

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a **Senior University** enrichment course. Expand your knowledge, the opportunities are endless!

**If you received this newsletter by mistake or no longer want to receive it, please call us at 253.752.6621 or email [chall@franketobeyjones.com](mailto:chall@franketobeyjones.com) Thank you!**

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## Choosing A Retirement Community Cover Story

### FTJ Senior University Class Highlights ~ March—April 2022



#### The Physics of Sound and Waves

This demonstration-filled presentation will address the concept

of a wave and the physics of sound waves such as frequency, speed, the Doppler Effect, sound intensity and the decibel scale, and resonance. *March 11, 3:00 pm, MJ Wicks Wellness Center. You must register to attend. See in red below.*

#### Going on the Attack: Negative Campaign Advertisements in American Politics

In this session we will discuss the history of negative advertisements, examine some contemporary examples of negative advertising, and discuss whether or not there is anything useful that voters can learn from these ads. *March 24 at 2:00 pm. Join Zoom Meeting. Meeting ID: 481 600 3295. Passcode: 845170*

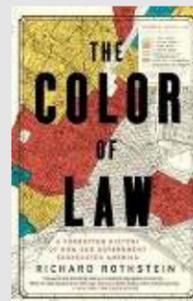
#### Our Place in the Cosmos

If you could zoom out, what would our universe look like? Cosmology reveals elegant structure, even at unfathomably

large scales. Physics tells the story of mathematical elegance and the surprising simplicity of the laws of nature. This talk will cover the physics behind our understanding of space, the effect it has on time, the plausibility of time travel, and the mysterious link between these ideas. *Thursday, March 29, 2:00 pm, MJ Wicks Wellness Center*

#### Color of Law Book Discussion

Widely heralded as a "masterful" and "essential" history of the modern American metropolis, *The Color of Law* offers "the most forceful argument ever published on how federal, state, and local governments gave rise to and reinforced neighborhood segregation." Join the discussion on *Fridays April 8, 15, 22 and 29. 2:00 – 3:30 pm. Join Zoom Meeting. Meeting ID: 876 7453 7929, Passcode: 845170*



**For all these classes you must register with Jana at 253-756-6219 or [jwennstrom@franketobeyjones.com](mailto:jwennstrom@franketobeyjones.com)**

Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations, along with others who have retired with rich career experiences. Most classes are offered free. **Go to [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com) for a full class schedule.**

# FRANKELY, WE'VE GOT IT!

*news, events, and opportunities for our community*

March/April 2022

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## Choosing A Retirement Community

Most people want to continue leading independent lives as they age, with the freedom to enjoy the life they've worked so hard to build. Choosing a beautiful place to call home; spending time with like-minded people, surrounded by nature's alluring sights and sounds; and a full range of enjoyable activities and outings to stay engaged in life are just a few of the choices to consider when looking for a senior living community. We understand that choosing between different retirement communities can be a difficult decision.

#### Retirement Community Services and Amenities

At Franke Tobey Jones you'll enjoy the style and comfort of living in a beautiful English Tudor style home. This gracious setting is matched by impeccable care, service and top of the line amenities, which include weekly housekeeping, and restaurant style dining in our senior living community. Our community offers a wide range of activities for residents, including educational, recreational, and cultural opportunities. We want you to feel at home. You're even welcome to bring along your pet – or get one after you've moved in. How many senior living communities offer that kind of personalization for residents?

#### Care Needs for All Stages of Your Life

Not only will you enjoy the spectacular five-star amenities of a luxury hotel, you'll enjoy knowing that when you live in a retirement community like Franke Tobey Jones, as your care needs

## Featured Apartment ~ Garden Apartment #204 Independent Living



This 924 square foot, two-bedroom, two-bathroom apartment with kitchen is completely remodeled and faces the park. There is a wonderful Concierge right in the building. The monthly rent of \$4,980 (\$75K buy-in) includes:

- ◆ Continental Breakfast M, W, F
- ◆ Happy Hour every Thursday
- ◆ 6,000 square foot fitness center and fitness classes
- ◆ Housekeeping twice monthly
- ◆ Fully equipped kitchen
- ◆ Stackable washer and dryer
- ◆ Electricity (including A/C), gas, water, sewer, garbage, standard cable television, property taxes, building insurance



- ◆ Fire, burglary, emergency services monitored on-site
- ◆ Maintenance of building exterior, all grounds and common areas
- ◆ FTJ Senior University Classes
- ◆ Activities, transportation, trips and more!

### You might also consider....



#### Assisted Living #203—\$3,520/month (no buy-in)

This 271 square foot studio apartment is on the main floor, close to dining, activities and front desk. Included: three meals daily with waited dining service; all utilities including local phone and basic cable; weekly housekeeping, fitness, FTJ Senior University, activities, more.



#### Tobey Jones Building Apt #452 \$6,520/mo. (no buy in)

This one bedroom, 865 sq. ft. apartment has a view of Mt. Rainier, a peek-a-boo view of the Sound good size living room, bedroom and kitchenette plus a walk-in closet. The monthly rent includes: 3 chef prepared meals daily; weekly housekeeping; transportation; fitness classes; Senior University; entrances with easy access; free reserved parking and more.



