

January/February 2021

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
9:30 Coffee Circle (TAA) 10:00 Quick Cardio (TAA) 10:30 Piggy Bankers IN2L (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Finish the Lyric (TAA)  1:30 Taboo Game (TAA) 2:00 Afternoon Snack 2:30 Trivia Challenge (TAA) 4:30 Dinner	9:30 Morning News (TAA) 10:00 A Gentle Stretch (TAA) 10:30 Name that Sound IN2L (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Random Trivia (TAA) 1:30 Finish the Phrase (TAA) 2:00 Afternoon Snack 2:30 Pictionary (TAA)  4:30 Dinner	9:30 Morning Chat (TAA) 10:00 Seated Exercise (TAA) 10:30 Well Grounded (TAA) 11:15 Transition Time 11:30 Lunch 1:00 You be the Judge (TAA)  1:30 Name that Instrument (TAA) 2:00 Afternoon Snack 2:30 Hangman (TAA) 4:30 Dinner Ground Hog Day	9:30 Coffee Circle (TAA) 10:00 Quick Cardio (TAA) 10:30 What Am I? (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Musical Trivia IN2L (TAA) 1:30 Paper Puzzles (TAA) 2:00 Happy Hour  2:45 Bingo (TAA) 4:30 Dinner	9:30 Morning News (TAA) 10:00 Chair Yoga (TAA) 10:30 Lucky Dice (TAA)  11:00 Finish The Picture (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Bronze Star Day (TAA)  1:30 Balloon Ball (TAA) 2:00 Afternoon Snack 2:30 Armchair travels with Rick Steves (TAA) 4:30 Dinner	9:30 Coffee & Chats (TAA) 10:00 Seated Strength (TAA) 10:30 Bingo (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Watercolor Project (TAA)  2:00 Afternoon Snack 2:30 Name that Tune (TAA) 4:30 Dinner	9:30 Coffee and Chats (TAA)  10:00 Chair Aerobics (TAA) 10:30 Finish the Title: Beatles Edition (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Afternoon Movie (CNAs) 4:30 Dinner

CNA= CNA run group
TAA= Therapeutic Activity Assistant run group.
WS= Wellness Staff



February 2021



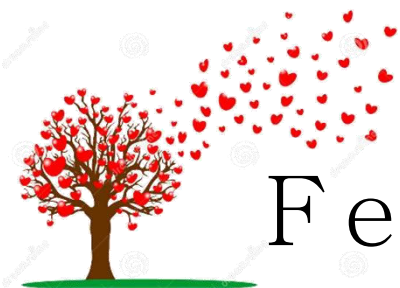
FRANKE TOBEY JONES
Enjoy your age.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
9:30 Morning News (TAA) 10:00: Tai Chi (TAA) 11:30 Lunch 1:00 Brunch Junk Drawer (TAA) 1:30 Football Trivia (TAA) 2:00 Super Bowl Tailgate Party Kick Off (TAA) 2:30 Football Fill In (TAA) 3:30 Super Bowl Game  4:30 Dinner Superbowl Sunday	9:30 Morning Social (TAA) 10:00 Chair Aerobics (TAA) 10:30 Animal Trivia IN2L (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Name That Sound iN2L (TAA)  1:30 Who Am I? (TAA) 2:00 Afternoon Snack 2:30 Finish the Lyric (TAA) 4:30 Dinner	9:30 Coffee & News (TAA) 10:00 Seated Stretch (TAA) 10:45 Trivia (TAA) 11:15 Transition Time 11:30 Lunch 1:00 RINGS Category Game (TAA) 1:30 Fly Ball (TAA) 2:00 Afternoon Snack 2:30 Piggy Bankers iN2L (TAA) 4:30 Dinner	9:30 Good News Review (TAA) 10:00 Quick Cardio (TAA) 11:00 Taboo Game 11:15 Transition Time 11:30 Lunch 1:00 Armchair Travels (TAA) 2:00 Happy Hour  2:45 Pictionary 4:30 Dinner	9:30 Morning News (TAA) 10:00 Seated Strength (TAA) 10:30 Remembering Love Songs (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Love in the City of Romance (Venice, Italy) Trivia (TAA) 2:00 Afternoon Snack/ Travels to Venice with Rick Steves 2:30 Hangman 4:30 Dinner	9:30 Good News Review (TAA) 10:00 Chair Yoga (TAA) 10:30 Chinese New Year Trivia (TAA) 11:00 You be the Judge (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Finish the Phrase (TAA) 1:30 Chinese New Year Wordsearch (TAA) 2:00 Afternoon Snack 2:30 Armchair Travels to China (TAA) 4:30 Dinner Chinese New Year 	9:30 Coffee and Chats (TAA) 10:00 Chair Cardio (TAA) 10:30 Bingo (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Afternoon Movie

