



FRANKE
TOBEY
JONES

Enjoy your age

Main Desk Phone
752-6621 or Ext. 0

Work Order Line
Ext. 1293

RESIDENT COUNCIL MEETING

Monday, September 13
9:30 am, Zoom Meeting
Contact the LP Front Desk for an invite to the meeting.

BISTRO
Ext. 1394

Location: LP 1st Floor
Next to Wellness Center
Monday - Friday

Simply To Go Delivery:
This service is currently on hold due to a kitchen staffing shortage. We will inform you when we begin this service again. Thank you for your patience.

ON CAMPUS CHECK CASHING

For your convenience, FTJ can cash a check for up to \$100. Please contact Amy Petschke at ext. 1294 or stop by her office in the Administrative hall in the Lillian Pratt Bldg. If you are not able to get to the Lillian Pratt Bldg. please contact your concierge to make arrangements.

MONDAY, SEPTEMBER 6		
Happy Labor Day		
Conversation Corner (G1)	3:00 pm	LP 3rd Floor Lobby
Gazebo Group	5:00 pm	DU Large Gazebo
TUESDAY, SEPTEMBER 7		
Worship Service	9:00 am	LP Parlor
Who Am I?	9:30 am	LP Parlor
Room Visits	10:30 am	LP Resident Rooms
Safeway Shopping Bus	1:30 pm	Sign up at LP Desk
Farkle Game	1:30 pm	LP Parlor
TJ Afternoon Tea	2:00 pm	TJ Hallways
Room Visits	2:30 pm	LP Resident Rooms
<i>Wellness: Seated Strength</i>	2:30 pm	<i>LP Parlor</i>
<i>Wellness: Seated Strength</i>	3:00 pm	<i>LP Parlor</i>
Conversation Corner	3:00 pm	LP 3rd Floor Lobby
WEDNESDAY, SEPTEMBER 8		
The Ever Changing Work Place	9:30 am	LP Parlor
SU: Outsmart Yourself	10:30 am	LP Parlor
Room Visits	10:30 am	LP Resident Rooms
SU: Medicare Basics	11:00 am	Zoom Meeting
Star of the Month	1:30 pm	LP Parlor
SU: Napoleon- Life & Times	2:00 pm	Zoom Meeting
Hallway Happy Hour	2:30 pm	LP Hallways
TJ Afternoon Movie	3:00 pm	TJ Parlor
Conversation Corner	3:00 pm	LP 3rd Floor Lobby

Call for Volunteers for Senior Art Show

The Senior Art Show will be on view Friday, October 15 through Sunday, October 17 in the M.J. Wicks Wellness Center from 12:00 pm—3:00 pm. There will be an Opening Reception on Thursday, October 14 from 5:00 pm—7:00 pm.

We are looking for volunteers to assist with the opening reception on Thursday and attend the gallery open hours that Friday – Sunday. You will be working directly with a staff person. If you are willing to generously give of your time, or if you have questions, please contact Jana at jwennstrom@franketobeyjones.com or call 253-756-6219.

HAPPY BIRTHDAY

September 1

Jerry Winkle

September 5

Joan Bannister

September 6

Londa Sevier

Judy Nelson

September 8

Al Chaffee

September 11

John Van Buren

Robert Shedd

September 17

Rita Copp

September 18

Kathleen Farner

September 21

Doris Larsen

September 23

Elizabeth Gilbert

September 28

Raeon DeBoer

Linda Graff

THURSDAY, SEPTEMBER 9

<i>Wellness: In Person Exercise Class</i>	9:00 am	Wellness Center
Knit Wits	9:30 am	TJ Parlor
Jewish Holidays of September	9:30 am	LP Parlor
<i>Wellness: In Person Exercise Class</i>	10:00 am	Wellness Center
SU: Great Courses- Cooking Across the Ages	10:00 am	BV Gathering Room
Room Visits	10:30 am	LP Resident Rooms
<i>Wellness: In Person Exercise Class</i>	11:00 am	Wellness Center
Food For Thought	1:30 pm	LP Parlor
SU: China's Ethnic Groups—Past and Present	2:00 pm	Zoom Meeting
Conversation Corner	3:00 pm	LP 3rd Floor Lobby
GA Happy Hour	3:00 pm	Main Gathering Area
TJ Happy Hour	4:00 pm	TJ Parlor

