












February/March 2023



Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2	3	4
<p>9:00 Montessori Program (TAA)</p>  <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Bingo (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Happy, Happy Hippos! (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Tell A Fairy Tale Day (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Yoga (TAA)</p> <p>10:00 Cooking Project- Making Stew (TAA)</p> <p>10:45 Lucky Dice Game (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Johnny Cash Day (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Bowling Fun (TAA)</p>  <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p>  <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Floral Arranging- St. Patrick's Day Centerpieces (TAA)</p> <p>10:45 Remembering Gardens (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Fly Ball (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Art Group- Watercolors (TAA)</p>  <p>10:45 Piggy Bankers (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Happy Birthday, David Niven (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Wiser Now – Quirky Country Music (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Finish the Phrase (TAA)</p> <p>10:15 Music with Ann & Gaye (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Can You Picture This? (TAA)</p> <p>2:00 Hot Cocoa Social (TAA)</p>  <p>2:30 Snowball Toss (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Cookie Project- Graham Cracker Energy Balls (TAA)</p>  <p>10:45 All About the Telephone (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Spa Afternoon- Hand Massages (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Lucky Dice Game (TAA)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Cardio (TAA)</p> <p>10:00 Butterfly Button Art Project (TAA)</p> <p>10:45 All About Butterflies (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Happy Birthday Chicago (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Courageous Follower's Day (TAA)</p> <p>4:30 Dinner</p>
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>						












March 2023

Memory Care – Life Enrichment



FRANKE TOBEY JONES
Enjoy your age











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
9:00 Montessori Program (TAA) 9:30 Seated Exercises (TAA) 10:00 Elvis Leaves the Army (TAA)  10:30 Smile, You're on Candid Camera (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Hear, Hear Day (TAA) 1:30 Do You Hear What I Hear? On iN2L (TAA) 2:00 Afternoon Snack 2:30 Remembering Iconic Outfits (TAA) 4:30 Dinner CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff	9:00 Montessori Program (TAA) 9:30 Chair Yoga (TAA) 10:00 Craft Project – Sculpting Clay Mushrooms (TAA) 10:45 Cranium Crunches (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Celebrating Michelangelo (TAA) 2:00 Music with Marty (TAA)  4:30 Dinner	9:00 Worship Service (TAA)  9:30 Pool Noodle Fencing (TAA) 10:00 History of Spanish Fencing (TAA) 10:45 Free Rice Game (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 12:15 Helping Hands (CNA) 1:00 Who Am I? (TAA) 2:00 Afternoon Snack 2:30 Daffodil Princess Visit 2:30 Lucky 7 Fun (TAA) 3:00 Music with John (TAA)  4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Seated Strength (TAA) 10:00 Baking Group-Making Muffins (TAA)  10:45 Ping Pong Fun (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Working Women's Day (TAA) 2:00 Happy Hour (TAA)  2:30 Short Story Reading – The Recipe (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Morning Stretch (TAA) 10:00 Making St. Patrick's Day Slime (TAA)  10:45 Happy Birthday Barbie (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Feel-Good Stories (TAA) 2:00 Afternoon Snack (TAA) 2:30 Spain Trivia (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Chair Dancing (TAA) 10:00 Clover Art Project (TAA) 10:45 Bagpipe Day (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Remembering Picnics (TAA) 2:00 Root Beer Float Social (TAA)  2:30 EZ Trivia (TAA) 4:30 Dinner	9:00 Montessori Program (TAA) 9:30 Seated Cardio (TAA) 10:00 Happy Birthday, Paper! (TAA) 10:45 Paper Craft Project-Shamrock Art (TAA) 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Key Deer Awareness Day (TAA) 2:00 Afternoon Snack (TAA) 2:30 Horse Racing Game (TAA)  4:30 Dinner

March 2023

Memory Care – Life Enrichment











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Girl Scout Cookie Taste Tasting (TAA)</p>  <p>10:30 Girl Scout Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Fire & Rain Day (TAA)</p> <p>4:30 Dinner</p> <p style="text-align: center;">Daylight Saving Begins</p> <p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Yoga (TAA)</p> <p>10:00 Craft Project- Painting Clay Mushrooms (TAA)</p>  <p>10:30 Junk Drawer Detective (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Vatican Art & The Holy See (TAA)</p> <p>2:00 Irish Coffee Social (TAA)</p> <p>2:30 Toss A Tune (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA)</p> <p>9:30 Fly Ball (TAA)</p> <p>10:00 Baseball Hat Decorating (TAA)</p> <p>10:45 All About Baseball (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (TAA)</p> <p>1:30 Making Mini Pies (TAA)</p>  <p>2:00 Pi Day Social (TAA)</p> <p>2:30 Bean Bag Twister Game (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Las Fallas de Valencia (TAA)</p> <p>10:45 Spot the Difference (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Visit to the Beach Sensory (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Piggy Bankers (TAA)</p> <p>4:30 Dinner</p> 	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Morning Stretch (TAA)</p> <p>10:00 Outdoor Sports Day (TAA)</p> <p>10:45 Sporting Fun (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 National Panda Day (TAA)</p>  <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Cool Carnations (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 History of Irish Dancing (TAA)</p> <p>10:45 St. Patrick's Day Rhyme Time (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Tales of the Irish (TAA)</p> <p>1:30 We're All Irish on St. Patrick's Day! (TAA)</p> <p>2:00 St. Patrick's Day Social (TAA)</p>  <p>2:30 All About Kurt Russell (TAA)</p> <p>4:30 Dinner</p> <p style="text-align: center;">St. Patrick's Day</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Cardio (TAA)</p> <p>10:00 Lucky Dice Game (TAA)</p>  <p>10:45 Fun with Limericks (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Stories of Leprechauns (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Truth or Blarney? (TAA)</p> <p>4:30 Dinner</p>



