

5340 N. Bristol Street Tacoma, WA 98407 P: 253-752-6621 F: 253-756-1862

FrankeTobeyJones.com Facebook.com/ FrankeTobeyJones

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a Senior University enrichment course. Expand your knowledge, the opportunities are endless.

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What You Need To Know About Moving Into A Senior Living Community During A Pandemic Cover Story

FTJ Senior University Class Highlights ~ September—October 2020

Reflections on 9/11 at the World Trade Center

Hear a first-hand account of rescue and recovery efforts in NY after 9/11 and how it changed US policy toward emergency management and preparedness for terrorism and other hazards. Zoom Meeting Wednesday, September 9, 2:00 p.m. https://us02web.zoom.us/j/4466409145?pwd=MIZGbHcvUUxQbTdLSHZBUktUa1VrUT09 Meeting ID: 446 640 9145, Passcode: 5GebTV

Creative Writing: Creative Nonfiction

Work on one or more pieces of creative nonfiction, combining your own subject matter expertise with personal reflections and learned experience. Class time will consist of reading and discussing passages from select works of creative nonfiction, and discussion of each other's work. Wednesdays, September 9 & September 23 (through November). Must preregister: jwennstrom@franketobeyjones.com. 10:00 am – 12:00 pm, Zoom Meeting

AARP Living Longer, Living Smarter - Your Finances and Your Wishes

Learn about retirement income and the cost of long-term care. Also, consider how you want your medical care and finances handled if you're unable to make decisions. ZOOM presentation, Wednesday, October 21, 11:00 am. Registration required in advance for this meeting: https://aarp.cvent.com/Oct21LLLS

Pierce County 2020 Alzheimer's Conference

This is a free on-line event every Thursday in September with live presentations and Q and A at 1:00 p.m. (This is not a FTJ Sr. University sponsored event, but a highly recommended event).

- ⇒ September 3—Isolation During the Pandemic
- ⇒ September 10—Dementia Friendly Activities
- ⇒ September 17—Handling Challenging Behaviors
- ⇒ September 24—Legal and Financial Planning

Advance Registration: call 253-798-4600 or on line at https://www.piercecountywa.gov/ALZ

Watch Online or Listen by Phone: Link and phone numbers provided at registration. Recordings of sessions available later at piercecountywa.gov/ ALZ

More Information Aging & Disability Resource Center 253-798-4600 or 800-562-0332.

Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations, along with others who have retired with rich career experiences. Most classes are offered free. **Go to www.FrankeTobeyJones.com for a full class schedule.**

FRANKELY, WE'VE GOT IT!

news, events, and opportunities for our community



September/October 2020

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Frankely, We've Got It
Editor: Christine Hall

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Resident, Jane Schuneman, with an appreciative audience

What You Need To Know About Moving Into A Senior Living Community During A Pandemic

You or your loved one may need to move into a senior living community, but during the COVID outbreak you can't just head over to a community or two and check them out. It turns out there's a thing or two you need to know about moving into a senior community during a pandemic. "The move-in experience is totally new." says Michelle Olafson, FTJ Director of Admissions.

The first thing to know: It's almost all virtual now. "When someone contacts us about moving to Franke Tobey Jones," say Ms. Olafson, "we can easily FaceTime with the interested person. We can answer all their questions and virtually tour any apartment or building that they would like to see. Unfortunately, we can't tour someone through our entire campus during the pandemic, have a lovely meal with them in our dining room or fill out paperwork together."

The second thing to know: The process has changed. "Interested people can view our available apartments at FTJ on line, pick out their favorite apartment, download our application, send in the application with a \$750 per person deposit and either move in now, or if they are not ready, move in when the COVID restrictions are over," comments Ms. Olafson.

So if you're ready to live a maintenance free lifestyle, whether you are totally independent, need assisted living or more care, now is a good time to make that decision.

Why residing at a senior living community is so comforting during a pandemic?

Despite what you've heard on the news, many, many senior living communities have not been drastically affected by COVID and have become a very comforting place for seniors to live during the

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Featured Apartment ~ Garden Apartment #212 Independent Living



This is a two-bedroom, two-bathroom apartment plus a den and at 1,243 square feet is is one of the largest apartments we have.

