

March Lectures and Events

Wednesday, March 2, March 9, March 16, & March 23

Great Courses: Classical Mythology*

Classical Mythology is an introduction to the primary characters and most important stories of classical Greek and Roman mythology.

10:00 am, Lillian Pratt Parlor

Wednesday, March 2

Great Decisions Discussion: Changing Demographics*

The world experienced remarkable demographic changes in the 20th century that continue today and have resulted in far-reaching consequences all over the globe.

3:00 pm, Zoom (Please register in advance to receive the link.)

Thursday, March 3

You will learn the basic components of a gut healing diet protocol that you can tailor to your own specific needs.

3:00 pm, Zoom

Meeting ID: 875 8652 4938 Passcode: 845170

Friday, March 4, March 11, March 18, & March 25

Great Courses - Food: A Cultural Culinary History*

In *Food: A Cultural Culinary History*, award-winning Professor Ken Albala of the University of the Pacific puts this extraordinary subject on the table, taking you on an enthralling journey into the human relationship to food.

10:00 am, Bristol View 1st Floor Gathering Room

Friday, March 4

Art Appreciation Lecture Series: What Is Art?*

This discussion and presentation will focus on the importance and definitions of audience, beauty, appearances, meaning, and objects in determining the value of a work of art.

2:00 pm, MJ Wicks Wellness Center

Wednesday, March 9

How Medicare Works with Federal and Military Benefits*

How does Medicare work with federal employee health benefits, and Tricare? What about VA benefits? Join us for this informative conversation.

Preregister here to get the Zoom link: medicareclass.net

11:00 am, Zoom

Wednesday, March 9

Beyond the U.S.: Genealogy Research in Other Countries

Learn about other databases and websites that have records in other countries: England, Scotland, Ireland, Canada, Germany, and others.

2:00 – 3:30 pm, Zoom

Meeting ID: 812 2073 6456 Passcode: 845170

Thursday, March 10

Five Movies to (begin to) Understand Latin America*

This lecture will examine five of the most critically acclaimed films from Latin America. As these films demonstrate, the local stories of each country were framed under the idea of "Latin Americanness" and presented the world with a new facet of the region.

2:00 pm, Bristol View 1st Floor Gathering Room

Friday, March 11

The Physics of Sound and Waves*

This demonstration-filled presentation will address the concept of a wave and the physics of sound waves such as frequency, speed, the Doppler Effect, sound intensity and the decibel scale, and resonance. You don't need any prior experience with physics or higher mathematics; just bring your curiosity about the natural world.

3:00 pm, MJ Wicks Wellness Center

Monday, March 14

Brain Training with Linda Terry*

Cognitive trainer Linda Terry helps people of all ages fine tune their thinking skills.

1:00 pm, Zoom

Meeting ID: 858 5924 9576 Passcode: 845170

*Indicates registration is required.

Monday, March 14

Irish Folk Music Performance*

3:00 pm, MJ Wicks Wellness Center

Wednesday, March 16

Meaningful Movies—Mission: JOY*

2:00 pm, Bristol View 1st Floor Gathering Room

Thursday, March 17

Five Books to (begin to) Understand Mexican Literature*

This lecture will discuss five books of Mexican literature, crucial to understand both the forging of a sense of nationality as well as the political and social development of the country in the twentieth century.

2:00 pm, Bristol View 1st Floor Gathering Room

Friday, March 18

Five Movies to (begin to) Understand Mexico*

This presentation will discuss five of the most outstanding Mexican films that have received critical acclaim and will reveal a dimension of Mexico that books are unable to address.

2:00 pm, Bristol View 1st Floor Gathering Room

Tuesday, March 22

How Medicare Works with Federal and Military Benefits*

How does Medicare work with federal employee health benefits, and Tricare? What about VA benefits? Join us for this informative conversation.

Preregister here to get the Zoom link: medicareclass.net

3:30 pm, Zoom

Wednesday, March 23

Literary League Book Club— On Earth We're Briefly Gorgeous*

Join us as we discuss *On Earth We're Briefly Gorgeous* by Ocean Vuong

2:00 pm, Bristol View 1st Floor Gathering Room

Thursday, March 24

Going on the Attack: Negative Campaign Advertisements in American Politics

In this session, we will discuss the history of negative advertisements, examine some contemporary examples of negative advertising, and discuss whether or not there is anything useful that voters can learn from these ads.

