


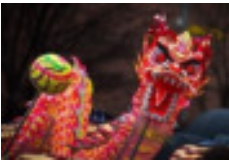














# January/February 2022

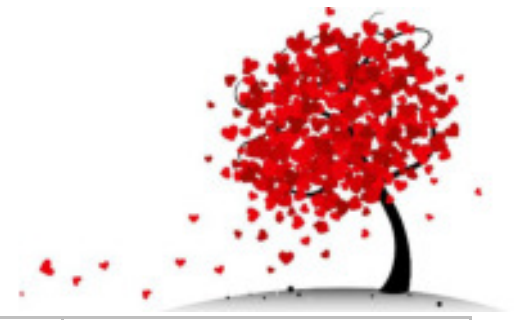
Memory Care – Life Enrichment
















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
<p>9:00 Circle Chat (TAA)</p>  <p>9:30 Animal Trivia on iN2L (TAA)</p> <p>10:00 Tai Chi Exercises (TAA)</p> <p>10:30 Card Game "Uno" (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Does It Jive? All About Jive Dancing and Music (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Fly Ball (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Meet &amp; Greet (TAA)</p> <p>9:30 50's Sing Along (TAA)</p> <p>10:00 Chair Yoga (TAA)</p> <p>10:30 More ZZZ's Please (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 All About Zane Grey (TAA)</p>  <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 History of Bread Making and Breads of the World (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Harlem Renaissance Day (TAA)</p> <p>10:00 Chair Yoga (TAA)</p> <p>10:30 Chinese New Year Trivia (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Armchair Travels to China (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Are You a Tiger? (TAA)</p> <p>4:30 Dinner</p> <p><b>Chinese New Year</b></p> 	<p>9:30 Groundhog Day Trivia (TAA)</p>  <p>10:00 Quick Cardio (TAA)</p> <p>10:30 Me &amp; My Shadow (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Who Am I? (TAA)</p> <p>2:00 Happy Hour</p>  <p>2:35 Ukulele Day (TAA)</p> <p>4:30 Dinner</p> <p><b>Ground Hog Day</b></p>	<p>9:30 Morning News (TAA)</p> <p>10:00 Chair Yoga (TAA)</p> <p><b>10:15 Music with Anne &amp; Gaye (TAA)</b></p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Feed the Birds Day (TAA)</p> <p>1:30 Balloon Ball (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Norman Rockwell Day (TAA)</p> <p>4:30 Dinner</p> 	<p>9:30 Snickers Day (TAA)</p>  <p>10:00 Seated Strength (TAA)</p> <p>10:30 Happy Birthday, USO (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Name that Tune (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Balloon Ball (TAA)</p> <p>10:00 Morning Stretch (TAA)</p> <p>10:30 Can You Picture This? (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Monarch Day/All About Butterfly's (TAA)</p>  <p>2:00 Afternoon Snack (CNA)</p> <p>4:30 Dinner</p>
<p><b>CNA= CNA run group</b>  <b>TAA= Therapeutic Activity Assistant run group.</b>  <b>WS= Wellness Staff</b></p>						



# February 2022



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12
9:00 Morning News (TAA) 9:30 Match Up Game (TAA) 10:00 Tai Chi (TAA) 10:30 Bob Marley Day (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Short Story Reading: Red Hat Hijinks (TAA) 2:00 Afternoon Snack 2:30 Lucky Dice (TAA)  4:30 Dinner	9:30 Morning Social (TAA) 10:00 Chair Aerobics (TAA) 10:30 Little House on the Prairie Day (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Name That Sound iN2L (TAA) 1:30 Balloon Ball (TAA) 2:00 Music with Marty (TAA)  4:30 Dinner	9:00 Worship Service (TAA) 9:30 Coffee & News (TAA) 10:00 Seated Stretch (TAA) 10:30 CHIRP Category Game (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Afternoon Snack 2:30 Piggy Bankers iN2L (TAA)  4:30 Dinner	9:30 Chocolate Kiss Day (TAA)  10:00 Balloon Volleyball (TAA) 10:30 Red Trivia (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 The "British Invasion" The Beatles (TAA) 2:00 Happy Hour  2:30 Afternoon News & Views (TAA) 4:30 Dinner	9:30 Finish the Phrase (TAA) 10:00 Seated Strength (TAA) 10:30 Remembering Love Songs (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Travelogue (TAA) 2:00 Afternoon Snack 2:30 Umbrella Day (TAA)  4:30 Dinner	9:30 Skeleton Racing Day (TAA) 10:00 Chair Yoga (TAA) 10:30 Easy Music Trivia (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Can You Picture This? (TAA)  1:30 Fly Ball (TAA) 2:00 Afternoon Snack 2:30 Horse Racing Game (TAA)  4:30 Dinner	 9:30 The "Cat's Meow" Day (TAA) 10:00 Seated Cardio (TAA) 10:30 Love is in the Air Trivia (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA)  2:00 Afternoon Snack (CNA) 4:30 Dinner
<p><b>CNA=</b> CNA run group  <b>TAA=</b> Therapeutic Activity Assistant run group.  <b>WS=</b> Wellness Staff</p>						
















