

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a **Senior University** enrichment course. Expand your knowledge, the opportunities are endless.

If you received this newsletter by mistake or no longer want to receive it, please call us at 253.752.6621 or email chall@franketobeyjones.com Thank you!

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FTJ Takes Safety Seriously During Pandemic
See Cover Story

FTJ Senior University Class Highlights ~ January/February 2021

The Geology and Brief History of Point Defiance Park and Surroundings

This presentation will focus on the geology under our feet at Point Defiance and in Tacoma in general. Development of the park, the second-largest city park in the U.S., began in the 1890s and continues today. January 14 at 3:00 pm. Join Zoom Meeting at [https://us02web.zoom.us/j/4816003295?](https://us02web.zoom.us/j/4816003295?pwd=aXpEZEZLbVpsMFpydGZNUGYwZmNEdz09)
pwd=aXpEZEZLbVpsMFpydGZNUGYwZmNEdz09
Meeting ID: 481 600 3295
Passcode: 845170



Booster Songs for the City of Tacoma

In the early decades of the 20th century, "booster songs" were a common musical form of civic pride

all around the country. This talk will share the stories behind several of the songs, provide the opportunity to see images of the sheet music and its colorful cover artwork, as well as performances of a few examples! January 20 at 10:00 am. Join Zoom Meeting: <https://washington.zoom.us/j/95295886039>

Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations, along with others who have retired with rich career experiences. Most classes are offered free. **Go to www.FrankeTobeyJones.com for a full class schedule.**

Great Decisions Discussion Kickoff for 2021

This will be a short meeting to request your briefing book, get a copy of the program descriptions with meeting dates, and to sign up to lead discussions. You may feel free to use this opportunity to learn more about the Great Decisions discussion course and ask questions. It's also a great way to get familiar with Zoom, if you aren't already. January 28 at 3:00 pm. Join Zoom meeting at [https://us02web.zoom.us/j/83715944172?](https://us02web.zoom.us/j/83715944172?pwd=RHFVTmNuQWFJdnRIZ2NobTZpMUtVdz09)
pwd=RHFVTmNuQWFJdnRIZ2NobTZpMUtVdz09
Meeting ID: 837 1594 4172
Passcode: 845170



Many More Classes

There are many, many more classes posted on the Franke Tobey Jones website at <https://www.franketobeyjones.com/lifestyle/senior-university/online-learning-opportunities/>

FRANKELY, WE'VE GOT IT!

news, events, and opportunities for our community



January/February 2021

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Photo by Linda Tonjann

A New Day Dawns at Franke Tobey Jones

Franke Tobey Jones Takes Safety Seriously During Pandemic

This past year has been challenging for everyone living inside or outside a retirement community. We are proud to say that Franke Tobey Jones has gone above and beyond on a daily basis to help residents stay safe and healthy during the Pandemic.

"One of the reasons our campus has remained so healthy is because disinfecting is done in all our buildings throughout the day," says Jeff McQuay, our remarkable FTJ Housekeeping Supervisor. "We always use a 7-step process when cleaning which includes: 1) safety (correct Personal Protective Equipment), 2) hand hygiene, 3) damp wiping of all easy touchable surfaces, 4) infection prevention and control and use of disinfect, 5) routine floor care, 6) waste handling and 7) restroom cleaning. We also have a back-pack fogger to sanitize rooms after a deep clean."

The FTJ vehicles are also cleaned and sanitized before and after each resident trip, drivers always wear PPE and residents are asked to sit in the back of vehicles as a social distancing practice.

"Franke Tobey Jones is an excellent community," comments Alison Yeager, a resident family member. "The staff are friendly, well qualified, attentive, and they care about their residents. Their response to COVID has been stellar. It's such a comfort knowing my mother is in such good hands, especially during these difficult times."