Features include a view of Puget Sound, a fireplace and a laundry room. You'll find

the Garden Apartment residents super friendly.

The monthly rent of \$5,765 (\$90K buy-in) includes all these amenities:

- ⇒ Incredible Concierge located in the building
- ⇒ Lots of social activities including continental breakfast every Monday, Wednesday and Friday, and Happy Hour every Friday
- ⇒ Fully equipped kitchen and stackable washer and dryer
- ⇒ Fire, burglary, emergency services monitored on-site
- ⇒ Electricity (including A/C), gas, water, sewer, garbage, standard cable television, property taxes, building insurance, maintenance of building exterior, all grounds and common areas
- ⇒ Housekeeping every other week
- ⇒ Activities, fitness, FTJ Senior University, transportation, trips and more! Note: During COVID restrictions group activities have been cancelled.

See Lillian Pratt video at https://youtu.be/papQ7Cu Tew

You might also consider....



Bristol View #24 ~ Independent Living, \$4,990/mo. plus buy-in of \$195K.

This beautiful two bedroom, two bathroom 1,473 square foot apartment has a contemporary floor plan, fireplace, gourmet kitchen, lots of windows, a lovely view of our campus and is flooded with natural light. See Bristol View video common area at https://youtu.be/A4HxAtYGLPw



Lillian Pratt Assisted Living #215 \$3,220 mo., no buy-in

This studio apartment is on the main floor with easy access to everything. The monthly rent of \$3,220 includes three chef prepared meals daily; all utilities including local phone and basic cable; weekly housekeeping, bed linens and towels laundered and supplied weekly; fitness, activities and more. See Lillian Pratt video at https://youtu.be/papQ7Cu Tew



NEW Care Center - Skilled Nursing, starts at \$364/day

In our NEW private pay Care Center, all the rooms are private with full private bathrooms. Your care is our highest priority with a 24-hour staff of RNs, LPNs and CNAs. Some supplies and/or therapy services may be billed through Medicare B. We also take private pay/private insurance referrals. It is not necessary to live at FTJ first. We are not a designated COVID skilled nursing facility. See skilled nursing building video at https://youtu.be/LN90eaQlY94

Your needs are always a priority to us. For more information regarding these apartments, other available apartments, or any other questions you may have regarding retirement living, please call Michelle Olafson or Shirley Robbins at 253-752-6621 or visit www.FrankeTobeyJones.com.

Meet Resident Jett and John Brooks

September/October 2020



Lynn Jett Brooks was born in Illinois and lived in Alabama until she married in 1965. She attended Auburn University for two years. As an Army officer's wife, she moved about every three years until settling in this area in 1974. She completed her degree in Social

Work at PLU in 1977.

After doing social work for a few years, Jett spent several years with Pacific First Federal (later acquired by WAMU) in Mergers and Acquisitions, then as a writer and editor of corporate publications, and subsequently as a Tax Assistant. When that job moved to Seattle, Jett and John, who had married in 1989, settled on Queen Anne Hill for ten years. During that time Jett received a call to ministry and earned her Master of Divinity degree. She was ordained as an Associate Pastor in Seattle, and in 2001 she received a call to a rural church in Delta, PA.

In 2004 Jett and John moved back to Tacoma where Jett worked as a trained, intentional "Interim" minister, and she finally fully retired in 2008. In her spare time, she is an avid winning photographer and also loves sailing, traveling, and above all else, her grandchildren.

John Brooks was born in New York. spent his formative years in New Jersey and graduated with a degree in Psychology. He signed up for the Air Force during the Vietnam era, but instead of going to Vietnam, he was sent to Washington, D.C. to study French for a year before being deployed to The Democratic Republic of Congo, where he flew the B-26 and C-123.

Having reached the rank of Lieutenant Colonel, John flew C-141 cargo planes and was the Chief of Safety at McChord Air Force Base until his retirement in 1990. From there he proceeded to Boeing, where he worked in Flight Safety and taught commercial airline pilots in the Boeing 737 flight simulator for 10+ years.

John and Jett first met at church in Lakewood, WA in 1980 and will celebrate their 32nd Anniversary on January 5, 2021.

John and Jett have lived in Germany, Oklahoma, Pennsylvania and Washington, and they have traveled all over the United States as well as London, Paris, Rome, the Netherlands, Germany, Italy, Croatia, Greece, Tunisia, and Ephesus.

