

Gathering Points



FRANKE TOBEY JONES

POINT DEFIANCE-RUSTON SENIOR CENTER

Enjoy your age

(253) 756-0601

April 2023

HIGHLIGHTS

APRIL

- AARP Tax Preparation
- Beginning Spanish According to Dr. Seuss w/Diane (3)
- Blood pressure checks (3)
- Sing-along (Tuesdays)
- Acupuncture (Wednesdays)
- Line Dancing (Wednesdays)
- Brain Games (1st Thursday)
- Spades (Fridays)
- Tai Chi (Mondays & Thursdays)
- Tell Your Story (10 & 24)
- Gardening w/Bill (Thursdays)
- Apple User Group (13)
- Holland River Cruise
- Document Party (14)
- Scams/Fraud/Identity Theft (17)
- Book Club w/Chris (20)
- Basic Computer (27)

ALWAYS MARRY AN APRIL GIRL

BY OGDEN NASH

Praise the spells and bless the charms,

I found April in my arms.

April golden, April cloudy,

Gracious, cruel, tender,

rowdy;

April soft in flowered languor,

April cold with sudden anger,

Ever changing,

ever true --

I love April, I

love you.



HOLLAND DOCUMENT PARTY



Are you leaving for Holland on April 26? If so, you will need your documents. Do you have questions about connections, weather, what to wear, money and other items? Join us on April 14, at 12:00 p.m. when the Premier Representative will be at the Senior Center for just these things. You do not need reservations for this event. If you are unable to attend, we will be glad to hold your documents for you; however, you will need to pick them up prior to departure.



SCAMS, FRAUD, & IDENTITY THEFT

Many people are concerned about scams, fraud, and/or identity theft in today's world. Those committing these crimes are getting more and more inventive everyday. Please join Matt Santelli, from the Aging and Disability Resources Center, as he discusses the newest ways you can be deceived by scams, fraud and identity theft. This discussion will take place on Monday, April 17, at 11:00 in the main room.

ADVISORY BOARD MEETING

Advisory Board meetings are resuming their regular quarterly schedule on Mondays June 5, September 11, and December 4, at 1:00 p.m. Board members will be sent an agenda prior to those dates.

GARDENING STARTING

Bill Stanchfield's weekly gardening class starts Thursday, April 13, at 11:00 a.m. He is providing seeds and tomato starts, and, you are welcome to bring your own. Once the garden has grown, harvest for yourself.

Call (253) 756-0601 for questions or class registration.

BEGINNING SPANISH



After a long hiatus, we finally found a Spanish instructor! Diane Nauta will start this beginning class using the Dr. Seuss book "Red Fish, Blue Fish." The text is easy and well-illustrated and will lead directly into numbers, colors, nouns with their plurals and gender. Students will learn to count in Spanish. They will also learn common nouns and the vagaries of Spanish nouns in general. We'll learn adjectives and their having to agree with nouns they modify and much more.

Diane started learning Spanish with a 4th and 5th grade extra-curricular activity. She ended up with a degree in Spanish. She has spent time learning the language in Oaxaca Mexico and Madrid Spain. Most of her adult life has involved using Spanish in many of her adventures. She moved to Tacoma in 2012 to be closer to family.

Diane said "I signed on to teach Beginning Spanish at the Senior Center because it sounded like fun. I hope the students also have fun in my class. Vamos a divertinos, amigos!"

RIDDLE CENTRAL

If April showers bring May flowers, what do Mayflowers bring? (Answer pg. 2)



BOOK CLUB

The Senior Center Book Club meets the 3rd Thursday to discuss that month's book.

April 2023: *Flight Behavior* by Barbara Kingsolver

May 2023: *The Book Women of Troublesome Creek* By Kim Michele Richardson



2023

(253) 756-0601

Point Defiance~Ruston Senior Center

4716 N. Baltimore, Tacoma, WA 98407

1 ~ SATURDAY

9:00 AARP Taxes

3 ~ MONDAY

10:00 *Strength & Balance
10:30 Food Rescue
11:00 Blood Pressure Checks
11:00 Beginning Spanish According to Dr. Seuss w/ Diane
12:00 Lunch
2:30 Tai Chi

4 ~ TUESDAY

10:00 Drawing w/John
10:00 Pinochle
10:30 Food Rescue
11:00 Ping Pong
12:00 Lunch
1:00 Center Sing-a-long
1:00 Mahjong
6:30 Martial Arts

5 ~ WEDNESDAY

10:00 *Strength & Balance
10:30 Food Rescue
12:00 Lunch
12:00 Acupuncture
2:00 *Therapeutic Yoga
3:30 *Line Dancing

6 ~ THURSDAY

10:00 Mexican Train Game
10:00 *Beginner Piano
12:00 *Lunch
1:00 Brain Games
1:30 Tap Dancing
6:30 Martial Arts

7 ~ FRIDAY

9:00 AARP Taxes
9:00 *Therapeutic Yoga
10:00 *Strength & Balance
10:00 Spades
12:00 Wii Bowling
2:30 Tai Chi

8 ~ SATURDAY

9:00 AARP Taxes

10 ~ MONDAY

10:00 *Strength & Balance
10:30 Food Rescue
11:00 Beginning Spanish According to Dr. Seuss w/ Diane
12:00 *Lunch

10 ~ MONDAY CONT'D.

