










# August 2021











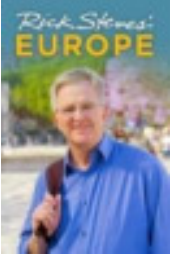

## Memory Care – Life Enrichment

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<p>9:30 Religious Sing Along on iN2L (TAA)</p>  <p>10:00 Fly Ball (TAA)</p> <p>10:30 Name That Tune (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Horatio Hornblower (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Horse Racing Game (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Gentle Stretch (TAA)</p> <p>10:30 Seashell Pair Up (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 All About the Coloring Book (TAA)</p> <p>2:00 Margarita Monday (TAA)</p>  <p>2:30 Sing Along with the Musicals (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News &amp; Views (TAA)</p> <p>10:00 Seated Strength (TAA)</p> <p>10:30 Roll a Dice, Make a Face (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Who Am I? (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Best of the Ocean (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning Chat/ History of Chocolate Chip Cookies (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 Roman Makes Chocolate Chip Cookies (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Watercolor Project (TAA)</p> <p>2:00 Afternoon Snack</p> <p><b>2:00 OP Outing "5 Mile Drive"</b></p>  <p>2:30 Table Puzzles (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Newspaper Review (TAA)</p> <p>10:00 Chair Yoga (TAA)</p> <p>10:30 Name That 50's Tune (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 All About IPAs (TAA)</p> <p>2:00 Afternoon Snack/ Beer Tasting (TAA)</p>  <p>2:30 Travels with Rick Steves (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Circle Chat (TAA)</p> <p>10:00 Moving &amp; Grooving with Peggy (TAA)</p> <p>10:30 Bingo (TAA)</p>  <p>11:15 Transition Time</p> <p><b>11:30 Annual Picnic Sock Hop</b></p> <p>1:00 The Best of the 50's (TAA)</p> <p>2:00 Root Beer Float Social (TAA)</p>  <p>2:30 The Olympics Check in (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning News (TAA)</p> <p>10:00 Seated Cardio (TAA)</p> <p>10:30 You Be the Judge (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p>
<p><b>CNA= CNA run group</b>  <b>TAA= Therapeutic Activity Assistant run group.</b>  <b>WS= Wellness Staff</b></p>						

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Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<p>9:30 Religious Sing Along on IN2L (TAA)</p>  <p>10:00 Seated Exercise (TAA)</p> <p>10:30 You Be the Judge (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Homemade Ice Cream Making (TAA)</p>  <p>1:30 History of Ice Cream (TAA)</p> <p>2:00 Afternoon Snack/ Homemade Ice Cream</p> <p>2:30 Reminiscing- The Best of Summer (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Seated Aerobics (TAA)</p> <p>10:30 Sea Shanty Sing Along (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Finish the Phrase (TAA)</p> <p>2:00 Italian Soda Social (TAA)</p>  <p>2:30 Pictionary (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News &amp; Views (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 Fun Facts About Connecticut (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (LP)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Horse Racing Game (TAA)</p>  <p>3:00 Dean Martin Sing Along (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Seated Strength (TAA)</p> <p>10:30 Bingo (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Flannan Isles Lighthouse and the Scottish Coasts (TAA)</p>  <p>2:00 Happy Hour</p>  <p>2:30 The Best Presidential Jokes (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Newspaper Review (TAA)</p> <p>10:00 Morning Stretch (TAA)</p> <p><b>10:30 Piano Music with Sandra Walker</b></p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Famous Lighthouses (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:15 Travels with Rick Steves (TAA)</p>  <p>2:15 1:1 Visits in Rooms (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Circle Chat (TAA)</p> <p>10:00 Seated Cardio (TAA)</p> <p>10:30 Give a Hand for Left Handers! (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Name That Tune Sing Along (TAA)</p> <p>2:00 Ice Cream Social (TAA)</p>  <p>2:30 Group Puzzles &amp; Word Searches (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Gentle Stretch (TAA)</p> <p>10:30 Music of Elvis Presley (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p>
<p><b>CNA= CNA run group</b>  <b>TAA= Therapeutic Activity Assistant run group.</b>  <b>WS= Wellness Staff</b></p>						

