



FRANKE
TOBEY
JONES

Enjoy your age

Main Desk Phone

752-6621 or Ext. 0

Work Order Line

Ext. 1293

"THE REZ"

Ext. 1290

Resident Store

Location: LP 1st Floor

Closed until further
notice

BISTRO

Ext. 1394

Location: LP 1st Floor

Next to Wellness Center

Monday-Wednesday &
Friday

Closed until further
notice

ON CAMPUS

BANKING

Canceled until further
notice

RESIDENT COUNCIL
MEETING

Canceled until further
notice

COFFEE WITH
JUDY

Canceled until further
notice

In lieu of listing daily activities, which as you know have been canceled, we will be sharing information about COVID-19 and other online resources. And, although we take the situation very seriously, we'd also like to share some of the lighter side of the situation that we have found on various websites.

Cyber Attacks and Scams

As the global health crisis intensifies, cybercriminals are escalating their attacks. Praying on a new massive pool of employees working from home, cybercriminals are trying out new and clever scams that are having a much higher success rate.

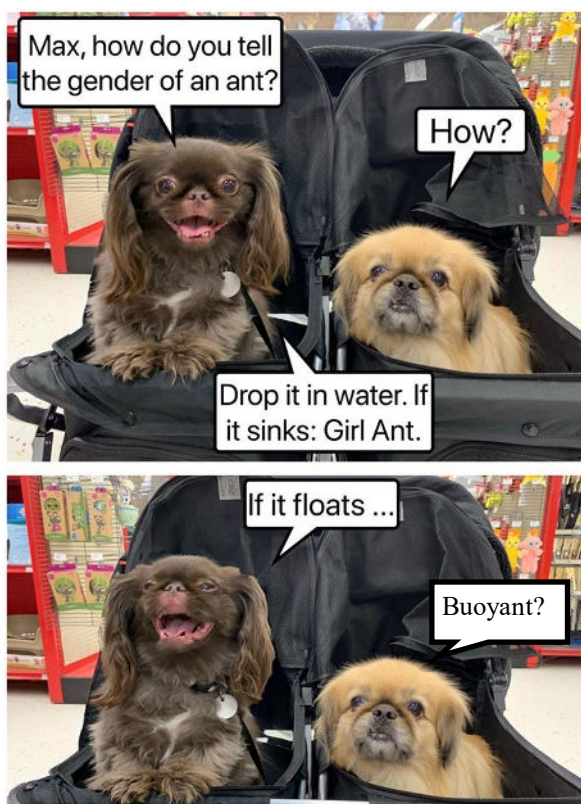
One of the more common attacks we've seen are phishing emails coming from either the World Health Organization or the CDC with "important information regarding your safety". The goal is to get users to click on their links, inadvertently load malware and/or provide sensitive information in order to "keep receiving these critical updates". These are always a scam as mass emailing is not a normal method for these organizations to dispense information.

Another popular scam involves interactive maps and Covid-19 Virus trackers. These look very legitimate and even update with real CDC data. The key to identifying these is the requirement of a download in order to view the full functionality of the map. At this point you have inadvertently loaded a "keylogger". This tool will then begin stealing usernames and passwords and uploading it through the Internet to the cybercriminals for them to use later or sell on the DarkWeb.

Be aware that cybercriminals are stepping up efforts to attack home computers knowing that many of them are now being used to remotely access back to corporate networks. Make sure home machines are fully patched with the latest Microsoft updates and make sure you have an up-to-date virus/malware tool actively protecting your home computer. In addition, ask family members to be extra careful on your home networks as well.

When in doubt, don't click it, just delete it.

Due to the fact that we **will not** be holding Resident council Monday the 13th, the joke below comes to you compliments of Heidi White.
Enjoy!



Face Mask Sewing Supplies Needed

There is a local woman who is willing to sew cloth face masks for residents at FTJ. She needs supplies and materials to make the masks. If you have 100% cotton material, elastic and pipe cleaners or are able to obtain these materials please contact Michelle at 253-756-6251 or molafson@franketobeyjones.com

HAPPY BIRTHDAY

April 9

Steve Didis
Don Franklin

April 13

Joanne Keller

April 14

Mark Litchman

April 17

Tom Reeder
Carolyn Huffman

April 20

Ann Martin

April 21

Marcia Kuska

April 22

Mary McCall

April 23

Peter Jensen
Marian Athow
Paul Gilbert

April 24

Shirley Cockrill

April 25

Joe Zmora
Bernie Ekemo

April 26

Barbara Johnson

April 28

Bill Keebler



COVID-19 Update

As we continue our COVID-19 restrictions it seems by all indications that Washington State is flattening the curve, and this is good news! But, we must all stay vigilant to keep the curve going in the right direction. We thank all of our residents, team members and family members who are helping keep our Franke Tobey Jones community safe.

