














JUNE / JULY 2022



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
9:30 Milkman Day (TAA) 10:00 Morning Exercises (TAA) 10:30 Bingo (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Music of the 40's (TAA)  2:00 Afternoon Snack 2:30 Finish the Phrase (TAA) 4:30 Dinner	9:30 Captain Kangaroo Day (TAA) 10:00 Seated Cardio (TAA) 10:30 A Visit to the Forest (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Making Sour Cream Cucumber Bites (TAA) 2:00 Afternoon Snack 2:30 Piggy Bankers on iN2L (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:00 Worship Service (TAA)  9:30 News & Views (TAA) 10:00 Tai Chi Class (TAA) 10:30 Richard Rodgers Anniversary (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Paper Airplane Challenge (TAA) 2:00 Afternoon Snack 2:30 Remembering Picnics (TAA)  3:00 Name That Sound (TAA) 4:30 Dinner	9:30 Juicy Fruit Day (TAA)  10:00 Chair Dancing (TAA) 10:30 Random Trivia (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Olympic National Park Anniversary (TAA)  2:00 Happy Hour  2:30 Greatest Songs of the 60's (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 Morning News (TAA) 10:00 Seated Cardio (TAA) 10:30 Washers Challenge (TAA) 11:15 Transition Time (CNA) 11:30 Lunch  1:00 Music of the Crooners (TAA) 2:00 Afternoon Snack 2:30 Lucky Dice Game (TAA) 4:30 Dinner	9:30 Circle Chat (TAA) 10:00 Chair Exercises (TAA) 10:30 Bingo (TAA)  11:15 Transition Time 11:30 Lunch 1:00 African Culture Day (TAA) 2:00 Afternoon Snack (TAA) 2:30 Finish the Phrase (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 News Currents (TAA) 10:00 Seated Strength (TAA) 10:30 Random Trivia (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Piggy Banker Game on iN2L (TAA)  2:00 Afternoon Snack 2:30 (TAA) 4:30 Dinner












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TAA= Therapeutic Activity Assistant run group.
WS= Wellness Staff



JULY 2022

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
<p>9:30 All About Panda Bears (TAA)</p> <p>10:00 Seated Cardio (TAA)</p> <p>10:30 What Am I? 4th of July Edition (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p>	<p>9:30 Fourth of July Fun (TAA)</p> <p>10:00 Moving & Grooving with Peggy (TAA)</p> <p>10:30 Junk Drawer Detective (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie</p> <p>2:00 Music with Marty (TAA)</p>  <p>4:30 Dinner</p> 	<p>9:00 Worship Service (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 PT Barnum Day (TAA)</p> <p>10:30 Spa Morning (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Travelogue (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Piggy Bankers on iN2L (TAA)</p> <p>3:00 Music with John (TAA)</p>  <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 EZ Trivia (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Light Pollution (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Trivia (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Lucky 7 Day (TAA)</p> <p>10:00 Morning Stretch (TAA)</p> <p>10:15 Music with Anne & Gaye (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>12:50 Popcorn Sensory Group (TAA)</p> <p>1:00 Who Am I? (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Travels with Rick Steves (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Circle Chat (TAA)</p> <p>10:00 Seated Cardio (TAA)</p> <p>10:30 Roll a Dice, Make a Face (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Colorful Characters (TAA)</p> <p>2:00 Old Fashioned Coke Float Social (TAA)</p>  <p>2:30 A Musical Afternoon (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News Currents (TAA)</p> <p>10:00 Morning Exercise (TAA)</p> <p>10:30 Summer Sensory Group (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (CNA)</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p>
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p> 						



