











January/February 2023



Memory Care – Life Enrichment













Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
<p>9:00 Montessori Program (TAA)</p>  <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Sing Along with American Folk Songs (TAA)</p> <p>10:30 Card Game "Uno" (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Does It Jive? All About Jive Dancing and Music (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Fly Ball (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Yoga (TAA)</p> <p>10:00 Chocolate Concoctions- Nut Clusters (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 A Day at the Beach (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 History of Bread Making and Breads of the World (TAA)</p>  <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p>  <p>9:30 Fly Ball (TAA)</p> <p>10:00 Valentine Art Project (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 All About Coca-Cola Day (TAA)</p>  <p>2:00 Coke Float Social (TAA)</p>  <p>2:30 Afternoon Bowling (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Bingo (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Spa Afternoon- Hand Massages (TAA)</p>  <p>2:30 Songs of the Musicals (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Morning Stretch (TAA)</p> <p>10:00 Groundhog Day Trivia (TAA)</p> <p>10:30 Making Dirt Cups Desserts (TAA)</p> <p>11:00 Finish the Phrase (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>12:30 Tabletop Puzzles</p> <p>1:00 Visit to the Forest (TAA)</p>  <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Name That Tune (TAA)</p> <p>4:30 Dinner</p> <p>Ground Hog Day</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Craft Project- Valentine Card Making (TAA)</p> <p>10:45 Remembering Valentines (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Norman Rockwell Day (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Bean Bag Twister (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Cardio (TAA)</p> <p>10:00 Making Homemade Fruit Parfaits (TAA)</p>  <p>10:30 Fruit Tasting- Berries vs. Tropical Fruits (TAA)</p> <p>11:00 Roll a face Dice Game (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 A Visit to the Ocean (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 EZ Trivia (TAA)</p> <p>4:30 Dinner</p>
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>						



February 2023



Memory Care – Life Enrichment











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Horse Racing Game (TAA)</p>  <p>10:45 Paper Airplane Fun (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Watercolor Project (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Fly Ball (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Yoga (TAA)</p> <p>10:00 Piggy Bankers (TAA)</p>  <p>10:45 Bowling Challenge (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Twist of Lemon Day-Flavored Water Taste Testing (TAA)</p> <p>2:00 Music with Marty (TAA)</p>  <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p>  <p>9:30 Fly Ball (TAA)</p> <p>10:00 Bread & Hand Churned Butter Making (TAA)</p> <p>10:45 You Be the Judge (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>12:15 Helping Hands (CNA)</p> <p>12:30 Tabletop layout</p> <p>1:00 Who Am I? (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Ring Toss Game (TAA)</p> <p>3:00 Music with John (TAA)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Amazing Science Experiments- Glue Sun Catcher (TAA)</p> <p>10:45 Name That Tune (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Aroma Therapy- Name That Scent (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Music of the Big Bands (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Finish the Phrase (TAA)</p> <p>10:15 Music with Anne & Gaye (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Travelogue (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Lucky Dice Game (TAA)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Potato Stamping Art Project (TAA)</p> <p>11:00 Remembering Mr. Potato Head (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>12:30 Tabletop Puzzles</p> <p>1:00 Spa Afternoon (TAA)</p>  <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 The Humble Potato (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Cardio (TAA)</p> <p>10:00 Craft Project: Making Jewelry (TAA)</p> <p>10:45 Peppermint Patty Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 All About Rocks and Minerals (TAA)</p>  <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Can You Picture This? (TAA)</p> <p>4:30 Dinner</p>
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>						