According to Tacoma-Pierce County Health Department, effective last Friday, April 3, all staff working in long-term care must wear a mask at work. For clinical staff, a mask must be worn during their entire shift and cannot be a homemade mask. All non-clinical staff must wear a mask at all times while at FTJ when moving through any part of any building where residents reside. FTJ is supplying masks to all our team members.

We are also recommending to all our residents that they wear masks when out of their duplex/apartment. Because not everyone has a mask, we have been reaching out to numerous sources to obtain homemade masks and hope to have some on campus in the near future for our residents who need one.

Our Personal Concierge program continues to be a success in connecting residents with their family members and answering questions and requests from family members as it pertains to their loved ones at FTJ. We continue to implement many, many Facetime sessions daily; deliver groceries, sundries, homemade treats, cards and more to our residents; and communicate with family members regarding the latest COVID-19 information that we have.

We continue to follow and enforce all COVID-19 restrictions and guidelines provided by the Department of Health, Centers for Medicaid and Medicare Services (CMS) and the CDC.

Again, we are truly grateful for our staff who are taking so many precautions while caring for our residents, and for the support we've been receiving from our residents and family members during this uniquely challenging time. We know that it is genuinely difficult for everyone to be isolated, but everyone's efforts are paying off. Our quote of the week is from Isabel Allende ~ "We all have an unsuspected reserve of strength inside that emerges when life puts us to the test." Isn't this so true! We are resilient in times like these and forge our way everyday through uncertainty, challenge and change. We will all get through this together, ever more grateful when we get to the other side.

As always, if you have questions, please either call me or Bob Beckham our COO. 253-752-6621. jdunn@franketobeyjones.com or bbeckham@franketobeyjones.com

Sincerely,
Judy Dunn, President & CEO

Annual May Events Canceled

As many of you know, we hold our Annual Mother's Day Tea and our Annual Spring Tea during the month of May. This year out of an abundance of caution we are canceling these events.

Our first priority is the health and well being of our residents and with the duration of Stay Home, Stay Safe uncertain we have decided it is in the best interests of FTJ and our residents to cancel these events. We look forward to May 2021 when we can again celebrate these events that have become a wonderful tradition at FTJ.

Occupational Hazards

Robert Stockton (© 2008)

Across

- 1. Not quite shut
- 5. Far from anorexic
- 10. Incantation opener
- 14. Emulate a bull market
- 15. Tool for conductors or relays
- 16. Billiards bumper
- 17. Laundry professional lost job?
- 19. Grimm beginning
- 20. Actress Dash of "Clueless"
- 21. Chastises
- 23. Clan
- 26. Winning margin, perhaps
- 27. Vessel for 13 down
- 30. Heat units
- 33. Word with lunch or rush
- 34. I-beam, e.g.
- 36. Exam for Srs.
- 37. Possesses
- 38. Long-jawed fish
- 39. Kind of stick
- 40. Part of AARP
- 41. Summertime brew
- 44. Dance in a circle
- 45. Moving experience?
- 47. "You've got me dead to rights!"
- 49. Duty roster
- 50. It may be cold or iced
- 51. Rioutous scenes
- 54. Conjuror's catch-word
- 58. Tons
- 59. Newspaper professional lost consciousness?
- 62. Financier T. _____ Price

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17				18							19			
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		49					50							
51	52					53			54			55	56	57
58					59		60	61						
62					63						64			
65					66						67			

- 63. Modern shopping alternative
 - 64. Italian wine region
 - 65. Sort
 - 66. Lollygag
 - 67. Impish quality
- Down**
- 1. Story segments
 - 2. Abandon at the altar
 - 3. Between ports
 - 4. Three Mile Island and Chernobyl, e.g.
 - 5. Following orders
 - 6. Word with chart or exam
 - 7. List ending abbrev.
 - 8. Kind of mash
 - 9. International alliance

