



Catholic Community Services Senior Nutrition Program

2023

Mon	Tue	Wed	Thu	Fri
3 Chicken Pasta Primavera Fettuccine Melon	4 Salmon German Potato Salad Broccoli & Cauliflower Bread Sticks Brownie	5 Ham Scalloped Potatoes Green Beans Green Salad & Roll Strawberry Shortcake	6 Pork Cutlet Baked Potato Baked Beans Coleslaw	7 Good Friday (Senior Center Open)  Sunday, April 9
10 Turkey Noodle Soup Carrot Pineapple & Raisins Salad Oatmeal Cookie	11 Flank Steak New Potatoes Arugula & Long Green Beans	12 Mediterranean Chicken Wrap Spinach & Cannellini Beans Rice Pudding	13 Parmesan Cod Loin W/ Pilaf Squash Brownie Bits	NO FRIDAY MEALS 
17 Pork Fajitas W/ Onion & Zucchini Pinto Beans Banana	18 Beef Stew Coleslaw Wheat Roll Peaches	19 Chicken Caesar Salad Baked Apple	20 Chicken Tetrazzini Tossed Salad W/ Cabbage & Garbanzo Beans	
24 Florentine Fish Zucchini & Onion & Tomatoes Cherry Crisp	25 Caribbean Pork Chops W-Peppers Pineapple Cornbread	26 Beef & Asparagus Rice Fig Newton	27 Turkey & Broccoli Peas & Bowties Orange 	

This Menu is subject to change

Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.