



# May / June 2021



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
9:30 Morning News (TAA) 10:00 Sunday Service (TAA)  10:30 Tai Chi (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Finish the Phrase (TAA) 2:00 Snack 2:30 Patriotic Sing Along (TAA) 4:30 Dinner <hr/> <b>CNA=</b> CNA run group <b>TAA=</b> Therapeutic Activity Assistant run group. <b>WS=</b> Wellness Staff	9:30 History of Memorial Day (TAA) 10:00 Seated Exercise (TAA) 10:30 Arlington Cemetery (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Afternoon Movie (CNA) 2:00 Afternoon Snack 3:15 Garden Check-in (CNA) 4:30 Dinner  	9:30 Morning News & Views (TAA) 10:00 Chair Dancing (TAA) 10:30 Name That Instrument (TAA)  11:15 Transition Time 11:30 Lunch 1:00 The Reefs of the World (TAA) 2:00 Afternoon Snack 2:30 Mystery Box (TAA)  4:30 Dinner	9:30 Good News Review (TAA) 10:00 Fly Ball (TAA) 10:30 Finish the Phrase (TAA) 11:15 Transition Time 11:30 Lunch 1:00 The History of ABBA (TAA)  1:30 Music of Abba (TAA) 2:00 Afternoon Snack 2:30 All About Orchids (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 Morning Chat (TAA) 10:00 Seated Cardio (TAA) 10:30 Paper Airplane Challenge (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Bingo (TAA)  2:00 Afternoon Snack 2:30 Afternoon Art Project (TAA)  4:30 Dinner	9:30 Meet & Greet (TAA) 10:00 Morning Stretch (TAA) 10:30 Mad Science: Sink or Float (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Who Am I? (TAA) 2:00 Root Beer Float Social (TAA)  2:30 Music of the 50's (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 Morning News (TAA) 10:00 Chair Dancing (TAA) 10:30 Horse Racing (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Jamaica Trivia (TAA) 2:00 Afternoon Snack 2:30 Hangman (TAA) 4:30 Dinner

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621



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PROGRAMS SUBJECT TO CHANGE



# June 2021

Memory Care- Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12
9:30 Religious Sing Along on iN2L (TAA)  10:00 Chair Yoga (TAA) 10:30 Name That Sound on iN2L (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Travelogue (TAA) 2:00 Afternoon Snack 2:30 Music of the Crooners (TAA)  4:30 Dinner <hr/> <b>CNA=</b> CNA run group <b>TAA=</b> Therapeutic Activity Assistant run group. <b>WS=</b> Wellness Staff	9:30 Morning Chat (TAA) 10:00 Seated Cardio (TAA) 10:30 Art Group (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Jamaican Me Crazy! (TAA) 2:00 Margarita Monday (TAA)  2:30 Music of Jamaica and Regge (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 News & Views (TAA) 10:00 Tai Chi Class (TAA) 10:30 Songs of the Musicals (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Forging Damascus Steel Knives (TAA) 2:00 Afternoon Snack 2:30 Memory Game on iN2L (TAA) 3:00 What's the Cost on iN2L (TAA) 4:30 Dinner	9:30 Old Time Radio (TAA)  10:00 Morning Stretch (TAA) 10:30 Name That Franke Sinatra Tune (TAA) 11:15 Transition Time 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Happy Hour  2:30 Junk Drawer Detective (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 News & Views (TAA) 10:00 Chair Dancing (TAA) 10:30 You Be the Judge (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Chocolate Pretzel Making (TAA) 2:00 Afternoon Snack 2:30 The Best Copper Pots in America (TAA)  4:30 Dinner	9:30 Chatting Circle (TAA)  10:00 Seated Strength (TAA) 10:30 Name That Sound on iN2L (TAA) 11:15 Transition Time 11:30 Lunch 1:00 History of Reggae Music (TAA) 2:00 Orange Float Social (TAA)  2:30 Music of the 40's (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 Chicken Soup Stories (TAA) 10:00 Moving and Grooving with Amanda (TAA) 10:30 Piggy Bankers on iN2L (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Bingo (TAA)  2:00 Afternoon Snack 2:30 Travels with Rick Steves (TAA) 4:30 Dinner 







