
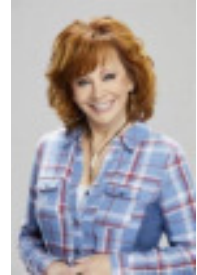












March/April 2021



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
9:30 Morning Social (TAA) 10:00 Tai Chi (TAA) 10:30 Name That Sondheim Tune (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA)  2:00 Afternoon Snack (CNA) 4:30 Dinner	9:30 Coffee Circle (TAA) 10:00 Seated Strength (TAA) 10:30 Color by Number (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 All About Reba (TAA)  2:00 Hot Chocolate (TAA) 2:30 Lucky Dice (TAA)  4:30 Dinner 	9:00 Worship Service (TAA) 9:30 All About Pearl Bailey (TAA)  10:00 Chair Yoga (TAA) 10:30 Words in a Word (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Where Am I? (TAA) 2:00 Snack 2:30 Trivia on IN2L (TAA) 4:30 Dinner	9:30 Doctor's Day (TAA) 10:00 Quick Cardio (TAA) 10:30 All About Van Gogh (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Jeopardy (TAA) 2:00 Happy Hour (TAA)  2:30 Lil' Red Wagon (TAA) 4:30 Dinner	9:30 Starbucks Day (TAA)  10:00 Chair Aerobics (TAA) 10:30 She's Funny That Way (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bowling (TAA)  2:00 Snack 2:30 You Be the Judge (TAA)  4:30 Dinner	9:30 Morning Social (TAA) 10:00 Simple Stretch (TAA) 10:30 Fact or Foolery (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo (TAA)  2:00 Root Beer Float Social (TAA) 2:30 Amsterdam Tulip Festival (TAA)  4:30 Dinner <h2 style="text-align: center;">April Fool's Day</h2>	9:30 Hot Chocolate Social (TAA) 10:00 Seated Cardio (TAA) 10:30 Who is Jane Goodall? (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA)  2:00 Snack 4:30 Dinner






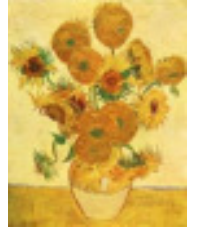




CNA= CNA run group
TAA= Therapeutic Activity
 Assistant run group.
WS= Wellness Staff



April 2021

Memory Care- Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
<p>9:30 Coffee Circle (TAA)</p>  <p>10:00 Morning Exercises (TAA)</p> <p>10:30 Category Trivia (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie</p> <p>2:00 Snack</p> <p>4:30 Dinner</p>	<p>9:30 Morning News (TAA)</p> <p>10:00 Ger Your Groove On (TAA)</p> <p>10:30 Comedy Queen: Carol Burnett (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Who am I? (TAA)</p> <p>2:00 Music with Marty (TAA)</p>  <p>4:30 Dinner</p>	<p>9:00 Worship Service & Communion (TAA)</p> <p>9:30 Coffee Circle (TAA)</p> <p>10:00 Chair Cardio (TAA)</p> <p>10:30 Name That Instrument (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (TAA)</p>  <p>2:00 Snack</p> <p>2:30 All About Helen Keller (TAA)</p> <p>3:00 Music with John (TAA)</p>  <p>4:30 Dinner</p>	<p>9:30 Tartan Day (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 Art in Amsterdam (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Abstract Art Project (TAA)</p> <p>2:00 Happy Hour</p>  <p>2:30 Wiser Now Wednesday (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 All About Billie Holiday (TAA)</p> <p>10:00 Quick Cardio (TAA)</p> <p>10:15 Music with Anne & Gaye (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Star of the Month (TAA)</p>  <p>2:00 Snack</p> <p>2:30 Spring Flower Table Arrangements (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Pick Up a Penny Day (TAA)</p> <p>10:00 Simple Stretch (TAA)</p> <p>10:30 Food for Thought (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Name That Tune (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Send a Card Day (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning Social (TAA)</p> <p>10:00 Chair Zumba (TAA)</p> <p>10:30 The Price is Right (CNA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie</p>  <p>2:00 Snack</p> <p>4:30 Dinner</p>
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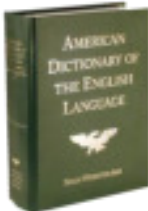






April 2021



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
9:30 Coffee Circle (TAA) 10:00 Seated Exercise (TAA) 10:30 Live Theater with Cindy Arnold 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie 2:00 Snack 4:30 Dinner	9:30 Morning News (TAA) 10:00 Quick Cardio (TAA) 10:30 Cycle of Faith (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Singin' in the Rain Fun (TAA)  2:00 Margarita Monday (TAA) 2:30 Ramadan Art Project (TAA) 4:30 Dinner	9:00 Worship Service (TAA) 9:30 Coffee and Chats (TAA) 10:00 Flyball (TAA) 10:30 Listening to Jazz (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Snack 2:30 Roosevelt Day (TAA)  4:30 Dinner 	9:30 News Review (TAA) 10:00 Seated Strength (TAA) 10:30 Spring Trivia on IN2L (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Random Trivia (TAA) 2:00 Happy Hour  2:30 Day of Pink (TAA) 4:30 Dinner	9:30 Morning Social (TAA) 10:00 Chair Aerobics (TAA) 10:30 Totally Tulips (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Jackie Robinson (TAA)  2:00 Snack 2:30 First Dictionary Day (TAA)  4:30 Dinner	9:30 Good News (TAA) 10:00 Chair Zumba (TAA) 10:30 Bingo (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 All About Passover (TAA) 2:00 Snack 2:30 Piggy Bankers on IN2L (TAA) 4:30 Dinner Passover Begins Good Friday	9:30 Henry Mancini Day (TAA) 10:00 Simple Stretches (TAA) 10:30 Color by Number (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie  2:00 Snack 4:30 Dinner

