



FRANKE
TOBEY
JONES

Enjoy your age

Parkinson's Conference Invitation

American Parkinson Disease Association and the Health Care Providers Council have teamed up for this one day event. The conference is focused on health, wellness, movement and research. Live Well South Sound provides timely topics related to Parkinson's disease and provides an opportunity to learn, move and connect with others. Registration is now open, see link below. If you need FTJ transportation, please call Carole Velez 253-320-4216 or cvelez@franketobeyjones.com

Friday May 5
10am to 3:30pm

[Live Well South Sound | American Parkinson Disease Association \(apdaparkinson.org\)](#)

Northwest Repertory Singers "Songs of Land, Sea & Sky"

Sunday, May 7 Bus departs at 2:20 pm.

Sign up by Wednesday May 3. Cost: Ticket \$21

Featuring old and new sea shanties, also presenting Gwyneth Walker's powerful and poignant song cycle exploring humanity's relationship to water, "Down to the Sea." This musical journey will span "the round earth's imagined corners" from the landscape of the Red River Valley to the Shenandoah, as the tender beauty of "A Red, Red Rose" and the boisterous adventures of "The Wellerman" are performed. In addition, they will perform works by two of their own members, Tom Walworth's "Song of the Whaler's Wife" and the premiere of a new composition created by Sharon Stearnes-Szigeti, which musically paints a picture of "Where the Ocean Meets the Sky."

Please sign up at LP Front Desk, Heidi will purchase tickets for all who sign up at the LP Front Desk.

Tickets will be purchased on April 15th and are non refundable. After the 15th, ticket purchases are subject to availability.

New Monthly Topics

As of April, Tobey Topics is now a monthly publication. The menu will continue to be delivered each week. One side will feature the menu and the other will contain puzzles and/or communications/updates from FTJ. Senior University, Holistic and Wellness Calendars will continue to be published as normal.

Questions or concerns, please contact Heidi White.

Masking Update

As you are aware, the official Department of Health mask mandate ends on April 3rd. The recommendation of masking in long-term care still remains. At this point there are no changes to the masking rules at Franke Tobey Jones.

- All staff must wear masks at all times in the presence of other staff or residents.
- Visitors to AL, SN and MC must wear masks at all times while inside the building.
- Residents in AL, SN and MC should be encouraged to wear masks when possible.
- Residents and visitors in IL are encouraged, but not required, to wear masks in common areas of IL buildings.

We will continue to follow guidance from the local health department and DOH and updates will be provided when appropriate.

Thank you~ Bob Beckham, Administrator and COO

Security Blotter

Please do not leave valuables in your cars, even if you are just running into a building. If you see suspicious people or vehicles, please call Security at once. Do not hesitate to call the police if you know there is someone trying to break into cars or vandalizing our property. Lock your homes and close your windows if accessible from the ground floors. If you see something after hours alert Security at (253) 266-4995.

