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FrankeTobeyJones.com Facebook.com/ FrankeTobeyJones

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a **Senior University** enrichment course. Expand your knowledge, the opportunities are endless.

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We Are Open For Window and Outside Visits
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### FTJ Senior University Class Highlights ~ November/December 2020



#### **Medicare Basics**

Presented by Laurie Casas, Only Senior Options, <u>laurie@Onlysenioroptions.com</u> Whether you are new to Medicare, getting ready to turn 65, or already enrolled in a Medicare health plan,

you'll need to make important decisions at enrollment time and then during AEP (Annual Enrollment period) each year. Come learn the A,B,C, & D's of Medicare and more.

Tuesdays, November 3, 10, 17, and 24 at 4:30 p.m.

Zoom Presentation. (All dates listed will be at this time. Use the link below to register for your preferred date)

#### Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/
tZMsfuCoqDspGNQxfJHLKUY8jP-wG7dFvTKW
After registering, you will receive a confirmation email containing information about joining the meeting.

## Performing Arts Series: Theatre – Ancient Origins of Drama and Theatre

Explore how medicine, science, architecture and religion came

together to create the foundations of Western theatre as we know it today. Join Marsha Walner, Teaching Artist with Tacoma Arts Live, for the first of three engaging Performing Art Series workshops focused on theatre.

Saturday, November 7, 11:00 am, Zoom presentation Join Zoom Meeting

https://us02web.zoom.us/j/86210067633? pwd=bmNXNGRqd2MzVkhLNHNuOW9oSTIvQT09 Meeting ID: 862 1006 7633Passcode: 328447

## How I Wrote That Tune: The Secrets of Songwriting - Tin Pan Alley

In this introduction, we'll look at the beginning of American popular songwriting, including early Tin Pan Alley hits like "After the Ball," "Give My Regards to Broadway," and "Lovesick Blues." How are these songs



constructed and why did they become so popular?

Wednesday, November 11, 11:00 am, Zoom Presentation

Join Zoom Meeting https://plu-edu.zoom.us/j/98667325023

Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations, along with others who have retired with rich career experiences. Most classes are offered free. **Go to www.FrankeTobeyJones.com for a full class schedule.** 

# FRANKELY, WE'VE GOT IT!

news, events, and opportunities for our community



November/December 2020

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Frankely, We've Got It
Editor: Christine Hall

If you would like your name removed from our mailing list, please call our main reception desk at (253) 752-6621



This is just a small representation of our 160 amazing team members!

#### Franke Tobey Jones CNA Recognized as CNA of the Year

Health Care Providers Council of Pierce Council hosted its 10<sup>th</sup> Annual All-Star Caregiver Award in September. Nominations for this award are submitted by family members and residents of skilled nursing, memory care and assisted living communities throughout Pierce County, and this year approximately 100 caregivers were nominated with 10 winners.

We are thrilled and excited to announce that Franke Tobey Jones' CNA Allisha Navarro was recognized and awarded CNA Of The Year! FTJ CNA Cristy Santos was also one of the distinguished nominees. Allisha and Cristy have worked at FTJ for eight years and 39 years respectively.

"Residents ask for Allisha by name," says FTJ Kristina Atkins, FTJ Resident Care Supervisor. "She is caring and kind and takes her time with each and every resident she is caring for."

"We have an amazing team of caregivers," says Bob Beckham, FTJ Chief Operating Officer. "It is so wonderful that both Allisha and Cristy have been recognized as Outstanding Caregivers. They both embody a mentality

of sincere service to our residents and are both very deserving!"



CNAs Cristy Santos and Allisha Navarro

We couldn't be more proud of Allisha and Cristy. They are shining examples of our FTJ Promise ~ "To Make Every Day Meaningful For Our Residents, Team Members and Myself."

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## Featured Apartment ~ Garden Apartment #201 Independent Living



This is a beautiful, spacious 1,269 square foot, 2 bedroom, 2 bathroom, plus den corner apartment. It has an open floor plan, fireplace and two decks. It would be an ideal apartment for a couple. The monthly rent of \$5,420 includes:

- ⇒ Warm and welcoming Concierge located in the building
- ⇒ Lots of social activities including (during COVID) door to door continental breakfast every Tuesday and Happy Hour every Thursday
- ⇒ Fully equipped kitchen and stackable washer and dryer
- ⇒ Fire, burglary, emergency services monitored on-site
- ⇒ Electricity (including A/C), gas, water, sewer, garbage, standard cable television, property taxes, building insurance, maintenance of building exterior, all grounds and common areas
- ⇒ Housekeeping twice monthly
- ⇒ Activities, fitness, FTJ Senior University, transportation, trips and more! Note: During COVID large group activities have been cancelled.

