and/or therapy services may be billed through Medicare B. We also take private pay/private insurance referrals. It is not necessary to live at FTJ first.

Your needs are always a priority to us. For more information regarding these apartments, other available apartments, or any other questions you may have regarding retirement living, please call Michelle Olafson or Shirley Robbins at 253-752-6621 or visit www.FrankeTobeyJones.com.

### Meet Resident Geri Smith



Geri O'Connor was born at St. Joseph's Hospital in Tacoma joining her two older sisters. She graduated from Clover Park High School in Lakewood and worked for Pacific Northwest Bell for ten years.

During that time she married, divorced then in 1965 married a wonderful man named Boyd Smith. He had three children who came to live with Geri and Boyd from time to time.

Boyd and Geri traveled extensively in their motorhome throughout the U.S. and owned a place on the Oregon coast where they would spend three to four months every summer. Geri is proud of a photograph she has of herself with a 30 pound salmon which was the biggest salmon she ever caught. They also owned a home in Arizona where they spent many retirement years as snowbirds. It was a perfect life, and they made many friends.

Geri and Boyd were married for almost 40 years before he passed away in 2004. These were some of the best days of Geri's life. She feels very blessed to have had so many wonderful years with Boyd and that her stepchildren still live in close proximity to her.

Geri loves to crochet. When she was young she knitted many squares for a project called "Bundles for Brittan." This program was started in a store front in New York City in 1940 as a knitting circle. They knitted socks, gloves, hats, sweaters and scarves which were all shipped to Britain during WWII. Geri also loves to dance and was honored to be chosen as a Klahowya Princess for Clover Park High School when she was in the eighth grade.

Geri loves living at FTJ. She was an active member in our Fitness program for several years before moving to FTJ. An FTJ resident from the Fitness program invited Geri to see her apartment and then introduced her to the Resident Accommodations team. After a campus tour she couldn't wait to move in.

Retirement has been good for Geri, and she has spent many years with her cat, Tobi, enjoying her life at Franke Tobey Jones.

#### **Personal Concierge Program**

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Our team members serving as Personal Concierges, all of whom have regular jobs at FTJ such as accounting, philanthropy, fitness, admin assistant, medical records and so on, have truly gone above and beyond to bring peace of mind, connection, laughter, smiles, care and love to our residents during this time of no visitors and no activities.

As we all know, beloved pets are a big part of many senior's lives. One of our residents was running out of dog food. When Shelley, our FTJ Director of Philanthropy and a Personal Concierge, found out about this, she ran out to the store and showed up at the residents door with dog food. The resident was so happy and very relieved. "I am really enjoying the opportunity to be a concierge to Bristol View and the Duplexes," comments Shelley. "It has allowed me an even stronger connection to our residents, and I am truly honored if I can do anything to make this uncertain time easier for them."

Carole, one of our Personal Concierges, has been setting up many FaceTime sessions with residents and family members. Because our hair salons are also closed during this time, Carole has been personally curling and fixing residents hair and helping them with their make up so they can look their best—especially for their FaceTime sessions! It has meant the world to these residents. "I want to treat each of our residents at FTJ as if they were my mom or dad," says Carole. "What kindness would I want the staff at FTJ to do for my mom? My dad? My uncle? My aunt? My sister? My brother? The list goes on and on. It is about family."

"Thank you FTJ for taking extra care of my mom during this crisis," says Katey, daughter of a FTJ resident. "Knowing that you all are there for her and can stand-in for family and do any necessary errands while we work through the pandemic is a testament to the excellent service and care provided by you all, the staff. Thank you for your kindness and support."

Shirley Robbins, one of our Admissions team members and Personal Concierge, pictured here, has also been implementing many, many FaceTime sessions with residents and family members. "The fun part has been introducing this new technology to so many residents who have been afraid or resistant to embracing FaceTime, Skype, HouseParty, Zoom and other connection platforms," Shirley said. "It's been great to see the resident's faces light up when seeing family members pop up on the screen from near and far. This is very rewarding! And, they can see that grandma/great grandma looks great



with resident Patsy Mills

and is doing so well! It brings peace of mind to everyone involved." "Our job is to take care of seniors, and during this time of COVID-19 it has never been truer of our mission," says Judy Dunn, FTJ President and CEO. "We want to say thank you for the great job all our team members, residents and family members are doing during these challenging times. We are so grateful for their compassion, care, time and creativity as we work through this together. We are all going to get through this together and be stronger because of it."

## We Have Availability

We have availability in all areas of our campus. Although we are not touring during the COVID-19 restrictions, if you need to move in immediately to skilled nursing, memory care, assisted living or independent living, please let us know and we can accommodate you on a case by case basis. Please call Michelle, Shirley, Carole or Terry at 253-752-6621.

## Smile for Franke Tobey Jones

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In these times of online shopping...did you know that when you order from Amazon you can also support Franke Tobey Jones? Amazon will donate 0.5% of all eligible purchases if you select Franke Tobey Jones as your charity!

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- 1.In your web browser type in
- smile.amazon.com
- 2.Enter your email address and Amazon password.
- 3.You will be asked to select a charity type in Franke Tobey Jones and click on Select.
- 4. Whenever you want to shop on Amazon, go to smile.amazon.com (it will take you to your account page).
- 5. Place your order and Amazon will donate.

#### Thank you so much! Shelley E. Harris, Director of Philanthropy

Personal Concierge, Shirley Robbins,