FRIDAY, SEPTEMBER 10

Room Visits	10:00 am	LP Resident Rooms
<i>Wellness: Seated Strength</i>	2:30 pm	TJ Solarium
BV Ice Cream Social <i>Grab and Go</i>	2:30 pm	Outside Firepit Area
DU Ice Cream Social <i>Grab and Go</i>	2:30 pm	Duplex Gazebo
TJ Ice Cream Social <i>Grab and Go</i>	3:00 pm	Gazebo Between TJ & CC
GA Ice Cream Social <i>Grab and Go</i>	3:00 pm	Outside Between Wellness Ctr. & GA
LP Ice Cream Social <i>Grab and Go</i>	3:00 pm	LP Front Patio
Conversation Corner	3:00 pm	LP 3rd Floor Lobby

SATURDAY, SEPTEMBER 11

Movie: Fantastic Beasts	2:30 pm	LP Parlor
TJ Afternoon Movie	3:00 pm	TJ Parlor
Conversation Corner	3:00 pm	LP 3rd Floor Lobby

SUNDAY, SEPTEMBER 12

Seahawks Game	10:00 am	LP Parlor
Conversation Corner	3:00 pm	LP 3rd Floor Lobby

Party Bridge Opportunity

Our neighbors up the street, at Solstice, hold a Bridge Group each Thursday in the morning and are looking for more players. If you are interested in learning more or would like to participate in this group, please contact Marcia Winkle at 760-485-1122.



Due to staffing difficulties in the Activities Department some resident areas will have fewer programs and groups. We are doing our best to provide as much programming in as many areas as we possibly can. Your understanding and patience is much appreciated.

Washington State Fair (aka. Puyallup Fair)

Thursday, September 9 Bus departs at 10:00am

This OUTING is CANCELED

Due to an increase in covid cases in the county and an increased risk of Covid exposure while at the fair, Franke Tobey Jones has decided to cancel our outing to the State Fair. However, if you wish to drive yourself to the fair we have several tickets to allow you to get into the fair for free. If you would like tickets, please contact Heidi at 253-756-6284.

Covid Update

We want to inform you that a staff member in skilled nursing tested positive for COVID. This staff member last worked on Monday, August 30th. Effective immediately, all visitation in skilled nursing is suspended until further notice with the exception of compassionate care visits. Activities and dining can continue. No changes are necessary in memory care or assisted living. We will conduct COVID testing for all skilled nursing residents and staff on 9/7 and 9/14. More information will be shared as it becomes available. We apologize for any inconvenience.

We continue to follow the various guidelines set forth to stop the spread of COVID-19 as provided by the Washington Department of Health (DOH), the Centers for Medicare & Medicaid Services (CMS) and Centers for Disease Control and Prevention (CDC). Our team has been diligent in following all the protocols and we are proud of their efforts to keep the case count so low.

Once again, thank you for your ongoing support as we navigate the many phases of this pandemic. If you have any questions, please do not hesitate to reach out via email to me (jdunn@franketobeyjones.com) or Bob Beckham (bbeckham@franketobeyjones.com) or by phone at 253-752-6621.

Thank you,

Judy Dunn, President and CEO

Flu Vaccination Clinic Save the Date

CVS Pharmacy will be on-site to provide flu vaccinations to all staff and residents that want the flu vaccine. They will be here **Wednesday, September 29th**.

Exact times and locations will be determined once we get closer to that date. They will provide the senior dose for those that need it and they will bill your insurance. If you do not have insurance you can still get the flu vaccine free of charge. If you have any questions you can contact Bob Beckham at 253-756-6253 or bbeckham@franketobeyjones.com.

Wellness Locker Clean Out

As the wellness staff get ready to welcome the community back we need your help. There are items that have been left in several of the women and men's lockers in the wellness center. If you have used the lockers in the past, please come by and make sure that the items in these lockers are not yours. If you do have items in a locker and want to keep them there, please let Sarah or Colin know no later than September 10th, so they don't clean your locker out.

A bamboozable is a saying/phrase that is made up of a display of words, in an interesting way. The object is to try to figure out the well-known saying, person, place, or thing that each bamboozable is meant to represent.