July 2022

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
9:30 Category Trivia (TAA) 10:00 Fly Ball (TAA) 10:30 Sing Along (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA) 2:00 Afternoon Snack 4:30 Dinner	9:30 Morning Chat (TAA) 10:00 Shake, Rattle & Roll (TAA) 10:30 Food for Thought (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Italian Soda Social (TAA)  2:30 Songs of John Denver (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:00 Worship Service (TAA) 9:30 News & Views (TAA) 10:00 Seated Exercises (TAA) 10:30 Picture This (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Summer Songs (TAA) 2:00 Afternoon Snack 2:30 Bingo (TAA)  4:30 Dinner	9:30 Morning Chat (TAA) 10:00 Chair Dancing (TAA) 10:30 Group Up- Flowers, Fireworks & Baseball (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Jane Austin: Literary Genius (TAA)  2:00 Happy Hour (TAA)  2:30 Memory Game (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 Finish the Phrase (TAA) 10:00 Gentle Stretching (TAA) 10:30 Trivia Challenge (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 All About William Hanna (TAA)  2:00 Afternoon Snack 2:30 Travels with Rick Steves (TAA) 4:30 Dinner	9:30 Circle Chat (TAA) 10:00 Seated Exercise (TAA) 10:30 Paper Plane Contest (TAA) <small>EASY</small>  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Frankfurter Friday (TAA)  2:00 Root Beer Float Social (TAA) 2:30 Putt- Putt Golf (TAA)  3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 This Day in History (TAA) 10:00 Morning Stretch (TAA) 10:30 What Would You Do? (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA)  2:00 Afternoon Snack 4:30 Dinner










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July 2022

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Sunday 17	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22	Saturday 23
<p>9:30 Hidden in Plain Sight (TAA)</p> <p>10:00 Watercolor Painting (TAA)</p>  <p>10:30 Live Theater with Cindy Arnold</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie</p> <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Seated Cardio (TAA)</p> <p>10:30 A Visit to the Beach (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Moon Gardens (TAA)</p> <p>2:00 Margarita Monday (TAA)</p>  <p>2:30 Color by Number (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p> <p>9:30 Fiery Finish Lines (TAA)</p>  <p>10:00 Tai Chi Class (TAA)</p> <p>10:30 Foreign Language Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>12:50 Popcorn Sensory Group (TAA)</p> <p>1:00 Short Story Reading Group- Dog Days of Summer (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Country Music Sing Along (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Morning Chat (TAA)</p> <p>10:00 Chair Dancing (TAA)</p> <p>10:30 Horse Racing Game (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Who Am I? (TAA)</p> <p>2:00 Happy Hour</p>  <p>2:30 Dean Martin Videos (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Newspaper Review (TAA)</p> <p>10:00 Morning Stretch (TAA)</p> <p>10:30 Hemingway Day (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Remembering Lemonade Stands/Making Lemonade (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Travels with Rick Steves (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 Circle Chat (TAA)</p> <p>10:00 Chair Yoga (TAA)</p> <p>10:30 I've Got a Question! (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Papercraft- Bookmarks (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Random Trivia (TAA)</p> <p>3:15 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:30 News Currents (TAA)</p> <p>10:00 Moving & Grooving with Patricia (TAA)</p> <p>10:30 Trivia Detective (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (CNA)</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p>













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July 2022

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Sunday 24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29	Saturday 30
9:30 Over or Under 50? (TAA)  50 ↑ ↓ 10:00 Roadside Attractions (TAA) 10:30 Fly Ball (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA) 2:00 Afternoon Snack 4:30 Dinner CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff	9:30 Morning Chat (TAA) 10:00 Gentle Stretch (TAA) 10:30 Music of Mitch Miller (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo Game (TAA) 2:00 Italian Soda Social (TAA)  2:30 Finish the Phrase (TAA) 3:15 Garden Check-in (TAA) 4:30 Dinner	9:00 Worship Service (TAA) 9:30 News & Views (TAA) 10:00 Seated Exercises (TAA) 10:30 NY State Fun (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Apollo 15 Anniversary (TAA)  2:00 Afternoon Snack 2:30 Broadway Musicals Sing Along (TAA) 4:30 Dinner	9:30 Morning Chat (TAA) 10:00 Chair Exercises (TAA) 10:30 Piano Music with Sandra Walker  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Forest Sensory/ Reminiscing (TAA)  2:00 Happy Hour  2:30 Table Puzzles (TAA) 4:30 Dinner	9:30 Can You Clarihew? (TAA)  10:00 Morning Stretch (TAA) 10:30 Sing Along (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Afternoon Snack 2:30 Lucky Dice Game (TAA)  4:30 Dinner	9:30 Shadow Play (TAA) 10:00 Chair Dancing (TAA) 10:30 Bingo (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Full of Hot Air (TAA) 2:00 Afternoon Snack (TAA) 2:30 Bowling (TAA)  3:15 Garden Check-in (TAA) 4:30 Dinner	9:30 This Day in History (TAA) 10:00 Morning Stretch (TAA) 10:30 Horse Racing Game (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA)  2:00 Afternoon Snack 4:30 Dinner