February 2023

Memory Care – Life Enrichment













Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<p>9:00 Montessori Program (TAA)</p>  <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Bingo (TAA)</p> <p>11:00 Finish the Phrase (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Postal Love Songs (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Afternoon Bowling (TAA)</p> <p>4:30 Dinner</p> <p>Superbowl Sunday</p> <hr/> <p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Yoga (TAA)</p> <p>10:00 Oatmeal Monday-Taste Testing (TAA)</p> <p>10:30 Making Oatmeal Facial Masks (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Star of the Month (TAA)</p> <p>2:00 Arnold Palmer Social (TAA)</p>  <p>2:30 Finish the Phrase (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p>  <p>9:30 Fly Ball (TAA)</p> <p>10:00 Making Valentine Day Slime (TAA)</p> <p>10:45 Remembering Valentines (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>12:30 Tabletop Games</p> <p>1:00 What Am I? (TAA)</p> <p>2:00 Strawberry Margarita Social (TAA)</p> <p>2:30 Classic Love Songs (TAA)</p> <p>4:30 Dinner</p>  <p>Valentine's Day</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Canvas Smear Art (TAA)</p>  <p>11:00 Name That Tune (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Hand Massages (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Postal Trivia (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Morning Stretch (TAA)</p> <p>10:00 Horse Racing Game (TAA)</p>  <p>10:45 Pony Express Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Visit to the Beach Sensory (TAA)</p>  <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Bean Bag Twister Game (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Mardi Gras Mask Making (TAA)</p>  <p>11:00 Piggy Bankers Game (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Cooking Project-Making Mini Pizzas (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Who Am I? (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Cardio (TAA)</p> <p>10:00 Making Spice Paints (TAA)</p>  <p>10:30 Cool Things About Spices (TAA)</p> <p>11:00 What Would You Use This Spice For? (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Spice Painting Project (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Extreme Resorts & Hotels (TAA)</p> <p>4:30 Dinner</p>



February 2023

Memory Care – Life Enrichment







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
<p>9:00 Montessori Program (TAA)</p>  <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Junk Drawer Detective (TAA)</p> <p>10:30 Corn Flakes Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Ring Toss (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 What Do We Know About Dreams? (TAA)</p> <p>4:30 Dinner</p> <hr/> <p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. W\$= Wellness Staff</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Presidential Fitness Trail (TAA)</p> <p>10:00 President's Day Trivia (TAA)</p> <p>10:30 First Ladies Who Am I? (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Afternoon Movie (CNA)</p>  <p>2:00 Afternoon Snack</p> <p>4:30 Dinner</p> <p style="text-align: center;">Presidents' Day</p>	<p>9:00 Worship Service (TAA)</p>  <p>9:30 Fly Ball (TAA)</p> <p>10:00 Piggy Bankers Game (TAA)</p> <p>10:30 Bowling Fun (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (TAA)</p> <p>2:00 Mardi Gras Hurricane Social (TAA)</p> <p>2:30 Fun Facts About Mardi Gras (TAA)</p> <p>4:30 Dinner</p>  <p style="text-align: center;">Mardi Gras</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 All About Lent (TAA)</p> <p>10:30 Piano Music with Sandra Walker</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Aroma Therapy-Name That Scent (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Finish the Lyrics (TAA)</p> <p>4:30 Dinner</p> <p style="text-align: center;">Ash Wednesday</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Morning Stretch (TAA)</p> <p>10:00 Friendly Feud Game (TAA)</p> <p>10:45 Lucky Dice (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Spa Afternoon- Hand Massages (TAA)</p>  <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Fly Ball (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Baking Group- Making Muffins (TAA)</p>  <p>10:30 Food Sensory Bin (TAA)</p> <p>11:00 Remembering Cooking (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 A Visit to the Forest (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Match Up Game (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Cardio (TAA)</p> <p>10:00 Random Trivia (TAA)</p> <p>10:40 Pet Therapy Visit</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Short Story Reading: A Birthday Surprise (TAA)</p> <p>2:00 Root Beer Float Social (TAA)</p>  <p>2:30 Safari Saturday (TAA)</p> <p>4:30 Dinner</p>



February/March 2023

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2	3	4
<p>9:00 Montessori Program (TAA)</p>  <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Bingo (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Happy, Happy Hippos! (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Tell A Fairy Tale Day (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Yoga (TAA)</p> <p>10:00 Cooking Project- Making Stew (TAA)</p> <p>10:45 Lucky Dice Game (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Johnny Cash Day (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Bowling Fun (TAA)</p>  <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p>  <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Floral Arranging- St. Patrick's Day Centerpieces (TAA)</p> <p>10:45 Remembering Gardens (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Fly Ball (TAA)</p> <p>4:30 Dinner</p>				
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>						