

From the minute you step foot on our beautiful campus, you'll feel at home. Our vibrant senior community is a place where close friends and memories are made. Exercise your mind with a **Senior University** enrichment course. Expand your knowledge, the opportunities are endless!

**If you received this newsletter by mistake or no longer want to receive it, please call us at 253.752.6621 or email [chall@franketobeyjones.com](mailto:chall@franketobeyjones.com) Thank you!**

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**We're Open For Tours and Move-Ins. Are You Ready?**  
**Cover Story**

## FTJ Senior University Class Highlights ~ May—June 2022



**Choreographers: Bob Fosse, Debbie Allen, Michael Peters\***

Learn how these choreographers changed the face of dance and contemporary movement as we know it. Get an inside peak into their processes when creating such hit Broadway shows such as "Chicago",

"Dreamgirls" and "Sweet Charity". These Choreographers are more than just stage visionaries! *Thursdays May 5, 12 and 19. 11:00 am, Bristol View 1<sup>st</sup> Floor Gathering Room.*

### Microscopes That Don't Use Light\*

This demonstration-filled presentation will address the physics of light, including speed, color, wavelength, and Fermat's Principle. Using simple ray diagrams, we will illustrate the design and function of thin lenses, eyeglasses, optical microscopes, and telescopes. We'll also discuss (and view pictures from) two microscopes housed at PLU that DON'T use light. *Friday, May 20. 3:00 pm, MJ Wicks Wellness Center.*

### How to Listen to Jazz Series

Learn about the history and importance of Jazz music through the ages with guided listening and discussion based classes. We will cover, Early/Traditional Jazz, Big Band Jazz, Bebop, Hard Bop, Cool Jazz, Fusion, Modern Jazz and beyond. There are no prerequisites for this course—just bring an open mind and open ears! *Thursdays June 2, 9 and 16. 11:00 am, Join Zoom meeting: <https://us02web.zoom.us/j/84450286448?pwd=MEVDMERZU3BTZmhqbVhzRWRhYUlwZDZ09> Meeting ID: 844 5028 6448, Passcode: 845170*

### Writing the Persuasive Essay\*

Study the art of written persuasion, including call to action, emotional appeal, and authorial presence. Students will write, workshop, and revise one persuasive essay. *Friday, June 24. 11:00 am, Zoom (Pre-register to receive the Zoom link)*

**\* = Must register with Jana at 253-756-6219 or [jwennstrom@franketobeyjones.com](mailto:jwennstrom@franketobeyjones.com)**



Senior University at FTJ provides a wealth of programs for lifelong learning and many opportunities to build skills, explore new subjects, and enjoy the learning process for people 55 and better—both those residing on campus and in the surrounding community. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, nonprofits and cultural organizations, along with others who have retired with rich career experiences. Most classes are offered free. **Go to [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com) for a full class schedule.**

# FRANKELY, WE'VE GOT IT!

*news, events, and opportunities for our community*

May/June 2022

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*Frankely, We've Got It*  
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## We Are Open For Tours and Move-Ins—Are You Ready?

During the last several months we have been extremely busy, and currently only have three available apartments on campus. The number of people on our Priority Wait Lists continues to grow. If you are considering a move in the future, we recommend that you get on our Priority Wait List as soon as possible which allows you to take the time to plan and downsize.

You might be grappling with what your next best step might be, or what is the next best step for a loved one. Is it the right time for senior living? Where would I fit in senior living? Do I need independent living or assisted living? Does my loved one need assisted living or memory care? These are all vital questions that become very confusing as we start planning for the next chapter in our lives. FTJ can help you address concerns about these life-changing decisions and important priorities for you or your loved ones.

There is also a tool on the FTJ website called "Is It The Right Time For Senior Living?" This tool will walk you through many questions and help you determine your next best plan. If you are interested in interacting with this tool, go to our website, [www.franketobeyjones.com](http://www.franketobeyjones.com), and it will pop up on the homepage.

Whether you are interested in learning more about in-home care or moving to a senior living community, we would be happy to answer your questions. Please feel free to contact us at (253) 752-6621.

## Featured Apartment ~ Tobey Jones #454 Independent Living with Services



One of the nice features of the Tobey Jones building is that every apartment is different, and every apartment has interesting skylights and/or angles and/or features. Apartment #454, a one-bedroom apartment, has great pitched room skylights which makes this apartment bright even on cloudy days. It also has a nice kitchenette and

dining nook. The monthly rent is \$3,990, has no "buy in" and includes the following amenities:

- 3 wonderful, chef prepared meals a day
- Experienced weekly housekeeping
- Transportation to and from doctor appointments and shopping, five days a week
- Many fitness classes
- Woodshop and Craft room
- Senior University—life long learning
- More activities, trips and tours than you can imagine!

### You might also consider....



#### Garden Apartments #104 \$4,715 (\$90K buy-in)

Garden Apartment #104 is a two-bedroom, two-bathroom 916 square feet home with a wonderful walk-out patio and upgraded full kitchen. The monthly rent includes: continental breakfast three days a week, weekly happy hour, housekeeping, accrual of six days of health care benefits, fitness classes and gym, Sr. University, transportation and more.



#### Garden Apartments #204 \$4,980 (\$75K buy-in)

This 924 square foot, two bedroom apartment also has a full kitchen plus a walk-in tub, the only one in the building, which is a very beneficial feature! The monthly rent includes: continental breakfast three days a week, weekly happy hour, housekeeping, accrual of six days of health care benefits, fitness classes and gym, Senior University, transportation if needed, activities and so much more.