1:00 Tell Your Story
2:30 Tai Chi

11 ~ TUESDAY

10:00 Drawing w/John
10:00 Pinochle
10:30 Food Rescue
11:00 Ping Pong
12:00 *Lunch
1:00 Mahjong
1:00 Center Sing-a-long
6:30 Martial Arts

12 ~ WEDNESDAY

10:00 *Strength & Balance
10:30 Food Rescue
12:00 Lunch
12:00 Acupuncture
1:00 Cribbage
2:00 *Therapeutic Yoga
3:30 *Line Dancing

13 ~ THURSDAY

10:00 Mexican Train Game
10:00 Beginning Piano
11:00 Gardening w/Bill
12:00 *Lunch
1:00 Apple User Group
1:30 Tap Dancing
6:30 Martial Arts

14 ~ FRIDAY

9:00 AARP Taxes
9:00 *Therapeutic Yoga
10:00 *Strength & Balance
10:00 Spades
12:00 Holland River Cruise Documents Party
2:30 Tai Chi

15 ~ SATURDAY

9:00 AARP Taxes

17 ~ MONDAY

10:00 *Strength & Balance
10:30 Food Rescue
11:00 Blood Pressure Checks
11:00 Scams/Fraud/Identity Theft (M. Santelli)
11:00 Beginning Spanish According to Dr. Seuss w/ Diane
12:00 Lunch
2:30 Tai Chi

18 ~ TUESDAY

10:00 Drawing w/John
10:00 Pinochle
10:30 Food Rescue
11:00 Ping Pong
12:00 Lunch
1:00 Mahjong
1:00 Center Sing-a-long
6:30 Martial Arts

19 ~ WEDNESDAY

10:00 *Strength & Balance
10:30 Food Rescue
12:00 Lunch
12:00 Acupuncture
2:00 *Therapeutic Yoga
3:30 *Line Dancing

20 ~ THURSDAY

10:00 Mexican Train Game
10:00 *Beginner Piano
11:00 Gardening w/Bill
12:00 *Lunch
1:00 Book Club w/Chris
1:30 Tap Dancing
6:30 Martial Arts

21 ~ FRIDAY

9:00 *Therapeutic Yoga
10:00 *Strength & Balance
10:00 Spades
12:00 Wii Bowling
2:30 Tai Chi

24 ~ MONDAY

10:00 *Strength & Balance
10:30 Food Rescue
11:00 Beginning Spanish According to Dr. Seuss w/ Diane
12:00 Lunch
1:00 Tell Your Story
2:30 Tai Chi

25 ~ TUESDAY

10:00 Drawing w/John
10:00 Pinochle
10:30 Food Rescue
11:00 Ping Pong
12:00 Lunch
1:00 Sing-along
1:00 Mahjong
6:00 Martial Arts

26 ~ WEDNESDAY

10:00 *Strength & Balance
10:30 Food Rescue

26 ~ WEDNESDAY CONT'D.

12:00 Lunch
10:00 *Strength & Balance
10:30 Food Rescue
12:00 Lunch
12:00 Acupuncture
1:00 Cribbage
2:00 *Therapeutic Yoga
3:30 *Line Dancing

27 ~ THURSDAY

10:00 Mexican Train Game
10:00 Beginning Piano
11:00 Gardening w/Bill
12:00 *Lunch
1:00 Basic Computer
1:30 Tap Dancing
6:30 Martial Arts

28 ~ FRIDAY

9:00 *Therapeutic Yoga
10:00 *Strength & Balance
10:00 Spades
2:30 Tai Chi

***REGISTRATION**

Please sign up at the front desk or in the office for all classes / events.

***CLASS COST**

Classes with an asterisk () next to them, have an associated charge. If you are unable to cover the fee, please see the instructor or Director. Please make checks payable to Pt. Defiance~Ruston Senior Ctr.*

Strength & Balance

M/W/F Class: \$18/mo.
T/TH Class: \$12/mo.

Therapeutic Yoga

One class per week: \$15 per month

Two classes week: \$22.00 per month

Multiple Class Types

Two Class (Ex. Therapeutic Yoga and Strength & Balance): \$25 per month

Line Dance

One class per week: \$20 six-week program

RIDDLE ANSWERS
Pilgrims