

June Lectures and Events

*Indicates registration is required.

Wednesday, June 1

Great Decisions Discussion: Russia*

3:00 pm, Zoom (Please register in advance to receive the link.)

Thursday, June 2, June 9, & June 16

How to Listen to Jazz Series

11:00 am, Zoom

Meeting ID: 844 5028 6448 Passcode: 845170

Thursday, June 2

Nutrition for Healthy Aging Series: Salt and Sodium

Learn about the importance of sodium and other electrolytes for body function.

3:00 pm, Zoom

Meeting ID: 875 8652 4938 Passcode: 845170

Friday, June 3

Climate Change: What's Real, What's Not

Join us as we grapple with what is real and what is not in regards to climate change.

10:00 am, Zoom

Join Zoom Meeting

Meeting ID: 481 600 3295 Passcode: 845170

Friday, June 3

Art Appreciation Lecture Series: The Elements of Design Part 2*

We'll continue our investigation of the visual elements including color, texture and pattern, space, as well as time and motion.

2:00 pm, MJ Wicks Wellness Center

Wednesday, June 8

The Making of Terra Nostra: A Multimedia Creation About Climate Change*

Join Christophe Chagnard as he tells us about the Terra Nostra project. We will watch the film and have time for Q&A to follow.

11:00 am- 12:30 pm, Bristol View 1st Floor Gathering Room

Wednesday, June 8

Medicare 101*

Come learn the A, B, C & Ds of Medicare. Preregister to get the Zoom link: go to medicareclass.net

11:00 am, Zoom

Wednesday, June 8

The Music of the Sami-- Beating the Norwegians At Their Own Game*

The Sami of Norway, Sweden, and Finland, Europe's only indigenous peoples, have used music and art to declare their cultural independence.

2:00 pm, Bristol View 1st Floor Gathering Room

Friday, June 10

The Music of Finland—Was Sibelius Speaking Russian When He Wrote "Finlandia"?*

Finns have learned to walk an incredible tight-rope act of being an advanced western democracy, while still "speaking Russian" to their closest neighbors. Let's explore how Jean Sibelius incorporated this message into his most famous work, Finlandia.

10:00 am, Bristol View 1st Floor Gathering Room

Friday, June 10

Women Artists Through History*

Women have consistently been written out of art history books. Who are these women and how did they impact the world of art in their time and the present?

2:00 pm, MJ Wicks Wellness Center

Monday, June 13

The Music of Iceland-- 1,000 Years of Conservatism and Speculation*

We'll explore this dichotomy of European tradition and American entrepreneurship that infuses Icelandic culture—and its music.

3:00 pm, Bristol View 1st Floor Gathering Room

Wednesday, June 15

Meaningful Movies: Newtok*

To keep their culture and community intact, the 360 Yup'ik residents of Newtok must relocate. This is a film of a village seeking justice in the face of climate disaster.

2:00 pm, Bristol View 1st Floor Gathering Room

Thursday, June 16

Remembering the Battle of Midway*

How should we remember the Battle of Midway on its 80th Anniversary? Was the outcome really a "miracle" as one famous author has styled it? Was the battle the turning point of the Pacific War? How did the admirals influence the outcome? Was the U. S. able to read all of the Japanese Navy's radio messages? This class will address these and other questions by focusing on a series of "slices" of the battle.

2:00 pm, MJ Wicks Wellness Center

Wednesday, June 22 & June 29

How to Listen to Jazz Series

11:00 am, Zoom

Meeting ID: 811 8106 9893 Passcode: 845170

Wednesday, June 22

Literary League Book Club— Endurance: A Year in Space, A Lifetime of Discovery*

2:00 pm, Bristol View 1st Floor Gathering Room

Thursday, June 23

What is "Community Psychology"?*

What is a community psychology? We'll trace the history of this field and some of its implications for understanding resilience.

11:00 am, Bristol View 1st Floor Gathering Room

Thursday, June 23

How to Make a Pamphlet Stitch Accordion Book*

2:00 – 4:00 pm, MJ Wicks Wellness Center

Friday, June 24

Writing the Persuasive Essay*

Study the art of written persuasion, including call to action, emotional appeal, and authorial presence. Students will write, workshop, and revise one persuasive essay.

11:00 am, Zoom (Register to receive the Zoom link)

Friday, June 24

Let's Celebrate Woody Guthrie – A Kat Eggleston Performance*

A performance of a selection of the songs of Woody Guthrie, along with a discussion of his life lived in the landscape of the American dust bowl.

2:00 pm, MJ Wicks Wellness Center

Tuesday, June 28

Medicare 101*

Come learn the A, B, C & Ds of Medicare. Preregister to get the Zoom link: go to medicareclass.net

3:30 pm, Zoom

Wednesday, June 29

Sisters in Time – Living History Performance by Karen Haas*

2:00 pm, MJ Wicks Wellness Center

Thursday, June 30

American Poetry and Americana Music and a Woman's Truth*

Dr. Blair will talk about the ideas in her book, *FemPoetics in American Poetry and American Music: A Woman's Truth*, in which she highlights poems of Anne Bradstreet, Phillis Wheatley, and Emily Dickinson, and the songs of Brandi Carlile, Rhianon Giddens, and Lucinda Williams.

10:00 am, Bristol View 1st Floor Gathering Room

Thursday, June 30

Alzheimer's Association Lecture Series: Healthy Living for your Brain and Body - Tips from the Latest Research*

Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement.