#### NEW Care Center - Skilled Nursing, starts at \$399/day

In our private pay Care Center, all rooms are private with full private bathrooms. Your care is our highest priority with a 24-hour staff of RNs, LPNs and CNAs. Some supplies and/or therapy services may be billed through Medicare B. We can assist with long term care insurance. **It is not necessary to live at FTJ first.** We are not a designated COVID skilled nursing facility.

**Your needs are always a priority to us. For more information regarding these apartments, other living/residential options, available apartments, or any other questions you may have regarding retirement living, please call Michelle Olafson or Terry Allman at 253-752-6621 or visit [www.FrankeTobeyJones.com](http://www.FrankeTobeyJones.com).**

### Meet Residents

## John and Ann Martin



John was born in Canada and at the age of 17 he joined the Royal Canadian Air Force. At the end of his military service, he met his first wife. John served in WWII on many aircraft from 1941–1946.

After fathering three children, John went back to school to finish his education. He moved his family to the Northwest to work for Puget Sound Power and Light and later for the Department of Corrections, a job he enjoyed and retired from. John loves the water and owned a 28' Columbia sailboat for many years.

Ann was born in Seattle and lived many places while growing up including Canada. Ann completed her education including graduate school at Stanford in California. She taught school for one year in Carmel where she married her first husband. He joined the Navy and trained in Rhode Island while Ann worked on Cape Cod. Their children were born in CA.

The family settled in Tacoma where Ann's husband worked for Weyerhaeuser and they had their third child. At the age of 45, Ann was divorced with three children, went back to school and received an endorsement in special education from Pacific Lutheran University. She worked in special education, moved on to teach "at risk" preschool children for the next 17 years in Tacoma Public Schools, and ended her career working in the Head Start Special Education program three years later.

After 13 years of being single, Ann joined Great Expectations, where she met John, and they married a year later. After a 40-day honeymoon on John's sailboat, they settled down in Ann's beautiful historic home in North Tacoma and also joined the Tacoma Yacht Club.

At the age of 45, Ann became a competitive swimmer, then became active in competitive dragon boat paddling where John joined her, and in 2006 she represented the USA in their 55+ division in the Australian Women's Masters. She also medaled in the World Master's Swim.

They moved into a FTJ duplex in 2018, and they have really loved it. Ann truly enjoys our Wellness Center, and they both enjoy the ambiance of everything at FTJ – the residents and staff, the surrounding beauty of the FTJ campus and the proximity to Point Defiance Park. We are happy John and Ann are part of our FTJ family.

## It's A Small World at FTJ

By Melody Federer, FTJ Philanthropy Coordinator



Mary Gordon-Beil and Beryl Cunningham-Bucklin

FTJ Residents, Mary Beil, age 103, and Beryl Bucklin, age 102, grew up one street over from each other as kids, right here in Tacoma. Mary lived on North 30<sup>th</sup> St and Beryl lived on 29<sup>th</sup>. Mary even moved to 29<sup>th</sup> later in life.

However, back then they knew of each other by their maiden names.

"You were Beryl Cunningham," Mary says, pointing to Beryl's picture in the yearbook---one year below her at Stadium High School.

"And what was yours?" Beryl asks.

"Gordon. Mine was Mary Gordon."

"The Gordons! That's right! You lived in the great big square house on the corner!"

"That's right. The white house. My dad was the president of the Tacoma Rose Society. We always had roses. Beryl, did you have brothers?"

"I did. I had an older brother. One year older."

"Mine were much older."

Somehow despite living down the block from each other and one class apart, their paths never truly crossed. But Mary says she remembers seeing the Cunninghams around.

"I was a tennis star in high school," Mary says proudly.

"I was more musical," Beryl says. "I didn't play sports in high school. Well. A little volleyball!"

"I played volleyball too!" Mary says.

"Remember the girls club at our high school? The Stadium Diana's?" Beryl asks Mary.

Mary smiles. She remembers.

"And where did you go after that Beryl?"

"I went on to UW."

"So did I! What Sorority were you?"

"I was a Ki Chi Omega," Mary says.

"I was Sigma Kappa," Beryl says.

"I played the tennis championship against the Sigma Kappa's!"

The two giggle over the memory.

Beryl finds it to be an amazing coincidence they have both come to live at Franke Tobey Jones.

Mary thinks, why not? They're both from Tacoma. It's no surprise they'd find their way back to a city they both grew up in and loved. Now decades later, they're just a hallway away from one another.



Mary Gordon



Beryl Cunningham

## Distinguished Army Women's Hall of Fame



Franke Tobey Jones is very lucky to have a distinguished Army Women's Hall of Fame Recipient as part of the Senior Center team, and we are thrilled to welcome her to our family. "Connie came to the Senior Center as a

volunteer and very quickly had her talents recognized, says Kate Gray, Director of the Point Defiance ~ Ruston Senior Center. "When the opportunity came to hire her, I knew I wanted her to consider this very part-time position as an on-call Receptionist. Having recently retired, I knew she wouldn't want to work full-time, but I wanted her onboard with us. It is my very distinct honor to present Mrs. Constance Byzinker, one of the most recent inductees into the Army Women's Hall of Fame."

## A Sad Goodbye To Two Distinguished Residents



Bob Williams who served as a member of the Washington House of Representatives from 1979 to 1989 and was the Republican nominee for Governor of Washington in 1988.



Dr. Philip Phibbs who served as the President of the University of Puget Sound from 1973 to 1992. His service continued when he and his wife, Gwen, moved to FTJ in 2009. Chairing the FTJ Capital Campaign Committee from 2017

to 2019, he played a strategic and instrumental role in securing a one-million-dollar grant from the Milgard Foundation, as well as philanthropic gifts from numerous members of the community to ensure funding for the new Care Center. It was only appropriate that at the opening day reception, he was asked to help cut the ribbon.