Catholic Community Services Senior Nutrition Program 2022

Mon	Tue	Wed	Thu	Fri
		Holiday Closures **Christmas - December 26** **New Years - January 2**	1 Spaghetti W Beef Green Beans Garlic Bread Pears	2 *No Friday Meals*
5 Swiss Cheese Burger Lettuce & Tomatoes Sweet Potatoes Fries Mixed Berries	6 Vegetable Lasagna Green Beans Sautéed Cinnamon Apples	7 Pork Tenderloin Bake Spinach Butternut Squash Grapes Oatmeal Cookies	8 Beef & Rice Burrito Salsa, Guacamole Sour Cream Cucumber Tomato Salad Sautéed Cinnamon Apples	9
12 Chefs Salad W/ Turkey Cheese & Egg Beans & Peas Breadsticks Peaches	13 Salisbury Steak w/ Gravy Mashed Potatoes Sautéed Spinach Fig Newton	14 Macaroni & Cheese Brussel Sprouts Wheat Roll Strawberries	15 Holiday Ham Mashed Potatoes & Gravy Green Beans Roll, Peaches Apple Pie Holiday Party	16
19 Chicken Fajita W/ Bell Peppers & Zucchini Rice Salsa, Guacamole, Sour Cream	20 Beef Barley Soup Caesar Salad Fresh Apple Ginger Snaps	21 Pork Soft Tacos Mexicali Veggies Rice Salsa & Sour Cream Banana	22 Beef Chili Con Carne Sautéed Carrots Spinach Cornbread Pears	23
26 *Closed For Christmas*	27 Honey Dijon Chicken Potatoes Beets Peaches	28 Beef & Pepper Steak Brussel Sprouts Pound Cake W Strawberries Whip Cream	29 Sweet & Sour Pork Vegetables Rice Fortune Cookie Ice Cream	30 Happy Holidays!

This Menu is subject to change

Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.