

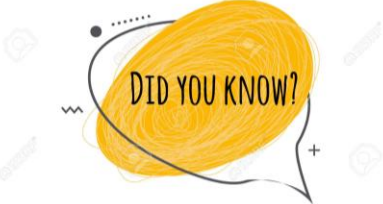




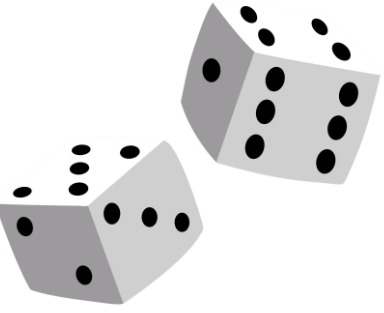




February/March 2021



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2	3	4	5	6
<p>9:30 Coffee Circle (TAA)</p> <p>10:00 Tai Chi (TAA)</p> <p>10:30 Flower Arranging (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Name That Instrument (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Random Trivia (TAA)</p> <p>4:30 Dinner</p> <p>Floral Design Day</p> <p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>	<p>9:30 Morning Social (TAA)</p> <p>10:00 A Gentle Stretch (TAA)</p> <p>10:30 Finish the Lyrics (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Trivia Challenge (TAA)</p> <p>1:30 Wordsearch Challenge (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Truth or Blarney (TAA)</p>  <p>4:30 Dinner</p>	<p>9:30 News Currents (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 You Be the Judge (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Fly Ball (TAA)</p> <p>1:30 Searching for March Wordsearch (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Horse Racing Game (TAA)</p>  <p>4:30 Dinner</p>	<p>9:30 Coffee Circle (TAA)</p> <p>10:00 Seated Strength (TAA)</p> <p>10:30 Bingo</p>  <p>11:15 Transition Time (TAA)</p> <p>11:30 Lunch</p> <p>1:00 Taboo Game (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:45 Pictionary (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning News (TAA)</p>  <p>10:00 Chair Aerobics (TAA)</p> <p>11:00 Piggy Bankers IN2L (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 What Am I (TAA)</p> <p>1:30 Lucky Dice (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Armchair Travels with Rick Steves (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Coffee & Chats (TAA)</p> <p>10:00 Exercise Group (TAA)</p> <p>10:30 Star of the Month- Steve McQueen (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Washer Challenge (TAA)</p> <p>1:30 Hangman (TAA)</p> <p>2:00 Root Beer Floats (TAA)</p>  <p>2:30 Finish the Lyric (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Coffee and Chats (TAA)</p>  <p>10:00 Chair Cardio (TAA)</p> <p>10:30 Remember the Alamo Day (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie</p> <p>4:30 Dinner</p>







March 2021

Memory Care – Life Enrichment



FRANKE TOBEY JONES
Enjoy your age



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
9:30 News Update (TAA) 10:00 Chair Yoga (TAA) 10:30 Trivia Challenge (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Watercolor Project (TAA)  2:00 Snack 2:30 What's the Price on IN2L (TAA) 4:30 Dinner CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff	9:30 Coffee and Chats (TAA)  10:00 Seated Cardio (TAA) 10:30 Modern Jeopardy Trivia (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Fly Ball (TAA) 1:30 Finish the Lyrics (TAA) 2:00 Margarita Monday (TAA)  2:30 Name That Sound on IN2L (TAA) 4:30 Dinner	9:30 Morning News (TAA) 10:00 Easy Stretch (TAA) 10:30 Interesting Facts About Ireland (TAA) 11:15 Transition Time 11:30 Lunch 1:00 International Women's Day (TAA) 1:30 You Be the Judge (TAA)  2:00 Snack 2:30 Pictionary (TAA) 4:30 Dinner	9:30 Good News (TAA) 10:00 Quick Cardio (TAA) 10:30 Piggy Bankers (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Name That Instrument (TAA) 2:00 Happy Hour (TAA)  2:30 Guess Who? (TAA) 4:30 Dinner	9:30 News Update (TAA) 10:00 Seated Strength (TAA) 10:30 March EZ Does It Trivia (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Getting to Know Johnny Appleseed (TAA) 1:30 Armchair Travels with Rick Steves (TAA) 2:00 Snack 2:30 Words in a Word (TAA) 4:30 Dinner	9:30 Coffee and Chats (TAA)  10:00 Chair Dancing (TAA) 10:30 Trivia Challenge (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Who Am I (TAA) 2:00 Hot Chocolate Social (TAA) 2:30 Horse Racing Game (TAA)  4:30 Dinner	9:30 Morning Social (TAA) 10:00 Seated Exercise (TAA) 10:30 Reminiscing About Nat King Cole (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Afternoon Movie  4:30 Dinner

