



March



2022

Mon	Tue	Wed	Thu	Fri	
	1 Beef Shepard Pie Lettuce, Tomato Carrot Salad Fig Newton	2 Beef & Rice Burrito Salsa, Guacamole Sour Cream Cucumber Tomato Salad Sautéed Cinnamon Apples	3 Spaghetti with Beef Green Beans Garlic Bread Pears	4	
7 Swiss Cheese Burger Lettuce & Tomatoes Sweet Potatoes Fries Mixed Berries	8 Lemon Pepper Baked Cod Potatoes Au Gratin Pineapple Upside Down Cake	9 Pork Tenderloin Bake Spinach Butternut Squash Grapes Oatmeal Cookies	10 Vegetable Lasagna Green Beans Sautéed Cinnamon Apples	<h1>No Friday Meals</h1>	
14 Chefs Salad w/Turkey Cheese & Egg Beans & Peas Breadsticks Peaches	15 Salisbury Steak w/Gravy Mashed Potatoes Sautéed Spinach Fig Newton	16 Chicken Fajita w/ Bell Peppers & Zucchini Rice Salsa, Guacamole, Sour Cream	17 Irish Stew Beef & Cabbage Potatoes & Carrots Biscuits Apple & Cinnamon		18
21 Omelet Sausage Patty Hashbrowns Honey Dew Melon Apple Juice	22 Amandine Fish Broccoli Wheat Roll Orange Lemon Bar	23 Macaroni & Cheese Brussel Sprouts Wheat Roll Strawberries	24 Beef Chili Con Carne Sautéed Carrots Spinach Cornbread Pears		25
28 Beef Pepper Steak Brussel Sprouts Pound Cake with Strawberries Whip Cream	29 Honey Dijon Chicken Potatoes Beets Peaches	30 Pork Soft Tacos Mexicali Veggies Rice Salsa & Sour Cream Banana	31 Sweet & Sour Pork Vegetables Rice Fortune Cookie Ice Cream		

Catholic Community Services Senior Nutrition Program

This Menu is subject to change | Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.