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W\$= Wellness Staff



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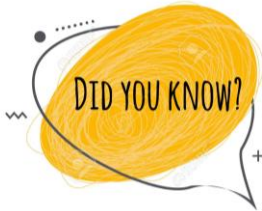
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
9:30 Coffee Circle (TAA)	9:30 Good News (TAA)	9:30 Coffee & News (TAA)	9:30 Coffee Circle (TAA)	9:30 Morning News (TAA)	9:30 Coffee and Chats (TAA)	9:30 Morning Social (TAA)
10:00 Chair Aerobics (TAA)	10:00 Chair Dancing (TAA)	10:00 Seated Cardio (TAA)	10:00 Seated Strength (TAA)	10:00 A Gentle Stretch (TAA)	10:00 Seated Stretch (TAA)	10:00 Chair Cardio (TAA)
10:30 A Language of Love: Italian Poetry (TAA)	10:30 Compliment Card Craft	10:30 What Am I? Holiday Edition (TAA)	10:30 Classical Music – Vivaldi's The Four Seasons (TAA)	10:30 Bingo	10:30 Food for Thought: Olive Oil—A Taste of Italy (TAA)	10:30 Card Game “Uno” (TAA)
11:15 Transition Time	11:15 Transition Time	11:15 Transition Time		11:15 Transition Time		
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
1:00 Valentine's Day Craft (TAA)	1:00 President's Day Trivia (TAA)	1:00 Mardi Gras Krewes (TAA)	1:00 History of Wine (TAA)	1:00 Painting Project (TAA)	1:00 Bingo (TAA)	1:00 Afternoon Movie
2:00 Afternoon Snack						
2:30 History of Valentine's Day (TAA)	1:30 Hangman (TAA)	2:00 Mardi Gras Celebration (TAA)	2:45 Wine Tasting	2:00 Afternoon Snack	2:00 Root Beer Floats	
4:30 Dinner	2:00 Afternoon Snack	2:30 Mardi Gras Mask Art (TAA)	4:30 Dinner	2:30 Hello to Hedgehogs! (TAA)	2:30 Finish the Phrase (TAA)	
Valentine's Day	2:30 Horse Racing Game (TAA)	4:30 Dinner	Ash Wednesday	4:30 Dinner	4:30 Dinner	
	4:30 Dinner	Mardi Gras				
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21	22	23	24	25	26	27
9:30 Coffee Circle (TAA) 10:00 Quick Cardio (TAA) 10:30 What Am I? (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Messy Art Project (TAA) 2:00 Afternoon Snack 2:30 Famous Movie Quotes (TAA)  4:30 Dinner	9:30 Good News (TAA) 10:00 Seated Strength (TAA) 10:30 The Legendary Lana Turner (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Fly Ball (TAA) 1:30 History of the Margarita (TAA)  2:00 Margarita Monday (TAA) 2:30 Trivia IN2L (TAA) 4:30 Dinner National Margarita Day	9:30 Morning Social (TAA) 10:00 Chair Cardio (TAA) 10:30 You be the Judge (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Washers Game (TAA) 1:30 History of Girl Scout Cookies (TAA)  2:00 Girl Scout Cookie Tasting (TAA) 2:30 Name that Tune (TAA) 4:30 Dinner	9:30 Coffee Circle (TAA)  10:00 Tai Chi (TAA) 10:30 Who Am I? (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Watercolor Project 2:00 Happy Hour (TAA)  2:45 Piggy Bankers IN2L (TAA) 4:30 Dinner	9:30 Morning News (TAA) 10:00 Chair Aerobics (TAA) 10:30 The Joyous Stories of Purim (TAA) 11:00 Purim 101 (TAA) 11:15 Transition Time 11:30 Lunch 1:00 What's the Price on IN2L (TAA) 2:00 Afternoon Snack 2:30 Pictionary 4:30 Dinner Purim 	9:30 Coffee & Chats (TAA) 10:00 Seated Stretch (TAA) 10:30 Bingo (TAA)  11:15 Transition Time 11:30 Lunch 1:00 The Man in Black: Johnny Cash (TAA) 1:30 Finish the Phrase (TAA) 2:00 Afternoon Snack 2:30 Mandala Coloring Project (TAA) 4:30 Dinner	9:30 Coffee and Chats (TAA) 10:00 Chair Cardio 10:30 Trivia Challenge  11:15 Transition Time 11:30 Lunch 1:00 Afternoon Movie

