















# March/April 2023



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Cooking Group- Spinach Tortilla Roll Ups (TAA)</p> <p>10:30 Spinach Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Kuhio Day (TAA)</p> <p>2:00 Pina Colada Social (TAA)</p> <p>2:30 All About Piggy Banks (TAA)</p> <p>4:30 Dinner</p>  	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Yoga (TAA)</p> <p>10:00 Spring Flower Arranging (TAA)</p>  <p>10:45 Food for Thought (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Star of the Month (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Bowling Fun (TAA)</p> <p>4:30 Dinner</p> 	<p>9:00 Worship Service (TAA)</p>  <p>9:30 Seated Exercises (TAA)</p> <p>10:00 What Am I? (TAA)</p> <p>10:45 Bingo (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 All About Coca-Cola Day (TAA)</p>  <p>2:00 Coke Float Social (TAA)</p>  <p>2:30 Fly Ball (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Craft Project- Making Jewelry (TAA)</p> <p>10:45 Free Rice Game (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Travelogue (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Music of the Broadway Hits (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Morning Stretch (TAA)</p> <p>10:00 Horse Racing Game (TAA)</p>  <p>10:45 Name That Tune (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Placido Domingo (TAA)</p>  <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Fly Ball (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Garden Rock Painting Project (TAA)</p> <p>10:45 You Be the Judge (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Visit to the Forest (TAA)</p>  <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Short Story Reading – Lion &amp; Lamb (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Cardio (TAA)</p> <p>10:00 Baking Group- Making Muffins (TAA)</p>  <p>10:30 Piggy Bankers Game on IN2L (TAA)</p> <p>11:00 Fly Ball (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Fact or Foolery/April Fools' Day Around the World (TAA)</p> <p>4:30 Dinner</p> <p><b>April Fool's Day</b></p>
<p><b>CNA=</b> CNA run group  <b>TAA=</b> Therapeutic Activity Assistant run group.  <b>WS=</b> Wellness Staff</p>						











# April 2023

Memory Care- Life Enrichment



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
9:00 Montessori Program (TAA) 9:30 Morning Exercises (TAA) 10:00 Making PB & J Sandwiches (TAA) 10:30 Dancing Through the Decades (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Chasing the Storm (TAA) 2:00 Snack 2:30 Trivia Challenge (TAA) 4:30 Dinner  <b>CNA=</b> CNA run group <b>TAA=</b> Therapeutic Activity Assistant run group. <b>WS=</b> Wellness Staff	9:00 Montessori Program (TAA) 9:30 Ger Your Groove On (TAA) 10:00 Watercolor Art Project (TAA) 10:30 Piggy Bankers on IN2L (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Who am I? (TAA)  <b>2:00 Music with Marty (TAA)</b>  4:30 Dinner  	9:00 Worship Service & Communion (TAA) 9:30 Chair Cardio (TAA) 10:00 Moonlight Serenade Day (TAA) 10:30 Name That Instrument (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo (TAA)   2:00 Snack 2:30 Finish the Phrase (TAA)  <b>3:00 Music with John (TAA)</b>  4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Chair Dancing (TAA) 10:00 Easter Egg Dyeing Craft (TAA) 10:30 You Be the Judge (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Boy Scout Visit/Bean Bag Twister Game (TAA) 2:00 Happy Hour   2:30 Lucky Dice Game (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Quick Cardio (TAA) 10:00 Making Scented Hand Scrub (TAA) 10:30 Vintage Soap Advertisements (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Star of the Month (TAA) 2:00 Snack 2:30 Horse Racing Game (TAA)   4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Simple Stretching (TAA) 10:00 Craft Project: Easter Cards (TAA) 10:30 Food for Thought (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Afternoon- Hand Massages (TAA)   2:00 Afternoon Snack 2:30 Beaver Day (TAA) 4:30 Dinner  	9:00 Montessori Program (TAA) 9:30 Chair Zumba (TAA) 10:00 (TAA) 10:30 Weather or Dance Song? (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Home Run Record Day (TAA) 2:00 Afternoon Snack (TAA) 2:30 Bowling (TAA) 4:30 Dinner



