

## **Catholic Community Services Senior Nutrition Program**

Mon	Tue	Wed	Thu	Fri
YOUROCK	HUG BE MINE	1 Pork Chops With Apples Cucumber Tomato Feta Salad Rice Pudding	2 Salmon Filet Wild Rice Caesar Salad Wheat Roll Ice Cream	3
6 Beef Tostada Refried Beans Mandarin Oranges Lemon Pudding	7 Chicken Cacciatore Zucchini & Tomato Medley Wheat Roll Pears	8 Broccoli Cheese Soup 1/2 Turkey Sandwich Apple Crisp	9 BBQ Pork Open Face SANDWICH Green Beans Carrot Raisin Salad Lemon Bar	10
13 Beef Macaroni Broccoli Wheat Roll Applesauce	14 Chicken Cheese Taco Cauliflower Salsa Guacamole Caramelized Bananas	15 BBQ Pork Loaded Baked Potato Lemon Garlic Broccoli & Parmesan Apple	16 Beef Chili Colorado Cauliflower Broccoli Orange	17
CENTER CLOSED CL	21 Beef Goulash Broccoli Pound Cake Strawberries Whip Cream	22 BBQ Chicken Pasta Salad Green Beans Ice Cream Pineapple Sauce	23 Baked Cod Roasted Mediterranean Veggies Oatmeal Raisin Cookie	24
27 Beef Stir Fry Fried Rice W/Egg Peas & Carrots Fortune Cookie Ice Cream Cup	28 Fish & Chips Coleslaw Yogurt Strawberry Rhubarb Compote	VALE VALE	PPY <sub>o</sub> VI NCS	