<p>1</p>	<p>WALKING AIR</p>	<p>EEEEEL</p>
<p>Prison prison prison prison prison.</p>	<p>WO WALK OED WO WALK OED WO WALK OED</p>	<p>BLpigANKpigET</p>

WEEKLY RIDDLE

What two keys can't open any door?



Chaplain Services to Begin in September

We are pleased to announce that Franke Tobey Jones has teamed up with Marketplace Chaplains to provide chaplain and worship services on our campus. Marketplace Chaplains provide local chaplains who come on campus to provide non-denominational worship services and visits. These services will begin in September and will occur on **Tuesday mornings**. Everyone is welcome to come to these services and to get to know our two new chaplains serving FTJ.

Assisted Living—9 am to 9:30 am in the Lillian Pratt Parlor

Memory Care—9:45 am to 10:15 am in the MC Activity Room

Skilled Nursing—10:30 am to 11 am in the SN Gathering Corner

Independent Living—11:15 am to 12 noon in the BV Gathering Room

We ask that you attend the service that is held in your building for the time being. All Independent residents are welcome to participate in the services held in the Bristol View Gathering Room.

Walk to End Alzheimer's - Join TEAM FTJ!!

- Sunday, September 26 at Noon
- Dune Peninsula Park, 5361 Yacht Club Road, Tacoma
- There is no fee to register or to walk, though you can choose to raise money for the cause.

Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's is the world's largest fundraiser for Alzheimer's care, support and research. This inspiring event calls on participants of all ages and abilities to join the fight against the disease.

Residents/Family Members RSVP to Carole Velez 253-320-4216 or cvelez@franketobeyjones.com

Team Members RSVP at the LP Front Desk or call the front desk at 253-756-6621.

When you register, please give us your t-shirt size.

Also, you can add your name to the TEAM FTJ online at www.act.alz.org.

Every dollar you raise benefits those affected by Alzheimer's disease in our community, and FTJ Casual For A Cause will match the funds that we raise!

Where do the funds go?

- Provides care and support to all those facing Alzheimer's including online message boards, support groups, connecting those facing the disease with a network of help in our community
- A free nationwide 24/7 Helpline offering information and referrals.
- Drives research toward treatment, prevention and, ultimately, a cure.

Speaks up for the needs and rights of people affected by Alzheimer's such as helping to pass landmark legislation, drives bipartisan support for federal Alzheimer's and dementia research funding, and ensures that individuals living with dementia, regardless of age, have access to critical care and support services through legislation such as the Older Americans Act.

Food Supply Shortages

Due to a variety of issues and shortages, there have been several significant food delivery problems to Franke Tobey Jones. Deliveries have been delayed by hours or days and even canceled completely. Some food items ordered have not been delivered, or a last minute substitution is made for what was ordered. Our dining staff is doing all they can to work with these unexpected changes. Your patience is very much appreciated when there are last minute changes on the menu or when food items are not available.



All Campus Ice Cream Socials

You are invited to join us on Fridays for our All Campus Ice Cream Socials.
At 2:30pm

BV residents can pick up their ice cream at the Outside Firepit Area.

DU residents can pick up their ice cream at the DU Gazebo.

At 3:00pm

GA residents can pick up their ice cream outside between the Wellness Center & GA.

TJ residents can pick up their ice cream at the Gazebo between TJ and the Care Center.

LP residents can pick up their ice cream at the LP front patio.

Enjoy some delicious ice cream as you cool off from the heat and visit with your fellow residents.

This is not a door to door social. If you want ice cream, you must go to your location to pick it up.

