






Catholic Community Services Senior Nutrition Program

2021

Mon	Tue	Wed	Thu	Fri	
3 Lemon Pepper Baked Cod Potatoes Au gratin Pineapple Upside Down Cake	4 Chefs Salad w/ Turkey Cheese & Egg Beans & Peas Breadsticks Peaches	5 Beef & Rice Burrito Salsa & Guacamole Sour Cream Cucumber Tomato Salad Sautéed Cinnamon Apples	6 Spaghetti w/Beef Green Beans Garlic Bread Pears	NO FRIDAY MEALS!	
10 May 9 Sweet & Sour Pork Vegetables Rice Fortune Cookie Ice Cream 	11 Amandine Fish Broccoli Wheat Roll Orange Lemon Bar	12 Beef & Pepper Steak Brussel Sprouts Pound Cake w/Strawberries Whipped Cream	13 Vegetable Lasagna Green Beans Sautéed Cinnamon Apples		14
17 Salisbury Steak w/Gravy Mashed Potatoes Sautéed Spinach Fig Newton	18 Honey Dijon Chicken Potatoes Beets Peaches	19 Pork Tenderloin Bake Spinach Butternut Squash Grapes Oatmeal Cookies	20 Pork Soft Tacos Mexicali Veggies Rice Salsa & Sour Cream Banana		21
24 Omelet Sausage Patty Hashbrowns Honey Dew Melon Apple Juice	25 Chicken Fajita w/ Bell Peppers & Zucchini Rice, Salsa Guacamole, Sour Cream Peaches	26 Swiss Cheese Burger Lettuce & Tomatoes Sweet Potato Fries Mixed Berries	27 Beef Chili Con Carne Sautéed Carrots Spinach Cornbread Pears		28
31 CLOSED FOR MEMORIAL DAY ***** 					
					

This Menu is subject to change

Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.