



Catholic Community Services Senior Nutrition Program

2021

Mon	Tue	Wed	Thu	Fri
			1 Omelet Sausage Patty Hashbrowns Honey Dew Melon Apple Juice	2 <div> Served </div>
5 CLOSED FOR 	6 Swiss Cheese Burger Lettuce & Tomatoes Sweet Potato Fries Mixed Berries	7 Pork Tenderloin Bake Spinach Butternut Squash Grapes Oatmeal Cookies	8 Beef Lasagna Green Beans Sautéed Cinnamon Apples	9 <div> Served </div>
12 Chefs Salad W/ Turkey Cheese & Egg Beans & Peas Breadsticks Peaches	13 Salisbury Steak w/ Gravy Mashed Potatoes Sautéed Spinach Fig Newton	14 Oven Fried Chicken Roasted Potatoes Broccoli Wheat Roll Orange	15 Amandine Fish Broccoli Wheat Roll Orange Lemon Bar	16 <div> Served </div>
19 Spaghetti W/ Beef Green Beans Garlic Bread Pears	20 Chicken Fajita W/ Bell Peppers & Zucchini Rice Salsa, Guacamole, Sour Cream Peaches	21 Beef Macaroni & Cheese Brussel Sprouts Wheat Roll Strawberries	22 Pork Soft Tacos Mexicali Veggies Rice Salsa & Sour Cream Banana	23 <div> Served </div>
26 Beef & Pepper Steak Brussel Sprouts Pound Cake W Strawberries Whip Cream	27 Honey Dijon Chicken Potatoes Beets Peaches	28 Lemon Pepper Baked Cod Potatoes Au Gratin Pineapple Upside Down Cake	29 Beef & Rice Burrito Salsa, Guacamole Sour Cream Cucumber Tomato Salad Sautéed Cinnamon Apples	30 <div> No Friday Lunches Served </div>

This Menu is subject to change

Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.