- 10. Excite
- 11. Financial professional lost gunfight?
- 12. Seoul food?
- 13. Pub potables
- 18. Rex's tec
- 22. Nobelist Niels
- 24. Neutral tone
- 25. Mercurial
- 27. Lacking stature
- 28. Display dread
- 29. Wilderness professional lost heart?
- 31. New Zealand natives
- 32. Mar. honoree
- 35. Gloomy
- 39. Mixed-up animals?
- 41. Tad

- 42. Like most airline seats
- 43. With great skill
- 46. Lost layers, perhaps
- 48. Meadow mother
- 51. Pound sound
- 52. Morlock's meal, perhaps
- 53. Madrid miss: abbr.
- 55. McGwire rival of 1998
- 56. Scolding sounds
- 57. Soul singer Redding
- 60. Editor add-on
- 61. Starting score

AMAZON
ANTAGONIST
AUTHOR
BESTSELLER
BLOG
BLURB
BOOKMARK
BOOKSTORE
CHAPTER
CHARACTER
CLASSIC
CLIMAX
CONTENTS
COVER
DESIGNER
EDITION
EDITOR
FANTASY
FICTION
FONT
GLOSSARY
GRAMMAR
HERO
INDEX
ISBN
JUSTIFIED
KINDLE
LEAF

C	H	S	D	R	O	W	E	I	V	E	R	W	F	E	M	E	W
F	A	N	T	A	S	Y	C	N	R	L	O	E	L	D	N	I	K
A	P	O	E	T	G	T	N	O	F	E	M	U	N	I	T	B	T
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S	E	T	T	I	N	G	K	B	S	I	X	I	R	I	R	G	U
Q	U	O	R	E	N	G	I	S	E	D	N	R	R	S	A	I	O
A	C	H	J	U	S	T	I	F	I	E	D	E	W	T	H	N	T
R	E	T	P	A	H	C	E	H	C	I	N	S	P	I	C	S	E

MARGINS
MYSTERY
NICHE
OUTLINE
PAGE
PLOT
POEM
POET
PROTAGONIST
PUBLISH
QUOTE
READ
REVIEW
ROMANCE
SERIES
SETTING
SPINE
SUSPENSE
SYNOPSIS
TITLE
TRILOGY
TYPE
TYPO
UNIT
VOLUME
WORDS
WRITER

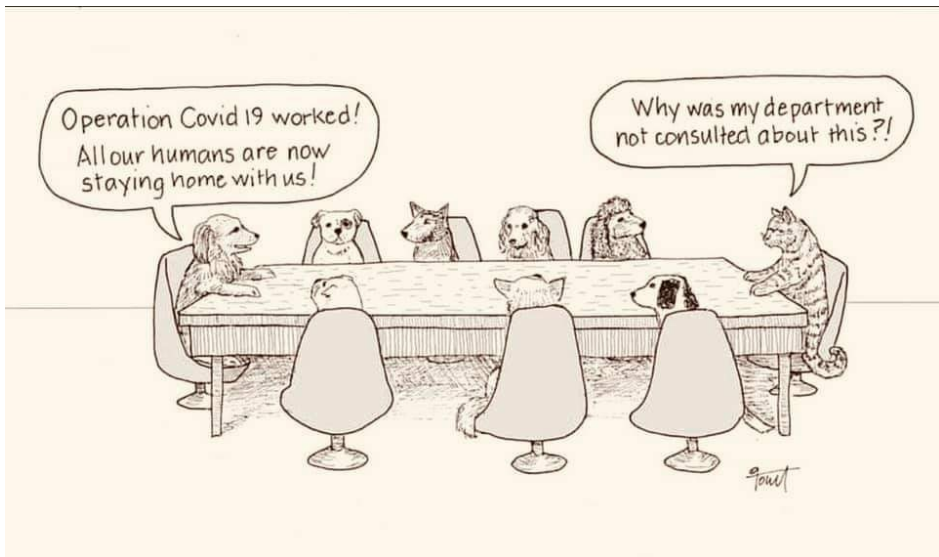


WEEKLY RIDDLE

What never asks questions but is often answered?

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HOW TO SOLVE: Cryptograms are simple-substitution ciphers where every letter of the alphabet has been switched. Your task is to use pattern recognition and your grammar and vocabulary abilities to decipher the hidden quote. Hint: Start with the 1, 2 and 3 letter words, and remember that the most common letters in the English language are E-T-A-I-O-N, in roughly that order. Good luck!