# June 2021



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15	16	17	18	19
9:30 Religious Sing Along on iN2L (TAA)  10:00 Seated Cardio (TAA) 10:30 Easy Does It Trivia (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Name That Instrument (TAA) 2:00 Afternoon Snack 2:30 Puzzle Challenge (TAA) 4:30 Dinner	9:30 Good News Review (TAA)  10:00 Chair Dancing (TAA) 10:30 Patriotic Sing Along (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Story of the U.S. Flag (TAA) 1:30 Flag Day Trivia (TAA) 2:00 Afternoon Snack 2:30 Word Search (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner  <i>Flag Day</i>	9:30 Meet & Greet (TAA) 10:00 Tai Chi Class (TAA) 10:30 Bingo (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Chocolate Taste Testing (TAA) 1:30 History of Chocolate (TAA) 2:00 Afternoon Snack 2:30 Junk Drawer Detective (TAA) 3:00 Flower Trivia (TAA) 4:30 Dinner	9:30 Morning News (TAA) 10:00 Seated Exercise (TAA) 10:30 Finish the Lyric (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Who Am I? (TAA) 2:00 Happy Hour  2:30 Name That Tune (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 Morning Chat (TAA) 10:00 Shake, Rattle & Roll (TAA) 10:30 Watercolor Project (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Why Do Athletes Cheat? (TAA) 2:00 Snack Time 2:30 Name That 50's Tune (TAA) 4:30 Dinner	9:30 What Would You Do? (TAA) 10:00 Gentle Stretch (TAA) 10:30 Fly Ball (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Horse Racing Game (TAA) 2:00 Old Fashioned Coke Float Social  2:30 Music of Elvis Presley (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 Meet & Greet (TAA) 10:00 Seated Cardio (TAA) 10:30 History of Juneteenth (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Who Am I? (TAA) 2:00 Afternoon Snack 2:30 Treehouse History (TAA)  4:30 Dinner
<b>CNA=</b> CNA run group <b>TAA=</b> Therapeutic Activity Assistant run group. <b>WS=</b> Wellness Staff						

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# June 2021

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Sunday 20	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
9:30 Religious Sing Along on iN2L (TAA)  10:00 Fly Ball (TAA) 10:30 All About Father's Day/ Wit & Wisdom (TAA) 11:15 Transition Time 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Afternoon Snack 2:30 Name That Smell (TAA) 4:30 Dinner  <b>Happy Father's Day</b>	9:30 Circle Chat (TAA) 10:00 Moving & Grooving (TAA) 10:30 Roll a Face Game (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Twenty Ten Words (TAA) 1:30 A Fishy Spelling Bee (TAA) 2:00 Margarita Monday (TAA)  2:30 Mystery Box (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 News & Views (TAA) 10:00 Tai Chi Class (TAA) 10:30 What Goes with What? (TAA)  11:15 Transition Time 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Afternoon Snack 2:30 Crafty Creations: Flower Pot Painting (TAA) 4:30 Dinner	9:30 You Be the Judge (TAA) 10:00 Stretching Group (TAA) 10:30 Hardware Store Game (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Star of the Month (TAA)  2:00 Happy Hour  2:30 Lucky Dice (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 Morning News (TAA) 10:00 Morning Stretch (TAA) 10:30 Gardening Club: Herb Planting (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Painting Project (TAA) 2:00 Afternoon Snack 2:30 Harry Belafonte Songs (TAA) 4:30 Dinner	9:30 Chicken Soup Stories (TAA) 10:00 Chair Dancing (TAA) 10:30 Can You Picture This? (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Music of the 50's (TAA)  2:00 Ice Cream Treats 2:30 Fact or Fiction (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 Circle Chat (TAA) 10:15 Strength Training (TAA) 10:30 Hidden in Plain Sight (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Bingo (TAA)  2:00 Afternoon Snack 2:30 Random Trivia (TAA) 4:30 Dinner

**CNA=** CNA run group  
**TAA=** Therapeutic Activity Assistant run group.  
**WS=** Wellness Staff









# JUNE/JULY 2021



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
9:30 Religious Sing Along on iN2L (TAA)  10:00 News Currents (TAA) 10:30 Horse Racing Game (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Music of the 40's (TAA)  1940's Music 2:00 Afternoon Snack 2:30 Famous Movie Quotes (TAA) 4:30 Dinner	9:30 Morning Chat (TAA) 10:00 Stretching Session (TAA) 10:30 A Visit to the Ocean (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Remembering Penny Candy (TAA) 1:30 How Candy is Made (TAA) 2:00 Afternoon Snack 2:30 Piggy Bankers on iN2L (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 News & Views (TAA) 10:00 Tai Chi Class (TAA) 10:30 Name That Tune (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Who Am I? (TAA) 2:00 Afternoon Snack 2:30 Remembering Picnics (TAA)  3:00 Name That Sound (TAA) 4:30 Dinner	9:30 Finish the Phrase (TAA) 10:00 Chair Dancing (TAA) 10:30 What Did it Cost? On iN2L (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Skyscrapers (TAA)  2:00 Happy Hour  2:30 Greatest Songs of the 60's (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 Newspaper Review (TAA) 10:00 Seated Cardio (TAA) 10:30 Washers Challenge (TAA) 11:15 Transition Time 11:30 Lunch 1:00 The Way Back Machine: The 1940's (TAA) 2:00 Afternoon Snack 2:30 (TAA) 4:30 Dinner	9:30 Circle Chat (TAA) 10:00 Chair Exercises (TAA) 10:30 Holiday Decorating (TAA)  11:15 Transition Time 11:30 Lunch 1:00 Finish the Phrase (TAA) 2:00 Afternoon Snack 2:30 Bingo (TAA)  3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 News Currents (TAA) 10:00 Seated Strength (TAA) 10:30 Random Trivia (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Bingo (TAA) 2:00 Afternoon Snack 2:30 Music of Louis Armstrong (TAA)  4:30 Dinner
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