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE















# August 2021












Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<p>9:30 Religious Sing Along on iN2L (TAA)</p>  <p>10:00 Fly Ball (TAA)</p> <p>10:30 Finish the Phrase (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Abstract Art Creation (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Music of the Big Bands (TAA)</p> <p>4:30 Dinner</p> <hr/> <p><b>CNA=</b> CNA run group  <b>TAA=</b> Therapeutic Activity Assistant run group.  <b>WS=</b> Wellness Staff</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Shake, Rattle &amp; Roll (TAA)</p> <p>10:30 Piggy Bankers on iN2L (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Short Story Reading Group: Perfect Day (TAA)</p> <p>2:00 Margarita Monday (TAA)</p>  <p>2:30 Greatest Music Hits of the 60's (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News &amp; Views (TAA)</p> <p>10:00 Quick Cardio (TAA)</p> <p>10:30 August Trivia (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Who Am I? (LP)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Songs of the Musicals (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 You Be the Judge (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Travelogue (TAA)</p> <p>2:00 Afternoon Snack</p> <p><b>2:00 OP Outing "5 Mile Drive"</b></p>  <p>2:30 Greatest Songs of the 50's (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Newspaper Review (TAA)</p> <p>10:00 Gentle Stretching (TAA)</p> <p>10:30 Songs Inspired by the Sea (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Potato Stamp Art (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:15 Travels with Rick Steves (TAA)</p> <p>2:15 1:1 Visits in Rooms (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Circle Chat (TAA)</p> <p>10:00 Seated Exercise (TAA)</p> <p>10:30 Bingo (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Radio Day (TAA)</p> <p>2:00 Ice Cream Social (TAA)</p>  <p>2:30 Are You a Mosquito Magnet? (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Meet &amp; Greet (TAA)</p> <p>10:00 Moving &amp; Grooving with Patricia (TAA)</p> <p>10:30 Trivia Detective (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (TAA)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p>



# August 2021

## Memory Care – Life Enrichment





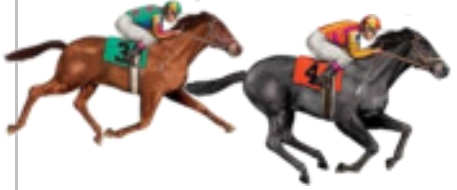


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<p>9:30 Morning Chat (TAA)</p>  <p>10:00 Chair Exercises (TAA)</p> <p>10:30 Finish the Phrase (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Music of Dolly Parton (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Pictionary (TAA)</p> <p>4:30 Dinner</p> <hr/> <p><b>CNA=</b> CNA run group <b>TAA=</b> Therapeutic Activity Assistant run group. <b>WS=</b> Wellness Staff</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Seated Cardio (TAA)</p> <p>10:30 Picture This (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Did You Know? (TAA)</p> <p>2:00 Italian Soda Social (TAA)</p>  <p>2:30 Finish the Phrase (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News &amp; Views (TAA)</p> <p>10:00 Fly Ball (TAA)</p> <p>10:30 You Be the Judge (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Piggy Bankers on iN2L (TAA)</p>  <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 Lucky Dice (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Card Making Project (TAA)</p> <p>2:00 Happy Hour</p>  <p>2:30 Greatest Country Music Hits (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Newspaper Review (TAA)</p> <p>10:00 Morning Stretch (TAA)</p> <p>10:30 Taster's Choice – Watermelon vs Cantaloupe (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Short Story Reading Group: Sea Glass on the Shore (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:15 Travels with Rick Steves (TAA)</p> <p>2:15 1:1 Visits in Rooms (TAA)</p> <p>4:30 Dinner</p> 	<p>9:30 Circle Chat (TAA)</p> <p>10:00 Chair Yoga (TAA)</p> <p>10:30 Junk Drawer Detective (TAA)</p>  <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Star of the Month (TAA)</p>  <p>2:00 Ice Cream Social (TAA)</p>  <p>2:30 Reminiscing Stories (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News Currents (TAA)</p> <p>10:00 Seated Exercises (TAA)</p> <p>10:30 What Would You Do? (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (TAA)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> 



# August/September 2021



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<p>9:30 Religious Sing Along on iN2L (TAA)</p>  <p>10:00 Fly Ball (TAA)</p> <p>10:30 You Be the Judge (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Bingo (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Watercolor Project (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Morning Stretch (TAA)</p> <p>10:30 Remembering Learning How to Swim (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Beach Sensory Fun (TAA)</p> <p>2:00 Margarita Monday (TAA)</p>  <p>2:30 Songs for the Beach (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News &amp; Views (TAA)</p> <p>10:00 Tai Chi Class (TAA)</p> <p>10:30 Name That Show/Musical (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 All About South Carolina (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Horse Racing Game (TAA)</p>  <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 Random Trivia (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 (TAA)</p> <p>2:00 Happy Hour</p>  <p>2:30 Best of the 50's Music (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Newspaper Review (TAA)</p> <p>10:00 Chair Yoga (TAA)</p> <p>10:30 (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 The Price is Right Game on iN2L (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:15 Travels with Rick Steves (TAA)</p> <p>2:15 1:1 Visits in Rooms (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Circle Chat (TAA)</p> <p>10:00 Seated Cardio (TAA)</p> <p>10:30 Sharpen Your Senses (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 (TAA)</p> <p>2:00 Ice Cream Social (TAA)</p>  <p>2:30 Sing Along (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News Currents (TAA)</p> <p>10:00 Moving &amp; Grooving with Patricia (TAA)</p> <p>10:30 Name That Tune (TAA)</p> <p>11:15 Transition Time</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (TAA)</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p>

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