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5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621













PROGRAMS SUBJECT TO CHANGE



April 2021

Memory Care – Life Enrichment



Sunday 17	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22	Saturday 23
<p>9:30 Can You Picture This? (TAA)</p>  <p>10:00 Morning Stretch (TAA)</p> <p>10:30 Evolution of the Easter Bunny (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (TAA)</p> <p>2:00 Snack</p> <p>4:30 Dinner</p> <p>Easter Sunday</p>	<p>9:30 Morning Social (TAA)</p> <p>10:00 Seated Strength (TAA)</p> <p>10:30 A Taxing Situation (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Marathon Monday (TAA)</p>  <p>2:00 Snack</p> <p>2:30 Finish the Phrase (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p> <p>9:30 Good News (TAA)</p> <p>10:00 Chair Zumba (TAA)</p> <p>10:30 Banana Pudding Trifle (TAA)</p>   <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (TAA)</p> <p>2:00 Snack</p> <p>2:30 Picture This (TAA)</p>  <p>4:30 Dinner</p>	<p>9:30 All About Pussy Willows (TAA)</p> <p>10:00 Quick Cardio (TAA)</p> <p>10:30 Picture It- Double Exposure (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Hit Parade Day (TAA)</p> <p>2:00 Happy Hour</p>  <p>2:30 Trivia on IN2L (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning News (TAA)</p> <p>10:00 Simple Stretch (TAA)</p> <p>10:30 All About Mushrooms (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (TAA)</p>  <p>2:00 Snack</p> <p>2:30 Name That Tune (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Jelly Bean Day (TAA)</p>  <p>10:00 Chair Aerobics (TAA)</p> <p>10:30 All About Earth Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Unique Endangered Animals (TAA)</p> <p>2:00 Italian Soda Social</p> <p>2:30 What Am I? (TAA)</p> <p>4:30 Dinner</p> <p>Passover Ends Earth Day</p>	<p>9:30 History of Coca Cola (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 Sharpen Your Sense (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie</p>  <p>2:00 Snack</p> <p>4:30 Dinner</p>



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April 2021



Memory Care – Life Enrichment

Sunday 24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29	Saturday 30
<p>9:30 Morning News (TAA)</p> <p>10:00 Seated Exercises (TAA)</p> <p>10:30 Short Story Reading- Two Can Ride at That Game (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (CNA)</p> <p>2:00 Snack</p> <p>4:30 Dinner</p>	<p>9:30 First Seeing-Eye Dog in America (TAA)</p> <p>10:00 Chair Zumba (TAA)</p> <p>10:30 Pair Up (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Travelogue (TAA)</p>  <p>2:00 Strawberry Margarita Monday (TAA)</p>  <p>2:30 Name that Instrument (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p> <p>9:30 Coffee and Chats (TAA)</p> <p>10:00 Seated Strength (TAA)</p> <p>10:30 Happy Birthday, Carol Burnett (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Who Am I? (TAA)</p> <p>2:00 Snack</p> <p>2:30 Finish the Phrase (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News Review (TAA)</p> <p>10:00 Tai Chi (TAA)</p> <p>10:30 Piano Music with Sandra Walker</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Who is Babe Ruth? (TAA)</p>  <p>2:00 Happy Hour</p> <p>2:30 Baseball Trivia on IN2L (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Good News (TAA)</p> <p>10:00 Chair Yoga (TAA)</p> <p>10:30 EZ Trivia (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Short Story Reading- Echoes of Ilsa (TAA)</p>  <p>2:00 Snack</p> <p>2:30 Happy Birthday, Maryland (TAA)</p>  <p>4:30 Dinner</p>	<p>9:30 Peace Rose Anniversary (TAA)</p> <p>10:00 Seated Aerobics (TAA)</p> <p>10:30 History of Arbor Day (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (TAA)</p> <p>2:00 Snack</p> <p>2:30 Meet Your Local Trees/ Tree Trivia (TAA)</p>  <p>4:30 Dinner</p> <p style="text-align: center;">Arbor Day</p>	<p>9:30 Coffee Circle (TAA)</p> <p>10:00 Quick Cardio (TAA)</p> <p>10:30 Finish the Lyric (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (TAA)</p>  <p>2:00 Snack</p> <p>4:30 Dinner</p>

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