MENU			
Apr 3rd - Apr 9th			
<i>Menu subject to change due to supply shortages</i>			
	BREAKFAST	DINNER	SUPPER
	Chilled Fruit	Hearty Beef Vegetable Soup	Hearty Beef Vegetable Soup
M	Assorted Fruit Juice	Fruit Salad	Cream of Fresh Broccoli Soup
O	Old Fashioned Oatmeal	Mixed Green Salad	Fruit Salad
N	Scrambled Egg	Seasoned London Broil	Egg Salad Sandwich
D	Bacon	Grilled Liver & Onions	Cheese Enchiladas
A	Egg, Sausage & Cheese Burrito	Grilled Fish Cakes	Red Beans & Rice
Y	Whole Milk	Mashed Potatoes	Potato Chips
	Coffee	Harvard Beets	Baker's Choice
3		Pineapple Upside Down Cake	
T	Chilled Fruit	Italian Wedding Soup	Italian Wedding Soup
U	Assorted Fruit Juice	Cole Slaw	Beef Noodle Soup
E	Cream of Wheat	Mixed Green Salad	Cole Slaw
S	Fried Cage Free Egg	Baked Ziti w Vegetables	Grilled Chicken Caesar Salad
D	Biscuits & Gravy	Chicken Scallopini	Sloppy Joe Sandwich
A	Sausage Patty	Steamed Brown Rice	Tatar Tots
Y	Whole Milk	Steamed Vegetable Medley	Dinner Roll
	Coffee	Crisp Banquette	Maple Bacon Cookie
4		Spumoni Ice Cream	
W	Chilled Fruit	Cream of Vegetable Soup	Cream of Vegetable Soup
E	Assorted Fruit Juice	Mixed Green Salad	Chicken Ditalini Soup
D	Old Fashioned Oatmeal	Cucumber Sour Cream Salad	Cucumber Sour Cream Salad
N	Raisin Muffin	Lemon Sage Chicken	Grilled Ham & Swiss Melt
E	Eggs to Order	Braised Beef Tips	Fish Taco
S	Bacon	Egg Noodles	Cilantro Brown Rice
D	Whole Milk	Steamed Spinach	Sauteed Zucchini
A	Coffee	Baker's Choice	Potato Chips
Y			Chocolate Pudding Parfit
5			
T	Chilled Fruit	Minestrone Soup	Minestrone Soup
H	Assorted Fruit Juice	Hummus Plate	Lentil Soup
U	Cream of Wheat	Mixed Green Salad	Hummus Plate
R	Donuts	Maple Glazed Pork Loin	Mixed Green Salad
S	Fried Cage Free Egg	Horseradish Crusted Trout	Chicken Ala King w Biscuit
D	Grilled Ham	Garlic Mashed Potatoes	Philly Style Cheese Steak Sandwich
A	Hashbrowns	Cauliflower Au Gratin	French Fries
Y	Whole Milk	Spice Cake	Applesauce Bar
6	Coffee		
	Chilled Fruit	New England Clam Chowder	New England Clam Chowder
F	Assorted Fruit Juice	Bean Salad	Bean Salad
R	Old Fashioned Oatmeal	Mixed Green Salad	Mixed Green Salad
I	Omelet	Chopped Beef Steak	Meat Lovers Pizza
D	Blueberry Muffin	Crispy Baked Cod Fillet	Roasted Vegetable Lasagna
A	Sausage Link	Rice Pilaf	Bread Stick
Y	Whole Milk	Steamed Broccoli	Asst Cookies
	Coffee	Mixed Berry & Apple Crisp	
7			
S	Chilled Fruit	Loaded Potato Chowder	Loaded Potato Chowder
A	Assorted Fruit Juice	Cottage Cheese	Butternut Squash Soup
T	Old Fashioned Oatmeal	Mixed Green Salad	Cottage Cheese
U	French Toast	Chicken & Dumplings	Beefy Macaroni Casserole
R	Poached Egg	Apple Cider Pork Tenderloin	Grilled Tuna Melt Sandwich
D	Bacon	Roasted Red Potatoes	Mixed Vegetables
A	Whole Milk	Peas & Onions	Potato Chips
Y	Coffee	Ice Cream Sundae	Pound Cake w Strawberry Sauce
8			
S	Chilled Fruit	Mushroom Bisque	Mushroom Bisque
U	Orange Juice	Deviled Eggs	Navy Bean Soup
N	Cream of Wheat	Mixed Green Salad	Deviled Eggs
D	Scrambled Egg	Roasted Cornish Game Hen	Spinach Mushroom Strata
A	Sausage Link	Carved Ham	Chicken Fried Steak
Y	Cinnamon Rolls	Scalloped Potatoes	Caramelized Leek Mashed Potatoes
	Whole Milk	Fresh Asparagus	French Cut Green Beans
	Coffee	Lemon Cake	Rice Pudding w/ Raisins
9		Dinner Roll	Dinner Roll