# February 2022

Memory Care – Life Enrichment

















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15	16	17	18	19
9:00 Coffee Circle (TAA) 9:30 Finish the Phrase (TAA) 10:00 Chair Aerobics (TAA) 10:30 Football Trivia (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Short Story Reading: Last Flower in Toronto (TAA) 2:00 Super Bowl Tailgate Party Kick Off 2:30 Football Bloopers (TAA) 3:30 Super Bowl Game  4:30 Dinner  <b>Superbowl Sunday</b>  <b>CNA= CNA run group</b> <b>TAA= Therapeutic Activity</b> <b>Assistant run group.</b> <b>WS= Wellness Staff</b>	9:30 History of Valentine's Day (TAA) 10:00 Chair Dancing (TAA) 10:30 Why We Love Romantic Movies (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Valentine's Day Family Feud Game (TAA) 2:00 Strawberry Margarita Social (TAA) 2:30 Name That Heart Tune (TAA) 4:30 Dinner    <b>Valentine's Day</b>	9:00 Worship Service (TAA)  9:30 Coffee & News (TAA) 10:00 Seated Cardio (TAA) 10:30 All About Photography (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Who Am I? (TAA) 2:00 Afternoon Snack 2:30 National Hippo Day (TAA) 4:30 Dinner	9:30 We Double Dog Dare You Day (TAA) 10:00 Seated Strength (TAA) 10:30 Painting Project (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Star of the Month (TAA) 2:00 Happy Hour (TAA)  2:30 Name That Tune (TAA) 4:30 Dinner  	9:30 Michael Jordan Day (TAA) 10:00 A Gentle Stretch (TAA) 10:30 Bingo (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Painting Project (TAA)  2:00 Afternoon Snack 2:30 Red & Pink Songs (TAA) 4:30 Dinner	9:30 News & Views (TAA) 10:00 Seated Stretch (TAA) 10:30 History of Olive Oil (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Horse Racing Game (TAA) 2:00 Root Beer Floats  2:30 Finish the Phrase (TAA) 4:30 Dinner	9:30 This Day in History (TAA) 10:00 Seated Cardio (TAA) 10:30 The Curse of the Bambino (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA)  2:00 Afternoon Snack (CNA) 4:30 Dinner



# February 2022

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
<p>9:00 Coffee Circle (TAA)</p> <p>9:30 ATOM Category Game (TAA)</p> <p>10:00 Quick Cardio (TAA)</p> <p>10:30 NASCAR Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Short Story Reading: Shutterbug Lovebugs (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Famous Movie Quotes (TAA)</p>  <p>4:30 Dinner</p>	<p>9:30 Telephone Book Day (TAA)</p>  <p>10:00 Presidential Fitness Trail (TAA)</p> <p>10:30 History of the Washington Monument &amp; Lincoln Memorial (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 President's Day Trivia (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Horse Racing Game (TAA)</p> <p>4:30 Dinner</p> <p><b>Presidents' Day</b></p>	<p>9:00 Worship Service (TAA)</p>  <p>9:30 Morning Social (TAA)</p> <p>10:00 Chair Cardio (TAA)</p> <p>10:30 Female Jockey Day (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Where Am I? (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Name that Tune (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 All About Tootsie Rolls (TAA)</p> <p>10:00 Seated Exercises (TAA)</p> <p><b>10:30 Piano Music with Sandra Walker</b></p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 History of Girl Scout Cookies (TAA)</p>  <p>2:00 Happy Hour (TAA)</p> <p>2:30 Piggy Bankers on iN2L (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Random Trivia (TAA)</p> <p>10:00 Chair Aerobics (TAA)</p> <p>10:30 All About the Bee Gees (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bowl of Cherries Day/ Chocolate Cherry Trifle (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Finish the Phrase (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Renoir Day (TAA)</p> <p>10:00 Seated Stretch (TAA)</p> <p>10:30 Bingo (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Hidden Women in Science (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Coloring Project (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Fats Domino Day (TAA)</p>  <p>10:00 Morning Cardio (TAA)</p> <p>10:30 Junk Drawer Detective (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (CNA)</p>  <p>2:00 Afternoon Snack (CNA)</p> <p>4:30 Dinner</p>
<p><b>CNA=</b> CNA run group  <b>TAA=</b> Therapeutic Activity Assistant run group.  <b>WS=</b> Wellness Staff</p>						

















# February/March 2022

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	1	2	3	4	5
<p>9:00 Morning Chat (TAA)</p> <p>9:30 You Be the Judge (TAA)</p> <p>10:00 Balloon Ball (TAA)</p> <p>10:30 Name That Instrument (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Polar Bear Day (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 EZ Trivia (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Finish the Lyrics (TAA)</p>  <p>10:00 A Gentle Stretch (TAA)</p> <p>10:30 Rodeo Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Food for Thought (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Button Flowers (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p> <p>9:30 News Currents (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 Mardi Gras Masks (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 All About Mardi Gras (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Horse Racing Game (TAA)</p>  <p>4:30 Dinner</p> <p style="text-align: center;"><b>Mardi Gras</b></p> 	<p>9:30 Finish the Phrase (TAA)</p> <p>10:00 Seated Strength (TAA)</p> <p>10:30 Bingo</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Taboo Game (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:45 Pictionary (TAA)</p> <p>4:30 Dinner</p> <p style="text-align: center;"><b>Ash Wednesday</b></p>	<p>9:30 Morning News (TAA)</p>  <p>10:00 Chair Aerobics (TAA)</p> <p>11:00 Piggy Bankers IN2L (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I (TAA)</p> <p>1:30 Lucky Dice (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Armchair Travels with Rick Steves (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Coffee &amp; Chats (TAA)</p> <p>10:00 Exercise Group (TAA)</p> <p>10:30 Star of the Month- Steve McQueen (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Washer Challenge (TAA)</p> <p>1:30 Hangman (TAA)</p> <p>2:00 Root Beer Floats (TAA)</p>  <p>2:30 Finish the Lyric (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Coffee and Chats (TAA)</p> <p>10:00 Morning Stretch (TAA)</p> <p>10:30 (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (CNA)</p>  <p>2:00 Afternoon Snack (CNA)</p> <p>4:30 Dinner</p>
<p><b>CNA= CNA run group</b>  <b>TAA= Therapeutic Activity Assistant run group.</b>  <b>WS= Wellness Staff</b></p>						