
















November/December 2022











Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
9:30 Coffee Circle (TAA) 10:00 Seated Cardio (TAA) 10:30 The Grand Ole Opry (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Day (TAA)  2:00 Afternoon Snack 2:30 New England Trivia (TAA) 4:30 Dinner	9:30 Jimi Hendrix Day (TAA) 10:00 Chair Yoga (TAA) 10:30 IN2L Piggy Bank Game (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Can You Picture This? (TAA)  2:00 Egnog Social (TAA)  2:30 Random Trivia (TAA) 4:30 Dinner	9:00 Worship Service (TAA)  9:30 Electronic Greetings Day (TAA) 10:00 Chair Dancing (TAA) 10:30 Horse Racing Game (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Canvas Creations (TAA)  2:00 Afternoon Snack 2:30 Canvas Creations Continued (TAA) 4:30 Dinner  FRANKE TOBEY JONES <i>Enjoy your age</i>	9:30 Notable Quotable Day (TAA)  10:00 Seated Cardio (TAA) 10:30 Stephen King: Master of Mayhem (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Favorite Cookbook Day (TAA) 2:00 Happy Hour (TAA)  2:30 Christmas Song Sing Along (TAA) 4:30 Dinner	9:30 Service Project- Deck the Halls (TAA) (TAA) 10:00 Seated Cardio (TAA) 10:15 Music with Anne & Gaye (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Christmas Tree Decorating (TAA)  2:00 Happy Hour (TAA) 2:30 Mary Martin Day (TAA) 4:30 Dinner	9:30 Coffee & Chats (TAA) 10:00 Chair Dancing (TAA) 10:30 Mutt Day (TAA) 11:15 Transition Time (CNA) 11:30 Holiday Luncheon  1:00 Christmas Music Trivia (TAA) 2:00 Afternoon Snack (TAA) 2:30 Shiny Nose Day (TAA) 4:30 Dinner 	9:00 Neon Lights (TAA) 9:30 Category Trivia (TAA) 10:00 Seated Exercises (TAA) 10:30 All About Andy Williams (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Land of Lincoln (TAA) 2:00 Afternoon Snack 2:30 Fly Ball (TAA) 4:30 Dinner
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>						



December 2022

Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
9:00 Christmas Tree Week (TAA) 9:30 December Dice (TAA) 10:00 Seated Cardio (TAA) 10:30 Naughty or Nice? (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Christmas in Chicago (TAA) 2:00 Afternoon Snack 2:30 Bingo (TAA) 4:30 Dinner	9:30 Bulldogging Day (TAA) 10:00 Seated Cardio (TAA) 10:30 Color a Carol (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Columbian Day of the Reef (TAA) 2:00 Music with Marty (TAA)  4:30 Dinner	9:00 Worship Service and Communion (TAA)  9:30 Toys Tuesday (TAA) 10:00 Chair Dancing (TAA) 10:30 I Got Rhythm (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Star of the Month (TAA) 2:00 Afternoon Snack 2:30 Fate According to Scrabble (TAA) 3:00 Music with John (TAA)  4:30 Dinner	9:30 The Candy Man (TAA) 10:00 Tai Chi Class (TAA) 10:30 All About Delaware (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Who Am I? (TAA) 2:00 Happy Hour (TAA)  2:30 Name That Christmas Tune (TAA) 4:30 Dinner	9:30 Seated Exercise (TAA) 10:00 Piggy Bankers Game on iN2L (TAA)  10:30 Enlightenment Day (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Making Christmas Cards Day (TAA) 2:00 Afternoon Snack (TAA) 2:30 Fly Ball (TAA) 4:30 Dinner	9:30 National Salesperson Day (TAA) 10:00 Seated Cardio (TAA) 10:30 Can You Picture This? (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Travelogue (TAA) 2:00 Egnog Social (TAA)  2:30 Kirk Douglas Day (TAA) 4:30 Dinner	9:00 Happy Birthday, Hoss (TAA) 9:30 Hand Spa (TAA)  10:00 Moving & Grooving with Ashley (TAA) 10:30 EZ Trivia (TAA) 11:15 Transition Time 11:30 Lunch 1:00 Gingerbread House Decorating (TAA) 2:00 Afternoon Snack 2:30 All About the Nobel Prize (TAA) 4:15 Briggs Singers Holiday Caroling 4:30 Dinner 
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PROGRAMS SUBJECT TO CHANGE



December 2022



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
9:00 Worldwide Candle Lighting Day (TAA) 9:30 Seated Exercise (TAA) 10:00 Paired Up Matching (TAA) 10:30 Finish the Phrase (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 All About Rita Moreno (TAA) 2:00 Afternoon Snack 2:30 Watercolor Project (TAA) 4:30 Dinner CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff	9:30 Happy Birthday, Pennsylvania (TAA) 10:00 Morning Stretch (TAA) 10:30 All About the Nutcracker Ballet (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Yes, Virginia, This Editorial Endures (TAA) 2:00 Afternoon Snack 2:30 All About Frank Sinatra (TAA) 4:30 Dinner	9:00 Worship Service (TAA)  9:30 Aluminum Day (TAA) 10:00 Chair Dancing (TAA) 10:30 Double Exposure (TAA) 11:15 Transition Time CNA) 11:30 Lunch 1:00 Happy Birthday, Dick Van Dyke (TAA) 2:00 Afternoon Snack 2:30 Grapevine Day (TAA) 4:30 Dinner	9:30 Pine Cones & Peppermints Day (TAA) 10:00 Seated Exercises (TAA) 10:30 Winter Wonderland Sensory (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Happy Hour (TAA)  2:30 Christmas Bird Count (TAA) 4:30 Dinner	9:30 Bill of Rights Day (TAA) 10:00 Chair Cardio (TAA) 10:30 Maple Leaf Flag Anniversary (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Jingle All the Way (TAA) 2:00 Afternoon Snack 2:30 Bingo (TAA) 4:30 Dinner  FRANKE TOBEY JONES <i>Enjoy your age</i>	9:30 Teatime Day (TAA) 10:00 Creative Chocolates (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Essential Oils: Health or Hype? (TAA) 2:00 Afternoon Snack 2:30 You Be the Judge (TAA)  4:30 Dinner	9:00 National Wreaths Across America (TAA) 9:30 Seated Exercise (TAA) 10:00 Junk Drawer Detective (TAA) 10:30 Canine Champions (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (TAA)  2:00 Afternoon Snack 2:30 Happy Birthday, Pope Francis (TAA) 4:30 Dinner