2:00 pm, MJ Wicks Wellness Center



FRANKE TOBEY JONES
SENIOR UNIVERSITY

Live & Learn

June 2022

Educational Enrichment Opportunities

Campus Locations

Main Campus

5340 N Bristol Street
Tacoma, WA 98407
253.752.6621

Pt. Defiance~Ruston Senior Center

4716 N Baltimore Street
Tacoma, WA 98407
253.756.0601

Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

indicates fee and registration required

* indicates registration required



To check for schedule changes, e-mail jwennstrom@franketobeyjones.com

How to Listen to Jazz

Learn about the history and importance of Jazz music through the ages with guided listening and discussion based classes. We will cover, Early/Traditional Jazz, Big Band Jazz, Bebop, Hard Bop, Cool Jazz, Fusion, Modern Jazz and beyond. There are no prerequisites for this course—just bring an open mind and open ears! The *How to Listen to Jazz Series* will take place at 11:00 am via Zoom from June 2—July 6 on Wednesdays or Thursdays (check the calendar for specific dates).

Leading this lecture series is Kate Olson. Kate is currently the jazz saxophone instructor at Pacific Lutheran University. She also teaches about 20 students in her private studio in West Seattle, coaches woodwinds students at West Seattle High School and Seattle Academy of Arts and Sciences, and also works with non-profit Seattle JazzED. She graduated from the University of Wyoming in 2006 with degrees in International Studies and Music, and from the University of Michigan in 2008 with a Masters of Music in Improvisation. She has been living in Seattle for almost 12 years and has played with the Seattle Men's and Women's Choruses, the Seattle Repertory Jazz Orchestra, Wayne Horvitz's Royal Room Collective Music Ensemble and Electric Circus, the Seattle Rock Orchestra, and her own ensembles (KO SOLO, KO Ensemble, KO ELECTRIC, and Syrinx Effect). Kate is also a regular performer on the Earshot Jazz Festival and has been nominated for multiple Earshot Golden Ear awards.



The Puget Sound of 1855

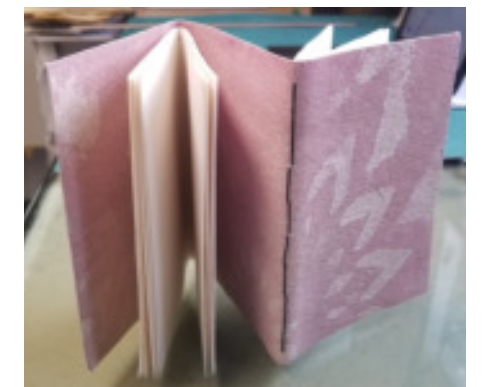


The summer of 1855 was a time of change in the Puget Sound as more and more people of diverse ethnic groups settled the land. Karen Haas brings these times to life with "Sisters in Time." Wearing a work dress of the era, Karen portrays four very different women of that summer as she sings their songs and tells their stories. This living history performance, will take place on Wednesday, June 29 at 2:00 pm in the MJ Wicks Wellness Center (Register to attend).

Bookmaking For Beginners

Join us Thursday, June 23 when we will learn how to make a pamphlet stitch accordion book. In this beginner class, we will learn how to fold an accordion and sew a book using the pamphlet stitch. We will sew our blank text into the accordion folds.

Registration is required and space is limited.



To register for a class, contact Jana Wennstrom at jwennstrom@franketobeyjones.com or 253.756.6219

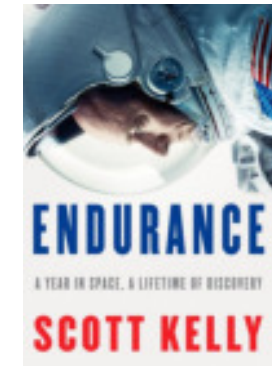
www.FrankeTobeyJones.com / Phone: 253.752.6621

June 2022



FRANKE TOBEY JONES
SENIOR UNIVERSITY

Non scholae sed vitae discimus.
We do not learn for school but for life.



Wednesday, June 22
Literary League Book Club— *Endurance: A Year in Space, A Lifetime of Discovery**
Join us as we discuss *Endurance: A Year in Space, A Lifetime of Discovery* by Scott Kelly
About the book: The veteran of four spaceflights and the American record holder for consecutive days spent in space, Scott Kelly has experienced things very few have. He describes navigating the extreme challenge of long-term spaceflight, both life-threatening and mundane: the devastating effects on the body; the isolation from everyone he loves and the comforts of Earth; the catastrophic risks of colliding with space junk; and the still more haunting threat of being unable to help should tragedy strike at home—an agonizing situation Kelly faced when, on a previous mission, his twin brother's wife, American Congresswoman Gabrielle Giffords, was shot while he still had two months in space.



2:00 pm, Bristol View 1st Floor Gathering Room

Legend

Registration and fee
* Registration, no cost

Location Codes:

(B) Lillian Pratt Bascom Library
(BV) Bristol View Gathering Room
(C) Tobey Jones Craft Room
(FT) Field Trip
(LP) Lillian Pratt Parlor
(M) Tobey Jones Multipurpose Room
(TJ) Tobey Jones Parlor
(W) MJ Wicks Wellness Center
(WS) Tobey Jones Woodshop
(Z) Zoom

Mon	Tue	Wed	Thu	Fri
		1 3:00 (Z) Great Decisions: Russia*	2 11:00 (Z) How to Listen to Jazz Series 3:00 (Z) Nutrition for Healthy Aging: Salt and Sodium	3 10:00 (Z) Climate Change: What's Real, What's Not 2:00 (W) Art Appreciation Lecture Series: Elements of Design Part 2*
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