Featured Apartment ~ Lillian Pratt #345 Assisted Living

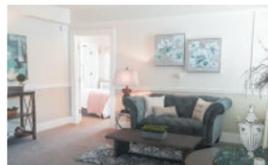


This two bedroom, two bathroom corner apartment with lots of windows is one of the largest in assisted living. It is designed for spacious living and is move-in ready. It includes a full kitchen and washer/dryer (which many of our assisted living apartments do not have). Moreover, there is an extra room for storage. This is an ideal apartment for a couple...and a must see! The monthly rent of \$8,260 (no buy-in) includes:

- ⇒ **Three meals daily with waited dining service;**
- ⇒ **All utilities** including local phone and basic cable;
- ⇒ **Weekly housekeeping**, bed linens and towels laundered/supplied;
- ⇒ **Transportation** to medical appts. 5 days/week and shopping weekly;
- ⇒ **Emergency alert features**; front desk concierge; window coverings;
- ⇒ Depending on your **level of care**, you choose your services including: Medication administration, supervision and other nursing services;
- ⇒ **If more care is needed**, close access to care in the Care Center offers peace of mind for residents and family members.

* A Level of Care charge is added to the monthly rent (\$390—\$3,090). With this level of care charge you have access to RNs or LPNs on the premises 24 hours a day in addition to Certified Nursing Assistants.

You might also consider....



Tobey Jones Building #375, \$4,840/Month (no buy-in)

This one bedroom, 625 square foot apartment has a large bedroom and very large bathroom with lots of light. It includes a good size kitchenette and nice view. See apartment #375 video at <https://youtu.be/2suclPqSxkg>



Duplex 7A, \$4,130/month, \$150K buy in

It's extremely rare that we have a duplex cottage available. If you are interested, this is a great opportunity for you. Our duplex cottages are absolutely beautiful and are located in a peaceful setting. Each two-bedroom, two bathroom Duplex Cottages has 1,344 square feet of living space plus a 374 square foot garage. See Duplex 2A (same as 7A) video at <https://www.youtube.com/watch?v=qneQAn5-VPw&t=8s>.



NEW Care Center - Skilled Nursing, starts at \$380/day

In our NEW private pay Care Center, all the rooms are private with full private bathrooms. Your care is our highest priority with a 24-hour staff of RNs, LPNs and CNAs. Some supplies and/or therapy services may be billed through Medicare B. We can assist with long term care insurance. **It is not necessary to live at FTJ first.** We are not a designated COVID skilled nursing facility. See skilled nursing building video at <https://youtu.be/LN90eaQIY94>

Your needs are always a priority to us. For more information regarding these apartments, other available apartments, or any other questions you may have regarding retirement living, please call Michelle Olafson or Shirley Robbins at 253-752-6621 or visit www.FrankeTobeyJones.com.

Meet Resident Lura Murphy



Lura was born in CA and moved to WA when she was two years old. She attended college in Ellensburg in 1946 which was a very exciting time to be a college student as many World War II Veterans were coming home and going to college! She met her future husband, Jim, there, and they were married in 1947.

In their early years of marriage, Jim worked as a seasonal ranger in Olympic National Park. Lura loved the summers in the park, and she and Jim had a wonderful time there. In 1955 Lura and Jim had their son, David, and she felt blessed to stay home and raise him.

In 1953 Jim took a job as the Shop Teacher at Fife High School, and Lura worked as the librarian at the middle school beginning in 1970. In 1969, Lura went back to school in Ellensburg to earn her teaching degree. Because of the commute, she lived on campus during the week.

In 1978 Jim passed away shortly before he retired. Lura applied for a job with the Department of Defense Dependents and accepted a job at a middle school in Panama with the task of creating a Visual Center Library. Because she did not want to make a multi-year commitment to stay in Panama, after one year she returned to Fife Middle School to run their Visual Center Library.

Lura retired in 1989, and after a year of boredom she started volunteering as a docent at the Point Defiance Zoo which she loved. At one time, Lura's job was to take the animals around the zoo for visitors to see, interact with and learn about. She truly enjoyed her relationships with the animals, especially the elephants.