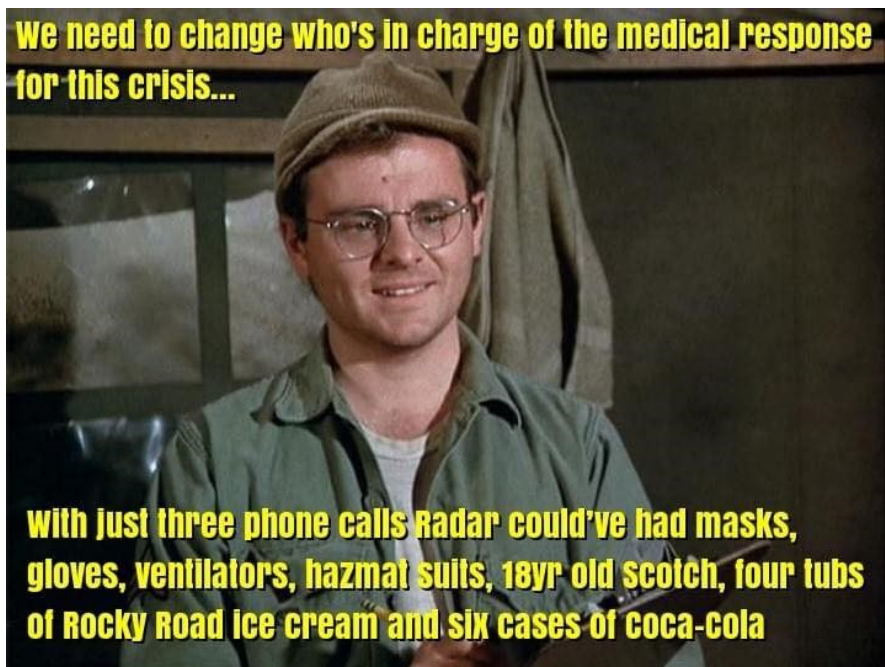
2019: Start concentrating at school or you'll be stacking shelves for the rest of your life

2020: Stacking shelves - most secure job in the country



I never thought the comment "I wouldn't touch him/her with a 6 foot pole" would become a national policy, but here we are

😂😂



Allergy season is about to turn into the Salem Witch Trials soon

Great Courses DVD Rentals Available

Senior University has over 140 DVDs of Great Courses available to check out for viewing in your apartment. The topics vary from fine arts, history, literature & language, music, philosophy & religion, science & mathematics to world cultures. A complete list is available by contacting Jana at 253-756-6219 or jwennstrom@franketobeyjones.com.

She will follow up with you on Wednesday and arrange delivery of your chosen DVD.

Grocery store clerk to customer: "Wanna hear a joke?"

Customer: "Sure."

Clerk: "Did you find everything you need?"