Garden Apartment Common Area Video — https://youtu.be/q5s1wjHcS10

#### You might also consider....



### Bristol View #12 ~ Independent Living, \$4,990/mo. plus buy-in of \$220K.

This beautiful 1,344 square foot apartment has a contemporary floor plan, lots of windows, lovely views of the Franke Tobey Jones campus and Point Defiance Park, and is flooded with natural light. See Bristol View video common areas at <a href="https://youtu.be/A4HxAtYGLPw">https://youtu.be/A4HxAtYGLPw</a>

#### Lillian Pratt Assisted Living #346 \$8,110/mo., no buy-in



At 1,343 square feet, this is the largest apartment in our assisted living building and would be great for a couple. There are two bedrooms, two bathrooms, washer/dryer and full kitchen. The apartment's location is wonderful, very quiet, overlooking a large patio and the back of Point Defiance Park. See assisted living common area video at: https://youtu.be/papQ7Cu Tew

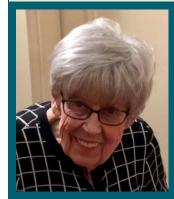
#### NEW Care Center - Skilled Nursing, starts at \$364/day



In our NEW private pay Care Center, all the rooms are private with full private bathrooms. Your care is our highest priority with a 24-hour staff of RNs, LPNs and CNAs. Some supplies and/or therapy services may be billed through Medicare B. We also take private pay/private insurance referrals. It is not necessary to live at FTJ first. We are not a designated COVID skilled nursing facility. See skilled nursing building video at https://youtu.be/LN90eaQlY94

Your needs are always a priority to us. For more information regarding these apartments, other available apartments, or any other questions you may have regarding retirement living, please call Michelle Olafson or Shirley Robbins at 253-752-6621 or visit www.FrankeTobeyJones.com.

## Meet Resident Betty Peterson



Betty was born and raised in Detroit, Michigan, the only child of parents that both worked.

She was a tomboy growing up with only boys to play with near her home. Her days were filled with

baseball, bicycles, dirt and a lot of fun. When Betty was seven years old, she was taken to her grandmother's farm in Hastings, Michigan to spend the summer. Another place where the neighbors were all boys – she was doomed to never do girlie things like play with dolls and have tea parties.

Betty attended Michigan State University and belonged to a sorority. While in college, she was set up on a blind date and met a young, handsome Airman. They had a long-distance relationship for several years before they married and had five children, four sons and one daughter. Her family now includes seven grandchildren and one great-grandson. Her husband, an engineer, has passed. Betty enjoyed raising her children and often took them to parks for fun. The entire family enjoyed traveling which they did often.

Hobbies include horseback riding, sports, and playing Ping-Pong, but her favorite hobby was being a wife and mother. Right now, Betty is mastering the sport of being a senior citizen.

Betty enjoyed traveling and took her mother and aunt on a cruise to Alaska. It was a special treat for all of them. She also took her mother to Yugoslavia to see where her grandparents were born, and fabulous memories were made. Betty has visited Japan on several occasions, England and Scotland.

Betty was widowed for 20 years before moving to FTJ. Her children loved her so much that they forced her to move here stating it was the best retirement community around. Her family wanted the very best for their mother. Betty did not want to move but has now forgiven them, and is very happy in her Tobey Jones apartment! Betty enjoys the friendly residents and the nice servers in the dining room. Although it was not her plan, Betty is happy to be here, and we are happy that she is part of our FTJ family!

#### Annual Fund Drive Kick-Off ~ Drive It Forward



October is the kick-off to support our new and exciting Annual Fund Campaign! Our Tangible Goal: \$100,000.

#### The Invaluable Result:

Through *Where Need Is Greatest*, FTJ will update and upgrade the current transportation fleet, purchase a new resident van with custom wheelchair ramp, and have increased flexibility to fund programs and services that have been impacted by Covid-19.

Traditionally, letters are sent to our constituents in the Fall for the Annual Fund contributions.

In addition, Franke's Follies, our annual fundraising luncheon, was cancelled in 2020, resulting in lost revenues for multiple FTJ programs.

As we navigate these challenging times, Franke Tobey Jones ~ Drive It Forward is combining these two fundraising efforts to raise funds for Where Need is Greatest.

We are honored to announce that with a lead gift of \$10,000 from FTJ resident Barbara Miener, we are 1/10 of the way there!

Please join us in reaching our goal. Every gift in any amount is deeply appreciated. Thank you!

Many thanks to our Drive It Forward Sponsors: Allwest Moving and Storage, Bright View, Pacific Automation and Sodexo.

#### **Happy Holidays One and All!**



We hope this newsletter finds you healthy and happy after one crazy year! While it's certainly been a challenging time, together we have survived and made the best of it. We all still have much in which to be grateful.

"Launching this initiative gives

a fantastic opportunity to raise

additional funds for

immediate needs," says CEO

Judy Dunn. "We are extremely

grateful to Barbara and to all

of our donors who will make

the annual fund drive even

more special and inspiring."

We wish you and your family an abundance of joy and warmth during the holidays, and strength and patience as we start the new year.

# Open For Window and Outdoor Visits



Resident Janet Broback with her daughters: Shelley Northrop Broback Southern CA; Heidi Broback Rowntree, Gig Harbor; Jill Broback Tsu, Bothell, WA; Becky Broback Conolly; New York State

We are open for outdoor and window visits for Skilled Nursing, Memory Care and Assisted Living residents/family members. FTJ has designated areas for residents and families to visit through the window when the weather is not cooperating for outdoor visits. These areas offer privacy and social distancing. There are some visitation areas that are covered for families to stay out of the elements. We are following the DOH Outdoor/Window Visitation Guidance document which is subject to change. If you would like to visit a loved one in any of our care areas, please call 253-752-6621 to make a reservation. While making your reservation, please ask for the guidelines. If your loved one lives in independent living, you do not need a reservation to make an outside or window visit. We are also still offering virtual meetings as well.



Family Outdoor Visit