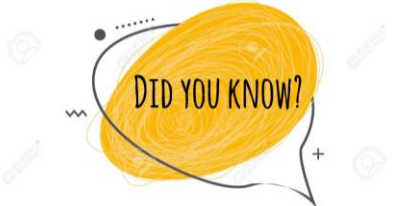
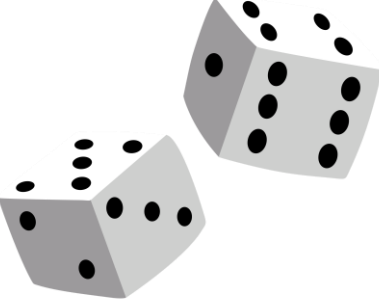
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2	3	4	5	6
9:30 Coffee Circle (TAA) 10:00 Tai Chi (TAA) 10:30 Flower Arranging (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Name That Instrument (TAA) 2:00 Afternoon Snack 2:30 Random Trivia (TAA) 4:30 Dinner Floral Design Day CNA= CNA run group TAA= Therapeutic Activity Assistant run group. Ws= Wellness Staff	9:30 Morning Social (TAA) 10:00 A Gentle Stretch (TAA) 10:30 Finish the Lyrics (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Trivia Challenge (TAA) 1:30 Wordsearch Challenge (TAA) 2:00 Afternoon Snack 2:30 Truth or Blarney (TAA)  4:30 Dinner	9:30 News Currents (TAA) 10:00 Chair Dancing (TAA) 10:30 You Be the Judge (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Fly Ball (TAA) 1:30 Searching for March Wordsearch (TAA) 2:00 Afternoon Snack 2:30 Horse Racing Game (TAA)  4:30 Dinner	9:30 Coffee Circle (TAA) 10:00 Seated Strength (TAA) 10:30 Bingo  11:15 Transition Time (TAA) 11:30 Lunch 1:00 Taboo Game (TAA) 2:00 Happy Hour (TAA)  2:45 Pictionary (TAA) 4:30 Dinner	9:30 Morning News (TAA)  10:00 Chair Aerobics (TAA) 11:00 Piggy Bankers IN2L (TAA) 11:15 Transition Time 11:30 Lunch 1:00 What Am I (TAA) 1:30 Lucky Dice (TAA)  2:00 Afternoon Snack 2:30 Armchair Travels with Rick Steves (TAA) 4:30 Dinner	9:30 Coffee & Chats (TAA) 10:00 Exercise Group (TAA) 10:30 Star of the Month- Steve McQueen (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Washer Challenge (TAA) 1:30 Hangman (TAA) 2:00 Root Beer Floats (TAA)  2:30 Finish the Lyric (TAA) 4:30 Dinner	9:30 Coffee and Chats (TAA)  10:00 Chair Cardio (TAA) 10:30 Remember the Alamo Day (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Afternoon Movie