2:00 pm, Zoom

Meeting ID: 481 600 3295 Passcode: 845170

Friday, March 25

Five Books to (begin to) Understand Mexican-American Literature*

This lecture will address five works of Chicano literature that offer insight into the experiences of a growing sector of the American population.

2:00 pm, MJ Wicks Wellness Center

Tuesday, March 29

Our Place in the Cosmos*

2:00 pm, MJ Wicks Wellness Center

Tuesday, March 29

Scholars and Environmental Justice: Editing and Teaching on Valuing Lives, Healing Earth

In this lecture, professor, poet, and editor Sarah E. Robinson will discuss her recent collaboration among scholars dedicated to environmental justice.

6:00 pm, Zoom

Meeting ID: 481 600 3295 Passcode: 845170

Thursday, March 31

Five Movies to (begin to) Understand Mexican-American Culture*

This lecture will analyze five of the most representative films of Chicano cinema and encourage a conversation about belonging, nationalities and nationalism, and the nature of the United States, home to immigrants, and the stories they all tell.

2:00 pm, MJ Wicks Wellness Center



FRANKE TOBEY JONES
SENIOR UNIVERSITY

Live & Learn

March 2022

Educational Enrichment Opportunities

Campus Locations

Main Campus

5340 N Bristol Street
Tacoma, WA 98407
253.752.6621

Pt. Defiance~Ruston Senior Center

4716 N Baltimore Street
Tacoma, WA 98407
253.756.0601

Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

indicates fee and registration required

* indicates registration required



To check for schedule changes, e-mail jwennstrom@franketobeyjones.com

Meaningful Movies Tacoma Partners with Senior University



Meaningful Movies Tacoma is a non-profit organization that was started in order to gather, educate, inspire, connect and commit our community to the environment, peace, and justice, and to build an educated, informed citizenry. They show a documentary film monthly followed by a facilitated discussion. They often involve local groups within

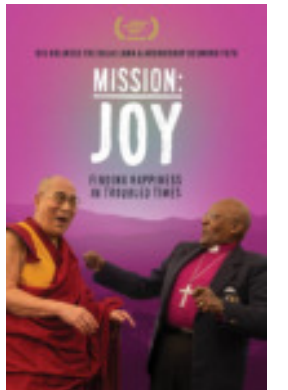
the community as part of our discussion to further build community. Franke Tobey Jones will host a monthly gathering on third Wednesdays starting this month. We hope that you will join us.

Wednesday, March 16

Meaningful Movies—Mission: JOY*

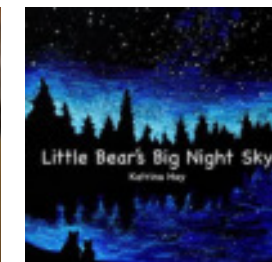
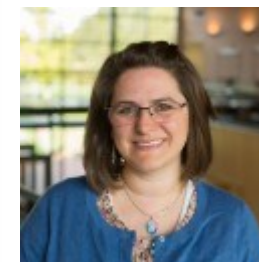
Mission: JOY is the moving and laugh-out-loud funny documentary about the Dalai Lama and Desmond Tutu's friendship and their secrets of finding joy in troubled times. Join us for the movie and stick around for a discussion afterwards.

2:00 pm, Bristol View 1st Floor Gathering Room



Our Place in the Cosmos

If you could zoom out, what would our universe look like? Cosmology reveals elegant structure, even at unfathomably large scales. Physics tells the story of mathematical elegance and the surprising simplicity of the laws of nature. Join us for a lecture on Tuesday, March 29 with Professor Katrina (Katie) Hay where she will cover the physics behind our understanding of space, the effect it has on time, the plausibility of time travel, and the mysterious link between these ideas. Dr. Hay is also the author and illustrator of an astronomy book for children called "Little Bear's Big Night Sky." She encourages everyone to look at the stars and wonder what's up there.



Irish Folk Music Performance



Irish music has travelled from Ireland to thousands of places around the globe and back again, from living rooms to music halls and parlors, through the world of popular music, swing music, movies, labor music and work songs, the list is endless. Kat Eggleston will bring a mix of songs and dance tunes on voice and guitar, with some discussion of the history behind the music during her performance. Join us On March 14th and be sure to RSVP to reserve your spot.