#### NEW Care Center - Skilled Nursing, starts at \$399/day

In our private pay Care Center, all rooms are private with full private bathrooms. Your care is our highest priority with a 24-hour staff of RNs, LPNs and CNAs. Some supplies and/or therapy services may be billed through Medicare B. We can assist with long term care insurance. **It is not necessary to live at FTJ first.** We are not a designated COVID skilled nursing facility.

**Your needs are always a priority to us. For more information regarding these apartments, other living/residential options, available apartments, or any other questions you may have regarding retirement living, please call Michelle Olafson or Terry Allman at 253-752-6621 or visit [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com).**

### Meet Residents

## Braxton and Emily Butler



Braxton was born in Missouri and grew up in Texas. After graduating from high school he entered military service which resulted in numerous posts overseas. He was

fortunate enough to be in Berlin both when the wall went up and when it came down. He has a large piece of the wall mounted in their home. In 1983, he retired after fifty years in the army and retired at Ft Lewis, WA.

Emily was born in Ohio, and at age 5 the family moved to California. Graduating from high school and college in OR, she taught school in OR, CA and HI. Deciding she wanted to change careers, she became a Recreation Servicer worker with the American Red Cross working in military hospitals in Viet Nam, Japan, CO, AZ, CA and AL. Four years in Korea with the 9<sup>th</sup> infantry division as a Service to Armed Forces supervisor permitted her to travel extensively, visiting Malaysia, Singapore, New Zealand and Australia. After Korea came three years in Germany including a trip to Russia and then two years in CO. Her final assignment was Red Cross manager with the Navy in Italy.

After his army retirement, Braxton was a civil service employee for 20 years providing logistics to the Army Patriot Missile system in Riyadh, Saudi Arabia and become engaged to Emily while she was in Naples. After six months they both returned to AL and were married, then returned to their respective duty stations for six months. A ten-day cruise down Nile River in Egypt helped pass the time. Picking up Emily in Naples they flew to England for a transatlantic voyage of seven days on the Cunard QE2. Emily finished her thirty-one years' service with the Red Cross while on board. Returning to AL, they purchased a home and Braxton retired in 2001. Their leisure activities involved around church, Huntsville Disaster Services, and as volunteers in the Redstone Arsenal pharmacy serving both active military and retirees. They also toured the Baltic states, Istanbul, Israel, the Mediterranean, Argentina, Chile and cruised in the Antarctic sound.

In 2021, Emily and Braxton moved into FTJ's lovely Garden Apartments and have thoroughly enjoyed the many amenities and fellowship provided by FTJ, and have enjoyed living closer to their daughters, grandchildren and great grands.

## Choosing A Retirement Community

*Continued from page 1*

change, we have the services designed to support you. Whether you are moving from our senior independent living such as our Duplex Cottages, or the Bristol View Apartments, Garden Apartments or Tobey Jones Building area to our assisted living apartments or to our state of the art Franke Tobey Jones Care Center that has memory care and skilled nursing under one roof, you can remain in the community you've come to love – something seniors overwhelmingly say they want to do as they age. As one of the most caring and nurturing retirement communities, we can provide the services you need throughout your entire journey of aging. Whether you need assistance with daily tasks, or you find yourself needing round-the-clock nursing, we have one of the best assisted living and skilled nursing facilities. Our community is ready to assist you, no matter what journey your life takes you on.

Come discover our beautiful campus and living choices for yourself and the gracious living you'll experience as a resident of the Franke Tobey Jones family. Living well is the best reward. For pricing information or to learn more about what Franke Tobey Jones offers, check us out at [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com) or call for information at 253-752-6621.

## "Souper" Bowl Victory!



**The 2nd Annual "Souper" Bowl With Love was an epic win!**

**Game-Winning Play:** The incredible generosity of residents and staff delivered a RESOUNDING VICTORY to the Pt. Defiance ~ Ruston Senior Center, filling FTJ bags with soups, crackers and valentines!

**Final Game Results:** The goal – 45 GREEN bags. This remarkable FTJ Dream Team surpassed the goal line and provided an amazing 55 bags to well-deserving seniors who need a little extra help.

**Souper Bowl Wrap-Up:** A message from Kate Gray, Pt. Defiance ~ Ruston Senior Center Director: "I am just overwhelmed with gratitude for the many gifts all of you have provided the seniors. With even more bags than we had hoped for, we can help that many more folks who come to the drive-thru for a daily meal and our Senior Center participants. It is a comfort knowing they all have something extra to take home. We are so thankful for your generosity and that you continue to remember them. You have my heartfelt thanks."

## Time To Do What You Love

Whether you love to play an instrument, paint, garden, cycle or whatever your passion is, living in senior living where so much is taken care of for you frees up your time to do those things you love to do but haven't had time for.



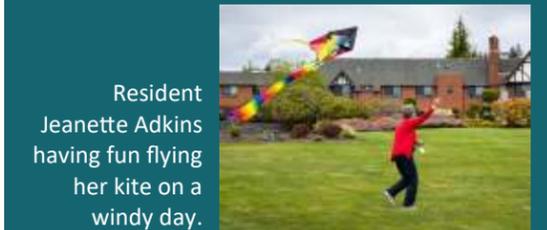
Residents Jane Schuneman and Eric Swenson play beautiful music outside the Garden Apartments.



Residents taking a spin around campus and to Point Ruston.



Resident Shelby Clayson enjoying tending to her summer garden.



Resident Jeanette Adkins having fun flying her kite on a windy day.



Resident Pat Mail spends time with her beloved Mac strolling through Point Defiance Park.