MENU			
		Apr 13th - Apr 19th	Mindful Offer
	BREAKFAST	DINNER	SUPPER
	Fresh Fruit in Season	Mexican Corn Soup	Mexican Corn Soup
<i>M</i>	Orange Juice	Cottage Cheese & Tomatoes	Navy Bean Soup
<i>O</i>	Cream of Wheat	Mixed Green Salad	Cottage Cheese & Tomatoes
<i>N</i>	Scrambled Egg	Chicken & Dumplings	Santé Fe Melt on White
<i>D</i>	Sausage Patty	Fried Trout	Chicken Fried Steak
<i>A</i>	Whole Wheat Pancakes	Roasted Red Potatoes	Caramelized Leek Mashed Potatoes
<i>Y</i>	Whole Milk	Baby Carrots w Sage	Buttered Corn
	Coffee	Yellow Cake w Peanut butter Frosting	Grasshopper Mousse
13			
	Fresh Fruit in Season	Chunky Vegetable & Orzo Soup	Chunky Vegetable & Orzo Soup
<i>T</i>	Orange Juice	Fruit Salad	Pork Chile Verde
<i>U</i>	Old Fashioned Oatmeal	Mixed Green Salad	Fruit Salad
<i>E</i>	Poached Eggs	Tomato Basil Baked Flounder	Honey Lime Turkey Salad
<i>S</i>	Bacon	Chipotle Mango Glazed Ham	Pot Roast
<i>D</i>	Chocolate Chip Muffin	Mashed Sweet Potatoes	Baked Potato
<i>A</i>	Whole Milk	Green Beans Oregano	Creamed Spinach
<i>Y</i>	Coffee	Peach Crisp	Double Chocolate Cookies
14			
<i>W</i>			
<i>E</i>	Fresh Fruit in Season	Potato Leek Soup	Garden Vegetable Soup
<i>D</i>	Orange Juice	Cole Slaw	Potato Leek Soup
<i>N</i>	Cream of Wheat	Mixed Green Salad	Cole Slaw
<i>E</i>	Fried Large Cage Free Egg	Rotini & Meat Sauce	Grilled Blackened Tuna & Salsa Sandwich
<i>S</i>	Grilled Ham	Brazilian Pork with Chimichurri	Stuffed Chicken Breast
<i>D</i>	French Toast	White Rice	Roasted Carrots
<i>A</i>	Whole Milk	Capri Mixed Vegetables	House Made Potato Chips
<i>Y</i>	Coffee	Blueberry Fritters	Blondie Bar
15			
<i>T</i>	Fresh Fruit in Season	Cream of Mushroom Soup	Cream of Mushroom Soup
<i>H</i>	Orange Juice	Cucumber Sour Cream Salad	Onion Soup with Parmesan Crouton
<i>U</i>	Old Fashioned Oatmeal	Mixed Green Salad	Cucumber Sour Cream Salad
<i>R</i>	Scrambled Egg	Chicken Scaloppini Marsala	Thai Beef Salad
<i>S</i>	Bacon	Eggplant Sausage Napoleon	Roasted Turkey Breast
<i>D</i>	Apple Cinnamon Muffin	Penne	Roasted Sweet Potato
<i>A</i>	Whole Milk	French Cut Green Beans	Fresh Broccoli
<i>Y</i>	Coffee	Garlic Black Pepper Rolls	Grilled Rustic Bread
16		Cookies and Cream Blondie	Vanilla Pudding Cup
	Fresh Fruit in Season	New England Clam Chowder	New England Clam Chowder
<i>F</i>	Orange Juice	Hummus Plate	Tomato Basil Soup
<i>R</i>	Cream of Wheat	Mixed Green Salad	Mixed Green Salad
<i>I</i>	Spinach & Pesto Scrambled Eggs	Tropical Seared Salmon	Cheese Burger
<i>D</i>	Hash Browned Potatoes	Sweet and Sour Chicken	Pub Style Fish & Chips
<i>A</i>	Bacon	Fried Rice	Steamed Vegetable Medley
<i>Y</i>	Whole Milk	Asian Blend Vegetables	Pumpkin Cheesecake Bar
	Coffee	Chocolate Cobbler	
17			
<i>S</i>			
<i>A</i>	Fresh Fruit in Season	Sweet Potato and Black Bean Chili	Mushroom & Roasted Garlic Soup
<i>T</i>	Orange Juice	Orange Jicama Salad	Sweet Potato and Black Bean Chili
<i>U</i>	Old Fashioned Oatmeal	Mixed Green Salad	Orange Jicama Salad
<i>R</i>	Poached Eggs	Crispy Parmesan Tilapia	Chicken Parmesan Flatbread
<i>D</i>	Sausage Patty	Salisbury Steak	Beef Stroganoff
<i>A</i>	Ham & Spinach Frittata	Mashed Potatoes	Rotini Noodles
<i>Y</i>	Whole Milk	Ginger Sesame Sugar Snap Peas	Grilled Yellow Squash
	Coffee	Banana Cream Pie Pudding Cup	Linzi Bars
18			
<i>S</i>	Fresh Fruit in Season	Spring Pasta Fagioli	Turkey Vegetable Soup
<i>U</i>	Orange Juice	Waldorf Salad	Spring Pasta Fagioli
<i>N</i>	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
<i>D</i>	Fried Cage Free Egg	Baked Chicken	Grilled Cheese Quesadilla
<i>A</i>	Hash Browned Potatoes	Fried Shrimp	BBQ Pork Cutlet
<i>Y</i>	Bacon	Rice Pilaf	Home Fried Potatoes
	Cinnamon Rolls	Sautéed Spinach	California Mixed Vegetables
	Whole Milk	Apple Pie	Raspberry Yogurt Mousse
19	Coffee		