MENU			
Sept 6th - Sept 12th			
	BREAKFAST	DINNER	SUPPER
M	Fresh Fruit in Season	Cabbage White Bean Soup	Cabbage White Bean Soup
O	Assorted Fruit Juice	Cottage Cheese & Tomato	Cream of Chicken Soup
N	Cream of Wheat	Mixed Green Salad	Cottage Cheese & Tomato
D	Fried Cage Free Egg	Salisbury Steak	Aunt Millie Grilled Cheese
A	Bacon	Chicken Thigh Osso Buco Style	Turkey Pot Pie
Y	Banana Yogurt Coffee Cake	Mashed Potatoes	Mixed Vegetables
6	Whole Milk	Broccoli & Cauliflower	Chewy Chocolate Rice Krispy Bar
	Coffee	Angel Food Cake with Strawberry Sauce	
T	Fresh Fruit in Season	Beef, Barley & Mushroom Soup	Beef, Barley & Mushroom Soup
U	Assorted Fruit Juice	Fruit Salad	Sweet Potato and Black Bean Chili
E	Old Fashioned Oatmeal	Mixed Green Salad	Fruit Salad
S	Poached Cage Free Egg	Cod w Tomato Caper Sauce	Buttermilk Fried Chicken Breast
D	Turkey Sausage Link	Breaded Pork Chops	Muffuletta Sandwich
A	Blueberry Muffin	Mashed Potatoes	French Fries
Y	Whole Milk	Sugar Snap Peas and Carrots	Watermelon
7	Coffee	Fresh Banana Yogurt Parfait	
W			
E	Fresh Fruit in Season	Cream of Asparagus Soup	Cream of Asparagus Soup
D	Assorted Fruit Juice	Mixed Green Salad	Tomato Basil Soup
N	Cream of Wheat	Coleslaw	Coleslaw
E	Buttermilk Pancakes	Herbed Roast Beef	Grilled Ham & Cheese Sandwich
S	Grilled Ham	Baked Red Snapper	Wild Mushroom Quiche
D	Whole Milk	Lima Beans	Steamed Vegetables
A	Coffee	Baked Potato	Potato Chips
Y		Pound Cake	Monster Cookie
S			
T	Fresh Fruit in Season	Turkey Vegetable Soup	Turkey Vegetable Soup
H	Assorted Fruit Juice	Cucumber Sour Cream Salad	Spring Pasta Fagioli
U	Old Fashioned Oatmeal	Mixed Green Salad	Cucumber Sour Cream Salad
R	Western Scrambled Eggs	Santa Maria Salmon	Tuna Salad Sandwich
S	Bacon	Cumin Roast Turkey Breast	Nilla Nella Omelet
D	Hash Browned Potatoes	Barley Pilaf with Carrots and Lemon	Potato Chips
A	Whole Milk	Corn O'Brien with Peppers	Linzi Bars
Y	Coffee	Ice Cream Sundae	
9			
F	Fresh Fruit in Season	New England Clam Chowder	New England Clam Chowder
R	Assorted Fruit Juice	Mixed Green Salad	Fruited Jell-O Salad
I	Cream of Wheat	Fruited Jell-O	Salmon Burger
D	French Toast	Fried Oysters	BTL Chicken Salad
A	Sausage Link	Java Molasses Pork Tenderloin	Sweet Potato Fries
Y	Whole Milk	Egg Noodles	Raspberry Yogurt Mousse
10	Coffee	Yellow Squash, Red Pepper & Pea	
		Cherry Cobbler	
S	Fresh Fruit in Season	Steak & Potato Soup	Steak & Potato Soup
A	Assorted Fruit Juice	Bean Salad	Thai Chicken & Rice Soup
T	Old Fashioned Oatmeal	Mixed Green Salad	Bean Salad
U	Scrambled Egg	Manicotti Marinara	Seafood Louie Salad Plate
R	Bacon Slices	Grilled Balsamic Chicken	French Dip Sandwich
D	Apple Cinnamon Muffin	Oven Brown Potatoes	Steak Cut French Fries
A	Whole Milk	Fresh Broccoli	Peas & Carrots
Y	Coffee	Garlic Bread	Rice Custard
11		Lemon Blueberry Cake	
S	Fresh Fruit in Season	Lobster Bisque	Lobster Bisque
U	Assorted Fruit Juice	Waldorf Salad	Split Pea w Ham
N	Old Fashioned Oatmeal	Mixed Green Salad	Waldorf Salad
D	Fried Cage Free Egg	Flat Iron Steak	Turkey Tetrazzini
A	Sausage Patties	Fried Shrimp	Black Bean Burger
Y	Cinnamon Roll	Wild Rice Pilaf	Steak Fries
12	Whole Milk	Green Beans w Tomatoes	Vanilla Pudding Cup
	Coffee	Dinner Roll	Carmelita Bar
		Strawberry Cream Pie	