Kat Eggleston, is an artist of great range who has elated and inspired audiences all over the world with her strong, clear voice, her masterful fingerstyle guitar technique, her research and interpretation of traditional music, and her powerful original songs.

To register for a class, contact Jana Wennstrom at jwennstrom@franketobeyjones.com or 253.756.6219

www.FrankeTobeyJones.com / Phone: 253.752.6621

March 2022



FRANKE TOBEY JONES
SENIOR UNIVERSITY

Non scholae sed vitae discimus.
We do not learn for school but for life.



Wednesday, March 23
Literary League Book Club— *On Earth We're Briefly Gorgeous**
Join us as we discuss *On Earth We're Briefly Gorgeous* by Ocean Vuong
About the book: Poet Ocean Vuong's debut novel is a shattering portrait of a family, a first love, and the redemptive power of storytelling. *On Earth We're Briefly Gorgeous* is a letter from a son to a mother who cannot read. Written when the speaker, Little Dog, is in his late twenties, the letter unearths a family's history that began before he was born — a history whose epicenter is rooted in Vietnam — and serves as a doorway into parts of his life his mother has never known, all of it leading to an unforgettable revelation. At once a witness to the fraught yet undeniable love between a single mother and her son, it is also a brutally honest exploration of race, class, and masculinity.
2:00 pm, Bristol View 1st Floor Gathering Room

Legend

Registration and fee
* Registration, no cost

Location Codes:

(B) Lillian Pratt Bascom Library
(BV) Bristol View Gathering Room
(C) Tobey Jones Craft Room
(FT) Field Trip
(LP) Lillian Pratt Parlor
(M) Tobey Jones Multipurpose Room
(TJ) Tobey Jones Parlor
(W) MJ Wicks Wellness Center
(WS) Tobey Jones Woodshop
(Z) Zoom

Mon	Tue	Wed	Thu	Fri
Please Note that Covid restrictions may be applied at any time which may effect our ability to hold in-person classes. Be sure to register in advance and please be patient as we navigate this tumultuous time.	1	2 10:00 (LP) Great Courses: <i>Classical Mythology</i> * 3:00 (Z) Great Decisions: Changing Demographics	3 3:00 (Z) Nutrition for Healthy Aging: Gut Healing – The Basic Diet	4 10:00 (BV) Great Courses - <i>Food: A Cultural Culinary History</i> * 2:00 (W) Art Appreciation Lecture Series: What Is Art?*
7	8	9 10:00 (LP) Great Courses: <i>Classical Mythology</i> * 11:00 (Z) How Medicare Works with Federal and Military Benefits* 2:00 (Z) Beyond the US: Genealogy Research in Other Countries	10 2:00 (BV) Five Movies to (begin to) Understand Latin America*	11 10:00 (BV) Great Courses - <i>Food: A Cultural Culinary History</i> * 3:00 (W) The Physics of Sound and Waves*
14 1:00 (Z) Brain Training 3:00 (W) Irish Folk Music Performance*	15	16 10:00 (LP) Great Courses: <i>Classical Mythology</i> * 2:00 (BV) Meaningful Movies— <i>Mission: JOY</i> *	17 2:00 (BV) Five Books to (begin to) Understand Mexican Literature*	18 10:00 (BV) Great Courses - <i>Food: A Cultural Culinary History</i> * 2:00 (BV) Five Movies to (begin to) Understand Mexico*
21	22 3:30 (Z) How Medicare Works with Federal and Military Benefits*	23 10:00 (LP) Great Courses: <i>Classical Mythology</i> * 2:00 (BV) Literary League Book Club— <i>On Earth We're Briefly Gorgeous</i> *	24 2:00 (Z) Going on the Attack: Negative Campaign Advertisements in American Politics	25 10:00 (BV) Great Courses - <i>Food: A Cultural Culinary History</i> * 2:00 (W) Five Books to (begin to) Understand Mexican-American Literature*
28	29 2:00 (W) Our Place in the Cosmos* 6:00 (Z) Scholars and Environmental Justice: Editing and Teaching on Valuing Lives, Healing Earth	30	31 2:00 (W) Five Movies to (begin to) Understand Mexican-American Culture*	