




# AUGUST

# 2022

Mon	Tue	Wed	Thu	Fri
1 Chicken Salad Sandwich Spinach Salad Mixed Berries Whipped Cream	2 Fish & Chips Coleslaw Yogurt Strawberry Rhubarb Compote	3 Chicken Cacciatore Zucchini & Tomato Medley Wheat Roll Pears	4 Beef Burrito Refried Beans Mandarin Oranges Lemon Pudding	5 
8 Creamy Tomato Fettuccine Green & Yellow String Beans Wheat Rolls	9 Baja Chicken Black Bean, Corn, Rice Salad Ice Cream & Pineapple Sauce	10 Beef Stuffed Peppers Salsa Lemon Bars	11 Philly Cheese Sandwich Brussel Sprouts Grapes	12 <b>No Friday Meals</b>
15 Beef Macaroni Broccoli Wheat Roll Applesauce	16 Chicken Cheese Taco Cauliflower Salsa Guacamole Caramelized Bananas	17 BBQ Pork Loaded Baked Potato Lemon Garlic Broccoli & Parmesan Applesauce	18 Hungarian Goulash Broccoli Pound Cake Strawberries Whipped Cream	19 <b>No Friday Meals</b>
22 Salmon Filet Wild Rice Caesar Salad Wheat Roll Ice Cream	23 French Toast Sausage Links Hashbrowns Orange Juice	24 BBQ Chicken Pasta Salad Green Beans BBQ Pinto Beans Ice Cream Pineapple Sauce	25 Beef Stir Fry Fried Rice w/Egg Peas & Carrots Fortune Cookie Ice Cream Cup	26 <b>No Friday Meals</b> 
29 BBQ Pork Sandwich Green Beans Carrot Raisin Salad Lemon Bar	30 Chicken Potato & Pea Salad Wheat Rolls Grapes Orange Sherbet	31 Meatloaf Potatoes & Gravy Carrots Oranges		

## Catholic Community Services Senior Nutrition Program

This Menu is subject to change | Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.