December 2022

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
9:00 All About Hanukkah (TAA) 9:30 To Tell the Truth (TAA) 10:00 Morning Stretch (TAA) 10:30 Bingo (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Happy Birthday, New Jersey (TAA) 2:00 Afternoon Snack 2:30 Christmas Music Fun (TAA) 4:30 Dinner Hanukkah Begins 	9:30 Short Story Reading: One Special Gift (TAA)  10:00 Seated Cardio (TAA) 10:30 Happy Birthday, Cicely Tyson (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Look for an Evergreen Day (TAA) 2:00 Holiday Sangria (TAA)  2:30 Spa Afternoon (TAA) 4:30 Dinner	9:00 Worship Service (TAA)  9:30 Go Caroling Day (TAA) 10:00 Chair Dancing (TAA) 10:30 Wear Red Lipstick Day (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Can You Picture This? (TAA) 2:00 Afternoon Snack 2:30 It's a Wonderful Life Anniversary (TAA)  4:30 Dinner	9:30 Happy Birthday, Basketball (TAA) 10:00 Seated Cardio (TAA) 10:30 Piano Music with Sandra Walker  11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Happy Hour (TAA)  2:30 Look on the Bright Side Day (TAA) 4:30 Dinner	9:00 Coffee Circle (TAA)  9:30 Hanukkah Trivia (TAA) 10:00 Chair Yoga (TAA) 10:30 In2L Family Feud Game (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Remembering Classic Toys and Books (TAA) 2:00 Hot Chocolate Social (TAA) 2:30 Christmas Symbols Day (TAA) 4:30 Dinner	9:30 Rock Around the Christmas Tree (TAA) 10:00 Christmas Stories (TAA) 10:30 Twas the Night Before Christmas (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Scents of the Season (TAA) 2:00 Afternoon Snack 2:30 Christmas Sing Along (TAA) 4:30 Dinner	9:00 Chat Circle (TAA) 9:30 Christmas Memories (TAA) 10:00 Morning Stretch (TAA) 10:30 Kiritimati Day (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bob Hope Day (TAA)  2:00 Afternoon Snack 2:30 Sounds of the Season (TAA) 4:30 Dinner Christmas Eve

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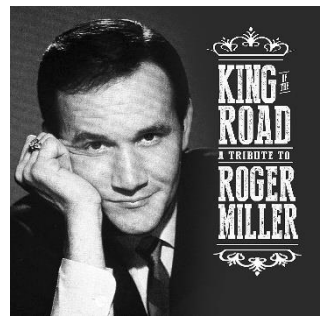





FRANKE TOBEY JONES
Enjoy your age



December 2022/January 2023

Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	31
9:00 News & Chats (TAA) 9:30 No L Day (TAA) 10:00 Chair Dancing (TAA) 10:30 Bingo (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Afternoon Movie (CNA) 2:00 Afternoon Snack 4:30 Dinner 	9:30 Morning Chat (TAA) 10:00 Chair Yoga (TAA) 10:30 Interesting Facts About Kwanzaa (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Candy Cane Races (TAA) 2:00 Eggnog Social (TAA)  2:30 National Thank You Note Day (TAA) 4:30 Dinner Hanukkah Ends	9:00 Worship Service (TAA)  9:30 Meet & Greet (TAA) 10:00 Chair Dancing (TAA) 10:30 Peter Pan Day (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Random Trivia (TAA) 2:00 Afternoon Snack 2:30 Music of Dean Martin (TAA) 4:30 Dinner	9:30 Hawkeye State Day (TAA) 10:00 Tai Chi Class (TAA) 10:30 Endangered Species Day (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Happy Hour (TAA)  2:30 Music of Bing Crosby (TAA) 4:30 Dinner	9:30 Bowling Ball Day (TAA) 10:00 Nine Pin Bowling Game (TAA) 10:30 King of the Road (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Making New Year's Day Cards (TAA) 2:00 Afternoon Snack 2:30 Fly Ball (TAA) 4:30 Dinner	9:30 Cup of Coffee Day (TAA)  10:00 Floor Hockey (TAA) 10:30 Finish the Phrase (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 New Year Resolutions (TAA) 2:00 Afternoon Snack 2:30 Music of the Andrews Sisters (TAA) 4:30 Dinner	9:00 Morning Social (TAA) 9:30 New Year's Eve Banished Words (TAA) 10:00 Seated Exercises (TAA) 10:30 Let There Be Light (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Goodbye, Chrome Plating (TAA) 2:00 New Year's Eve Champagne Social (TAA)  4:30 Dinner New Year's Eve
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