Lura loves to take cruises and cherishes the five trips to Great Britain including Wales. She also loves to walk and enjoyed a 120-mile walking tour in Europe! Moreover, Lura enjoys reading.

Lura is happy with her life at Franke Tobey Jones and is very glad to be living here. She has made wonderful friends and truly enjoys the fellowship at meals, trips and socials (in non-COVID times). She also loves to read and volunteers on the Library Committee. We're so happy the Lura is part of our Franke Tobey Jones Family.

How Do FTJ Residents Stay Connected and Active?

Aside from our stringent safety measures, every effort is made to engage with and maintain the health of our residents as well as help them stay connected to family and loved ones. Through weekly door to door happy hours, hallway exercise, ice cream delivery in the summer, outside and window visits, Facetime



calls, help with virtual doctor's appointments and other immediate needs, our residents are involved and healthy.

We also have our Personal Concierge Service. These team members are the direct-connect for residents, family members and FTJ staff. Each resident on campus has their own Personal Concierge. "Our Personal Concierge team members are absolutely the best," says Michelle Olafson, FTJ Director of Admissions. "They keep in touch with residents and resident family members, host

Facetime and other virtual visits/appointments, assist in window and outside visits, run errands for residents, answer questions and more.

"I have really appreciated the connection FTJ has been able to maintain with our family during the COVID-19 crisis," says Lori Mann, a resident family member. "It's been great having someone onsite who can assist Mom. The recent help she got from the Facilities Team was just one great example. They were so nice, and mom was so happy to have items she needed brought up from her basement storage locker. Our whole family appreciates the entire staff at FTJ for all you do for her."

If you are isolated in your own house, still maintaining your home and garden, in charge of shopping and preparing meals and would like to make a change, FTJ is a perfect choice. We have beautiful independent and assisted living apartments available. The benefits include our delicious chef prepared meals, housekeeping, transportation services, on-site Bistro food delivery, check cashing (up to \$100) and hair salon, weekly door to door happy hours, exercise and the help of a Personal Concierge during COVID.

"My wife and I have lived at Franke Tobey Jones since 2018," says resident Kurt Graff. "The staff is absolutely the best! The meals are outstanding and the community is beautiful. During COVID-19, the staff has shown itself to be resourceful and innovative in keeping all of their residents safe. We highly recommend FTJ."

You can see our available apartments and other campus and building videos on the FTJ website at <https://www.franketobeyjones.com>.

We can also connect with you via Facetime if you would like an "in-person" video tour. Once you choose an apartment, you can tour it in-person, and complete online paperwork for your move-in now or later.

For more information please contact us at 253-752-6621.

December Merriment

With all parties and entertainment cancelled in December due to COVID, we knew it would be a very challenging time for all our 360 residents and team members. To help bring some joy, we created the *10 Days of Merriment* which was hosted the weeks of December 7 and 14.

During these days of celebration, every person received a stocking that was filled with treats. There were also large holiday cutouts in which each person could write down their favorite holiday memory or for what they are grateful. Their written



responses were displayed around campus. So many touching thoughts and stories! One of our beloved holiday trees is the "Tea

Cup Tree" in which residents over the years have donated signed tea cups to be hung on the tree. During Merriment both residents and staff donated signed and dated tea cups to be included on this tree. Also given out were holiday tumblers and mugs filled with treats, a seven-color blinking martini glass, tree cakes, holiday fortune cookies, snowman and ginger-bread cookies, and more. In addition, a different holiday drink was served daily. A great, social distant time was had by all!

"It's hard to express my gratitude for all you have put together for those of us sheltering-in-

place this unusual season," says resident Pat and her beloved dog Ms. Mac. "The 10 Days of Merriment with drinks and treasurers; the myriad



of beautiful trees, lighted and sparkling through the gloom, spreading cheer through windows or live in our living room; the delicious candy and cookies, all so different on our palates. We are grateful beyond measure for the extra time, effort and good cheer all of you imparted in your rounds. Thank you for keeping us safe, happy and cheered. Our affection, admiration and inexpressible thanks."