March 2021

Memory Care – Life Enrichment



FRANKE TOBEY JONES
Enjoy your age.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
9:30 Coffee and Chats (TAA)  10:00 Tai Chi (TAA) 10:30 Religious Music and Service (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Bingo (TAA)  2:00 Snack 2:30 Roll a Leprechaun (TAA) 4:30 Dinner Daylight Savings	9:30 Good Morning News (TAA) 10:00 Simple Stretch (TAA) 10:30 Beware the Ides of March (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Who Am I? (TAA) 2:00 Hot Chocolate (TAA) 2:30 St. Patrick's Day Trivia on IN2L (TAA)  4:30 Dinner	9:30 News Update (TAA) 10:00 Seated Cardio (TAA) 10:30 Finish the Phrase (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Shamrock Art  2:00 Snack 2:30 Happy St. Patrick's Day Wordsearch (TAA) 4:30 Dinner	9:30 Morning Social (TAA) 10:00 Noodle Exercise (TAA) 10:30 Name That Tune- Irish Edition (TAA)  11:15 Transition Time 11:30 Lunch 1:00 History of St. Patrick's Day (TAA) 2:00 Snack and History of the Irish Dance (TAA) 2:30 St. Patrick's Day Art Project (TAA) 4:30 Dinner St. Patrick's Day	9:30 Coffee and Chats (TAA)  10:00 Chair Yoga (TAA) 10:30 Piggy Bankers (TAA)  11:15 Transition Time 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Snack 2:30 Trivia Challenge on IN2L (TAA) 4:30 Dinner	9:30 Good News (TAA) 10:00 Seated Strength (TAA) 10:30 Jeopardy Trivia (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Fresh Fruit Demonstration (TAA) 2:00 Root Beer Float Social (TAA)  2:30 RINGS Word Game (TAA) 4:30 Dinner	9:30 Coffee Circle (TAA) 10:00 Quick Cardio (TAA) 10:30 Spring Cleaning Detective (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Afternoon Movie 4:30 Dinner Spring Equinox
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March 2021

Memory Care – Life Enrichment




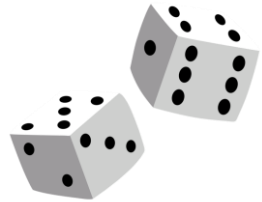






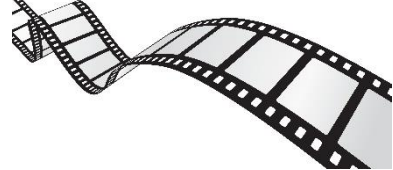
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
<p>9:30 Morning Social (TAA)</p> <p>10:00 Quick Cardio (TAA)</p> <p>10:30 Who Am I? (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Art Project (TAA)</p> <p>2:00 Snack</p> <p>2:30 Name that Instrument (TAA)</p>  <p>4:30 Dinner</p>	<p>9:30 Coffee and Chats (TAA)</p>  <p>10:00 Chair Yoga (TAA)</p> <p>10:30 Pictionary (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 More Jeopardy Trivia (TAA)</p> <p>2:00 Margarita Monday (TAA)</p>  <p>2:30 Washers Challenge (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Good News (TAA)</p> <p>10:00 Chair Aerobics (TAA)</p> <p>10:30 Piggy Bankers (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Mini Bundt Cake Decorating (TAA)</p>  <p>2:00 Snack</p> <p>2:30 You Be the Judge (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning Chats (TAA)</p> <p>10:00 Noodle Exercise (TAA)</p> <p>10:30 Hangman (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Happy Birthday Robert Frost (TAA)</p> <p>1:30 Name that Animal (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Paper Puzzles (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Coffee Circle (TAA)</p> <p>10:00 Seated Strength (TAA)</p> <p>10:30 Name That Sound on IN2L (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Finish the Phrase (TAA)</p> <p>1:30 Crafts & Make-It-Yourself Trivia (TAA)</p> <p>2:00 Snack</p> <p>2:30 Flyball (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News Update (TAA)</p>  <p>10:00 Quick Cardio (TAA)</p> <p>10:30 A Rainbow of Colors (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Bingo (TAA)</p>  <p>2:00 Italian Soda Social (TAA)</p> <p>2:30 Pictionary (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning News (TAA)</p> <p>10:00 Seated Strength (TAA)</p> <p>10:30 Trivia on IN2L (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie</p> <p>4:30 Dinner</p>
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. W\$= Wellness Staff</p>						



March/April 2021

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
9:30 Morning Social (TAA) 10:00 Tai Chi (TAA) 10:30 Name that Sound on IN2L (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Birdhouse Painting (TAA)  2:00 Snack 2:30 Holi Festival and Word Search (TAA) 4:30 Dinner CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff	9:30 Coffee Circle (TAA) 10:00 Seated Strength (TAA) 10:30 Color by Number (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Life Hacks (TAA) 1:30 Piggy Bankers on IN2L (TAA) 2:00 Hot Chocolate (TAA) 2:30 Lucky Dice (TAA)  4:30 Dinner	9:30 News Update (TAA)  10:00 Chair Yoga (TAA) 10:30 Wordsearch Challenge (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Remembering Avon Products (TAA) 1:30 Finish the Lyric (TAA) 2:00 Snack and Vacation with Rick Steves 2:30 Trivia on IN2L (TAA) 4:30 Dinner Virtual Vacation Day	9:30 News Update (TAA) 10:00 Quick Cardio (TAA) 10:30 Kraft Foods: More Than Sliced Cheese (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Happy Birthday Eiffel (TAA)  1:30 Virtual Tour of France (TAA) 2:00 Happy Hour (TAA)  2:30 Learn a Little French (TAA) 4:30 Dinner	9:30 Good News (TAA) 10:00 Chair Aerobics (TAA) 10:30 Stress Management 101 (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Flyball (TAA) 1:30 Pictionary (TAA) 2:00 Snack  2:30 You Be the Judge (TAA) 4:30 Dinner	9:30 Morning Social (TAA) 10:00 Simple Stretch (TAA) 10:30 What's the Price on IN2L (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Bingo (TAA)  2:00 Root Beer Float Social (TAA) 2:30 Crafts from A to Z (TAA) 4:30 Dinner	9:30 Coffee and Chats (TAA) 10:00 Seated Cardio (TAA) 10:30 Finish the Lyric (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Afternoon Movie  4:30 Dinner