# April 2023



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	10	11	12	13	14	15
9:00 Montessori Program (TAA) 9:30 Seated Exercise (TAA) 10:00 Watercolor Project (TAA)  10:45 Unicorn Day (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Easter Around the World (TAA)  2:00 Snack 2:30 Fly Ball (TAA) 4:30 Dinner  <b>Easter Sunday</b>  <b>CNA= CNA run group</b> <b>TAA= Therapeutic Activity Assistant run group.</b> <b>WS= Wellness Staff</b>	9:00 Montessori Program (TAA) 9:30 Quick Cardio (TAA) 10:00 Bread & Hand Churned Butter Making (TAA) 10:30 Bingo (TAA)  11:15 Transition Time (CNA) 11:30 Lunch 1:00 A Visit to the Forest Sensory (TAA) 2:00 Margarita Monday (TAA) 2:30 Washer's Game (TAA) 4:30 Dinner	9:00 Worship Service (TAA) 9:30 Flyball (TAA) 10:00 Amazing Science Experiments- Glue Sun Catcher (TAA) 10:45 Piggy Bankers on iN2L (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 What Am I? (TAA) 2:00 Snack 2:30 Singing in the Rain Anniversary Day (TAA) 4:30 Dinner  	9:00 Montessori Program (TAA) 9:30 Seated Strength (TAA) 10:00 Making Spring Slime (TAA) 10:30 Spring Trivia on IN2L (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Random Trivia (TAA) 2:00 Happy Hour  2:30 Name That Tune (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Chair Aerobics (TAA) 10:00 Weather or Not (TAA) <b>10:15 Music with Anne &amp; Gaye (TAA)</b>  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Visit to the Beach Sensory (TAA) 2:00 Snack 2:30 Garden Planting (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Chair Zumba (TAA) 10:00 Art Project: Clay Sculpting (TAA) 10:45 Famous Sculptures Around the World (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Cooking Project- Making Mini Pizzas (TAA) 2:00 Snack- Mini Pizzas (TAA) 2:30 Lucky Dice Game (TAA)  4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Simple Stretching (TAA) 10:00 (TAA) 10:30 Short Story Reading: Spring Scavenger Hunt (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Sinking of Titanic Anniversary (TAA) 2:00 Afternoon Snack (TAA) 2:30 Horse Racing Game (TAA)  4:30 Dinner

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE
















# April 2023

Memory Care – Life Enrichment



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Sunday 16	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22
<p>9:00 Montessori Program (TAA)</p> <p>9:30 Morning Stretch (TAA)</p> <p>10:00 Henry Mancini Day (TAA)</p> <p>10:45 Fly Ball (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Dance Craze Music (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Paper Airplane Throwing Contest (TAA)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 All About Hawaii (TAA)</p>  <p>10:30 Hawaii Coloring Project (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Making Fruit Pizzas (TAA)</p> <p>2:00 Pina Colada Social (TAA)</p>  <p>2:30 Finish the Phrase (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p> <p>9:30 Chair Zumba (TAA)</p> <p>10:00 Banana Pudding Trifle (TAA)</p>  <p>10:45 Fun Things About Banannas (TAA)</p> <p>11:15 Transition Time(CNA)</p> <p>11:30 Lunch</p> <p>1:00 Spa Afternoon- Hand Massages (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Picture This (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Quick Cardio (TAA)</p> <p>10:00 Picture It- Double Exposure (TAA)</p> <p>10:30 Making Oatmeal Hand Rubs (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (TAA)</p> <p>2:00 Happy Hour</p>  <p>2:30 Trivia on iN2L (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Simple Stretch (TAA)</p> <p>10:00 Name That Spice/Scent (TAA)</p> <p>10:30 All About Mushrooms (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Aerobics (TAA)</p> <p>10:00 Baking Group- Making Muffins (TAA)</p>  <p>10:30 (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Dance &amp; Weather Trivia (TAA)</p> <p>2:00 Italian Soda Social (TAA)</p>  <p>2:30 Best of Country Songs (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Beagle Day (TAA)</p> <p>10:40 Pet Therapy Visit</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Celebrating Earth Day (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Jellybean Day/Taste Testing (TAA)</p> <p>4:30 Dinner</p> <p style="text-align: center;"><b>Earth Day</b></p>

**CNA**= CNA run group  
**TAA**= Therapeutic Activity Assistant run group.  
**WS**= Wellness Staff





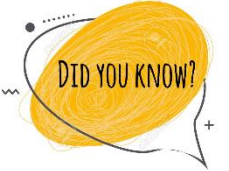







# April 2023



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## Memory Care – Life Enrichment

Sunday 23	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29
<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Piggy Bankers Game on IN2L (TAA)</p> <p>10:30 Short Story Reading: The Ringer (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 America's Li'l Sweetheart (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Zumba (TAA)</p> <p>10:00 Music Circle (TAA)</p>  <p>10:45 Piggy Bankers Game on IN2L (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Travelogue (TAA)</p> <p>2:00 Strawberry Margarita Monday (TAA)</p>  <p>2:30 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Floral Arranging- May Centerpieces (TAA)</p>  <p>10:30 Remembering Gardens (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Who Am I? (TAA)</p>  <p>2:00 Afternoon Snack</p> <p>2:30 Finish the Lyric (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Tai Chi (TAA)</p> <p>10:00 Finish the Phrase (TAA)</p> <p><b>10:30 Piano Music with Sandra Walker</b></p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Celebrating Carol Burnett (TAA)</p> <p>2:00 Happy Hour</p>  <p>2:30 Baseball Trivia on IN2L (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Yoga (TAA)</p> <p>10:00 Baking Group- Making Mini Pies (TAA)</p>  <p>10:30 EZ Trivia (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Peter &amp; the Wolf Day (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Garden Check-in (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Aerobics (TAA)</p> <p>10:00 Roll a Face Game (TAA)</p> <p>10:30 History of Arbor Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 A Visit to the Forest (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 How Trees Survive Forest Fires/ Tree Trivia (TAA)</p>  <p>4:30 Dinner</p> <p><b>Arbor Day</b></p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Quick Cardio (TAA)</p> <p>10:00 Save the Frogs Day (TAA)</p> <p>10:45 This Day in History (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Tapping Through Time (TAA)</p> <p>2:00 Root Beer Float Social (TAA)</p>  <p>2:30 Bowling (TAA)</p> <p>4:30 Dinner</p>