Jett and John love their home at FTJ in Bristol View. They especially like the quality of life on campus and appreciate being relieved of home maintenance chores (e.g. keeping up a yard, replacing a furnace or hot water heater, etc.). The peaceful, safe, and comfortable atmosphere of the FTJ campus gives John and Jett a sense of community.

Moving During A Pandemic (cont)...

pandemic. "We are open for business," says Ms. Olafson. "We're serving delicious meals, taking care of those that need care, hosting socially distant happy hours, Tea Times, Ice Cream Truck delivery, exercise and so much more! Our residents are happy and cared for!"

Residents who live in senior living communities are somewhat isolated from the community outside the senior community and in this way, remain as safe as possible from the "outside elements." Team members are also health screened every day before they start working.

We have all the advanced health and visitation protocols in place to protect residents and staff. This includes personal protective wear, safety practices and infection prevention controls. Staff is continually trained on safety and health protocols.

If you find yourself in the position of needing more care, at a senior living community such as Franke Tobey Jones that offers assisted living, skilled nursing and memory care, it's an easy transition which is coordinated by the care team.

Moreover, having your loved one in a senior living community gives the family so much peace of mind, and residents feel a sense of relief not to be a burden on their family.

"Thank you from the bottom of my heart for the AMAZING job you ALL are doing, " says Franke Tobey Jones resident family member Suzy Petrich. "I am SO grateful every single day that we were able to move my mother-in-law into FTJ last October. She never wanted to move out of her home. But she is SO completely happy there. And our family has complete peace of mind knowing that she is getting the very best care on the planet. I've been impressed from day one, and every single day since then, that FTJ is the most professional, compassionate, engaging, supportive retirement community I've ever seen. Every single staff member earns an A+ every day. I just can't thank you enough."

How has the move-in process changed during the pandemic?

There have been at least a few notable changes associated with moving during a pandemic:

It is almost all virtual. Most of the transactions happen online, from browsing to renting.

Most communities have available apartments. This was not always the case pre-COVID.

It's a more efficient experience. It will take less time for you and less effort since you are not doing a complete campus tour.

Our Personal Concierge Program. At FTJ you will work directly with one of our experienced Personal Concierge team members who will virtually hold your hand every step of the way during the process.

Your apartment home will be ready when you are. At FTJ there's no need to visit our campus, though you can tour the apartment that you've chosen. Your beautiful apartment will be ready for you as will your Personal Concierge to help show you around your new building.

You must have a COVID negative test 48 hours prior to moving in.

For the entire article go to https://www.franketobeyjones.com/what-you-need-to-know-about-moving-into-a-senior-living-community-during-a-pandemic/

For more information, call Michelle Olafson at Franke Tobey Jones 253-444-2873.

Sr. Center Awarded Grant



Through Pierce County Human Services and Federal CARES Act, our Point Defiance ~ Ruston Senior Center has been awarded \$11,000 to cover Covid-19 related expenses including new acrylic shield guards, supplies and cleaning services!

"We are extremely grateful that we were approved," says Sr Center Director Kate Gray. "The funds will provide much needed supplies to keep our seniors safe when they return. Many thanks to Pierce County Human Services!"

Although the Senior Center is physically closed during the pandemic, it still provides lunch to many people every day with a drive through system, is open online and has also offered over 100 exercise, educational and entertainment videos via the Franke Tobey Jones website.

If you would like to make a gift to the Senior Center, please contact Shelley Harris, Director of Philanthropy at 253-756-6297.

One Year Anniversary

It's hard to believe that our two new buildings, the Care Center and Bristol View opened a year ago. Where does time go?!

We would once again like to thank our generous donors who contributed to our first ever Capital Campaign. We raised over \$2.5 M to help build the new and innovative Care Center.

Because the majority of the Care Center rooms are private with private bathrooms, we believe this has been a vital factor in staving off any kind of viruses.

Our new Bristol View Apartment building is another sophisticated addition to independent senior living on our campus. Residents are enjoying this beautiful building with views of Puget Sound, Mt. Rainier and our lovely campus. While remaining independent, residents are appreciating all the benefits of FTJ offers including the occasional deer wandering in our spacious gardens!