

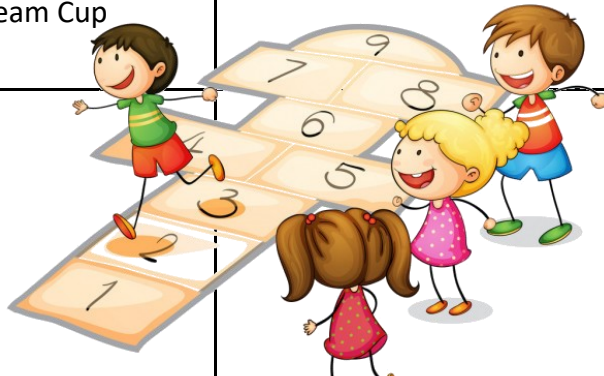


JUNE

Catholic Community Services Senior Nutrition Program

2021

Mon	Tue	Wed	Thu	Fri
	1 BBQ Pork Open Face Sandwich Green Beans Carrot Raisin Salad Lemon Bar	2 Salmon Filet Wild Rice Caesar Salad Wheat Roll Ice Cream	3 Beef Tostada Refried Beans Mandarin Oranges Lemon Pudding	4
7 Chicken Cacciatore Zucchini & Tomato Medley Wheat Roll Pears	8 Meatloaf Potatoes & Gravy Carrots Oranges	9 Beef Stuffed Peppers Spanish Rice Salsa Lemon Bar	10 Philly Cheese Sandwich Brussel Sprouts Grapes	11
14 Beef Macaroni Broccoli Wheat Roll Applesauce	15 Chicken Cheese Taco Cauliflower Salsa Guacamole Caramelized Bananas	16 BBQ Pork Loaded Baked Potato Lemon Garlic Broccoli & Parmesan Applesauce	17 Baked Cod Roasted Mediterranean Veggies Oatmeal Raisin Cookie Wheat Roll	18
 20 Sunday Father's Day!	21 Chicken Potato and Pea Salad Wheat Roll Grapes Orange Sherbet	22 Hungarian Goulash Broccoli Pound Cake Strawberries Whipped Cream	23 BBQ Chicken Pasta Salad Green Beans BBQ Pinto Beans Ice Cream Pineapple Sauce	24 Beef Stir Fry Fried Rice w/Egg Peas & Carrots Fortune Cookie Ice Cream Cup
28 Pork Chops w/Apples Cucumber Tomato Feta Salad Rice Pudding	29 Creamy Tomato Pork Fettuccine Green & Yellow String Beans Wheat Rolls Tropical Fruit Cocktail	30 Fish & Chips Coleslaw Yogurt Strawberry Rhubarb Compote		

NO FRIDAY MEALS!

This Menu is subject to change

Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.