March 2023

Memory Care – Life Enrichment














Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Swallow Bird Art Project (TAA)</p> <p>10:30 Swallows Return Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Chocolate Carmel Day (TAA)</p> <p>1:30 Making Pretzel Turtles (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 A Bubbly Day (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Yoga (TAA)</p> <p>10:00 Musical Magic Day (TAA)</p> <p>10:30 Music Circle (TAA)</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 What Am I? (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Horse Racing Game (TAA)</p> <p>4:30 Dinner</p> <p style="text-align: center;">Spring Equinox</p>	<p>9:00 Worship Service (TAA)</p>  <p>9:30 Fly Ball (TAA)</p> <p>10:00 Bread & Hand Churned Butter Making (TAA)</p> <p>10:30 National Ag Day – Fun Farm Facts (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Visit to the Forest (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Happiness Humor (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Finish the Phrase (TAA)</p> <p>10:30 Piano Music with Sandra Walker</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Spa Afternoon- Hand Massages (TAA)</p> <p>2:00 Happy Hour (TAA)</p>  <p>2:30 Random Trivia (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Morning Stretch (TAA)</p> <p>10:00 Amazing Science Experiments- Make it Rain! (TAA)</p> <p>10:45 Kitten & Puppy Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Chips & Dips Day (TAA)</p> <p>1:30 Making Chip Dips (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 iN2L Game - Name That Sound (TAA)</p>  <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Art Project (TAA)</p>  <p>10:45 Piggy Bankers (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Art Appreciation (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Group Up Game (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Cardio (TAA)</p> <p>10:00 Cooking Group- Pecan Delight Cheese Balls (TAA)</p> <p>10:45 Pet Therapy Visit</p>  <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Bingo (TAA)</p>  <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Graceland Day (TAA)</p> <p>4:30 Dinner</p>
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>						



March/April 2023

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Exercises (TAA)</p> <p>10:00 Cooking Group- Spinach Tortilla Roll Ups (TAA)</p> <p>10:30 Spinach Day (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Kuhio Day (TAA) </p> <p>2:00 Pina Colada Social (TAA)</p> <p>2:30 All About Piggy Banks (TAA)</p> <p>4:30 Dinner </p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Yoga (TAA)</p> <p>10:00 Spring Flower Arranging (TAA) </p> <p>10:45 Food for Thought (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Star of the Month (TAA)</p> <p>2:00 Afternoon Snack</p> <p>2:30 Bowling Fun (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Worship Service (TAA) </p> <p>9:30 Seated Exercises (TAA)</p> <p>10:00 What Am I? (TAA)</p> <p>10:45 Bingo (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 All About Coca-Cola Day (TAA) </p> <p>2:00 Coke Float Social (TAA) </p> <p>2:30 Fly Ball (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Strength (TAA)</p> <p>10:00 Craft Project- Making Jewelry (TAA)</p> <p>10:45 Free Rice Game (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Travelogue (TAA)</p> <p>2:00 Happy Hour (TAA) </p> <p>2:30 Music of the Broadway Hits (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Morning Stretch (TAA)</p> <p>10:00 Horse Racing Game (TAA) </p> <p>10:45 Name That Tune (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Placido Domingo (TAA) </p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Fly Ball (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Chair Dancing (TAA)</p> <p>10:00 Garden Rock Painting Project (TAA)</p> <p>10:45 You Be the Judge (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Visit to the Forest (TAA) </p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Short Story Reading – Lion & Lamb (TAA)</p> <p>4:30 Dinner</p>	<p>9:00 Montessori Program (TAA)</p> <p>9:30 Seated Cardio (TAA)</p> <p>10:00 Baking Group- Making Muffins (TAA) </p> <p>10:30 Food Sensory Bin (TAA)</p> <p>11:00 Remembering Cooking (TAA)</p> <p>11:15 Transition Time (CNA)</p> <p>11:30 Lunch</p> <p>1:00 Visit to the Beach Sensory (TAA)</p> <p>2:00 Afternoon Snack (TAA)</p> <p>2:30 Bingo (TAA)</p> <p>4:30 Dinner</p>
<p>CNA= CNA run group TAA= Therapeutic Activity Assistant run group. WS= Wellness Staff</p>						